

Walks Programme 2003

Date	Grade	Title and Description
Thursday 2nd January	C	Old Kilpatrick to Loch Humphrey A gentle walk to start the new year into the Kilpatrick Hills overlooking the Clyde for much of the way-, on good track all the way. Gentle ascent to max height of 320 m. Distance 9 km duration 3 1/2 hrs. Leader: Geof Flann Start and meet point: Kilpatrick railway station. OS map 64 Explorer 347 grid ref. 468 728 Trains arrive at Kilpatrick station – from Glasgow direction 10.11 hrs - from Helensburgh, Dumbarton, Balloch direction 09.58 hrs RAMBLERS WINTER FESTIVAL OF WALKS
Sunday 5th January	C	Kilcreggan Circular A peninsular walk on forest track, paths and shoreline, with total ascent and max. height of 130 m. Distance 10 km duration 3.5 hrs Leaders: Malcolm and Margaret Mackenzie Start point: Kilcreggan Pier CP OS Map 63 / Explorer 347 GR 241 804
Saturday 11th January	C +	Knockupple A pleasant walk through forest on good track. Then short stretch of trackless moorland (which can be very wet) to summit of Knockupple. From here there are good views particularly to the north over Loch Lomond. Returning around Knockupple gorge and retrace steps through forest. Distance: 14 km duration 4 hrs ascent to 341 m. Leaders: Trish and Richard Schooling Start point near Wester Cameron Farm OS Map 64 / Explorer 347 Grid ref: 456 832. LIMITED PARKING THROUGH FARM GATES
Sunday 19th January	B +	Beinn Luibhean A steady climb up the glen following the burn to a bealach before a grassy climb to a summit in the very heart of the Arrochar Alps. Return by outward route. Terrain – partly along a narrow path, mainly trackless moorland. Distance: 6 km, duration 4 hrs, total ascent 690m to max. 857m. Leader: Michael Arrowsmith Start point: Lay-by on right of A83, just beyond a road bridge half way up Glen Croe. OS Map 56 / Explorer 364 grid ref 243 061
Sunday 26th January	A Or C+	Meall Buidha and Beinn Odhar Two peaks above the West Highland Way near Tyndrum. Trackless to summits returning SW from Beinn Odhar to pick up West Highland Way and return to start point. Distance 12 km approx., duration 6 hrs+, total ascent 1200 in approx. to max. 901 m. BRING A TORCH FOR FINAL RETURN LEG. Leader: Allan Dow Start point: Dalrigh Car Park - on A82 2km S. of Tyndrum OS Map 50 / Explorer 377 Grid ref. 344 291 DEPART HELENSBURGH PIER 9.00 a.m Or River Cononish and Ben Lui National Nature Reserve Commence on W. Highland Way then forest track to river. Visit site of gold mine (disused) below Beinn Chaim and return to start point alongside or above river. Good track all the way almost entirely dry. Undulating but ascent mostly very gradual. Leader: Geof Flann Distance: 14 km, duration 4 1/2 hrs with max. height 420 m. Start point and time as above - but no torch required!!

Date	Grade	Title and Description
Saturday 1st February	C+	Doughnut Hill and Lang Craigs Paths up Overtoun Glen, waterworks road through forest, then open moorland along the crags. Generally easy walking with short ascents through varied territory with some fine views. Distance: 13 km, duration 4 - 4.5 hrs, total ascent 430m to max 374m Leader: David Reid Start point: Overtoun House, Milton, Dumbarton OS Map 64 / Explorer 347 grid ref: 425 762
Sunday 9th February	C Or B	Around Loch Chon Mixture of minor roads and tracks around the loch with some gentle undulations. Partly through forest with views of the loch and surrounding hills. Distance: 9 km, Duration: 3 % hrs, negligible ascent. Leaders: Kathleen Siddle / Ralph Ward Start point: Loch Chon Car Park, 11 kms past Aberfoyle on the Inversnaid Road. OS Map 56 / Explorer 365 grid ref-. 427 048 Depart Helensburgh Pier 9.00 a.m. Or Loch Chon with extension As above with extension to Stronlachar and Loch Katrine past Royal Cottage, trackless over ridge past Meall Meadhonach and grassy path after Faery Knoll. Distance 18 km, duration 6 hrs with total ascent 270m. Leaders and other details as above.
Saturday 15th February	B+	Beinn Dubh (Black Hill) and Mid Hill horseshoe Initial steady climb on grassy track, followed by NW high level walk around horseshoe route. Descending down mid Hill and returning along narrow Glen Luss Road. Terrain - mainly grass and moorland. Leader: Steve Kirby Distance 11 km, duration 5 hrs. Tot ascent 690m to max 643m. Start point: Luss visitors car park (with ample parking). OS map 56 / Explorer 364 grid ref. 359 931 DEPART HELENSBURGH PIER 9.00 A.M.
Saturday 22nd February	C	Loch Ard Forest Walk An easy walk entirely on forest track around Lime Hill and partly alongside the Loch Katrine - Glasgow pipeline and aqueducts. Leader: Trish Schooling Distance: 12 km, duration 4 - 4.5 hrs with negligible ascent. Start point: Car Park near Drymen Road Cottage on the Drymen - Gartmore road. OS map 57 / Expl. 347/348 Grid ref: 506 936.
Sunday 23rd February	A	Snow Climb Meall Garbh Track by Lawers Burn to mini dam then moorland climb of the hill Distance 12 km, duration 6 hrs, total ascent 1200 m to max. height 1118 m. Leader: Allan Dow Start point: Horn shop on A827 just N. of Lawers. OS Map 51 Explorer 378 Grid ref 680 400. LIMITED PARKING DEPART HELENSBURGH PIER 9.00 a. m.
Saturday 1st March	B	Around The Brack Forestry track alongside Loch Long and up Coilesan Glen then a short but steep climb to bealach - ground will be muddy underfoot. Head W. of The Brack over rough grassland to forestry track to start point. Distance: 11 km duration 5 hrs ascent to max. 500 m. Leader Steve Kirby Start point: Ardgarten Info Centre, Glen Croe on A 83. OS Map 56 / Explorer 364 grid ref: 270 037

Date	Grade	Title and Description
Saturday 8th March	B	Beinn Chaorach Commencing from Glen Fruin past reservoir to the Beinn from where there are good views to the south and west. Distance: 8 - 9 kms, duration 4.5 hrs, ascent 625 m to max. 713m. Leader: Anne Strachan Start point: On Glen Fruin road just past Strone House, OS Map 56 / Explorer 347, grid ref: 275 900
Sunday 16th March	C+	Ancient Forest below Beinn Dubhraig Forest track often rough and muddy but a well defined path through ancient forest with open views. Distance 10.5 km, duration 4 hrs, ascent 310 m to max 480 m. Leaders: Malcolm & Margaret Mackenzie Start point: Dalrigh car park, off A 83 2 km S. of Tyndrum. - OS Map 50 / Explorer 377 Grid ref 344 291
Saturday 22nd March	B+	Ben Bhreac (Speckled ffill) and Ben Reoch Commencing on waterworks road then open moorland over mainly grass slopes, some of which are steep. Distance: 10 km, duration 5.5 hrs, ascent: 850 m to max 681 m. Leader David Reid Start point: Blacksheep, on A83 nr. Tarbet. OS Map 56 / Leisure 39 / Explorer 377 grid ref 313 045
Sunday 30th March	A Or C +	Creag Mac Ranaich From start on old railway then up Glen Dubh and Mac Ranaich. Then SW over high ground to Lochan an Eireannaich returning on path to start point at Glen Dochart. Distance- 12 km, duration 5 hrs+ ascent 1000 m+ to max 852m. Leader: Allan Dow Start point: Right of Way to Balquhiddie on A85 nr. Ledcharrie, OS Map 51 grid ref: 506 282. DEPART HELENSBURGH PIER 9.00 a.m. Or West Loch Eck Mostly good forestry road alongside Loch Eck commencing at Younger Botanic Gardens and walking north to Glenbranter Village. Distance: 13 km, Duration: 4 hrs, ascent negligible. Leader: Doreen Kirk Start point: Benmore Car Park: on A815 - the Dunoon road. OS Map / Explorer 363 grid ref 144 856 CARS WILL BE LEFT AT GLENBRANTER ON OUTWARD JOURNEY TO EFFECT TRANSFERS ON THIS LINEAR WALK. NORMAL 9.30 am. START FROM HELENSBURGH PIER
Sunday 6th April	C+	The Falkirk Wheel Canal path walk from Polmont Railway Station to the Wheel site and return. It is intended to travel to Polmont by rail so fares will be required. Additionally those members wishing for a trip on the wheel will require the entry fee and will also have to book in advance by end February through the leaders. Further details in FOREWORD AND INFORMATION at beginning of this programme. Distance 18 km with negligible ascent. Duration - a long day! Leaders: Kathleen Siddle/Ralph Ward

Date	Grade	Title and Description
Saturday 12th April	B+	Ben Lomond By moorland tracks to summit then descent by tourist path. (if snow lies on route both ascent and descent will be by tourist path and ice axe or walking poles required). Distance 12 km, duration 6 hrs, total ascent 1014 m to max 974 m. Leader: Stella Crampton. Contact Geof Flann Start point: Rowardennan Pier Car Park. OS Map 56 / Explorer 364 grid ref: 360 985. DEPART HELENSBURGH PIER 9.00 a.m.
Sunday 20th April EASTER SUNDAY	B + Or C	Ben Donich Forestry track followed by steep climb onto ridge and then grassy broad slope to the summit. Return by outward route or detour down NE ridge for a longer walk. A mixture of forest and grassy hilly moorland. Distance: 13 km, duration 6 hrs, Ascent 800 m to max. 847 m. Leader: Michael Arrowsmith Start point: Ardgarten Info Centre, Glen Croe. OS Map 56 / Explorer 364 grid ref: 270 037. Or Cat's Craig Loop A well known and easy walk on forestry tracks from Ardgarten to Rest and be Thankful, returning via old road. Much of the route through forest but with good views over Glen Croe and adjoining mountains all round. Distance 11 km (although this can be shortened by approx 4 km by taking an appropriate turnoff). Duration 3.5 hrs with mainly modest ascents with one steep but short section to max 270 m. Leader: to be nominated. Start point: as above.
Saturday 26th April	B +	Ben Venue (Small Mountain) Well defined path, muddy in places, climbing steadily through beech woods. Moderate climb with short, steep pitches near summit. Distance 12 km duration 6 hrs, total ascent 690 m to max. 727 m. Leader: Mike McManus Start point: Ledard Farm, Loch Ard OS Map 57 / Explorer 365 Grid ref 459 023
Saturday 3rd May	B	Touch Hills An easy B grade in a seldom covered area where there are views over the River Forth valley, to the mountains to the north and over Stirling with its castle and the Wallace Memorial. Route will cover forestry and farm tracks, open moorland and sheep trods and will require the crossing of dry walls and some burns. Distance: 14 km, duration 4 – 5 hrs, ascent approx. 600 m to max. 295 m. Leader: Geof Flami Start point: 200 m up Cambusbarron road just south of A811, OS Map 57 / Explorer 348 grid ref: 745 937. (Limited parking but large lay-by available S. side of A811 just W. of Cambusbarron turn-off GR 738 942)

Date	Grade	Title and Description
Saturday 10th May	A or C+	Stob a' Choice Odhair (Peak of the dun-coloured corrie) and Stob Ghabar (Goat peak) Two Munros; the walk commences on track then climbs up grassy slope to first summit. We then drop to bealach and climb scree slope to ridge. Some scrambling may be required- Descent by grass slope to track Terrain mountain, moorland, steep grassy slopes. Distance 9 km, duration 6-7 hrs, ascent 1000 m, max. ht 1087 m. Leader: Steve Kirby Start point Car Park at end of public road past Inveroran Hotel (off A82 near Bridge of Orchy). OS Map 50 grid ref. 272 419 9.00 a.m. start from Helensburgh Pier Or Balmaha to Rowardennan (via the West Highland Way) Path through open woodland often by the shore of Loch Lomond. Terrain: Good track and short road section. Distance: 13.5 km, duration 4.5hrs, ascent negligible. Leader: Stella Crampton, Contact Geof Flann Start Point: Balmaha Car Park, OS map 56 / Outdoor Leisure 39 grid ref: 421 901 Car exchange will be arranged to transport walkers back to start. Normal 9.30 a.m. start from Helensburgh Pier
Saturday 17th May	C+	Glen Loin A long walk through forest up the Glen and returning via Allt Coiregrogain and the Ardgartan forest. Nearly all on undulating footpaths and with good views of surrounding mountains. Distance: 17 km, duration 5 hrs, ascent 300 m approx to max 200 m. Leader: Trish Schooling Start point: Succoth Car Park, OS Map 56, grid ref 294 049
Sunday 18th May	A	Beinn Narnain / Beinn Ime / Beinn Chorrnach A walk from Arrochar to Butterbridge with car pick up arranged for transfer. Terrain mainly mountain tracks over the heart of the Arrochar Alps. Distance 10 km, duration 6 - 8 hours, total ascent 1400 m., max. ht 1011 m. Leader: Alan Dow Start point: Succoth car park on the A83. OS Map 56 grid ref 294 049. 9.00 a.m. start from Helensburgh Pier
Saturday 24th May	C+ Or A	Corrour to Rannoch Moor A long day but the walk passes Loch Ossian, Corrour Forest and the edges of the Rannoch Forest area. Terrain: hillside paths throughout apart from the end when it is on metalled road. Walk commences at ht. 400 m. rising and undulating gradually to max. 550 m. Distance: 16/17 km. Duration max. 7 hours (otherwise you have a long wait at Rannoch Station!) OS maps 41 and 42. Leader: Doreen Kirk Meeting point: Helensburgh Upper station for the 0855 hrs Fort William train - arriving Corrour Station at 1110 hrs. Return journey from Rannoch station at 1838 hrs arriving Helensburgh Upper at 2032 hrs. Timings subject to 2003 summer timetable - please check. You will require train fare and the train also stops at Garelochhead, Dumbarton Central, Dalmuir. Or - for the very fit Mystery Walk Leader's choice A more demanding walk will be undertaken to one of the Munros or Corbetts in the region - weather permitting. Leader: Trish Schooling

Date	Grade	Title and Description
Sat 31 May Sun 1 Jun Mon. 2 Jun Tue 3 Jun Wed 4 Jun Thu 5 Jun Fri 6 Jun Sat 7 Jun		Southern Upland Way (see "Information" at start of programme) Portpattick - Castle Kennedy Castle Kennedy - Glen Luce Glen Luce - Bargrennan Bargrennan - West of St. John's Town of Dalry West of St. John's Town of Dalry - East of St. John's Town of Dalry East of St. John's Town of Dalry - Sanquar Sanquar - Wanlockhead Wanlockhead - Moffat
Sunday 15th June	B	Glenbranter and Meall Reambar The early part of this walk is through old Rhododendron collections (Pre Ben More Gardens). Terrain: Deciduous forest path, forestry track and grassy moorland with some steep ascents. Distance 13 km, duration 5 hrs, ascent 450 m to max 452 m Leaders: Malcolm and Margaret Mackenzie Start point: Glenbranter F C car park. OS Map 56 grid ref: 113 979
Sunday 8th June	B+	Beinn an Dothaidh (Hill of the scorching) Clear track over open moorland becoming steeper and rockier to reach a rocky summit plateau with outstanding views over Rannoch Moor. Terrain: open moorland with some steep sections, more grassy than rocky. Distance 9 km, duration 5.5 hrs, ascent 857 m to max. 1002 m. Leader: Michael Arrowsmith Start point: Bridge of Orchy station. OS Map 50, grid ref. 300 395. Depart Helensburgh Pier 9.00 a.m.
Saturday 14th June	A	Ben a' Chleibh (Hill of the creel or chest) At 3005 ft just a Munro with great views of surrounding area if it is clear. Ascent on path through forest, open moorland then open grassy hill. Descent on steep rocky path and finally alongside burn through forest. Terrain: steep forest path, tussocky grassy hillside climb to open grassy slopes. Steep rocky path descent at first. (The walk starts with fording the River of Lochy on stones. For those not comfortable with this, they could bring wellies and change once over; the wellies could be stashed in the forest for the return). Distance: 12 km, duration 6 hrs, total ascent 750 m to max. 915 m. Leader: David Reid Start point: car park on left of Tyndrum – Oban road 12 km from Tyndrum junction. CARE – parking place is difficult to spot! OS map 50 / Leisure 38 grid ref: 238 278. Depart Helensburgh Pier 9.00 a.m.
Sunday 15th June	C	The Greenock Cut A visit to Inverclyde and Loch Thom. Circular walk entirely on paths giving good views over the Firth of Clyde. Distance: 11 kms, duration 4 hrs, ascent negligible to max. 150 m. Leader: Geof Flann, Start point: Visitor Centre at Cornalees Bridge. OS Map 63 / Pathfinder 402, grid ref: 247 722.

Date	Grade	Title and Description
Saturday 21st June	A Or C +	Beinn Achaladair and Beinn a' Chreachain A long but rewarding walk. Grassy slope to high level broad ridge returning through Caledonian Forest. Terrain: a bit of everything! Distance 10.5 km, duration 7 - 8 hrs, total ascent to max 1039 m and 1081 m respectively. Leader: Steve Kirby, Start point: Achallader farm, 1.5 km off A 82 at NE end of Loch Tulla. OS map 50 grid ref: 320 444. Depart Helensburgh Pier 8.30 a.m. Or A walk in the area between Helensburgh and Glen Fruin Through Duchess Woods, past the Blackhill plantation, alongside Highlandman's Wood and across moorland for views over Glen Fruin; then over open moorland to Rhu reservoirs and returning through forest breaks. Terrain: forest tracks and moorland which can be rough and wet. Distance: 12 km approx; duration 4 hrs, ascent 400 m approx to max. 250 m. Leader: Geof Flann Start point: Kathleen Park (nr Rugby/Cricket club) - limited car parking: OS map 56 / Explorer 347 grid ref 284 384. Normal 9.30 a. m. departure from Helensburgh Pier
Saturday 28th June	B	Dumyat A circular walk in the Ochils starting to the west of the hill, skirting its base to the south, curving around to the north before climbing to the summit to give views of the Stirling flats. The return to the start point descends the hill to the west. Terrain: a mix of well trodden footpaths, vehicle track and moor, the latter may be wet in places. Distance: 13 km, duration: 5-6 hrs, total ascent 600m approx. to max. ht 420m. Leader: Mike McManus Start point: Airthrey Car Park OS map 57, grid ref: 818 968 9.00 a.m. start from Helensburgh Pier
Sunday 6th July	B	Ben A'an (The Pinnacle) Well marked path to summit which climbs steeply up, first through woods then on open hillside with glorious views. We will return on an indistinct and sometimes boggy path which goes north from the summit and then west down to the tarmacadamed track on Loch Katrine side to the pier and thence by the minor road back to Loch Achray and our start point. Distance: 8.5 km, duration 3.5 hrs, ascent 500 in approx to max ht. 462 m. Leaders: Kathleen Siddle / Ralph Ward Start point: Car Park on loch side at west end of Loch Achray (A821) grid ref: 509 070.
Sunday 13th July	B+	Beinn an Lochain (Hill of the Little Loch) Starting out along General Wade's road, very wet in places, to reach base of NE ridge, for a rocky and in places narrow and exposed ascent of this fine hill, returning by outward route. Terrain: open moorland followed by ascent up clear mountain track to mainly grassy summit area. Distance: 7 km, duration 4.5 hrs, total ascent 826 m to max ht. 901 m. Leader: Michael Arrowsmith Start point: Butterbridge car park, Glen Kinglas (on A 83), OS Map 56 grid ref: 234 095.

Date	Grade	Title and Description
Saturday 19th July	B+	Ben Clench We return to the Ochils and from start point take a farm road to Ben Ever and open grassy hillside to Ben Cleuch; then on to Andrew Gannel Hill returning by well defined path to Tillicoultry. Car transfers will be arranged back to start. Terrain: fairly steep ascent on road then open grassy moorland with some wet areas. Good narrow path on return. Distance: 12 km, duration 6 hrs, total ascent 860 m to max ht. 721 m. Leader: David Reid Start point: Alva Nature Trail car park, OS Map 58, grid ref 884 974. 9.00 a.m. start from Helensburgh Pier
Sunday 20th July	C+	Cashel Millenium Forest From start point commence northwards on West Highland Way then circumnavigating the forest; from the upper levels there are good views over Loch Lomond and the islands. Terrain: Good paths and tracks all the way. Distance 11 km duration 4 - 5 hrs, ascent 450 m. to max ht 350 m. Leader: Geof Flann Start point: Car park at Milarrochy (north of Balmaha) OS map 56 / Explorer 347, grid ref. -409 926.
Saturday 26th July	B	Ben Chonzie (Ben-y-Hone) - Mossy Hill A trip into Perthshire and Glen Lednock where the route follows farm track most of the way to summit which gives good views of the surrounding area. Terrain: track and heath covered slopes. Distance: 13 km, duration 5.5 hrs. total ascent 700m to max. ht. 931m. Leader: Trish Schooling, Start point: at Coishavachan which is on unspecified road to Loch Lednock some 6 km north of Comrie. OS map 51 grid ref: 743 275. 9.00 a.m. start from Helensburgh Pier
Sunday 3rd August	C (or C + for D'btton)	Coastal Walk Helensburgh to Cardross or Dumbarton This is a beach and coastal paths walk with a return to Helensburgh by train (for Helensburgh residents). Terrain: beach with sandy and stony sections and also paths with muddy sections. Distance: 9 km (Cardross) or 16 km (Dumbarton), duration 3.5 hrs (or 6 hrs), no ascent as we remain at sea level. Leader: Stella Crompton, Contact Geof Flann Start point: Helensburgh Pier, OS map 63 / Explorer 347 grid ref 295 822.
Sunday 10th August	B + or C +	Ben Vorlich (Loch Earn) Clear stony path climbs directly to summit, steep in places but no scrambling required. Terrain: woodland and open hillside returning by same route. Distance: 9 kms, duration 4.5 hrs, total ascent 1000m approx to max ht. 985m. Leaders: Kathleen Siddle / Ralph Ward Start point: Ardvorlich, south side of Loch Earn. OS Maps 51 and 57, grid ref: 633 233. Or Glen Ample from Loch Earn Mixture of stony track and grassy paths which undulate slightly. Return by outward route. Distance: 16 km, duration 5 hrs, negligible ascent. Leader: as above. Start point: Edinample on south Loch Earn road. OS Maps 51 and 57, grid ref: 602 225.

Date	Grade	Title and Description
Saturday 16th August	B	Bridge of Orchy to Ba Bridge (An easy B – grading due to length of walk!) Follow the West Highland Way from the start point to Ba Bridge (or further); returning by same route. Terrain: good track or road throughout. Distance 22 km, duration 6 - 7 hrs, ascent 400 m, max ht 300 m. Leader: Anna McManus Start point: Car park alongside Bridge of Orchy hotel on the A82. OS Map 50, grid ref: 298 396.
Sunday 17th August	A	Dalmally Horse Shoe From start point take track before climbing Ben Cruachan (Outer) at 964 m then crossing top at 997/980 m and down ridge. Then up Beinn Bhuidh 896 m returning over Monadh Driseig (a mere 641 m). Terrain: almost entirely mountain. Distance: 10 km, duration 6 – 8 hrs with total ascent 1040 m. Leader: Alan Dow Start point: Just north of Drishaig on B8077. OS map 50 grid ref. 134 285 9.00 a.m. start from Helensburgh Pier
Sunday 24th August	B+	Stob Coire Creagach (Peak of the craggy corrie) Climbing steep grass and bracken slope on to ridge and then to top. Then proceeding NE along ridge above Coire Creagach and descend to Glen Kinglas, returning along track. Terrain: Hillside and grassland. Distance: 10 km, duration 5 hrs, total ascent 650 m. to max ht 817m. Leader: Arnie Strachan Start point: Butterbridge car park (off A83). OS Map 56 grid ref 234 096.
Saturday 30th August	C+ With an add on B	Strachurmore to Lochoilhead A linear walk on forest track, rough moorland and path with a river to be forded. The add-on and alternative B grade takes in Cruach na Cloba with a steep ascent and descent. Distance: 12 (or 13) km, duration 4.5 (or 5) hrs, total ascent 210m (260m) to max ht 515m (565m). Leaders: Malcolm and Margaret Mackenzie Start point: Near Strachurmore Farm (east of Clachan Strachur), OS map 56, grid ref: 107 008
Sunday 7th September	B+	Beinn Udlaidh (Dark / Gloomy Hill) We will follow Allt Ghamhnain then south up the north ridge of the hill. From the top continuing in an Easterly direction down to the col and then climb steeply up to Beinn Bhreac-liath (speckled grey hill) and return via the north ridge. Terrain: forest, stream, moor and mountain. Distance 13 km approx, ascent 925 m to max 840 m., duration 6.5 hrs. Leader: Anne Strachan Start point: Invergaunan, OS map 50 grid ref: 279 368
Saturday & Sunday 13th & 14th September		Away Weekend in Aviemore A variety of walks will be undertaken on both days. Bookings have been made for accommodation. If there are any other members who wish to join us please contact Geof Flann.

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Saturday 20th September	B+	Meall an t-Seallaidh A Corbett with the walk commencing on road then open grassy hillside with some steep sections and could be boggy in places. Then through a small section of forest (which could also be wet) and ascending open grassy shoulder to top. Returning by steep descent to join a stalker's path eventually and old railway track to start point. Distance 17 kms, ascent 800 m to max. 852 m, duration 5.5 hrs Leader: Trish Schooling Start point: Public car park Lochearnhead on A85 direction St. Fillans. OS Map 51 grid ref: 593 238
Sunday 28th September	C	Cardross to Dalreoch via Renton Commencing on road but shortly thereafter onto farm tracks crossing open moorland before rejoining paths down to Renton. Thereafter pathway alongside River Leven to Dalreoch where we take a train back to Cardross. Rail fares will be required from either Renton or Dalreoch for return journey. Distance: to Renton 7 km approx to Dalreoch a further 5 km. Ascent negligible duration 3 hrs to Renton, 4 1/2 hrs to Dalreoch Leader: Geof Flann PART OF THE RAMBLERS "WELCOME TO WALKING" WEEK AND AS SUCH WILL BE WIDELY ADVERTISED BOTH NATIONALLY AND LOCALLY. COME ALONG AND BRING FAMILY AND FRIENDS
Saturday 4th October	B+	Benvane Commencing up waterworks road by Glen Finglas reservoir. After 1.5 kms crossing bridge over Gleann Casaig striking NNW up broad ridge to summit. Descend SW to track by Alit nam Meann to start. Terrain: open grassy hillside. Distance 19 kms, duration 5 – 6 hrs, total ascent 664 m to max 821 m. Leaders: Michael and Marion Blake Start point: Public car park near Glen Finglas Reservoir, N of Brig o' Turk. OS Map 57, grid ref: 531 075
Friday 10th & Saturday 11th October		Map and Compass Course This will consist of indoor instruction on the Friday evening with practical work outdoors (which will be local) on the Saturday. Those who have indicated they wish to attend will receive full advice separately. IF YOU ARE INTERESTED BUT HAVE NOT SUBMITTED YOUR NAME(S) CONTACT GEOFF FLANN
Sunday 12th October	B	Beinn Bhreac Hill road and forestry track from Cashel information centre up to around 300 m. Then trackless (and boggy) moor to final access to cairn from where there are excellent all round views. Terrain moor and hill (old vehicle track aids section over boggy moor), much of this is trackless terrain and not easy to navigate. Distance: 8 km, duration 5 hrs, total ascent 570m to max 577 m. Leaders: Allan & Ann Anderson Start point: Cashel Millenium Forest car park. 100 m off B837 (the Rowardennan Road). OS map 50 grid ref-. 400 940
Saturday 18th October	C+	Dounan's Circle A pleasant walk with a fairly steep but short climb to a fine viewpoint followed by forest roads and tracks with nature and geological interest (Highland Faultline). There will be time for a stop at the former David Marshall Lodge visitor centre. Terrain: all on forest roads and tracks. Distance 9.5 km, duration 4 hrs, total ascent 350 m to max 300 m. Leader: David Reid Start point: Braeval car park near Aberfoyle. OS Map 57 and QE Forest Park Guide, grid ref: 541 006

Date	Grade	Title and Description
Sunday 19th October	A	Ben Lomond – from North East side Commencing along forest road for 5 km before climbing steep grassy and rocky hillside, returning down Ptarmigan Ridge and N. circular back to Comer Farm. Distance: 16 km, duration 6 hrs min. ascent 900m to max 974m. Leader: Alan Dow Start Point. Park on B829 (Aberfoyle to Stronachlachar road) near Blairuskinmore, to take waterworks road to Comer Farm. OS map 56, grid ref: 434 038. Bring a torch! 8.00 a.m. start from Helensburgh Pier
Saturday 25th October	A or C+	Cruach Ardtrain (Stack of the High Part) Farm track start, then long grass climb to reach shoulder. Trackless to Grey Height. Firm stony ground with final steep ascent up rocky track. Terrain: without cover and often trackless, moor and mountain. Distance: 11 km. duration 6 hrs, total ascent 1018 m to max 1046 m. Leader: Michael Arrowsmith Start point: Lay by on A 82 S. of Crianlarich in Glen Falloch (CARE: easy to miss when driving from S). OS Maps 50 & 51 grid ref: 369 239 9.00 a.m. start from Helensburgh Pier Or Bracklinn Falls (Callender) to Arivurichardich Reservoir Following rough tracks and paths which undulate through woodland and over open moorland. Distance: 15 km, duration 4.5 hrs, Ascent: 200m approx to max 310m approx. Leaders: Ralph Ward/Kathleen Siddle Start point: Bracklinn Falls, Callender, OS Maps 57 & 51, grid ref 637 083
Saturday 1st November	B+	Beinn Narnain and Creag Tharsuinn Alongside and then E of the Cobbler this walk is mainly on the mountains and covers rough grass and stony tracks. Distance: 9.5 km, duration 5.5 hrs, ascent 1046 m to max 926 m Leader: Stella Crampton Contact Geof Flann Start point: Succoth car park on the A82 just past Arrochar, OS Map 56 grid ref. 295 049 9.00 a.m. start from Helensburgh Pier
Saturday 8th November	B+	Cowal Ridge A strenuous walk on largely trackless grass with a very steep climb early on. Although not high this is a two-pole walk! Terrain: forest roads and rough grassland with boggy bits but the effort compensated by some fine vistas. Distance: 19 km, duration 6 hrs +, ascent 891 m to max 661 m. Leader: David Reid Start point: Forest walk car park at Ardentinnny (turn left c50m after first sign for forest walks). Finish at Invernoaden. Minibus to be arranged from finish point to start (a charge will be levied for the 'bus - see Foreword to programme). 9.00 a.m. start from Helensburgh Pier
Sunday 9th November	C+	Carbeth Circular (including The Whangie) Pleasant walk on pathways through varied terrain and including The Whangie. Distance: 9 km, duration 4 hrs. ascent 200 m approx to max 357 m. Leader: Doreen Kirk Start point: Carbeth Inn CP (on A809), OS Map 64, grid ref-.510 807

Date	Grade	Title and Description
Saturday 15th November	C+	Conic Hill Commencing north of Drymen and passing through forest before the climb up Conic Hill from where there are magnificent views across Loch Lomond. Descending the steep hill to Balmaha. Terrain: good pathway all the way. Distance: 8 km, duration 4 hrs. ascent 300 m to max 358 m. Leaders: Ian Buchanan / Dorothy Bryce Start Point: Forestry car park (on W. Highland Way), OS Map 56 & 57, grid ref: 479 907. Car exchange to be arranged for return.
Sunday 16th November	A	Meall Corranaich and Meall a Choire Leith In the Ben Lawers range walking N to old ski hut and on to steep grass covered mountainside. Terrain: Mountainside which could be boggy and may be snow covered. Distance: 9 to 12 km, duration 6 hrs min., ascent 700m to max 926m. Leader: Alan Dow Start point: Ben Lawers Visitor Centre (nr Loch Tay), OS Map 51, grid ref: 611 380 Bring a torch! 8.00 a.m. from Helensburgh Pier
Saturday 22nd	C+	From Nr. Glendaruel to Glenbranter Part of the Cowal Way on forest tracks throughout passing through a remote pass and with good views of surrounding mountains. Distance: 15 km, duration 5.5 hrs, ascent 380 m. Leader: Geof Flann Start point: On the A886 at Garvie Farm (very limited parking), OS Maps 55 & 56 grid ref 035 904. Minibus transfer for which there will be a charge – please see foreword at start of programme. 9.00 a.m. start from Helensburgh Pier
Saturday 29th November		St. Andrews Day Social This will take place in the afternoon / evening and will incorporate a walk in the afternoon. Full details will be circulated to all members.
Saturday 6th December	C	Glen Ample from Loch Earn A repeat of this walk in a beautiful area covering a mixture of stony track and grassy paths which undulate slightly through woods and along the floor of this lovely Glen. There are two burns which need care in crossing after rain. Distance: 10 kms, duration 3 1/2 hrs, ascent negligible. Leaders: Ralph Ward / Kathleen Siddle Start point: Edinample Falls, OS Maps 51 & 57, grid ref 602 225. Minibus transfer for which there will be a charge – please see foreword at start of programme.
Sunday 14th December	B	Meall Dhamh (Stag Hill pron. "Myowl Gaff") A return trip to a favourite hike! Track and path leads to grassy ridge via NW shoulder of "Grey Height" (685 m). Classic views and scenery over corrie. Descent dependant upon time and weather conditions. Terrain: Glen track, rough path ascent over hill and moor. Distance: 9.5 km, duration 6 hours. Ascent 700 m to max 814m. Leader: Allan / Ann Anderson Start point: Lay by on A 82 about 2 km south of Crianlarich – behind a hedge and difficult to see. OS Map 50 grid ref: 370 238 9.00 a.m. start from Helensburgh Pier

Date	Grade	Title and Description
Saturday 27th December	C+	Vale of Leven circular A mixture of hill tracks, open moorland and river side. Ascent of ancient hill track with views over Loch Lomond and Leven Valley, across open moors to hill fort with views of the Clyde. Returning on River Leven towpath. Distance: 11.5 km, duration 4 hrs, ascent 330m to max 304m Leader: Stella Crampton Contact Geof Flann Start point: Car Park at Sweeney's Boat Yard, Balloch OS Outdoor Leisure 39, grid ref 390 819 THIS WALK IS PART OF THE RAMBLERS "WINTER WALKING" WEEK AND AS SUCH WILL BE WIDELY ADVERTISED BOTH NATIONALLY AND LOCALLY. COME ALONG AND BRING FAMILY AND FRIENDS