

Walks Programme 2006

Date	Grade	Title and Description
Monday 2nd January	B	Beinn Dubh and the Luss Horseshoe From start point cross A82 and climb up grassy ridge to Beinn Dubh; from the Beinn follow the horseshoe down then up to Mill Hill. The path then slopes steeply down to Glen Luss where we follow the road back to Luss. Terrain: grassy hillside. Some peat hags on top. Tarmac road for the return journey. Distance: 10.5 km, duration: 5 hrs, total ascent 674 m to max. ht. 642m. Start point: Luss car park, OS map 56, Explorer 364, grid ref: 359932. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 7th January	C +	Loch Ard Forest Mainly forest roads near Loch Ard and in forest following some cycle tracks on a circular route. Distance may be varied dependant upon the weather on the day. Terrain: varying tracks and forest roads. Distance approx. 18 km, max; duration 4 ½ - 5 hrs. Ht. Gained 250 m. Start point: Drymen Road Cottage car park on Gartmore Road. OS Map 57 / Explorer 347 & 365. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 8th January	B +	Glen Finlas Circular (Beinn Ruig [Redhill] to Balcknock) A walk up the Finlas glen, passing the bronze age stone and the river gorge before steeply ascending Beinn Ruig and circling around to Balcknock. Descending via Craperoch to Glen Finlas following the probable path of the Clan McGregor raiding party which led to the battle of Glen Fruin in 1603. Terrain: tarmac roadway and rough farm track, ascending steep grassy hillside to hilltops with peat hags and boggy ground. Distance: 15 km, duration 5 ½ hrs, total ascent 900m to max. ht. 693m. Start point: first layby on A817/MOD road about 100 m from A82 junction. OS Map 56 / Explorer 347, grid ref: 352882. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 14th January	C +	Inverarnan to Smuggler's Cave via West Highland Way Low level undulating track with good views of Loch Lomond; returning by outward route. (hunt for Smuggler's Cave optional - at grid ref NN335134 and at ht. 70 m). Distance: 13 km, duration 4 - 5 hrs, total ascent 300 m to max ht. 600 m. Start point: Inverarnan Inn car park, OS map 56 / Explorer 364 , grid ref: 319185. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 22nd January	C	Highland Edge Walk - circular Good forest tracks passing waterfall and then a <u>short</u> climb(10 mins at most) uphill to where mast used to be! Back via Braeval and Aberfoyle Golf club to start point. Distance: 7 ½ km, duration 3 - 4 hrs, ascent approx 200m to max. 305m. Start point: David Marshall Lodge, Aberfoyle, OS Map 57 / Explorer 365; grid ref: 521014.
Sunday 29th January	B	Carleatheran circular via Spout of Ballochleam A steady uphill climb on farm track then circular route over open moorland to summit. Terrain: farm tracks, open moorland with some boggy areas. Distance: 16 km, duration 5 ½ hrs, tot ascent 365m to max 485m. Start point: about 4 km down minor road turning S. off A811 by Mains of Boquhan. OS map 57, grid ref: 652922. 0900 HRS DEPARTURE FROM HELENSBURGH PIER

Date	Grade	Title and Description
Saturday 4th February	A C +	The Brack (probably from 'breac' meaning speckled) From start point on forest track then climb steeply to a broad ridge. After traversing the ridge, there is a final short but steep climb to the top. Descent is by grassy slopes to a forest track by Loch Long. Terrain: some forest tracks but mainly on rough grassy terrain. Very steep in places. Distance: 12 km (but will be shortened to 8 km if weather is bad), duration 6 hrs, total ascent 740 m to max ht. 787 m. Start point: Ardgartan car park (W. Of Arrochar on A83), OS Map 56, grid ref: 269037. 0900 HRS DEPARTURE FROM HELENSBURGH PIER Alternatively Ardgarten to Guanan Cat Creag loop extended to Guanan follows a sheltered and firm 4x4 track undulating through mature pine forest offering stunning glimpses of Glen Croe and then Loch Long. Terrain: almost exclusively forestry roads; one very short section of mountain path. Leader: Distance: 16 km, total ascent 374m to max: 188m. Start point: as above - and with same departure time
Sunday 12th February	C +	Glen Ogle Trail Outward along the route of disused Caledonian Railway track and returning along the route of the old military road. Terrain: paths and tracks with short connections on public highway to and from car park. Distance 9 km, duration 3-3 ½ hrs, ascent 250m to max. 300m Start point: car park on A85 Lochearnhead to Crieff Road near The Watersports Centre. OS Map 51, grid ref: 592239.
Saturday 18th February	C +	Glen Loin Circular Route mainly on well made and forest tracks passing Stronafyne and roughly following line of pylons. Turning left at junction to Corregrogain up to water works / reservoir catchment. Terrain: gradual incline at start then variable undulations. Distance: approx.17 km, duration 5½ hrs, ascent to max.300m Start point: car park at head of Loch Long opp. petrol station. OS Map 56 / Explorer 364, grid ref: 299048.
Saturday 25th February	B	Uamh Bheag (Little Cave), GlenArtney (Perthshire) A lowland hill with some good views to both north and south. Mainly trackless moorland with a little roadwork. Terrain: few paths, a lot of tussocky grass, one steep climb, a burn to cross and all in open country. Distance 11 km. Duration 4½ hrs, ascent 500m to max. 664m. Start point: Glen Artney Church car park. OS Map 57, grid ref 712161. 0900 HRS DEPARTURE FROM HELENSBURGH PIER 1½ hr drive to start via Stirling by-pass, A9 north to A822 signed Crief, Braco. Then B827 signed Comrie; c8 miles small sign on left to Glen Artney.
Saturday 4th March	C	West Highland Way north of Rowardennan An undulating woodland walk along the east shore of Loch Lomond close to and above the Loch. Terrain: well worn woodland paths with rocks and roots in places. Distance: 12 km, duration 5 hrs, ascent 120 m to max. ht 120m. Start point: Rowardennan car park. OS Map 56 / Explorer 364, grid ref: 359986

Date	Grade	Title and Description
Sunday 5th March	B	Cnoc Coinnich A walk up Coilessan Glen on track and a steep footpath onto moor or lairig. Trackless grassland to summit with dominant all round sector views from rarely climbed nearby peak. Terrain: some 3 km on grassy moor and steepish final approach to top; can be soggy in parts in bad weather. Distance: 8 km, duration 5 hrs, ascent 640 m to max. Ht. 761 m. Start point: Parking at limit of public vehicular access (unmarked on maps) driving from Ardgarten Centre. Coilessan "Events" parking - west bank of Loch Long. Os Map 56 / Explorer 364, grid ref: 259011.
Saturday 11th March	C +	Antonine Wall This is a continuation of the walk in the last programme with a slight overlap at start and finish. The route follows the Antonine Wall from Kilsyth to Banknock, returning by the canal path. Terrain: Mixture of minor road, farm road, track and canal path with generally easy walking in some open moorland, some farmland and finally alongside the canal. Distance: 14 km, duration 4½ hrs, ascent 150m to max. Ht. 147m. Start point: car park on left off B802 Kilsyth - Croy road shortly before the R. Kelvin and canal - travel time from H'burgh 1¼ hrs. OS Map 64, grid ref: 720771.
Saturday 18th March	A C+	Beinn Tharsuinn and Beinn Lochain Starting on road and track then a short but steep climb to 475m, followed by a high level circular walk over grass and rocks to Beinn Lochain. There's a steep descent to the lochan followed by a forest walk back to road. Terrain: Grassy hills, some steep descents. Rough walking with tracks at the beginning and end of walk. Distance: 12km, duration 6 hrs, total ascent 775m to max. ht. 697m. Start point: At junction nr. Lettermay, approx. 2 km past Lochgoilhead on the road to Carrick Castle - parking limited. OS Map 56 / Explorer 363, grid ref: 188002. 0900 HRS DEPARTURE FROM HELENSBURGH PIER Or alternatively Lettermay to Carrick Castle A walk mostly through charming woodland close to Loch Goil as far as ancient Carrick Castle. Road all the way but little traffic. Return by same route. Terrain: tarmac road. Distance: 13 km, duration 4 ½ hrs, total ascent 327m to max ht. 47m. Start point: At junction nr. Lettermay, approx. 2 km past Lochgoilhead on the road to Carrick Castle - parking limited. OS Map 56 / Explorer 363, grid ref: 188002. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 25th March	C +	Kirkton Glen to Glen Dochart A variation on this ever popular walk starting at Rob Roy's grave, proceeding over forest track and then open hill to Lochan an Eireannaich (Lake of the Irishman) from where there are fine views. Thereafter we descend to Glen Dochart and are picked up near Ledcharrie Farm on the A85 (Crianlarich to Lochearnhead road). Terrain: commencing on good forestry roads, then tracks over modest inclines; on the descent faint tracks over possibly boggy areas. Distance: 16 km, duration 5 hrs, total ascent 400m to max 600m. FOR THIS WALK WE WILL UTILISE MINI-BUS TRANSPORT AND THOSE INTERESTED SHOULD CONTACT LEADER (tel: 01436 676022) NO LATER THAN THURSDAY 23RD MARCH. THERE IS A CHARGE FOR MINI-BUS TRANSPORT.

Date	Grade	Title and Description
Sunday 26th March	A	Beinn Eunaich and Beinn a'Chochuill Two Munros. Terrain: Path on lower slopes and then on trackless mountains. Distance: 11 km, duration 8 hrs, total ascent 1169m to max ht. 989m. Start point: Near junction of A85 and B8077 about 3km west of Dalmally. (limited parking) OS Map 50, grid ref 135283. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 1st April	B	Portavadie Circular A lovely walk firstly through mixed woodland then open terrain with good views; finishing along the coast (where lunch may be taken). Terrain: forest, open road and coastal moorlands which could be muddy in places. Distance: 12 km, duration 4 hrs, tot ascent 124 m to max ht. 110 m. Start point: Car park at Portavadie ferry terminal (1½ hrs drive from Helensburgh). OS Map 62 / Explorer 362, grid ref: 929698. 0900 HRS DEPARTURE FROM HELENSBURGH PIER Ferry: dep Tarbert 1015 arr P'vadie 1040 hrs (CHECK timings) - for Mid Argyll & Kinross Gp.
Saturday 8th April	A C+	Ben Vane from Beinn Mheadhan (Middle Hill) From start point along A82 to Loch Sloy private road and along road for 2 km to start of climb. Up a steep hillside to summit. Return by outward route. Terrain: Private road, steep grassy hillside with some easy scrambling near top. Distance: 15½ km, duration 6 hrs (+), total ascent 880 m to max. ht. 915m. If winter conditions, crampons and ice axe required. Start point: Car park by Loch Sloy power station, Inveruglas OS Map 56 / Explorer 364, grid ref: 322099. 0900 HRS DEPARTURE FROM HELENSBURGH PIER or alternatively Killin Forest Circular Extended circular forest walk starting at car park close to bridge at Falls of Dochart. Terrain: initially on cycleway with the main and remaining section on rough forest tracks. Distance: 14 km, duration 4 - 5 hrs, total ascent 220 m to max. ht. 350m Start point: first car park on right hand side after B827 bridge crossing of River Dochart at Falls of Dochart. OS Map 51 / Explorer 378, grid ref: 572327.
Sunday 16th April EASTER SUNDAY	B +	Garbh Bheinn (Rough Hill) A walk on trackless grassy hillside with rocky outcrops; a steep descent. Distance: 6 km, duration 5 ½ hrs, tot ascent 800 m to max ht. 867m. Start point: Ice Factor car park Kinlochleven, OS Map 41, grid ref: 188619. To allow for set-up of cars:- 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 22nd April	B	Glen Sherup A gentle B walk over undulating, grassy hills with some good views. Terrain: forest roads and grassy paths. Distance: 15 ½ km, duration: 5 hrs, tot ascent 600 m to max ht. 645m. Start point: Forestry car park on A823 in Glen Devon about 1 mile west of Glen Devon Village signposted Glen Sherup. Leave A9 c 2miles north of Blackford onto A823 signed Dunfermline. Approx 1hr 20 mins from H'burg. OS Map 58, grid ref 973052 0900 HRS DEPARTURE FROM HELENSBURGH PIER

Date	Grade	Title and Description
Saturday 29th April	B	Lomond Hills Circular An upland walk through Fife Regional Park, taking in East and West Lomond, with classic views over Loch Leven, the Firth of Forth and Falkland Palace. Terrain: a combination of hill tracks, moorland and open hillside, with two short but steep grassy ascents. Distance: 16 km, duration 6 hrs, tot ascent 590 m to max ht. 522 m. Start point: East Lomond car park, near Falkland. OS Map 59 / Explorer 370, grid ref 252058. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 30th April	C +	Coille Coire Chuilc Another attempt at this walk which was washed out by floods last November. Good views of Beinn Dubhcraig, Beinn Dorain and Beinn Odhar during this walk which passes through remnants of the Caledonian pinewoods and follows parts of the River Cononish. Terrain: Forestry tracks and paths (albeit faint) all the way - some burns to cross. If impassable (as last November) there is an alternative return route. Distance: 10.5 km, duration 4 - 4 ½ hrs, ascent 380m to max ht of around 450m. Start point: Dalrigh car park, on W. of A82 1.5 km S. of Tyndrum. OS Map: 50 / Explorer 364, grid ref: 344292.
Saturday 6th May	C	A meander through Balloch Country Park and the Boturich Estate Using a mixture of paths, tracks and minor roads. Explore new ways through Balloch Country Park and the Boturich Estate. On a fine day we'll have some good views of Loch Lomond. Terrain: The paths go through parkland and woodland. Distance: 12 km, duration: 3½ hrs, total ascent 150 m to max. ht. 150m. Start point: Jenners, Lomond Shores. OS map 56 / Explorer 347, grid ref: NS 383822.
Saturday 13th May	C	Cardross Circular A circular walk round Cardross from Ardmore encompassing Drumhead and Kilmahew retuning along the shore. Suitable for active children. Terrain: Some minor roads paths and shoreline which is rough in places. Distance approx. 10 km, max; duration 4 hrs. total ascent 70 m to max. ht. 70m. Start point: Ardmore Point. OS Map 56 / Explorer 347, grid ref: NS 314786.
Sunday 14th May	B +	Scurr na h'Eanchainne (Peak of the Brains) Crossing Loch Linnhe by the Corran Ferry, walking on A861 to Cille Mhaodan. Climb ridge by burn then steeply to summit with short scramble. Descent by fence back to A861 and back to ferry. Terrain: Road, trackless grassland, short rocky scramble & hillside. Boots should be put on before boarding the ferry. Distance: 12 km, duration 6 hrs, total ascent 750m to max. ht. 730m. Start point: Corran Ferry Car park (on A82, approx 4 miles north of Ballachulish bridge. Pedestrians cross free.) OS Map 41 / Explorer 391, grid ref: NN 021635. 0800 HRS DEPARTURE FROM HELENSBURGH PIER to catch 10:15 Corran ferry
Saturday 20th May	A	Beinn A' Chroin (Hill of danger) possibly returning over An Caisteal A steep sided mountain with craggy slopes and a craggy summit. A muddy start from the A82 layby (180m) under the railway following River Falloch on a good track to 300m for 2km then 2km of rough track up Coire Earb to 470m; leads to open hillside to Stob Glas Bheag at 501m, then to Beinn a' Chroin top (942m). Possible return via An Caisteal, Twistin Hill and Sron Gharbh. Terrain: Some track, mostly mountain with some paths (entailing minor scrambling). Distance: 13½ km, duration 6½ - 7 hrs, total ascent 797 m (892 if via An Caisteal) to max ht. 995 m. Start point: Layby on A82 just south of Crianlarich. OS map 50 / Explorer 364, grid ref: NN 368238.

Date	Grade	Title and Description
Sunday 28th May	B	Glen Artney, Gleann a'Chroin around Meall Odhar and Gleann an Dubh Choirein A "lollipop" walk in the Perthshire Hills where, with luck, you may view deer and even wild goats. Ben Vorlich and Stuc a'Chroin are nearby, surrounded by many other mountains. WILL BE TAKEN SLOWLY. Terrain: Start/finish on good estate tracks over moorland with central portions over tracks across mountainside and along riverside track. Will be wet and there are burns to cross Distance: 19 km, duration 5½ hrs, total ascent 600m to max. 600m. Start point: Glen Artney church car park which is 7½ km after taking a turn West off B827 some 3½ km south of Crombie. OS Map 57 / Explorer 368, grid ref: NN 711161.
Saturday 3rd June	C	Glen Fyne An easy walk up Glen Fyne and back. Terrain: Farm track all the way. Distance: 8 km, duration 3 hrs, total ascent negligible to max height sea level plus. Start point: Car park 100m before smokery at head of Glen Fyne. OS Map 56 / Explorer 364, grid ref: NN 193127.
Sunday 11th June	B + option C+/B	Campbell's Bowling Green Circumnavigation Starting from the Ardgartan Visitor Centre, walking initially on metalled road then forestry track along the west shore of Loch Long to Corran Lochan. Return via path to Stuckbeg then forestry track via Lochgoilhead, Glean Mór and the head of The Rest and be Thankful back to Ardgartan. The C+/B option makes use of the 1500 Service Bus from Lochgoilhead to Ardgartan - bus fare required. Terrain: Metalled road, forestry track, surfaced path and short section of rough path, which is likely to be muddy. Distance 32 km, duration 8 hrs, total ascent 1180m to max. 315m Start point: Walkers' Car Park behind Ardgartan Visitor Centre (across bridge). OS Map 56 / Explorer 364, grid ref: NN 269037.
Sunday 18th June	C option Chain Walk A	Fife Coast Path - (Lower Largo to Elie) An easy but scenic coastal walk from Lower Largo to Elie Ness, on good tracks. The lunch stop will be at the east of Shell Bay, allowing the adventurous time to try out the "Chain Walk" (bypassed by C grade walk) over the adjacent Kincaig Point. For details of the "Chain Walk" section see web page v-g.me.uk/Trips/T0647/T0647CW.htm. Terrain: A way-marked trail along the coast-line. Low tide at 14:42. Distance: approx.12 km, duration 4 - 5 hrs, total ascent 150m to max. 62m. Start point: The Temple Car Park on the eastern outskirts of Lower Largo. OS Map 59 / Explorer 370, grid ref: NO 423026. 0830 HRS DEPARTURE FROM CO-OP CAR PARK due to FASLANE FAIR
Sunday 25th June	B+	Beinn Dorain (hill of the streamlet) We will ascend the coire an Dothaidh to the Bealach then onto Beinn Dorain, returning by outward route. Terrain: Mountain tracks, possibly boggy in places. Distance 10 km, duration 6 hrs, total ascent 890m to max. 1076m. Start point: Bridge of Orchy Hotel car park. OS Map 50 / Explorer 377, grid ref: NN 297395.
Saturday 1st July	B	Glen Fruin, Tom nah Aridh Ridge Circular Outward on south side of ridge with return via ridge summits. Terrain: Rough upland moor, boggy in places. No defined tracks, open moorland. Distance: 9 km, duration 4 hrs, total ascent 200 m to max. ht 361m. Start point: Road/Track junction on crest of old Glen Fruin Road. OS Map 56 / Explorer 347, grid ref: NS 261899

Date	Grade	Title and Description
Saturday 8th July	B	Loch Chon to Loch Lomond (Inversnaid Hotel) Walking mainly on paths through woodland, open country and alongside lochs. Terrain: Forest, moor, hills, loch side. Distance: 19 km, duration 5½ hrs, total ascent 350 m to max. ht. 350 m. Start point: Car park on B829, towards the southern end of Loch Chon. OS Map 56 / Explorer 365, grid ref: NN 427048. This is a linear walk utilising mini bus transport. Booking a seat is essential. THOSE INTERESTED SHOULD CONTACT LEADER (tel: 01436 678328) NO LATER THAN THURSDAY 6thJULY. THERE IS A CHARGE FOR MINI-BUS TRANSPORT.
Sunday 9th July	C	Cochno Hill, Cochno Loch and Greenside Reservoir A gentle stroll in the nearby Kilpatrick Hills with good views over the Clyde basin and Glasgow. Terrain: Part metalled roads, well defined paths, mainly over grassland, some of which can be wet. Distance: 9 km, duration 3½ hrs, total ascent 200 m to max. ht. 348 m. Start point: East entrance of Cochno Estate, near Hardgate, with good parking facilities adjacent to entrance to Edinbarnet Nursing Home. OS Map 56 / Explorer 347 or 342, grid ref: NS 503739.
Saturday 15th July	B+	Cam Chreag (Crooked Crag) Firm track beside River Fillan, then crossing West Highland Way to end of track up Gleann a'Chlachain. Thence trackless, gentle, climbing to wind generator bealach and grassy ridge walk to summit, returning by outward route. Terrain: Firm tracks half the way followed by open trackless wet hillside and grassy ridges. Distance: 17km, duration 7 hrs, total ascent 724m to max. ht. 884m. Start point: Dalrigh car park in Strath Fillan on A82 South of Tyndrum. OS Map 50 / Explorer 364, grid ref: NN 344291.
Saturday 22nd July	C +	Glen Lochay Glen Lochay is a short but beautiful glen, the centre of the old hunting forest of Mamlorn. It is the start of the climb to five Munros - NOT being undertaken today! An easy walk on tracks all the way, with splendid views in good weather. Terrain: Riverside and hillside but on tracks all the way - generally following contours. Some burns to cross, but most are bridged. Distance: 12 km, duration 4 - 4½ hrs, total ascent 230m to max 400m. Start point: Kenknock, 10km along and at end of minor road, turning west off A827, 1km north of Killin. OS Map 51 / Explorer 378, grid ref: NN 466365.
Sunday 23rd July	A	Pentland Hills (Classic Round)(photo1) (photo2) (photo3) 13 tops, but all small ones (Alan's words) - Castlelaw Hill, Caerketton Hill, Allermuir Hill, Capelaw Hill, Harbour Hill, Bell's Hill, Black Hill, Hare Hill, West & East Kip, Scald Law, Carnethy Hill and Turnhouse Hill. <i>(can be reduced if bad weather)</i> Terrain: Grass Hill. Distance: 24 km, duration 8 - 10 hrs, total ascent 1470m to max ht. 579m. Start point: Car Park changed from Castle Law to Flotterstone Ranger Centre. OS Map 66 / Explorer 344, grid ref: NT 233631. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 30th July	A	Buachaille Etive Beag (2 Munros) (Little Herdsman of Etive)(photo1) (photo2) Path to col then follow ridge with short climb to Stob Dubh. Back to col then climb stony ridge to Stob Coire Raineach. Terrain: Fairly steep descent back to car. Distance: 8 - 9 km, duration 5 - 6 hrs, total ascent 850m to max ht. 958m. Start point: New car park before road works on A82. OS Map 41 / Explorer 384, grid ref: NN 188563. 0900 HRS DEPARTURE FROM HELENSBURGH PIER

Date	Grade	Title and Description
Saturday 5th August	C	Killin - Glen Dochart Forest Circular Outward section along route of National Cycle Track with inward section on two sections of former railway track. Terrain: Cycle track then disused railway track bed. Railway track could be muddy in one section, dependent upon weather. Distance: 8 km, duration 3 hrs, total ascent 130 m to max ht. 300 m. Start point: Car park opposite Glenogle Cottage on A85. OS Map 51 / Explorer 365, grid ref: NN 559285.
Sunday 6th August	B+	Beinn lme (butter hill) A walk up the glen behind the Cobbler and up to the top of Beinn lme. Terrain: Mountain path and steep grassy hillside. Distance: 8 km, duration 5 ½ hrs, total ascent 1020 m to max. ht. 1011m. Start point: Layby ½ way up Rest and be Thankful. Overspill parking short distance beyond. OS Map 56 / Explorer 364, grid ref: NN 242061.
Sunday 13th August	A	The Dalmally Horseshoe (Ben Cruachan and Stob Diamh) Stacky Hill and Peak of the Stag A high level traverse taking in 5 summits, including the two Munros, and featuring in Bill Birkett's "Great British Ridge Walks". Classic views over Loch Awe and the Pass of Brander. Terrain: Rough track up to the Cruachan Dam, then steep mountain paths. Parts of the main ridge are narrow and rocky, and some easy scrambling may be required. Distance: 15 km, duration 8 hrs, total ascent 1490 m to max ht. 1126m. Start point: Limited parking to the east of the Cruachan Dam Visitor Centre on the A85. OS Map 50 / Explorer 377, grid ref: NN 080268.
Sunday 20th August	A	Ballachulish Horseshoe (Sgorr Dhearg and Sgorr Dhonuill) Red peak and Donald's peak(photo1) (photo2) From Ballachullish School up nose of Sgorr Bhan on to Sgorr Dhearg and along to Sgorr Dhonuill. Head north to South Ballachullish. Two car walk through. Terrain: Hill and rock to start. Come off in forest. Distance: 12 km, duration 8 hrs, total ascent 1268 m to max ht. 1024m. Start point: At Ballachullish school. Pick up cars at South Ballachullish. OS Map 41 / Explorer 384, grid ref: NN 080578 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 26th August	C+	The Peninsula Way (Garelochhead to Kilcreggan) A linear walk down the length of the Rosneath Peninsula. Return to Garelochhead by service bus. NOTE - Bus fare or pass will be needed for bus back from Kilcreggan to Garelochhead. Terrain: Woodland paths, some rough and wet, and forest tracks. One steep, grassy climb of approximately 70m height. Distance: 13 km, duration 4 ½ hrs, total ascent 540 m to max ht. 180 m. Start point: Garelochhead car park. OS Map 56 / Explorer 374, grid ref: NS 239912.
Sunday 27th August	A	Beinn a'Chaisteil (Hill of the Castle) and Beinn nam Fuaran (Hill of the Well) After crossing a ford the route follows a firm track just beyond its end half way up Glen Coralan. A long, fairly steep, but grassy climb leads onto the ridge and a less severe grass ascent to summit. Continuing on grass over the next summit, a descent is made into the Auch Gleann and a return along a rough track to end with recrossing that ford over the Allt Coralan. Terrain: Rough tracks but mainly trackless grassy slopes, often steep but essentially rockfree. Distance: 16 km, duration 7 ½ hrs, total ascent 940m to max ht of 883m. Start point: Green Welly Stop on A82 at Tyndrum to sort out cars. A max of 6 can be parked at Auch Estate with permission. OS Map: 50 / Explorer 377, grid ref: NN 316354.

Date	Grade	Title and Description
Sunday 3rd September	C+	Gleann Cullanach Circular Walk Forest track mainly, with some muddy patches. Route overlooks Glen Douglas storage facilities with good views down Loch Long. Terrain: Forest track and shore path. Distance: 8 km, duration: 3 hrs, total ascent unspecified to max. ht. 200m. Start point: Public car park across Glen Douglas road from Glen Douglas Base entrance. OS map 56 / Explorer 364S, grid ref: NN 275003.
Saturday 9th September	C+	Glen Luss from Loch Lomond We'll go through lovely, tranquil Glen Luss, from the Luss Car Park as far as the disused farm house at Gleann na Caorainn and return the same way. The walk starts on a quiet metalled road which goes fairly steadily up to a height of about 200 meters. After about 4 km, the road gives way to paths and rough tracks which undulate through the glen. The paths will likely be wet. Terrain: Metalled road, faint path (likely to be wet) farm track. Distance: 16 km, duration 4½ hrs. total ascent 200 m to max. ht. 200m. Start point: Luss Car Park. Car parking payment required. OS Map 56 / Explorer 347, grid ref: NS 359932.
Sat/Sun 16/17th September		Members Away Weekend in Glen Clova
Saturday 23rd September	B	Campsie Glen and Cort-ma-Law A walk of contrasts with a lush glen, high moorland, deciduous woodland and a disused railway track. Commencing at Clachan of Campsie we climb to the Crow Road car park and cross the road to climb further following the ridge eastwards before turning NE to reach Cort-ma Law. Thereafter we return in a southerly direction to descend the hills in the Knockybuckle area and pass through meadows and farmland until reaching Milton of Campsie. Finally we turn west along the dismantled railtrack to return to the start point. Terrain: Paths (of sorts) all the way but can be wet and muddy on the ridge to Cort-ma Law. The final 4 ½ km is along the disused railtrack which passes behind and to the west of Lennoxton (where there is a great deal of building taking place !) Distance: 14 km, duration 5 - 5½ hrs, total ascent 550 m to max ht. 531 m. Start point: Clachan of Campsie. OS map 64 / Explorer 348, grid ref: NS 611796.
Sunday 24th September	C+	Bracklinn Falls (Callander) to Arivurichardich Reservoir We'll follow rough tracks and paths which undulate through woodland and over open moorlands. Terrain: Rough tracks and paths. Distance: 15 km, duration 4½ hrs, total ascent 200m to max. 310m. Start point: Bracklinn Falls car park, north of Callender. OS Map 57 / Explorer 366, grid ref: NN 637083.
Saturday 30th September	C+	Loch Avich A loop over moorland, along south east shores of Loch Avich, down river Avich - optional detour to falls. Terrain: Easy, good firm paths and track. Distance: 11 km, duration 4 hrs, total ascent 183m to max. 170m. Start point: Car park at Barnaline (opposite Lodge), a two hours drive from Helensburgh. Take A85 towards Oban. Turn left just before Taynult, road signposted for Kilchrenan. Also look out for Ardanaiseig Hotel signs. OS Map 55 / Explorer 360S, grid ref: NM 970139. 0900 HRS DEPARTURE FROM HELENSBURGH PIER

Date	Grade	Title and Description
Sunday 1st October	A	Beinn Bhuidhe From A83, walk up Glen Fyne to the end, climb Ceann Garbh, continue to Beinn Bhuidhe, then Stac a' Chuirn and Tom a' Phiobaire. Descend and climb Clachan Hill. Finally a steep descent down to the Power Station and the car park. Planned return route from summit of Beinn Bhuidhe is weather dependant. Terrain: Road and track on this in. Path on the hill. Steep descent on the way off. Distance: 20 km, duration 8 hrs, total ascent 1500m to max. 948m. Start point: Car park 100m before smokery at head of Loch Fyne. OS Map 56 / Explorer 362, 363, 364, grid ref: NN 194126. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 7th October	B +	Mullach Coire a' Chuir - (possibly - Top of the corrie on the rounded hill) All open trackless with some steep ascents. Terrain: Grassland, some boggy. Quite steeply undulating. Extensive views from tops if clear! Distance 9½ km, duration 5½-6 hrs, total ascent 900m to max. 658m Start point: Corrow Farm on Carrick Castle road 1½ km beyond Lochgoilhead. Limited parking on road OS Map 56 / Explorer 363N, grid ref: NN 118004. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 14th October	B +	Meall a' Bhuiridh and Creise From the White Corries Ski Centre follow chair lift route to plateau above Creag Dhubh NN257 520. Head SW to N ridge of Meall a' Bhuiridh and ascend S to summit NN250 503. Descend WSW on narrow ridge to col (930m) NN242 500. Scramble to summit plateau of Creise head N to summit NN238 506. Reverse route to return (or, if weather is favourable, a descent via the steep slabs of Stob A' Ghlais Choire may be made). Terrain: Hill / Mountain. Distance: 11 - 13km, duration 6 - 7 hrs, total ascent 970m to max. 1108m. Start point: White Corries Ski Centre. OS Map 41 / Explorer 348, grid ref: NN 266525. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 15th October	C +	Inverbeg to Tarbet via Glen Douglas A two car linear walk through Glen Douglas picking up the rough track which follows the west highland railway round past Arrochar and back round to Tarbet. Terrain: Initially on Tarmac road for the length of Glen Douglas followed by Landrover track which can be muddy at times Distance 15 km, duration 5 hrs, total ascent 300m to max. 260m. Start point: Inverbeg Inn car park to arrange distribution of cars. Permission obtained. OS Map 56 / Explorer 364, grid ref: NS 345975.
Saturday 21st October	A	Ben Chonzie and Glen Turret (photo1)(photo2) An alternative route to the summit of Ben Chonzie. Meet at the Loch Turret Dam Car Park in Glen Turret - at the end of the minor road signposted "The Famous Grouse Experience" off the A85 as you enter Crieff from the west. Terrain: Tracks and open hillside. Distance 17 km, duration 8 hrs, total ascent 700m to max. 950m. Start point: Glen Turret Dam car park. OS Map 52 / Explorer 368E, grid ref: NN 821264. 0800 HRS DEPARTURE FROM HELENSBURGH PIER

Date	Grade	Title and Description
Sunday 22nd October	C +	Garadhan Forest and Conic Hill Outward and return on a section of the West Highland Way, with a short steep ascent from the way to the Conic Hill summit. Carried out at an easy pace. Terrain: Forest Tracks and rough tracks through moorland. Distance 14 km, duration 4½ hrs, total ascent 380m to max. 3606m. Start point: Garadhan Forest car park. OS Map 57 / Explorer 347, grid ref: NS 479908.
Saturday 28th October	C +	Ardgartan to Lochgoilhead - via Corran Lochan Initially metalled road from car park, then forest track to Corran Lochan. Path from Corran Lochan to Stuckbeg then forest track to Lochgoilhead. Return from Lochgoilhead by public transport (bus) to Ardgartan car park, please remember to bring money for the fare. Terrain: Road, forest track, made up paths. Distance 20 km, duration 6 hrs, total ascent 520m to max. 370m. Start point: Ardgartan Forest walks car park. OS Map 56 / Explorer 364S, grid ref: NN 269037.
Sunday 29th October	B +	Beinn Luibhean (Hill of the little plant) A steady climb up the glen following the burn to Bealach a'Mhargaidh before a grassy climb to a summit in the very heart of the Arrochar Alps. Terrain: Partially along firm narrow path but mainly trackless moorland. Distance 6 km, duration 4 hrs, total ascent 690m to max. 857m. Start point: Lay-by on right of A83 road, just beyond road bridge half way up Glen Croe. OS Map 56 / Explorer 364, grid ref: NN 242063.
Saturday 4th November	B	Bridge of Orchy to Crianlarich We'll follow the West Highland Way southwards through glens and woods and along riverbanks. There are tracks and paths all the way with some short metalled sections. Terrain: The path undulates, particularly nearer Crianlarich where the dips and rises are greater. Distance: 19 km, duration 5½ hrs, total ascent minimal to max. ht 350m. Start point: Car park adjacent to Bridge of Orchy Hotel. OS Map 50 / Explorer 377E, grid ref: NN 296396 This is a linear walk utilising mini bus transport. Booking a seat is essential to ensure you are not disappointed. THOSE INTERESTED SHOULD CONTACT LEADER (tel: 01436 678328) NO LATER THAN THURSDAY 2nd Nov. THERE IS A CHARGE FOR MINI-BUS TRANSPORT.
Saturday 11th November	B	Stuc Odhar - (Dun coloured peak) Climb up above Loch Venacher in Woodland Trust land using some new paths and open hillside, returning by Glen Finglas reservoir. Terrain: Waymarked track and open hillside. Distance: 11 km, duration 4½ hrs, total ascent 650 m to max. ht. 626 m. Start point: New Glen Finglas car park on left of A821 0.6 miles east of Brig O' Turk post office sign. OS Map 56 / Explorer 365S, grid ref: NN 546065.

Date	Grade	Title and Description
Sunday 12th November	C +	Crianlarich to Inverarnan (on the West Highland Way) Continuing last weekend's route down the West Highland Way which will be further explored next weekend. We will follow the Way southward from Crianlarich which is the approx. half-way point of the West Highland Way. Terrain: Distance: 10½ km, duration 4 hrs, total ascent 150 m to max. ht. 250 m. Start point: Initially we will gather in the car park of the Drovers Inn at Inverarnan where some cars will be utilised for the journey to Crianlarich. On completion of the walk those not driving back for cars can wait in the Inn. OS Map 56 / Explorer 364, grid ref: NN 318185.
Saturday 18th November	C	Balmaha to Rowardennan (along West Highland Way) Good track on undulating terrain. Terrain: Path through open woodlands with fine views of Loch Lomond. Distance: 13km, duration 4½ hrs, total ascent minimal to max. ht. 90m. Start point: Balmaha main car park. OS Map 57 / Explorer 347, grid ref: NS 421909.
Sunday 19th November	A/B+	The Cobbler Following good paths to the main peak area: then stony often steep, mountainous paths with easy scramble. Terrain: Wild mountainside and reasonable paths. Distance: 9½ km, duration 5½ hrs, total ascent 941m to max ht. 881m. Start point: Succoth car park. (expect Pay & Display) OS Map 56 / Explorer 364, grid ref: NN 294049. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 2nd December	1) C+ 2) C	(1) Kilpatrick Braes and (2) Erskine Bridge Two walks which can be taken together or individually. Please contact leader (01389 842040) if you intend doing the second walk only. 1) Walking up the Kilpatrick Braes onto the hilltop trig point at 365m for views over the river Clyde. Returning either over the Slacks or by original route depending on time and weather conditions. Terrain: Rough track, moorland and grassy hillside. Distance: 8 km, duration 5 hrs, total ascent 365m to max, ht. 365m 2) Urban Ramble over the Erskine Bridge and back for fantastic views up and down the river. Test your head for exposure with a look over if you want to, or just enjoy the walk away from the edge. Terrain: Some walking on thick grass then pavement most of the way. Distance: 5 km, duration 2 hrs, total ascent 60m to max. ht. 60m Start point for both walks: Small car park at pumping station. Access gained from Old Kilpatrick going under the A82 Dual Carriageway. OS Map 64 / Explorer 347, grid ref: NS 470731.

Date	Grade	Title and Description
Sunday 10th December	C	Clyde Coast Walk Beach and coastal paths. Exact route will depend upon state of tide. Return by public transport - please remember to bring fare. Terrain: Beach and coastal paths, wet in places. Distance: 9 km, duration 3½ hrs, total ascent minimal to max. ht. 1m. Start point: Helensburgh Pier car park. OS Map 56 / Explorer 347, grid ref: NS 295822.
Saturday 16th December	B	Dumgoyne A volcanic plug and one of the most prominent of the volcanic hills of the Strathblane Fells. We commence at the Glengoyne Distillery with a short uphill section before a 3 - 4 km easy walk to Cantyweery Farm area where we commence a climb towards Cauldhame Glen. Skirting the base of Dumfryne we head for Dumgoyne. There is a steep climb to the summit from where there are good panoramic views all round - Glasgow to SE, Loch and Ben Lomond and other mountains to the N. Thereafter a straightforward but steep descent to the start point. Terrain: Paths throughout but of varying condition ranging from good vehicle farmtracks to sometimes almost indistinguishable tracks. A short area of loose scree entailing a scramble near summit. One or two small burns to cross and some wet areas. Distance: 8 km, duration 3½- 4 hrs, total ascent 500 m to max ht. 470m. Start point: Glengoyne Distillery on the A81. Usually sufficient parking but if necessary utilize the Distillery car park on the west side of main road. OS Map 64 / Explorer 348, grid ref: NS 527827.
Sunday 17th December	C +	Cat Craig Loop Forest track from car park heading towards Rest and be thankful, turning left at first junction and following track round to single track road. Then on road for approximately half a mile to caravan site and follow shore path and forest track back to car park. Terrain: Forest track and shore path. Distance: 8 km, duration 3 hrs, total ascent 185 m to max ht. 188m. Start point: Ardgartan Forest walks car park. OS Map 56 / Explorer 364S, grid ref: NN 269037
Saturday 30th December	C+	Ramblers Festival of Winter Walks The Whangie and Auchineden hill A gradual climb along a well defined track to a striking cleft in the ground, the Whangie. Depending on conditions a less well defined route will be taken over rough moorland to an ancient cairn, returning beside Burncrooks reservoir. In either case Auchineden hill will be ascended on the return. Terrain: A mixture of unpaved paths, rough grassland and modest gradients. As always the potential for being soft under foot. Distance: 13 km, duration 4 ½ hrs, total ascent 540 m to max ht. 180 m. Start point: Queens View car park. OS Map 64 / Explorer 347, grid ref: NS 511808.