

Walks Programme 2001

Date	Grade	Title and Description
Saturday 6th January	C+	The Whangie and Burncrooks Reservoir Popular walk to the Whangie - a fascinating sight - followed by a varied walk on moor, by reservoir and burn and over heather. Total distance 8 miles Max Ht. 240 m. Dur'n 4 hrs. Leader: Penny Elles Starting point: Queens View car park of A809. OS Map 64 Grid ref: 512 808.
Sunday 14th January	B	Beinn Eich (Local) and Beinn Lochain Grassland climb with 3 km ridge on hill/mountain; route is either hill path or trackless. Total distance 5 miles. Max. height 702 m. Duration 3.5 hours. Leader: Allan Anderson Starting point: Glenmolloch Farm, 2 km into Glen Luss. OS Map 56 Grid ref: 329 942
Sunday 28th January	C	Kilcreggan Loop Along south shore of the Rosneath Peninsular returning to Kilcreggan via forest tracks. Terrain: shoreline and forest tracks. Distance 6.5 miles with total ascent 120 m. Duration 4 hours. Leader: Malcolm Mackenzie Starting point: Kilcreggan Pier Car Park. OS Map 63 Grid ref: 241 804
Saturday 3rd February	C+	"A Toast to Duncan Ban Mackintyre" Bridge of Orchy Hotel will be open so one toast is easy, and if Inveroran is open as well then you can offer another on the way back. We go over Mam Carraig which Duncan Ban must have walked many a time, past Inveroran (he married he innkeeper's daughter) and up to Drumliart where he was born. Then, I'm afraid, it's through a forest but with stiles, and on to Loch Dochard if time and energy serves. After that by the Abhainn Shira on a good track (but only after a very wet mile or so) and soon Inveroran, the car park and Bridge of Orchy for the drouthie and hungry. Distance 10 - 12 miles Ascent 150 m approx. Leader: Donald Bruce Starting point: Turn left from A82 at Bridge of Orchy, cross R. Orchy and park. Landranger Map 50 Grid ref 295 396. Start walk at 11 a.m. Meet at H'burgh Pier at 9.00 a.m. (NOT normal 9.30)
Sunday 11th February	C	Forth & Clyde Canal and Roman Wall Circular Short circular walk taking in part of canal towpath and an interesting section of the Antonine Wall including Bar Hill fort. Walking on tracks, towpath and some road; wet in parts. Distance 6.5 miles max height 150 m, about 3.5 hrs. Leader: John Patterson Starting point: B802 Kilsyth - Croy, turn L. immediately after canal bridge about 250 m to Parking. OS Map 64 Grid ref 721 768
Sunday 18th February	B+	Ben A'an Circular Steep well-worn path, then open moorland and metalled road. Woodland and moorland walk with views over Loch Katrine. Total distance 7.2 miles, total ascent 390 m to max. ht. 500 m. Duration: 4 hours. Leader: Malcolm Mackenzie Starting Ben A'an car park OS map 57 Grid ref 509 070

Date	Grade	Title and Description
Saturday 24th February	C+	Cochno Loch, Cochno Hill and Greenside Reservoir Another view of the Kilpatrick Hills giving good views of the Clyde Basin and Glasgow. Terrain: pleasant paths over hills with gentle climbing. Some grassland and metalled road at end of walk. Distance 6.5 miles to max ht 348 in. Duration 3.5 hrs. Leader: Geof Flann Starting point: E. entrance to Cochno Estate nr Hardgate; good car park. OS Map 56 Grid ref: NS 503 740
Sunday 11th March	C	JOINT WALK WITH STRATHKELVIN GROUP Harlaw and the Poet's Glen (Balerno nr. Edinburgh) Pleasant walking below the Pentland Hills on good paths and quiet roads through woodland, around perimeter of reservoir, moorland and riverbank. Distance 7 miles with negligible ascent; duration 4 hrs approx. Leader Barry Pottle but contact Geof Flann Precise starting point in Balerno Village will be notified. OS Landranger Map 65 Grid ref: 164 605 Meeting time at Helensburgh Pier will be 8.15 am. Please note the early start.
Sat 17th March	B	Cruiach Tairbeirt Route commences along a rough, occasionally steep, forest track. Above tree line path continues rough and over open moorland which is wet in places. The final short ascent to summit and trig point is steep but there are splendid panoramic views from the top. Distance 8 miles, total ascent 415 m with duration 4.5 hrs. Leaders: Kathleen Siddle/Ralph Ward Starting point: Black Sheep CP just W. of Tarbet. OS Map: 56 Grid ref: 311 045
Sunday 25th March	A	The Brack by Cruach Fhiarach An interesting and unusual route to this Corbett on a trackless route. Total distance around 5 miles with climb to height 787 m. and duration 5 hours. Leader Alan Dow Start point: Rest and be Thankful off A83(T). OS Map 56 Grid ref: 265 038
Saturday 7th April	C+	Navigation Course and Mystery Walk Being organised by Ronnie Swanson and details will be revealed to those attending; the venue will not be too far away. A compass and Ordnance Survey map (Number will given) will be required. THIS COURSE WILL ONLY TAKE PLACE IF THERE IS SUFFICIENT SUPPORT. Please advise Geof Flann by 26 March if you are interested.
Saturday 14th April	C	Glen Shira Long walk over road and track for a gradual ascent of the Glen alongside River Shira to Lochan Shira reservoir. Total distance: 12.5 miles, total ascent 320 m duration 7 hrs. Leader Allan Anderson Start point: 2 km NE of Inverary on A83 at entrance to Glen Shira (turn in R. towards cemetery) OS Map 56 Grid ref: 113 103.

Date	Grade	Title and Description
Sunday 22nd April	B	The Loch Finlas Trio A high level walk after initial ascent of approx. 400 m to Beinn Ruisg, thereafter circling Loch Finlas reservoir via Balcnock and Craperoch. Good views all round. Don't be put off by the grading of this walk - the leader will take the climb extremely slowly!! Distance 8.5 miles with total ascent approx. 600 m, duration 4.5 hrs. Leader: Geof Flann Start point: Loch Finlas reservoir (limited parking), taking road to the N. near junction of MOD road and the A82, passing Shemore Farm. OS Map 56 grid ref: 331 892
Saturday 28th April	C+	Kirkton Glen An ever popular circular walk starting, at Rob Roy's grave, proceeding over forest track and then open hill to Lochan an Eireannaich (Lake of the Irishman). Good views north to Glen Dochart on a fine day. Ascent to 450 m, approx, distance 7 miles with duration 4 -5 hrs. Leader Doreen Kirk Starting point Balquhiddier church, OS Map 51 grid ref: 536 209
Above walk cancelled due to Foot and Mouth restrictions but walk shown below substituted		
Saturday 28th April		Balmaha to Cashel Forest Linear walk partly upon part of the West Highland Way - but including a circumnavigation of the Cashel Millenium Forest. Ascent negligible and distance of around 6 miles. Duration approx. 3.5 hrs. Leader Doreen Kirk OS Map 56 Start point Balmaha Car Park grid ref: 421 908. Meet Helensburgh Pier Car Park at 0930 hrs as usual.
Sunday 6th May	B+	Beinn Chaorach Hill climb from Glen Fruin road over road, grass and track. Steady climb up grassy ridge to summit followed by a steep descent to reservoir and track back to car parking. Total ascent of 640 m., distance 6 miles, duration 4 hrs. Leader Malcolm Mackenzie Start point in Glen Frum at junction of old road and track to reservoir. OS Map 56 Grid ref: 275 900
Above walk cancelled due to Foot and Mouth restrictions but walk shown below substituted		

Date	Grade	Title and Description
Sunday 6th May	B+ Or C	A'Chrois (The Cross) A steep climb to one of the spectacular "Arrochar Alps". Good views over Beinn Narnain, The Cobbler and surrounding area. Distance: 6.5 miles to height of 840 m. duration 4 hrs Leader Allan Anderson OS Map 56 Start point Succoth Car Park grid ref: 294 049 An easy route to the back of A'Chrois After an initial steep but short ascent take a forestry road along the top of Glen Loin curving round to the back of A'Chrois; good views of some of the local mountains including Ben Lomond. Returning by same route. Distance 7.5 miles duration 4 hrs. Leader: Geof Flann OS Map 54 with start point as for A'Chrois above. Both walks meeting at Helensburgh Pier Car Park at 0930 hrs as usual.
Saturday 12 th May	C+	Dumgoyne Steady climb over road and track to N. end of Dumgoyne (at 427 m. and with good views) returning in the direction of the Glengoyne distillery. Total ascent 320 m, distance 7.5 miles, duration 4 hrs. Leader Penny Elles, Start point: Campsie Dene Road (Blanefield) OS Maps 57 or 64 grid ref 556 796 (Limited parking, if full carry on to the Kirkhouse Inn CP Grid ref 564 795)
Above walk cancelled due to Foot and Mouth restrictions but walk shown below substituted		
Saturday 12th May	C+	Ardgarten and Coillesan Glen Walk largely through forest and on good tracks with some ascent of hill. Distance 7 miles approx duration 4 hrs. Leader Penny Elles OS Map 54 Start point Ardgarten Info site grid ref. 267 037
Saturday 26th May	C+	Cochno Loch, Cochno Hill and Greenside Reservoir <i>(This walk carried over from last programme as it was cancelled due to the foot and mouth outbreak).</i> In the Kilpatrick Hills with good views over the Clyde basin and Glasgow. Terrain: road and paths over mainly grassland. Will include circumnavigation of Jaw reservoir provided it is not too wet! Leader: Geof Flami Distance 6 miles approx., max ht. 348 m duration 3.5 hrs. Start point: E. entrance to Cochno Estate nr Hardgate with good car parking. OS Map 56 grid ref: 503 740
Above walk cancelled due to Foot and Mouth restrictions but walk shown below substituted		

Date	Grade	Title and Description
Saturday 26 th May	C+	Lower Tyndrum to Crianlarich Part of the West Highland Way over varied terrain. OS Map 50 - Take cars to Crianlarich to catch 1018 hrs train departure to Lower Tyndrum (one stop only and fare required) walking back to cars. Distance 7 miles duration 3.5 hrs Leader - Gcof Flann. Meet Helensburgh Pier CP at 0900 hrs. The train also runs from Dalmuir, Dumbarton Central, Helensburgh Upper and Garelohead. However return train timings mean a long wait at Crianlarich. At time of recce. there was a diversion on part of this route due to the Foot and Mouth outbreak entailing a 1 mile + detour along, the main A 82 road.
Sunday 3rd June	A	Beinn Tharsuin and Beinn Lochain Steep initial climb over varied terrain to views over Loch Goil. Trackless to summit, path alongside stream to return Total ascent 720 m., distance 7 miles, duration 5 hrs. Leader: Malcolm Mackenzie Starting point: Lettermay (past Lochgoilhead) OS Map 56 grid ref 188 002
Above walk cancelled due to Foot and Mouth restrictions but walk shown below substituted		
Sunday 3rd June	C or C+	A Walk in the Cowal Peninsular area Another walk yet to be reconnoitered but will be led by Malcolm and Margaret Mackenzie OS Map 56 Meeting as usual at Helensburgh Pier CP at 0930 hrs. Fuller details of this walk will be available approx. 3 or 4 May.
Saturday 9th June	C+	Corrour to Rannoch A long day but the walk passes Loch Ossian, Corrour Forest and the edges of the Rannoch Forest area. Terrain hillside paths throughout apart from the very end when it is on metalled road. Walk commences at ht. 400 m. rising and undulating gradually to max. 550 m. Distance 10 - 11 miles. Duration max. 7 hours (otherwise you have a long wait at Rannoch Station!). Covered in OS Maps 41 and 42. Leader: Geof Flann Meeting point: Helensburgh Upper Station for the 0855 hrs Ft. William train, Arriving Corrour Station at 1110 hrs. Return journey from Rannoch station at 1838 hrs reaching Helensburgh Upper at 2032 hrs. Timings subject to 2001 summer timetable - please check. You will require train fare and the trains also stop at Garelohead, Dumbarton Central, Dalmuir.
Sunday 17th June	A	Ben Lawers and Beinn Ghlas Walk from Lawers Burn up Ben Lawers and then Benin Ghlas returning down main path to car parking. Terrain: hill paths and rough grassland with good path from top of Ben Lawers. Total ascent 2,200 m. to a max height 1214 m.; distance 7 miles but lasting all day! Leader: Alan Dow Start point Lawers Visitor Centre OS Map 51 GR 609 381. <i>(It is planned to place cars at each end of this walk)</i>
Above walk cancelled due to Foot and Mouth restrictions but walk shown below substituted		

Date	Grade	Title and Description
Sunday 17th June	B Or A	Hidden Valley and Stob Corie Sgreamhach Both A and B grade walks into Hidden Valley on steep paths. The B grade walk remains in valley and returns by outward route. Distance 6 km duration 4 hours. The A grade walk climbs out of head of valley onto Stob Corie Sgreamach (1072 m.) returning by way of Beim Fhada ridge. No paths on way out and may have to go for a paddle to get back to cars! Distance 8km Duration 6 hrs. Leader: Alan Dow Start point: First car park in Pass of Glencoe (near meeting of Three Waters) OS Map 41 grid ref 172 569. Start from meeting point approx. 10 a.m. Leaving Helensburgh Pier 8.30 a.m.
Saturday 23rd June	B+	An Caisteal (The Castle) Path along River Falloch, climb Sron Gharbh (Rough Nose) to Twistin Hill; weather permitting continue to flat summit of An Caisteal. Terrain - some good, some rough paths and long grassy ridge to summit. Max height 995 m., distance 7 miles, duration 7 hrs. Leader Allan Anderson Start point: Layby on S. side of A 82 one mile short of Crianlarich, OS Map 50 grid reference 370 239 (Care - layby "P" sign faces Crianlarich and can be missed from the south!)
Saturday 30th June	B	Beinn Dearg and Ben Gullipen A walk in the Menteith Hills through forest track, paths, rough pasture and heather moorland. Total ascent 390 m. to max 440 m., distance 10 miles with duration 6 hours. Leader: Mike McManus Start point: Braeval Car park OS Map 57 grid ref 542 006
Sunday 8th July	C+	Carrick Castle to Ardentinnny Undulating route, partly through woodland and forest but with some good views across Loch Goil and Loch Long. Mainly good forestry tracks with shorter stretches of shore walking and possibly boggy woodland paths. Undulating with negligible ascent, distance 10 miles, duration 5 hrs. Leaders: Kathleen Siddie / Ralph Ward Start point Carrick Castle OS Map 56 grid ref 944 195

Date	Grade	Title and Description
Saturday 14th July	B Or C	Beinn Narnain Circular Glen Loin western forest track northwards and around A'Chrois, over the Bealach westward towards Beinn Ime circling back via Narnain boulders. Terrain: 50% forest track, remainder rough grassland and footpath from base of Cobbler to Succoth. Max. height 400 m, 7.5 miles with duration 6 hrs +. Leader: Allan Anderson Starting point: Cobbler CP at Succoth (nr. Arrochar) OS Map 56 Grid ref. 294 049 Glen Loin Circular Follows initial track as the Beinn Narnain Circular above but diverts before the climb continuing through forest tracks to near Loch Sloy, then a short stretch of tarmac road and finally returning to start point through tracks in the glen. Negligible ascent (one or two steep slopes), distance 10 miles and duration 5 hrs. Leader: Malcolm Mackenzie Starting point and OS map etc: as for Beinn Narnain Circular.
		Glen Loin still closed due to Foot and Mouth so alternative "C" grade walk cancelled.
Saturday 21 st July	C+	Glen Ogle Railway Trail Outward walk follows the line of disused railway track between Callander and Oban returning to start point via hill tracks. Ascent negligible to max. ht of 250 m; distance 6 miles with duration 3.5 hours. Leader: Geof Flann Start point: Old Lochernhead railway station (now a scout hostel) near junction of A84/A85. OS Map 51 grid ref 585 239
Sunday 29th July	A	Ben More A trackless walk commencing at Ben More Farm up Ben More Burn and turning left to climb back of Ben More. Total ascent 900 m to max. ht. 1174 m, distance 5 miles and duration 5 hrs +. Leader: Alan Dow Start point: Ben More Farm (off A85) OS Map 51 GR 413 258
Above walk cancelled due to Foot and Mouth restrictions		
Saturday 4 th August	B	Cruaich Tairbeirt (the hill or stack of the isthmus) <i>(This walk carried over from last programme as it was cancelled due to the foot and mouth outbreak)</i> Commencing along a rough, occasionally steep forest track; above the treeline the path continues rough and can be wet. The final ascent to the summit is steep but there are splendid panoramic views from the trig point at the top encompassing the north and south of Loch Lomond, Loch Long and, to the west, Loch Sloy and the Cobbler. Leader Kathleen Siddle, Ralph Ward Total ascent 415 m. distance 5 miles, duration 4 hrs. Start point Black Sheep CP (W. of Tarbet) OS Map 56 Grid ref: 311 045

Date	Grade	Title and Description
Sunday 12 th August	B+	Ben Ledi (possible translation Hill of God) A mixture of metalled road, forest track and footpath climbing through plantation to open moorland. A circular walk provided timber harvesting permits over some level, gentle and short steep sections - can be wet in places. Total ascent 755 m. to max ht of 879 m., distance 7.5 miles, approx. duration 6 hrs. Leader: Mike McManus Start point: Stank car park (limited space - car sharing a necessity and earlier than normal start to claim some space!). OS Map 57 Grid ref 586 092 (Meet at H'burgh Pier at 9.00 a. m instead of 9.30)
Saturday Sunday 18 th /19 th August	B	Cambusbarron to Lewis Hill Part circular walk largely through forest tracks along edge of escarpment with good views over the Touch and Gargunnock Hills. A number of short but steep climbs finally reaching Lewis Hill (266 m.) which overlooks North Third Reservoir and where we will lunch. Returning through forest. NOT a difficult B grade and the leader will take a slow pace where necessary. Distance 7.5 miles duration 4 hours approx. Leader: Geof Flann. OS Map 57 Start point at end of Quarry Road Cambusbarron grid ref 772 923
Sunday 26th August	C	Glen Ample Linear walk over hillside path and forest road. Ascent negligible with distance 6 -7 miles; duration 4 hrs. Leader: Doreen Kirk Start point Loch Lubnaig car park on left side A84 (on shore side), OS Map 57 grid ref. 588 118.
Sunday 2nd Sept	B	Glen Kinglas with loop "Stoban Dubha" (Little Blaclihill) Steady rising track largely on easy estate/forest track circling behind ridge then crossing trackless, steep and boggy moor to ridge; steep descent on grass back to track returning partly on outward route. Duration 6 hrs. Distance 10 km with total ascent of 420 m to max ht 600m. Leader: Allan Anderson. Start point Butterbridge (1 1/2 miles past Rest and be Thankful on A83) at entrance to Glen Kinglas. OS Map 56 Grid Ref 235 096
Saturday 8th Sept	B	Glen Finglas and Gleann Nam Meann From Brig o' Turk along east bank of Glen Finglas reservoir over pass beyond Carn Dubh and back by Gleann Nam Meann. Good track which undulates, sometimes with steep gradients. Distance 20 km duration 6 hrs with max height 600 m. Leader : Kathleen Siddle Start point: Brig o' Turk car park outside village hall; OS Map 57 grid ref. 536 067
Sunday 16th Sept	C+	Loch Humphrey The route will pass The Whangie to Bumcrooks Reservoir before cutting across Dumbarton Muir, skirting Saughen Braes to Fynloch Hill and on to Loch Humphrey. Return route skirts Duncolm back to Burncrooks and then retracing outward route. Terrain: a mixture of well trodden footpaths, vehicle track and trackless heathland (which is likely to be wet!). Height is gained in the climb from car park to The Whangie. Distance 16 km duration 7 hours. Ascent 200 m to max. 400 m. Leader: Mike McManus Start pt: Queens View CP, OS Map 64 grid ref 511 808

Date	Grade	Title and Description
Sunday 23rd Sept	A or C +	Ben More A trackless walk commencing at Ben More Farm, up Ben More Burn and turning left to climb back of Ben More. Distance: 8 km, duration 5 hrs + with total ascent of 900 m to max height 1174 m. Leader: Alan Dow Start point: Ben More Farm (off A85) OS Map 51 GR 413 258 Benmore Glen Take the Glen instead of the Ben. Start the same route as above but proceed southward down the Glen near the bum. Steady but moderate incline on outward journey. Terrain: Start and finish on good farm road with part on track and trackless moor at head of glen; will be wet underfoot. Distance: 10 km, duration 4 hrs ascent 350 m to max. 500 m. Leader: Geof Flann. Start point as above.
Saturday 29th Sept	C+	Kirkton Glen Ever popular circular walk commencing at Rob Roy's grave, over forest track and then open hill to Lochan an Eireannaich (Lake of the Irishman). Good views north to Glen Dochart on a fine day. Distance 13 km duration 4 to 5 hrs. Ascent to 450 m. Leader: Geof Flann Starting point Balquhiddie church, OS Map 51 GR 536 209
Saturday 6th October	A or C +	Beinn Tharsuin and Beinn Lochain Steep initial climb over varied terrain to views over Loch Goil. Trackless to summit, path alongside stream to return. Distance 12 km, duration 5 hrs, total ascent 720 m. Leader: Malcolm Mackenzie Start pt: Lettemay (past Lochgoilhead) OS Map 56 GR 188 002 Curra Lochain (and beyond!) Good forest road and hill tracks which passes through several environments from wooded lochside to the lochan on the edge of a bleak moor; some steep stretches with easy scrambling. Distance 11 km approx, duration 4 hrs. Ascent to max 300 m. Leader: Geof Flann. Start point: as above.
Sunday 14th October	C+	Dumgoyne Steady climb over road and track to N. end of Dumgoyne (at 427 m and with good views) returning in direction of Glengoyne distillery. Leader: Penny Elles Distance 12 km, duration 4 hrs, total ascent 320 m. Start point: Campsie Dene Road (Blanefield), OS Map 64 grid ref: 556 796 (limited parking, if full carry on to the Kirkhouse Inn CP, grid ref 564 795)
Saturday 20th October	B+	Ben Venue (Small Mountain) Well defined path, muddy in places, climbing steadily through Beech woods. Moderate climb with short, steep pitches near summit. Leader: Mike McManus Distance: 12 km, duration 6 hrs total ascent 690 m. to max height 727 m. Start point Ledard Farm, Loch Ard OS Map 57 GR 459 023

Date	Grade	Title and Description
Sunday 28th October	A or C	The Brack by Crunch Fhiai-ach An interesting and unusual route to this Corbett on a trackless route. Leader: Alan Dow Distance 8 km approx., duration 5 hours, climbing to height of 787 m. Start point: Rest and be Thankful (off A83). OS Map 56 grid ref 265 038 Glen Loin Linear walk from Arrochar through attractive Glen Loin to Inveruglas Water for lunch. One or two short ascents but along good tracks/paths. Distance: 11 km duration 4 hrs. Leader: Doreen Kirk Starting point. Arrochar CP (opp. Garage) GR 298 047
Sunday 4th Nov	B+	Beinn Chaorach Hill climb from Glen Fruin road over road, grass and track. Steady climb up grassy ridge to summit followed by a steep descent to reservoir and track back to car parking. Distance 10 km, duration 4 hours, total ascent 640 m. Leaders: Malcolm & Margaret Mackenzie. Start point in Glen Fruin at junction of old road and track to reservoir. OS Map 56 grid ref 275 900.
Saturday 10th Nov	A or C+	Ben Chabhair From Inverarnan walk up side of waterfall along Ben Glas Burn to Lochain Beinn Chabhair; then to Parlan Hill (666 m) and Beinn Chabhair (933 m). Distance: 10 km approx., duration 6 hrs. Leader: Alan Dow. Start pt: Drovers Inn, Inverarnan OS Map 56 GR 318 186 Lochan Benn Chabhair Start with A grade group as above but stopping at Lochan for lunch and returning by same route. Initial steep ascent but easy walk thereafter mainly on grass tracks. Distance-, 7 km duration 4 hrs with 350m ascent to max ht 450m Leader: Steve Kirby. Start point and details as above.
Sunday 18th Nov	A or C	Ben Lomond Popular local Ben mainly on well defined path initially through forest then on stony slopes leading around corrie rim to summit. Stiff climb with possible return via Ptarmigan (weather permitting) Distance 11 km duration 6 hrs +. Ascent 960 m to max. 974 m. Leader: Allan Anderson Start point: Rowardennan CP OS Map 56 Grid ref 360 986. Balmaha to Cashel Millenium Forest Along part of the West Highland Way to Cashel, circumnavigating the forest area and returning via same route. One or two ascents but partly alongside Loch Lomond. A dry lunch area in a barn available if weather is inclement. Distance: 10 km, duration 4 hrs ascent to 150 m approx. Leader: Doreen Kirk Start point: Balmaha main CP OS Map 56 grid ref 421 909

Date	Grade	Title and Description
Saturday 24th Nov	C+	Glen Fruin to the Gareloch via Aldownick Glen Commencing and finishing on Highlandman's Way but over moorland paths and forest tracks. Distance 11 km duration 4 hrs, ascent 300 m to max 361 m. Leader: Evelyn Taylor Start point: Hill House or Skating Pond CP OS Map 56 (Pathfinder 390) grid ref: 302 838
Sunday 2nd Dec	B	Beinn a'Mhanaich (Monk Hill?) After 0.5 km roadside a moorland track is followed up a gentle but long shoulder to a long ridge at 550 m. At the north end a short descent over bealach leads to final ascent of the Beinn. Terrain mainly obvious tracks along high moorland with no rocky sections. All summits are grassy. Distance 9.5 km duration 4.5 hrs. Ascent 515m to max. 709 m. Leader: Michael Arrowsmith Start point: side road on the N side of MOD Glen Fruin road (nr Auchengaich Burn). OS map 56 grid ref 275 905
Saturday 8th Dec	C	Stonemullen Muir Commencing Ardmore Point following roads, farm and forestry tracks to Balloch. From there return by train to Cardross (fare required) thereafter returning shoreside (conditions permitting) to start point. Distance 11 km duration 4.5 hrs - ascent to max. 250m. Leader: Dorothy Bryce. Start point: Ardmore point OS Map 63/Outdoor Leisure 39 grid ref 325 786.
Saturday 15th Dec	C	Christmas Social and Walk Margaret and Malcolm Mackenzie have generously offered to host a social gathering at their home in Clynder. We would gather at their home and take a shortish walk in the morning in the Clynder / Rosneath area before returning for the party at lunchtime. Full details will be issued nearer the time – but place the date in your diaries.
Saturday 22nd Dec		This date has been left free for the Christmas weekend a walk will be arranged if there appears to be a demand for one.
Sunday 30th Dec	C +	Doughnot Hill and Lang Craigs Gentle ascent over clear path through grassland and a short forested section (can be muddy) then moorland ascent to hilltop. Returning over Lang Craigs, long plateau moor and gentle descent over grass to start point. Distance: 8 km duration 3.5 hrs with total ascent of 300 m to max height 374 m. Leader: Michael Arrowsmith Start point. Overtoun House (Milton) OS Map 64 GR 426 760.