

2012 Programme

Date	Grade	Title and Description
Saturday 7th January	C	Fairy Knowe, Doon Hill and Lochan Spling Starting on the cycle path, this is a wander through Loch Ard Forest passing the above named spots. Terrain: Path and tracks. Distance: 12 km, duration 4 hrs, total ascent 210m to max. ht 77m. Start point: Woollen Mill Car Park, Aberfoyle. Distance from H'burgh: 27 miles OS Map 57 / Explorer 365, grid ref: NN 522009.
Sunday 15th January	C+	Glen Douglas to The Village Inn, Arrocher, (and back) Spectacular views to the NW of the The Cobbler, Beinn Narnain and the other Arrocher Alps. Terrain: An undulating, rocky, wet track. After 4km, and level with the lowest in a line of pylons, a stake marks the short, steep, rough, boggy descent to a bridge and under the West Highland Railway line. From there to the Village Inn follow red-ringed stakes marking the path through a Church of Scotland Nature Reserve. Distance: 9 km, duration 4 hrs(walking), total ascent 505 m to max. ht. 264 m. Start point: Roadside car parking on the Glen Douglas road, 1.25 km from the junction of A814 (NS 264 996). NB If you want a meal you must book it well in advance. Distance from H'burgh: 16 miles. OS Map 56 / Explorer 364, grid ref: NS 264996.
Saturday 21st January	C+	Kilpatrick Braes Up to the Slacks hill top trig point 365m. Views, including the river Clyde. Terrain: Rough track moorland and grassy hillside. Distance: 8 km, duration 3 hrs, total ascent 365m to max ht. 365m. Start point: Small car park at pumping station just north of A82. On A814 at Old Kilpatrick, just west of the Erskine Bridge, fork left up Station Road, go under the A82 and fork left onto minor road. Distance from H'burgh: 15 miles OS Map 64 / Explorer 347/342, grid ref: NS 470731.
Saturday 28th January	A	Meall Greigh and Meall Garbh From horn shop take path to mini dam and north up to Meall Greigh. Terrain: Track, path and hill walk. No path on hillside. Distance: 12 km, duration 6 - 8 hrs, total ascent 1100m to max. ht 1118m. Start point: Opposite Horn Shop, Lawers, on A827. Distance from H'burgh: 60 miles OS Map 51 / Explorer 378, grid ref: NN 679399. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 4th February	B+	Beinn Chonzie One of the smaller Munroes with good views and the likelihood of seeing white hares. Terrain: Rough landrover track then open grassland . Distance: 13 km, duration 5½ hrs, total ascent 710m to max. ht 931m. Start point: Car park at Invergeldie, Glen Lednock. Distance from H'burgh: 65 miles. OS Map 51/52 / Explorer 368, grid ref: NN 743273. 0830 HRS DEPARTURE FROM HELENSBURGH PIER

2012 Programme

Date	Grade	Title and Description
Sunday 5th February	C+	Sallochy Trail After a gradual ascent through Sallochy Forest, there are splendid views of Loch Lomond and beyond. The descent is on a steeper path which joins part of The West Highland Way for the return to the car park. Terrain: Forest roads and tracks. Distance: 10 km, duration 3 hrs, total ascent 290m to max. ht. 240m. Start point: Sallochy Car Park. Distance from H'burgh: 24 miles. OS Map 56 / Explorer 364, grid ref: NS 379958.
Saturday 11th February	A	Beinn Dubhcraig From Dalrigh follow track to Cononish Farm crossing the river by the footbridge and directly up the north ridge of Dubhcraig to the summit. Return by the path down through the ancient woodland close to the Allt Coire Dubhcraig and across the footbridge to meet the track to the car park. Terrain: Good 4km track as far as footbridge but only faint path on north ridge and descent into Coire Dubhcraig. Mainly grassy with a few rock outcrops near the summit. Distance: 14 km, duration 7 hrs, total ascent 850m to max ht. 978m. Start point: Dalrigh Carpark off A82 near Tyndrum. Distance from H'burgh: 38 miles. OS Map 50 / Explorer 364, grid ref: NN 344292. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 12th February	C	Lairig Arnan An attractive walk along this high glen with dramatic views enroute. After 1km on road we access a good track which mounts steadily to 350 meters onto the southern slopes of Troisgeach hill at water control unit. Terrain: Road and track . Distance: 13 km, duration 5 hrs, total ascent 220m to max. ht. 350m. Start point: Drovers Inn A82 Inverarnan. Distance from H'burgh: 25 miles. OS Map 56 / Explorer 364, grid ref: NN 318185.
Sunday 19th February	B+	Beinn Ime Climb steeply north east up glen then north-north east up to summit. Terrain: Mountain paths & steep grassy hillside with some boggy sections. Distance: 8 km, duration 6 hrs, total ascent 826m to max. ht. 1011m. Start point: Lay by half way up Rest & Be Thankful in Glen Croe just past bridge. Distance from H'burgh: 23 miles. OS Map 56 / Explorer 364, grid ref: NN 242060.
Saturday 25th February	B+	Beinn Ruisg via Mulea Plantation Gentle climb up woodland track followed by steeper ascent of open hillside to broad peat hagged ridge. Return by outward route for fine views of Loch Lomond's islands. Terrain: Established woodland track, grassy hillside and peat hagged hilltop with many boggy areas. Distance: 11 km, duration 5 hrs, total ascent 611m to max. ht. 595m. Start point: Lay by on West side of A82, 1km north of A817 junction to Garelochhead. Distance from H'burgh: 7 miles. OS Map 56 / Explorer 347, grid ref: NS 354893.

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Date	Grade	Title and Description
Sunday 26th February	C	Glen Fyne Linear walk in Glen Fyne alongside the River Fyne. We'll go as far as Inverchorachan, or further if you wish. Good views of surrounding hills and back down the Glen to Loch Fyne. Terrain: Quiet surfaced road and then tracks. Distance: 15 km, duration 4 hrs, total ascent 100m to max. ht. 100m. Start point: Car park at entrance to Glen Fyne, just off A83. Distance from H'burgh: 35 miles. OS Map 56 / Explorer 363, grid ref: NN 193127.
Saturday 3rd March	A	Meall nan Caora (Hill of the sheep) Initial pathway followed by steep grassy slope to plateau. Cross plateau descending by steep trackless slope to main track, returning to start point. Terrain: Stalkers' tracks but mainly grassy areas with very steep slopes up and down. Distance: 13 km, duration 6 hrs, total ascent 700m to max. ht 722m. Start point: Very limited parking 1km north of Drovers Inn, Inverarnan. Distance from H'burgh: 28 miles. OS Map 56 / Explorer 364, grid ref: NN 319197. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 10th March	C+	Hill of Stake, Muirshield Unmetalled road, undulating open moorland. Terrain: Rough track, grass/heather moorland may be wet in places. Distance: 11 km, duration 4 hrs, total ascent 320 m to max. ht. 522 m. Start point: Car park at Muirshield Country Park Visitor Centre, Inverclyde. Distance from H'burgh: 34 miles. OS Map 63 / Explorer 341, grid ref: NS 313632.
Sunday 18th March	A	Stob Coire an Lochain From car park strike directly up defined south ridge path to summit. Return by same route. Options to go on to Stob Binnein or horseshoe ridge to Meall na Dige, depending on conditions. Terrain: Steep grass with rocky outcrops. Path for most of the ascent. Long day if all tops included. Distance: 8 km, duration 6 hrs, total ascent 1000m to max. ht 1068 m. Start point: Inverlochlarig car park, west of Balquhidder. Distance from H'burgh: 50 miles. OS Map 57 / Explorer 365, grid ref: NN 445185. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 25th March	C+	Inverlauren Wood and Glen Fruin Circular A part of the Three Lochs Way. Terrain: A mixture of stoney tracks, rough moorland and moorland paths with a short section of minor tarmac roadway. Can be muddy in places. Distance: 11 km, duration 4 hrs, total ascent 190m to max ht. 200m. Start point: Car parking area at Council Depot opposite reservoir car park, Helensburgh. Distance from H'burgh: 1½ miles. OS Map 56 / Explorer 347, grid ref: NS 306838.

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Date	Grade	Title and Description
Saturday 31st March	B	Beinn Tharsuinn & Beinn Chaorach From farm, climb to top via Auchengaich Hil and Beinn Tharsuinn. Descend quite steeply to the old shielings by reservoir and back on road to start. Terrain: Trackless hill and could be boggy by reservoir. Track and then tarmac road. Distance: 11 km, duration 6 hrs, total ascent 600m to max. ht 713m. Start point: Old Glen Fruin Road at Ballevoulin Farm. Distance from H'burgh: 5 miles. OS Map 56 / Explorer 347, grid ref: NS 294884.
Sunday 1st April	C+	Stronend in the Fintry Hills Along a path beside the river, through a wooded area and about ½ km on road. Cross a field and then up and along the cliff edge over Double Craigs to Stronend. Return on steep sheep tracks down the cliff followed by track and road to start. Terrain: Very muddy paths and tracks, short road section, grassy and tussocky hillside. Distance: 12 km, duration 6 hrs, total ascent 430m to max. ht 511m. Start point: Fintry Sports Club Car Park. Distance from H'burgh: 26 miles. OS Map 57 / Explorer 348 grid ref: NS 614869.
Sunday 8th April	B+	Beinn an Lochain Ascending by the North-east ridge, which is steep and narrow in places, returning by the same route to the north of Loch Restil. Terrain: Very narrow, very steep, rocky mountain track requiring clambering. Unsuitable in windy or icy conditions as it is very exposed and steep with long drops! Distance: 5 km, duration 5 hrs, total ascent 755m to max. ht 901m. Start point: Roadside lay by, north of Loch Restil on A83 just before Butterbridge in Glen Kinglas. Distance from H'burgh: 25 miles. OS Map 56 / Explorer 364 grid ref: NN 234088.
Saturday 14th April	A	Maol Meadhonach Two cars needed. Starting from Butter Bridge, follow Glen Kinglas past Abyssinia and on to some pylons. Thence West to reservoir and on to Glen Fyne to the second car. Terrain: Mixture of track, open hillside and metalled road. Distance: 14 km, duration 6 - 8 hrs, total ascent 1000m to max. ht. 684m. Start point: Butter Bridge car park. Distance from H'burgh: 26 miles. OS Map 56 / Explorer 364, grid ref: NN 234095.
Sunday 15th April	C+	Arrochar to Inveruglas and back Walk will be taken at an easy pace. Terrain: Paths, tarmac road and open moorland. Distance: 16 km, duration 5 - 6 hrs, total ascent 150m to max ht. 145m. Start point: Car park at head of Loch Long, Succoth. Pay and display £1. Distance from H'burgh: 20 miles. OS Map 56 / Explorer 364, grid ref: NN 294049.

2012 Programme

Date	Grade	Title and Description
Saturday 21st April	B+	Beinn Mhic Chasgaig Follow rough path by burn, traverse ravine by narrow wooden rope bridge. Re-cross burn after 1km to ascend hill up side of gorge. Return either by outward route or alternatively continue over summit & then south east down to col. Then veer south west to rejoin rough path by burn. Terrain: Rough paths, burn crossings, steep ascent, open hillside. Distance: 9 km, duration 6 hrs, total ascent 864m to max ht. 864m. Start point: Alltchaorunn, Glen Etive. Distance from H'burgh: 65 miles. OS Map 41, 50 / Explorer 384, grid ref: NN 198513.
Saturday 28th April	C	Furnace / Auchindrain Circular Leisurely walk through lovely countryside with stops to view the natural heritage and industrial past of the area. Terrain: Distance: 10 km, duration 3 hrs, total ascent 230m to max ht. 150m. Start point: Off road parking area west of A83 close to Auchindrain Museum. Distance from H'burgh: 46 miles. OS Map 55 / Explorer 360 / 363, grid ref: NN 029032.
Sunday 29th April	A	Ben Vorlich (Lomond) Circular Route This route starts just before Stuckendroin Farm near Ardlui, at the farm taking a right through the gate marked "Access to Ben Vorlich" starting our ascent to the Little Hills, via Stuc na Nughinn and then to Ben Vorlich. Then descending by the north-east ridge, completing a horseshoe circuit of Coire Creagach, Stob-nan Coinnich Bhacain then back down to Stuckendroin Farm. This is a little more demanding than the other routes on Vorlich but the views are spectacular of Loch Lomond throughout. Terrain: Mixed terrain: some pathless sections, some boggy parts, some scrambling and care avoiding vertical drops in bad weather. Distance: 10 km, duration 6 - 7 hrs, total ascent 1032m to max ht. 943m. Start point: Parking slightly opposite Stuckendroin Farm at the verge on other side of the road. Distance from H'burgh: 24 miles. OS Map 56 / Explorer 364, grid ref: NN 323146.
Saturday 5th May	B	Glen Artney The walk is through the foothills of Ben Vorlich (Loch Earn). Terrain: Tracks, paths and open hillside. Distance: 18 km, duration 7 hrs, total ascent m to max. ht 487m. Start point: Car park below church at Auchnashelloch. Distance / time from Helensburgh: 70 miles / 1hr 45 mins OS Map Landranger 57, Explorer 368, Grid ref: NN 711161
Sunday 6th May	C+	Foothills of Ben Ledi Steep initial ascent taken at an easy pace then undulating tracks to head of glen. More gradual descent to lochside, then return to start point along route of former rail track. Terrain: Undulating paths and tracks, some steep ascents. Distance: 10 km, duration 4 hrs, total ascent 270m to max ht. 390m. Start point: Ben Ledi Car Park on left hand side of A84 north of Callander after Pass of Leny. (At sign for Strathyre Forest Cabins, cross over river at small bridge and turn left). Distance / time from Helensburgh: 53 miles / 1hr 16 mins OS Map Landranger 57 / Explorer 365, Grid ref: NN 586091.

2012 Programme

Date	Grade	Title and Description
Saturday 12th May	C	Inverarnan to Smugglers Cave via West Highland Way Forest and track with views of Loch Lomond. Return via the same route. Climb and search for cave at approximately 75 metres. Terrain: Forest and track. Short but steep woodland to reach cave. Distance: 13 km, duration 5 hrs, total ascent 75 m to max. ht. 75 m. Start point: Inverarnan car park. Distance / time from Helensburgh: 28 miles / 40 mins OS Map Landranger 56 / Explorer 364, Grid ref: NN 318184.
Sunday 13th May	B	Cambusbarron to Lewis Hill via Sauchie Craig From the end of Quarry Road where an official path route starts, we will take this route going past a disused quarry along the crags to Lewis Hill trig point. On returning we will scout down to the North Third Reservoir and return back the same route. Terrain: Very short sections on road, thereafter good, well defined, paths and occasional forestry tracks. Can be wet/muddy underfoot with several short but steep ascents. Distance: 12 km, duration 5 hrs, total ascent 700 m to max. ht. 266 m. Start point: End of Quarry Road, Cambusbarron. Distance / time from Helensburgh: 37 miles / 1hr 15 mins OS Map Landranger 57 / Explorer 366, Grid ref: NS 772923.
Saturday 19th May	C/C+	Loch Ard Forestry Walk From the Aberfoyle Visitor Centre Car Park, cross the River Forth and follow the road part of the way and onto a tarmac track to reach the entrance to the forest track. A gentle walk with views of Loch Ard and then joining a path to views of the Wallace Monument and Stirling Castle. Terrain: Mainly forestry track, paths and roadside paths, can be mucky in places. Distance: 14 km, duration 5 hrs, total ascent 120 m to max. ht. 120 m. Start point: Aberfoyle Visitor Centre car park Distance / time from Helensburgh: 27 miles / 50 mins OS Map Landranger 57 / Explorer 365, Grid ref: NN 521009.
Sunday 20th May	A	Ben Lawers From car park follow well defined path up Coire Odhar and over col up to summit, returning by same route. Possible option to return over Ben Ghlas summit path, weather permitting Terrain: Steep grass with rocky outcrops but extremely good path throughout. Distance: 11 km, duration 6 hrs, total ascent 850 m to max. ht. 1214 m. Start point: Ben Lawers Visitors Car Park. Distance / time from Helensburgh: 50 miles / 1hr 40mins OS Map Landranger 51 / Explorer 378, Grid ref: NN 608378. 0830 HRS DEPARTURE FROM HELENSBURGH PIER

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Date	Grade	Title and Description
Saturday 26th May	B	Bernice Gap From the forestry car park follow the track alongside the river turning left over the bridge to Glenshellish Farm. Following the forestry track to a 'Y' junction, turning right up the forest track to its highest point, reaching a burn where there is a faint path to follow and over a fence to regain the burn. Reach the col, with views of Loch Eck at the top of the pass, and cross over to higher drier ground and descend down again to forestry track back to the car park. The forestry track is very long before and after the gap. Terrain: Tracks, paths and pathless hillside, rough and boggy in places. Distance: 18 km, duration 6 hrs, total ascent 315m to max ht. 345m. Start point: Glenbranter forestry car park. Distance / time from Helensburgh: 45 miles / 1hr 15 mins OS Map Landranger 56 / Explorer 363, Grid ref: NS 111978.
Saturday 2nd June	B	Dumgoyne from Mugdock Park Visitors Centre An attractive circular walk with varied terrain and spectacular views. From the Visitors Centre, proceed across fields, lanes and footpaths to Netherton. Follow lane and steep hill track to Dumgoyne summit. Descend to the distillery. Return along West Highland Way and forest paths. Terrain: Rough paths, lanes and hill tracks. Steep descent from Dumgoyne summit. Distance: 15 km, duration 6 hrs, total ascent 550 m to max. ht. 427 m. Start point: Mugdock Park Visitors Centre Car Park. Distance / time from Helensburgh: 27 miles / 45 mins OS Map Landranger 64 / Explorer 348, Grid ref: NS 547780.
Saturday 9th June	C+	Salloch Trail After a gradual ascent through Salloch Forest, there are splendid views of Loch Lomond and beyond. The descent is on a steeper path which joins part of the West Highland Way for the return to the car park. Terrain: Forest roads and tracks. Distance: 10 km, duration 3 hrs, total ascent 290 m to max. ht. 240 m. Start point: Salloch Car Park. Distance / time from Helensburgh: 24 miles / 45 mins OS Map Landranger 56 / Explorer 364, Grid ref: NS 379958.
Sunday 10th June	A	Hidden Valley/Bidean nam Bian A well marked path leads down to a bridge over the river Coe and then climbs up through a narrow forested gorge. After crossing a burn the path leads into the open area of the hidden valley. The option exists to climb to the bealach and then proceed to Bidean nam Bian. Return by outward route. Terrain: Narrow rocky path, a burn to cross and some scrambling. Distance: 13 km, duration 9 hrs, total ascent 550m/1040m to max. ht. 650m/1150m. Start point: Large car park south side of A82 after pass of Glen Coe. Distance / time from Helensburgh: 64 miles / 1 hr 36mins OS Map Landranger 41 / Explorer 384, Grid ref: NN 171569.

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Saturday 16th June	A	Beinn Eunaich and Meall Copagach The route follows estate roads up Glen Strea before branching north along a path following the Allt Dhoireann to Lairig Dhoireann. From Meall Copagach, the high ridge is followed to Beinn Eunaich. The south ridge leads back to the start. Terrain: Estate roads, glen tracks, rocky ridges and steep hillsides. Distance: 13 km, duration 8 hrs, total ascent 1100 m to max. ht. 989 m. Start point: On the B8077, up from where it meets the A85 at left hand bend 2 miles beyond Dalmally. Distance / time from Helensburgh: 53 miles / 1 hr 20 mins OS Map Landranger 50 / Explorer 377, Grid ref: NN 138289.
Sunday 17th June	C+	Carrick Castle to Shepherd's Point Short road then forest track to forest road and shore walk. Return via same route. Terrain: Short road then forest track. Distance: 18km, duration 6 hrs, total ascent 100m to max ht. 100m. Start point: Free parking space at Carrick Castle. Distance / time from Helensburgh: 36 miles / 1hr 20 mins OS Map Landranger 56 / Explorer 363, Grid ref: NS 194944.
Sunday 24th June	B+	Beinn Eich & Doune Hill, Luss. (The Horse Hill & Forked Hill) Moderately steep climb to the top of Beinn Eich then descend to bealach in north west direction. More gradual ascent of Beinn Lochain before turning north east and steeper but short ascent of Doune Hill. There is a final bealach and short steep climb to reach the unnamed 701m top. Descend to south east and return down Glen Molloch. Terrain: Mainly open grassy hillside. Short section of tarmac road at start. Partly on farm track on return through glen but rough grass in upper glen can be very boggy and wet. Distance: 12 km, duration 7 hrs, total ascent 820 m to max. ht. 734 m. Start point: Opposite access to Glen Molloch farm at top of Glen Luss road. Very limited parking may mean using public car park in Luss. Distance / time from Helensburgh: 11 miles / 20 mins OS Map 56 / Explorer 347/364, Grid ref: NS 331942.
Saturday 30th June	B+	Beinn Ghlas (Lawers) Start on Nature Trail path, then open hillside (obvious path) to summit. Return by route behind Beinn Ghlas to meet up with the Nature Trail path back to the car park. Terrain: Rocky mountain path. Distance: 8 km, duration 5 hrs, total ascent 660m to max. ht. 1103m. Start point: New Ben Lawers Visitors Car Park (just below the old one). Distance / time from Helensburgh: 53 miles / 1hr 25 mins OS Map 51 / Explorer 378, Grid ref: NN 609379.
Sunday 1st July	C+	Flanders Moss Terrain: The walk takes in farm tracks and paths, rough ground, the bank of the River Forth, forest, disused railway tracks and minor roads. The center section through the forest is slow due to storm damage to the trees. Some of the paths and rough ground can be very muddy. Distance: 12 km, duration 5 hrs, total ascent negligible to max. ht negligible. Start point: Large lay-by just to east of Buchlyvie village. Distance / time from Helensburgh: 24 miles / 40 mins OS Map Landranger 57 / Explorer 348, Grid ref: NS 578939

2012 Programme

Date	Grade	Title and Description
Saturday 7th July	A	Stob Ghabhar From car park follow good track W along the Abhainn Shira and then north along the Allt Toaig and the steep path up Coire na Muic to the South Ridge. Return by the horseshoe of the East Ridge back into the Coire and thence back to Victoria Bridge by the same route. Terrain: Good track as far as the foot of the Corrie, steep grass and outcrops with faint path thereafter. Distance: 14 km, duration 7 hrs, total ascent 1000m to max. ht. 1090 m. Start point: Victoria Bridge Car Park. Distance / time from Helensburgh: 50 miles / 1hr 30 mins OS Map Landranger 50 / Explorer 377, grid ref: NN 270418. 0830 HRS DEPARTURE FROM HELENSBURGH PIER for a 1½ hour drive
Sunday 8th July	C+	Kilsyth / Auchinstarry Circular via Bar Hill & Croy Hill Path by river Kelvin to Forth and Clyde Canal, then Bar Hill and Croy Hill (Roman fort sites) return via Antonine wall and canal towpath. Terrain: Good track and grassland, can be muddy underfoot in places. Distance: 13 km, duration 5 hrs, total ascent 200m to max ht. 155m. Start point: Car park on left off B802 Kilsyth to Croy road shortly before the River Kelvin and canal. Distance / time from Helensburgh: 35 miles / 1hr 15 mins OS Map Landranger 64 / Explorer 349, Grid ref: NS 719770.
Saturday 14th July	C+	Curra Lochain (Corrie with a small loch) Starting from Lettermay and part of the Cowal Way, the route is through forest and on open hill to Bealach an Lochain. Adjacent to a waterfall, spectacular after heavy rainfall, there is a steepish stretch with some easy scrambling. Return mainly by the same route. Terrain: Forest road, hill tracks, open moor. Distance: 11 km, duration 4 hrs, total ascent 300m to max ht. 350m. Start point: Lettermay. Distance / time from Helensburgh: 33 miles / 55 mins OS Map Landranger 56 / Explorer 363, Grid ref: NN 187002.
Sunday 15th July	A	Ben Starav via North Ridge A steep climb up one of the most spectacular mountains in Glen Etive. Terrain: All open ground. Distance: 12 km, duration 8 hrs, total ascent 1078m to max ht. 1078m. Start point: Alongside Glen Etive road, at junction on the left with track, 10 mls after turning off A82. Distance / time from Helensburgh: 67 miles / 2hrs OS Map Landranger 50 / Explorer 384, Grid ref: NN 137468. 0800 HRS DEPARTURE FROM HELENSBURGH PIER for a 2 hour drive
Saturday 21st July	C+	Cochno Hill, Cochno Loch and Greenside Reservoir A gentle stroll in the nearby Kilpatrick Hills with good views over the Clyde basin and Glasgow. Terrain: Part metalled roads, well defined paths, mainly over grassland, some of which can be wet. Distance: 9 km, duration 4 hrs, total ascent 200m to max. ht. 348m. Start point: East entrance of Cochno Estate, near Hardgate Distance / time from Helensburgh: 20 miles / 45 mins OS Map Landranger 64 / Explorer 347 / 342, Grid ref: NS 503739.

2012 Programme

Date	Grade	Title and Description
Sunday 22nd July	A	Schiehallion John Muir Trust route west of car park. Zig zag path up East ridge to meet very stony/rocky ground to summit. Descent over summit to pick up stalkers path to meet with path back to car park. Terrain: Stony/rocky ground. Distance: 12 km, duration 5 hrs, total ascent 760m to max. ht. 1083m. Start point: Braes of Foss Car Park. Distance / time from Helensburgh: 75 miles / 2hr OS Map Landranger 42 / 51 / Explorer 386, Grid ref: NN 752557. 0830 HRS DEPARTURE FROM HELENSBURGH PIER for a 2 hour drive
Saturday 28th July	B+	Ben Chonzie One of the lower Munroes with good views and the likelihood of seeing hares. Terrain: Rough landrover track then open grassland. Distance: 13 km, duration 6 hrs, total ascent 710m to max. ht. 931m. Start point: Car park at Invergeldie, Glen Lednock Distance / time from Helensburgh: 65 miles / 1hr 45 mins OS Map Landranger 51 / Explorer 368, Grid ref: NN 742273.
Sunday 29th July	C+	Campsie Fells, Glazert Water footpath & Campsie Glen A pleasant circular walk with good views & mixed terrain. From the car park, climb east up the steep grass fell path enjoying spectacular views to Glasgow. Descend from the fells down a rough path, hill track & lane. Return along disused railway next to Glazert Water and up the woodland path in Campsie Glen. Terrain: Steep grass fell path, hill tracks, country lanes and level disused railway. Distance: 12 km, duration 5 hrs, total ascent 470m to max. ht. 515m. Start point: Car park on B822 north of Lennoxton Distance / time from Helensburgh: 30 miles / 50 mins OS Map Landranger 64 / Explorer 348, Grid ref: NS 612800.
Saturday 4th August	B	Campsie Glen and Cort-ma-Law Moorland, woodland and railway tracks, returning to start along the dismantled railway. Terrain: Paths but muddy, disused railroad and woodland. Distance: 14 km, duration 6 hrs, total ascent 550m to max. ht. 531m. Start point: Clachan of Campsie. Distance / time from Helensburgh: 30 miles / 50 mins OS Map Landranger 64 / Explorer 348, Grid ref: NS 610795.
Sunday 5th August	B+	Buachaille Etive Beag Stob Dubh with option to include Stob Coire Raineach Start south along Lairig Eilde path & take left fork in path up to the bealach. Follow path south west along ridge as far as Stob Dubh. Terrain: Some steep stretches & one exposed section on ridge. Distance: 9km, duration 6 hrs, total ascent 800m to max. ht 958m. Start point: Parking place at lay-by on south side of A82 opposite cairn. Distance / time from Helensburgh: 63 miles / 1hr 35 mins OS Map Landranger 41 / Explorer 384, Grid ref: NN 187562.

2012 Programme

Date	Grade	Title and Description
Saturday 11th August	C	Braeval to Loch Venachar An easy walk in the Trossachs on part of the Rob Roy Way. Terrain: Forest road and track. Distance: 10 km, duration 4 hrs, total ascent 320m to max ht. 220m. Start point: Braeval car park near Aberfoyle (off A81). Distance / time from Helensburgh: 27 miles / 50 mins OS Map Landranger 57 / Explorer 365, Grid ref: NN 541006.
Sunday 12th August	A	Beinn Heasgarnich Terrain: Road, open hill, path. Distance: 14 km, duration 10 hrs, total ascent 1000m to max. ht. 1076m. Start point: New car park at Kenknock, Glen Lochay. Distance / time from Helensburgh: 55 miles / 1hr 30 mins OS Map Landranger 51 / Explorer 378, Grid ref: NN 472366. 0800 HRS DEPARTURE FROM HELENSBURGH PIER for a 1½ hour drive
Saturday 18th August	B+	Meall a'Choire Leith Starting east, leaving the road after 0.75km to climb Meall nan Eun before climbing up gentle slopes to Meall a'Choire Leith. Returning westwards over Meall nam Maigheach and Meall Luaidhe before heading south back to the hut. Terrain: Trackless rough grassy slopes but mainly gentle gradients. Not much rock. Distance: 9 km, duration 6 hrs, total ascent 880m to max. ht. 926m. Start point: The roadside green hut at 500m and about half way along the road from Loch Tay to Bridge of Balgie. Distance / time from Helensburgh: 57 miles / 1hr 30 mins OS Map Landranger 51 / Explorer 378, Grid ref: NN 582417.
Saturday 25th August	C+	Inveraray Forest Circuit taking in Dunchuach Tower Terrain: Tarmac drive to start onto tracks and forest roads, short muddy/wet section between main tracks. Distance: 13 km, duration 5 hrs, total ascent 300m to max. ht. 180m. Start point: Inveraray car park. Parking fee required. Distance / time from Helensburgh: 44 miles / 1hr 20 mins OS Map Landranger 56 / Explorer 360 / 363, Grid ref: NN 095085.
Sunday 26th August	B+	Meall Corranaich Terrain: Start on Nature Trail path then open hillside but obvious path to summit. Distance: 8 km, duration 5 hrs, total ascent 520m to max. ht. 1069m. Start point: New Ben Lawers Visitors Car Park (just below the old one). Distance / time from Helensburgh: 53 miles / 1hr 25 mins OS Map Landranger 51 / Explorer 378, Grid ref: NN 609379.
Saturday 1st September	B	Ben Our Terrain: Track and path some way makes, boggy in places. Distance: 13 km, duration 5 hrs, total ascent 630m to max. ht 733m. Start point: Edinample on the south Loch Earn road. Distance from Helensburgh 51 miles. OS Map Landranger 51, Explorer 365, Grid ref: NS 601225

2012 Programme

Date	Grade	Title and Description
Saturday 8th September	C	Gryfe Reservoir and Corlick Hill Terrain: Tarmac road (2k) at start, forestry road and track. Distance: 11 km, duration 6 hours. Total ascent 150m to max. ht. 303m. Start point: Car park at cattle grid between loch Thom and Gryfe Reservoir. Distance from Helensburgh 34 miles. OS Map Landranger 63 / Explorer 341, Grid ref: NS 265722.
Sunday 9th September	A	Ben Vorlich (Perthshire) From car park at Ardvorlich Farm on the S Loch Earn Rd follow the normal path south to the summit. Return over Ben Our ridge Terrain: Good path to main summit, rough moorland thereafter. Distance: 11 km, duration 6 hrs, total ascent 1000m to max ht. 985m. Start point: Ardvorlich Farm parking, south Loch Earn road. Distance from Helensburgh 50 miles. OS Map Landranger 51 / Explorer 365, Grid ref: NN 632232. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 15th September	A	Beinn Eunaich and Copagach The route follows estate roads up Glen Strea before branching north along a path following the Allt Dhoirean to Lairig Dhoireann. From Copagach the high ridge is followed to Beinn Eunaich. The south ridge leads back to the start Terrain: Estate roads, glen tracks, rocky ridges and steep hillsides. Distance: 13 km, duration 8 hrs, total ascent 1100m to max ht. 989m. Start point: Glen Strea car park one mile along the B8077 from its junction with the A85 at left hand bend, 2 miles west of Dalmally. Distance from Helensburgh 53 miles. OS Map Landranger 50 / Explorer 377, Grid ref: NN 145295.
Sunday 16th September	C	Castle Semple Country Park and Parkhill Wood Circular Walk starts on a cycle way which is on the route of a former rail track, joins meandering paths through woodland and returns to Visitor Centre on a loch side path. Terrain: Tarmac and woodland and loch side paths. Distance: 7 km, duration 3 hrs, total ascent 120m to max ht. 90m. Start point: Car Park at Castle Semple Country Park Visitor Centre, Lochwinnoch. Distance from Helensburgh 32 miles. OS Map Landranger 63 / Explorer 341, Grid ref: NS 357590.
Sat/Sun 22nd/23rd September		Members' Away Weekend in Seahouses Northumberland
Saturday 29th September	C+	Kelvin Walkway: Glasgow to Milngavie Travel by train from Milngavie to Partick, train fare required. Then a short urban walk to join the Kelvin Walkway. Follow a rural route along the banks of the Kelvin and Allander Rivers to return to Milngavie. Terrain: Footpaths some of which will be muddy. Distance: 18 km, duration 5 hrs, total ascent 167m to max ht. 70m. Start point: Milngavie Railway Station. Distance from Helensburgh 18 miles. OS Map Landranger 64 / Explorer 342, Grid ref: NS 555744.

2012 Programme

Date	Grade	Title and Description
Sunday 30th September	A	An Caisteal (with option to return via Beinn a'Chroin and Coire Earb, time and weather permitting) Plan B The Cobbler Terrain: Short section of track then onto steep open hillside to pick up good ridge path via Sron Gharbh and Twistin Hill to summit. Minor scramble and steep hillside if Beinn a'Chroin included. Distance: 14 km, duration 6-8 hrs, total ascent 1045m to max ht. 995m. Start point: Keilator lay-by on A82 on south side of Glen Falloch, 1½ miles south of Crianlarich, easy to miss. Distance from Helensburgh 33 miles. OS Map Landranger 50 / Explorer 364, Grid ref: NN 369239. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 6th October	B+	Meall Cala, Brig o'Turk Although Meall Cala has an unremarkable unmarked summit, the ascent and descent offer splendid views. Walk up Glen Finglas Reservoir access road and then up the steep grass hillside from Gleann nam Meann. Terrain: The route undulates, initially following a rough land rover track and then up a steep grass open hillside. Grass is long, boggy and clumpy in places. The initial ascent from the land rover track is very steep. Distance: 18 km, duration 7 hrs, total ascent 800m to max. ht 674m. Start point: Car park at end of public road leading to Glen Finglas Reservoir, limited parking space. Distance from Helensburgh 36 miles. OS Map Landranger 57 / Explorer 365, Grid ref: NN 531074.
Sunday 7th October	C+	Robert the Bruce Trail (Dumbarton to Balloch by River Leven) Take the train from Balloch to Dalreoch Station. From there walk to Levensgrove Park. The trail starts in the park at St Serfs' ruin. Walk to Dumbarton Bridge and join the path by the River Leven. On the way to Balloch, areas of historical interest will be noted. Terrain: Road and good path. Distance: 8 km, duration 3 hrs, total ascent 0 m to max. ht. 10m. Start point: Balloch Station. Leave Balloch Station 10:09. Arrive Dalreoch Station 10:17. Train fare required . Distance from Helensburgh 8 miles. OS Map Landranger 63 / Explorer 347, Grid ref: NS 390819.
Saturday 13th October	A	An Stuc and Ben Lawers. Terrain: Path from horn shop to Lochan nan Cat, open hill and rough steep rocks to An Stuc south to Ben Lawers and off north east ridge back to path. Take a torch. Distance: 14 km, duration 9 hrs , total ascent 1220m to max. ht. 1214m. Start point: Ben Lawers Hotel, Loch Tay. Distance from Helensburgh 55 miles. OS Map Landranger 51 / Explorer 378, Grid ref: NN 678397. 0800 HRS DEPARTURE FROM HELENSBURGH PIER for a 1½ hour drive
Sunday 14th October	B	Conic Hill Circular Terrain: Open road with traffic, then hill tracks on open hillside, some of it rough and steep. Spectacular views. Steep descent to the road or loch side (longer). Distance: 12 km, duration 5 hrs, total ascent 470m to max. ht 361m. Start point: Balmaha car park. Distance from Helensburgh 21 miles. OS Map Landranger 56 / Explorer 347, Grid ref: NS 420909.

2012 Programme

Date	Grade	Title and Description
Saturday 20th October	C	Stonemollan, Auchendennan, and Darleith Muirs This walk, taken at an easy pace offers good views of the Firth of Clyde and Loch Lomond. Terrain: Sections on farm access, forest tracks and open moorland. Distance: 9 km, duration 4 hrs, total ascent 115 m to max. ht. 235 m. Start point: St Mayhews Church car park, Cardross, on minor road off A814 at west end of Cardross. Distance from Helensburgh 5 miles. OS Map Landranger 56 / Explorer 347, Grid ref: NS 342786.
Sunday 21st October	B+	Garbh Bheinn - Kinlochleven Follow east side of Allt Gleann a'Chaolais, then up north west ridge between rocky outcrops to pointed summit. Return by same route. Terrain: A short but steep climb up rugged slopes. Distance: 6 km, duration 5 hrs, total ascent 867 m to max. ht. 867 m. Start point: 300 metres east of Caolasnacon caravan site at lay by on B863. Distance from Helensburgh 62 miles. OS Map Landranger 41 / Explorer 384, Grid ref: NN 145608. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 27th October	B+	Ben Ledi Terrain: Path and open hill can be boggy in places. Distance: 12 km, duration 5 hrs, total ascent 864 m to max. ht 864 m. Start point: Ben Ledi car park. Turn left off A84, at sign for Strathgyre Forest Cabins, over river and left again immediately after bridge. Distance from Helensburgh 39 miles. OS Map Landranger 57 / Explorer 365, Grid ref: NN 586091.
Sunday 28th October	C+	Woodland Walk at Cashel and BBQ After the red walk cut-off, the road continues up hill and then onto a stunning plateau. For the barbeque please bring your food and drink. Terrain: Forestry tracks. Distance: 7km, duration 3 hrs (Walk) 3 hrs (BBQ), total ascent m to max ht. m. Start point: Cashel Farm House Balmaha by Drymen. Distance from Helensburgh 23 miles. OS Map Landranger 56 / Explorer 347/364, Grid ref: NS 400940.
Saturday 3rd November	B+	Glen Finlas Horseshoe Circuit of the hills above Glen Finlas reservoir. Excellent views of the Clyde, Loch Lomond and Arrochar hills. Terrain: Moderate ascents/descents on open grassy slopes with faint hill paths on higher ground. Short distance on tarmac - A817 & reservoir access road. Shantron Muir towards Balcnock can be wet and some peat hags to negotiate on Creachan hill. Distance: 15 km, duration 7 hrs, total ascent 790 m to max. ht 693 m. Start point: Lay by on south side of A817 close to junction with A82. Distance from Helensburgh 6 miles. OS Map Landranger 56 / Explorer 347, Grid ref: NS 351882 0900 HRS DEPARTURE FROM HELENSBURGH PIER

2012 Programme

Date	Grade	Title and Description
Saturday 10th November	C+	Ben Gullipen, Beinn Dearg and Lochan Balloch Terrain: Starting at the roadside on the A81, the walk, at an easy pace initially, follows a forest track to the summit of Ben Gullipen. Thereafter an open moorland circuit returning to Ben Gullipen and start point. Distance: 8 km, duration 5 hrs, total ascent 410m to max. ht. 427m. Start point: Entrance to forest access track on west side of A81, on apex of sharp right hand bend . Distance from Helensburgh 33 miles. OS Map Landranger 57 / Explorer 365, Grid ref: NN 618048.
Sunday 11th November	A	Beinn Dubh and Ben Vane Terrain: Path to start and then open hill. Distance: 15km, duration 6 hrs, total ascent 824m to max ht. 915m. Start point: Butterbridge car park . Distance from Helensburgh 28 miles. OS Map Landranger 56 / Explorer 364, Grid ref: NN 235096. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 17th November	B	Carleatheran A pleasant walk in the Gargunnock Hills to a hollow cairn giving good views over Stirling and the Trossachs hills. Terrain: Four wheel drive tracks and grassy paths. Distance: 20 km, duration 6 hrs, total ascent 420 m to max ht. 485 m. Start point: Car parking 2.8 miles from A811 turn-off onto Glinns Road, which is 0.8 miles east the Kippen roundabout. Parking is ½ mile beyond Ballochleam Farm road. Distance from Helensburgh 35 miles. OS Map Landranger 57 / Explorer 348, Grid ref: NN 652922. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 18th November	B	Beinn a' Mhanaich Up the Strone to 550 metres, then along ridged moorland with a dip before the final climb to the summit. Terrain: Open grassy hillside with tracks. Distance: 10 km, duration 5 hrs, total ascent 520m to max ht. 709m. Start point: Lay by near Auchengaigh farm on the old Glen Fruin Road. Distance from Helensburgh 4 miles. OS Map Landranger 56 / Explorer 347, Grid ref: NS 274900.
Saturday 24th November	C+	Whiney Hill, from Balloch Terrain: Walk way and good trail in country park with path and steeper grounds on the hill. Distance: 10 km, duration 4 hrs, total ascent 140m to max ht. 160m. Start point: Car park across from Balloch Station. Distance from Helensburgh 8 miles. OS Map Landranger 63 / Explorer 347, Grid ref: NS 389819.

2012 Programme

Date	Grade	Title and Description
Sunday 25th November	B+	Benvane, Stirlingshire From car parking at Brig o' Turk follow good track north to Glen Finglas Reservoir and ascend south ridge over Creag na h-Airighe to summit. Return south west down grassy slopes to the track on the Allt Gleann nam Meann and thence back to the Dam and Brig o' Turk. Terrain: Good tracks at low level and around reservoir. Mainly grassy slopes on the hill. Distance: 15 km, duration 7 hrs, total ascent 935 m to max ht. 821 m. Start point: Brig o' Turk car park. Distance from Helensburgh 36 miles. OS Map Landranger 57 / Explorer 365, Grid ref: NN 531074. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 8th December	B	Blairdenon Hill A walk round Glen Tye in the less frequented western part of the Ochills, starting from Sheriffmuir. Great vista to the north from the top, also windmills(!) and the Forth Valley. Terrain: Mainly open, tussocky moorland going up and down over a number of hills. Distance: 11 km, duration 6 hrs, total ascent 450m to max. ht. 631m. Start point: Sheriffmuir Inn using the back car park. Signposted from a roundabout on the main road through Dunblane from the A9. Distance from Helensburgh 45 miles. OS Map Landranger 57 / Explorer 366, Grid ref: NN 827021. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 9th December	C+	Loch Ard Forest Circular Walk provides views of the Trossachs and the River Forth valley. Terrain: Mainly on forest tracks with the final section on a minor tarmac road. Distance: 14 km, duration 5 hrs, total ascent 200 m to max. ht. 300 m. Start point: Forest car park at Drymen Road cottage on east side of single track road connecting Drymen to Gartmore. Distance from Helensburgh 21 miles. OS Map Landranger 57 / Explorer 365, Grid ref: NS 507936.
Saturday 15th December	C	Greenock Cut A pleasant circular walk with good views across the Clyde, Cowal Peninsula and Greenock. Terrain: Good gravel path and roads . Distance: 11 km, duration 4 hrs, total ascent 100 m to max. ht. 250 m. Start point: Car park at Cornalees Bridge visitors centre. Distance from Helensburgh 39 miles. OS Map Landranger 63 / Explorer 341, Grid ref: NS 247722.
Sunday 16th December	C+	Ardgartan to Guanán Cat Craig Loop extended to Guanán. Terrain: Follows a sheltered and firm 4x4 track undulating through pine forest offering glimpse of Glen Croe and loch Long. Mainly on forestry roads and short sections of mountain path. Distance: 16 km, duration 5 hrs, total ascent 374m to max ht. 188m. Start point: Ardgartan car park, west of Arrochar on A83. Distance from Helensburgh 18 miles. OS Map Landranger 56 / Explorer 364, Grid ref: NN 269037.

2012 Programme

Date	Grade	Title and Description
Saturday 22nd December	B	Balcnock / Beinn Tharsuinn A circular walk without tracks on hills to the north east of Glen Fruin. Terrain: Open hillside and moor, likely to be wet in places. Distance: 10 km, duration 5 hrs, total ascent 667m to max. ht. 693m. Start point: Near Ballevoulin Farm on Glen Fruin old road. Distance from Helensburgh 7 miles. OS Map Landranger 56 / Explorer 347, Grid ref: NS 293884.
Saturday 29th December	C	Duncryne & Gartocharn to Loch Lomond Climb Duncryne (the Dumpling) and return through the village to take a route to the banks of the loch. Terrain: Good paths and minor roads. Distance: 9 km, duration 4 hrs, total ascent 88m to max. ht. 142m. Start point: Park opposite Millennium Hall, Gartocharn, off A811. Distance from Helensburgh 12 miles. OS Map Landranger 56 / Explorer 347, Grid ref: NS 428863.