

## 2013 Programme

| 2013                        | Grade | Title and Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-----------------------------|-------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Saturday<br>5th<br>January  | C     | <b>Rosneath Peninsular Ridge Walk</b><br>Linear walk from Peaton Hill to Kilcreggan. The route will include a circular walk in the Peaton Hill Community Nature Reserve.<br>Terrain: One kilometre tarmac road then forest track. Fine views over Loch long, Gare Loch and Firth of Clyde.<br>Distance: 11 km, duration 4 hrs, total ascent 220m to max. ht 200m.<br>Start point: Car park, Kilcreggan Pier. 10.30am bus to Ardpeaton - fare required. Distance from H'burgh: 16 miles<br>OS Map 63 / Explorer 347, grid ref: NS 241804.                                                                                                                                                                                                                   |
| Saturday<br>12th<br>January | B     | <b>Sligrachan Hill and Beinn Ruadh (red, brown)</b><br>Anyone who has walked to the west end of Helensburgh knows this hill by sight if not by name! Through a mix of forest road and open grassland some fine views can be obtained and maybe the question 'is that where it is?' answered.<br>Terrain: Forest and open moorland. .<br>Distance: 11 km, duration 5 hrs, total ascent 850 m to max. ht. 650 m.<br>Start point: Gate on right of Glen Finart Road, just before Glen Finart bus terminal and road sign for Ardentinnny. Leave A815 Dunoon road at NS143935 at Whistlefield. Distance from H'burgh: 48 miles.<br>OS Map 56 / Explorer 363, grid ref: NS 174895.<br><b>0830 HRS DEPARTURE FROM HELENSBURGH PIER for an eighty minute drive</b> |
| Sunday<br>13th<br>January   | C+    | <b>Glen Loin Circular</b><br>Take path by Arrochar telephone box up Glen Loin towards Loch Sloy. Return via Ardgartan forest.<br>Terrain: Undulating paths giving wide views on outward walk up glen. Return by forest path to Succouth.<br>Distance: 17 km, duration 6 hrs, total ascent 300m to max ht. 200m.<br>Start point: Succouth car park. Distance from H'burgh: 14 miles<br>OS Map 56 / Explorer 364, grid ref: NN 294049.                                                                                                                                                                                                                                                                                                                       |
| Sunday<br>20th<br>January   | A     | <b>Beinn Chuirn</b><br>From car park at Dalrigh, Tyndrum, follow track to beyond Cononish and ascend by the south west ridge, returning via the Gold Mine.<br>Terrain: Good track at first, rough moorland thereafter.<br>Distance: 15 km, duration 7 hrs, total ascent 770m to max ht. 880m.<br>Start point: Dalrigh car park. Distance from H'burgh: 40 miles<br>OS Map 50 / Explorer 364/377, grid ref: NN 344291.<br><b>0830 HRS DEPARTURE FROM HELENSBURGH PIER for a seventy minute drive</b>                                                                                                                                                                                                                                                        |
| Saturday<br>26th<br>January | B+    | <b>Beinn á Chrúlaiste</b><br>Return by the twin peaks, 708m and 705m, of Meall Bhalach.<br>Terrain: Open hill.<br>Distance: 8 km, duration 6 hrs, total ascent 750m to max. ht 857m.<br>Start point: Kings House Hotel on Rannoch moor. Distance from H'burgh: 57 miles<br>OS Map 41 / Explorer 384, grid ref: NN 260546.<br><b>0800 HRS DEPARTURE FROM HELENSBURGH PIER for a ninety minute drive</b>                                                                                                                                                                                                                                                                                                                                                     |
| Sunday<br>27th<br>January   | C+    | <b>Dukes Pass/Lime Craig Circular</b><br>Undulating tracks, fairly steep in places providing views over Loch Ard Forest and Flanders Moss.<br>Terrain: Made up tracks through forest and open moorland.<br>Distance: 9 km, duration 3 hrs, total ascent 380m to max. ht 305m.<br>Start point: Car Park at David Marshall Lodge on A821, just north of Aberfoyle.<br>Money (coins) required for car park. Distance from H'burgh: 30 miles<br>OS Map 57 / Explorer 365, grid ref: NN 519016.                                                                                                                                                                                                                                                                 |

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| 2013                         | Grade | Title and Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| Saturday<br>2nd<br>February  | C     | <b>Forth and Clyde Canal - Bowling to Westerton</b><br>From Bowling Station to Westerton Station along the Forth and Clyde Canal towpath, returning to Bowling by train. (Train fare required).<br>Terrain: Flat, tarmac/gravel path .<br>Distance: 12 km, duration 4 hrs, total ascent 40m to max. ht 40m.<br>Start point: Bowling Station car park. Distance from H'burgh: 15 miles.<br>OS Map 64 / Explorer 347, grid ref: NS 443737.                                                                                                                                                                                                                                               |
| Saturday<br>9th<br>February  | B     | <b>Inverarnan to Inversnaid</b><br>Following the West Highland Way south along the east side of Loch Lomond to Inversnaid and returning by the outward route.<br>Terrain: Good footpath mainly following loch side. Mixed woodland and open views.<br>Distance: 20 km, duration 7 hrs, total ascent 380m to max. ht. 90m.<br>Start point: Drovers Inn, Inverarnan on A82. Distance from H'burgh: 25 miles.<br>OS Map 56 / Explorer 364, grid ref: NN 318185.<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER</b>                                                                                                                                                                        |
| Saturday<br>16th<br>February | B+    | <b>Ben a'An (The Pinnacle)</b><br>Well marked path to the summit which climbs steeply up, first through woods then open hillside with glorious views. Return on an indistinct and sometimes boggy path which goes north from the summit and then west down to the tarmac track beside Loch Katrine to the pier and thence by minor road back to Loch Achray and the start point.<br>Terrain: Track, boggy path and road.<br>Distance: 6 km, duration 4 hrs, total ascent 355m to max ht. 462m.<br>Start point: Ben a'An car park on lochside on north side of Loch Achray at western end, off A821. Distance from H'burgh: 35 miles.<br>OS Map 57 / Explorer 365, grid ref: NN 509070. |
| Sunday<br>17th<br>February   | C+    | <b>Drymen Paths &amp; Lanes</b><br>From the view point off Drymen Main Street, follow paths and lanes to Buchanan Castle ruin. Walk along woodland paths to Buchanan Smithy. Then head North to join West Highland Way and follow it back to Drymen.<br>Terrain: Generally fairly flat. Muddy, rough country paths, forest roads and some tarmaced lanes.<br>Distance: 14 km, duration 5 hrs, total ascent 270m to max. ht. 180m.<br>Start point: Stirling Road Car Park, Drymen. Distance from H'burgh: 17 miles.<br>OS Map 57 / Explorer 347, grid ref: NS 475886.                                                                                                                   |
| Saturday<br>23rd<br>February | A     | <b>The Brack</b><br>From Visitor Centre ascend faint steep path through rocky outcrops to the ridge and so to summit. Return by north ridge or Coileissan Glen and forestry road, depending on conditions.<br>Terrain: Forestry tracks at low level. Mainly grassy slopes but some rocky outcrops on the steep ascent.<br>Distance: 10 km, duration 6 hrs, total ascent 853m to max. ht. 787m.<br>Start point: Ardgartan Visitor Centre. Distance from H'burgh: 25 miles.<br>OS Map 56 / Explorer 364, grid ref: NN 269037.<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER for a 45min drive</b>                                                                                       |
| Saturday<br>2nd<br>March     | B     | <b>Lairig Eilde &amp; Lairig Gartain Circuit</b><br>Take path round circuit of Buachaille Etive Beag. Start on north side of Allt Lairig Eilde. On approaching Glen Etive return via Lairig Gartain to A82.<br>Terrain: Path most of the way, steep in places. Several streams to cross.<br>Distance: 15 km, duration 6 hrs, total ascent 650m to max. ht 480m.<br>Start point: Parking place on left of A82 opposite cairn. Distance from H'burgh: 55 miles.<br>OS Map 41 / Explorer 384, grid ref: NN 188563.<br><b>0830 HRS DEPARTURE FROM HELENSBURGH PIER</b>                                                                                                                     |

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| Saturday<br>9th<br>March  | B+           | <b>Beinn na Lap</b><br>Follow track east from Corrour Station and take left fork at Loch Ossian.<br>Continue along north side of Loch Ossian. Leave track and climb north on easy angled slopes to ridge. Follow ridge east north east to summit.<br>Terrain: Muddy lower slopes, open moorland.<br>Distance: 8 km, duration 4 hrs, total ascent 530 m to max. ht. 935 m.<br>Start point: Corrour Station. Drive to Bridge of Orchy, parking on left of A82 just before Hotel, and get train to Corrour at 10.48, arrive at Corrour 11.21.<br>Return train leaves Corrour 18.25 arrives Bridge of Orchy 18.56. Train fare required. Distance from H'burgh: 45 miles to Bridge of Orchy.<br>OS Map 41 / Explorer 384, grid ref: NN 297395.<br>0900 HRS DEPARTURE FROM HELENSBURGH PIER |
| Sunday<br>10th<br>March   | C            | <b>Newark Castle</b><br>Shore walk following the shore line towards Langbank returning by same route.<br>Terrain: Walkway / tracks.<br>Distance: 9 km, duration 3 hrs, total ascent 0 m to max. ht 0 m.<br>Start point: Car park end of road at Newark Castle. Distance from H'burgh: 22 miles.<br>OS Map 63 / Explorer 341, grid ref: NS 328745.                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Saturday<br>16th<br>March | B+ and<br>C+ | <b>Glenbranter to Benmore Botanic Garden</b><br>Forest track along west side of Loch Eck.<br>Terrain: Forest track. At Benmore Garden, walkers may choose the B+ option, returning to the start by the outward route, or the C+ option, returning to the start by bus.<br>Distance: 28 km (B+) and 14 km (C+), duration 8 hrs, total ascent 60m to max ht. 60m.<br>Start point: Glenbranter forest car park. Distance from H'burgh: 43 miles.<br>OS Map 56 / Explorer 363, grid ref: NS 111979.                                                                                                                                                                                                                                                                                       |
| Sunday<br>17th<br>March   | A            | <b>Ben Vrackie</b><br>From Killiecrankie via Druid to Meall an Daimh, Ben Vrackie, Meall na h-Aodainn Mòire and on to Killiecrankie.<br>Terrain: Path and open hill.<br>Distance: 9 km, duration 6 hrs, total ascent 900m to max. ht 841m.<br>Start point: Killiecrankie visitor car park. Distance from H'burgh: 90 miles.<br>OS Map 43 / Explorer 386, grid ref: NN 917627.<br>0800 HRS DEPARTURE FROM HELENSBURGH PIER                                                                                                                                                                                                                                                                                                                                                             |
| Saturday<br>23rd<br>March | B+           | <b>Ben Venue from Loch Achray (cancelled by severe weather)</b><br>From the car park near Loch Achray, follow Forestry Commission paths & roads to join rough hill path leading to the summit of Ben Venue.<br>Terrain: Initially forest roads and paths then rough, muddy, hill path with some steep climbs and a few boggy sections.<br>Distance: 15 km , duration 6 hrs, total ascent 700m to max ht. 729m.<br>Start point: Forestry Commission Car Park on the left of the A821 at the head of Loch Achray. Parking charges apply. Distance from H'burgh: 33 miles.<br>OS Map 57 / Explorer 365, grid ref: NN 506068.                                                                                                                                                             |
| Saturday<br>30th<br>March | B            | <b>Kilcreggan - Rosneath Circular Walk</b><br>Walk along the shoreline to Rosneath Caravan Park via viewpoints across the Clyde, then heading towards Rosneath Village. On our way we will make our ascent onto forest track, then towards Clach MacKenny trig point for all-round spring day panorama views. Retuning back through different plantations back to start.<br>Terrain: Tarmac, forest and grass tracks, muddy in areas.<br>Distance: 14 km , duration 5 hrs, total ascent 202m to max ht. 202m.<br>Start point: Kilcreggan Car Park. Distance from H'burgh: 16 miles.<br>OS Map 63 / Explorer 347, grid ref: NS 242805.                                                                                                                                                 |

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| Sunday<br>31st<br>March   | C+    | <b>Puck's Glen &amp; Kilmun Arboretum</b><br>Scenic walk up 'magical' Puck's Glen and through the arboretum of trees from around the globe.<br>Terrain: Road, paths and forest tracks, some short steep sections.<br>Distance: 11 km , duration 4 hrs, total ascent 400m to max ht. 245m.<br>Start point: Benmore Botanic Garden car park. Distance from H'burgh: 50 miles.<br>OS Map 56 / Explorer 363, grid ref: NS 143855.                                                                                                                                        |
| Sunday<br>7th<br>April    | C+    | <b>Kilpatrick Hill Circular</b><br>The Slacks, Cochno Hill and Jaw Reservoir.<br>Terrain: Tarmac road, rough track and open hill paths, boggy in parts.<br>Distance: 10 km, duration 4 hrs, total ascent 250m to max. ht 365m.<br>Start point: East entrance of Cochno Estate near Hardgate with parking adjacent to entrance to Edinbarnet Nursing Home. Distance from H'burgh: 15 miles.<br>OS Map 64 / Explorer 342 grid ref: NS 503739.                                                                                                                          |
| Saturday<br>13th<br>April | B+    | <b>Meall Buidhe by Tyndrum</b><br>Following the West Highland Way to Auchtertyre, leave the path beyond the viaduct and climb onto the ridge leading to the summit. Descend by the Crom Allt and follow the West Highland Way through Tyndrum back to Dalrigh.<br>Terrain: A 50/50 mixture of well tracked West Highland Way and very rough open moorland.<br>Distance: 11 km, duration 5 hrs, total ascent 485m to max. ht 653m.<br>Start point: Dalrigh in Strath Fillan. Distance from H'burgh: 40 miles.<br>OS Map 50 / Explorer 364/377 grid ref: NN 344291.    |
| Saturday<br>20th<br>April | C     | <b>Lock Ard Forest Walk</b><br>An easy walk entirely on forest track around Lime Hill and partly alongside pipeline and aqueducts.<br>Terrain: Forestry tracks.<br>Distance: 12 km, duration 5 hrs, total ascent a few m to max. ht. a few m.<br>Start point: Car park near Drymen Road Cottage on the Drymen to Gartmore Road. Distance from H'burgh: 23 miles.<br>OS Map 57 / Explorer 347/348, grid ref: NS 506936.                                                                                                                                               |
| Sunday<br>21st<br>April   | B+    | <b>Beinn an Lochain</b><br>Ascending by the North-east ridge, which is steep and narrow in places, returning by the same route to the north of Loch Restil.<br>Terrain: Very narrow, steep, rocky mountain track requiring clambering.<br>Unsuitable in very windy or icy conditions as it is very exposed with long drops!<br>Distance: 6 km, duration 6 hrs, total ascent 660m to max ht. 901m.<br>Start point: Roadside lay by on A83 north of Loch Restil in Glen Kinglas.<br>Distance from H'burgh: 25 miles.<br>OS Map 56 / Explorer 364, grid ref: NN 234088. |
| Saturday<br>27th<br>April | C     | <b>Glen Ogle Cottage to Kingshouse Hotel</b><br>Gentle walk giving good views of Glen Ogle, Loch Earn and surrounding mountain ranges.<br>Terrain: Tracks use the National Cycle Route, part on route of former railway.<br>Distance: 11 km, duration 4 hrs, total ascent 100m to max ht. 290m.<br>Start point: Kingshouse Hotel Car Park, Strathyre. A bus will take us from Car Park to start of walk at Glen Ogle Cottage. £3.00 approx needed for bus fare.<br>Distance from H'burgh: 47 miles.<br>OS Map 51, 57 / Explorer 365, grid ref: NN 564204.            |

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| Sunday<br>28th<br>April | A     | <p><b>An Caisteal</b><br/>Possibly returning via Beinn á Chroin and Coire Earb - time and weather permitting.<br/>Terrain: Short section of track then onto steep open hillside to pick up good ridge path via Sron Gharbh and Twistin Hill to summit. Minor scramble and steep descent if Beinn a'Chroin included<br/>Distance: 14 km, duration 6 - 8 hrs, total ascent 1045m to max ht. 995m.<br/>Start point: Large lay by A82, 1½ miles south of Crianlarich. Distance from H'burgh: 33 miles.<br/>OS Map 50 / Explorer 364, grid ref: NN 369239.<br/><b>0830 HRS DEPARTURE FROM HELENSBURGH PIER</b></p>                                                                                                                                                                                                                                                                                                                                            |
| Saturday<br>4th<br>May  | B     | <p><b>Lochranza - Cock of Arran Circular</b><br/>Short but steep route with stunning views of Clyde islands &amp; Sleeping Warrior. Return around north east coast.<br/>Terrain: Mostly on rough track with only one bit of scrambling over fallen rocks.<br/>Distance: 14 km, duration 6 hrs, total ascent 240m to max. ht 240m.<br/>Start point: Lochranza Pier, Arran. Ferry from Claonaig: - Depart (Claonaig) 1005. Arrive (Lochranza) 1035. Depart (Lochranza) 1715. Arrive (Claonaig) 1745. Ferry Fare £12.<br/>Distance / time from Helensburgh: 86 miles / 2hr 30 mins<br/>OS Map Landranger 62, 69, Explorer 361, Grid ref: NR 926510<br/><b>0720 HRS DEPARTURE FROM HELENSBURGH PIER for a 2½ hour drive</b></p>                                                                                                                                                                                                                              |
| Saturday<br>11th<br>May | C+    | <p><b>West Highland Way and Ardess Hidden History Trail</b><br/>From Salloch Bay Car park, walk along the West Highland Way past Rowardennan Youth Hostel to Ardess Lodge NTS Ranger Centre. There follow the way marked trail which is at the foot of Ben Lomond and eventually join the path coming down from the Ptarmigan Ridge. Return to the car park along the West Highland Way.<br/>Terrain: Short section on tarmac, undulating paths and tracks, open hill and short, fairly steep, sections on trail.<br/>Distance: 12 km, duration 5 hrs, total ascent 305m to max ht. 90m.<br/>Start point: Salloch Bay car park £3 parking charge.<br/>Distance / time from Helensburgh: 25 miles / 45 mins<br/>OS Map Landranger 56 / Explorer 364, Grid ref: NS 379958.</p>                                                                                                                                                                             |
| Sunday<br>12th<br>May   | A     | <p><b>Ptarmigan and Cruinn a' Bheinn</b><br/>Follow track to Ardess then hill path over Ptarmigan towards Ben Lomond. Leave path where it turns east (to top of Ben Lomond) and continue in northerly direction to Cruinn a' Bheinn. Descend to north west and then west to steep descent near Cailness burn and track back to Rowardennan.<br/>Terrain: Good hill path on ascent of Ptarmigan. Trackless open hill with steep ascents and descents on Cruinn a' Bheinn and down to Loch Lomond side. Rough grass on hill. Good path/forest track from Cailness along route of West Highland Way to Rowardennan.<br/>Distance: 20 km, duration 9 hrs, total ascent 1250 m to max. ht. 750 m.<br/>Start point: Rowardennan car park. £3 parking charge.<br/>Distance / time from Helensburgh: 27 miles / 45 mins<br/>OS Map Landranger 56 / Explorer 364, Grid ref: NS 359986.<br/><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER for a 45 min drive</b></p> |
| Saturday<br>18th<br>May | A     | <p><b>Fraochaidh</b><br/>Open hillside, follow a narrow ridge on to 671m and 718m tops and loop back.<br/>Terrain: Path then open hill.<br/>Distance: 14 km, duration 7 hrs, total ascent 900 m to max. ht. 879 m.<br/>Start point: Turn off A828 at Church, NN 995 555. Keep going to car park at end of minor road at Achindarroch.<br/>Distance / time from Helensburgh: 77 miles / 2hrs<br/>OS Map Landranger 49 / Explorer 376, Grid ref: NN 004552.<br/><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER for a 2hr drive</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                        |

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| Sunday<br>19th<br>May   | C+    | <b>Glen Lochay</b><br>A short glen in old hunting forest. An easy walk on riverside and hillside tracks with some burns to cross.<br>Terrain: Tracks all the way.<br>Distance: 12 km, duration 5 hrs, total ascent 230 m to max. ht. 400 m.<br>Start point: Kenknock<br>Distance / time from Helensburgh: 55 miles / 1hr 30 mins<br>OS Map Landranger 51 / Explorer 378, Grid ref: NN 466365.                                                                                                                                                                                                                                                                                                             |
| Saturday<br>25th<br>May | B+    | <b>Ben Cleuch, Ochil Hills</b><br>This is a circular walk up Mill Glen to the summit of The Law before ascending Ben Cleuch. From there, descend to Ben Ever, down track through Silver Glen and return along path through Ochil Hills Woodland Park.<br>Terrain: Rough, muddy hill tracks , steep and rocky in places.<br>Distance: 11 km, duration 6 hrs, total ascent 750 m to max. ht. 721 m.<br>Start point: Woodland Park car park down access road off north side of A91.<br>Distance / time from Helensburgh: 45 miles / 1hr 15mins<br>OS Map Landranger 58 / Explorer 366, Grid ref: NS 898975.                                                                                                  |
| Sunday<br>26th<br>May   | C+    | <b>Wildlife and History on Great Cumbrae Island</b><br>The route follows quiet minor roads round the coast and over the highest point of the island. You pass a number of sites of local historical interest, and the coast gives great opportunities for wildlife viewing.<br>Terrain: Mostly Tarmac path and road.<br>Distance: 16 km, duration 4 hrs, total ascent 240m to max ht. 127m.<br>Start point: Largs Ferry car park (NS 201 594) and sail to Great Cumbrae Slip .<br>Money for parking and Ferry tickets needed.<br>Distance / time from Helensburgh: 42 miles / 1hr 30 mins<br>OS Map Landranger 63 / Explorer 341, Grid ref: NS 184586.<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER</b> |
| Saturday<br>1st<br>June | C     | <b>The Whangie Circular</b><br>Fine views from top of the hill (Auchineden Hill).<br>Terrain: Forest tracks, paths and open hillside.<br>Distance: 11 km, duration 4 hrs, total ascent 230 m to max. ht. 357 m.<br>Start point: Carbeth Inn car park.<br>Distance / time from Helensburgh: 21 miles / 40 mins<br>OS Map Landranger 64 / Explorer 348, Grid ref: NS 523791.                                                                                                                                                                                                                                                                                                                                |
| Sunday<br>2nd<br>June   | B     | <b>Sròn a Chlachain</b><br>Follow the path behind the Village Hall to Fingal's Stone. From there it is a steep, steady climb to the summit of the hill and great views of Loch Tay. Cross a short stretch of rough ground to reach the path down into Glen Lochay at Moirlanich Longhouse. On the return pass Finlarig Castle and the head of Loch Tay.<br>Terrain: Hill tracks, wet and muddy grassy paths and tarmac.<br>Distance: 11 km, duration 5 hrs, total ascent 400 m to max. ht. 521 m.<br>Start point: MacLaren Hall car park Killin.<br>Distance / time from Helensburgh: 49 miles / 1hr 10 mins<br>OS Map Landranger 51 / Explorer 378, Grid ref: NN 573331.                                 |
| Saturday<br>8th<br>June | A     | <b>Stob Dubh</b><br>The approach to this very striking hill is from the south west after following the right bank of river Etive and over the Allt Ceitlein. From the summit, the ridge is taken to Beinn Ceitlein before dropping south east and then south to return along the glen.<br>Terrain: Rough paths, and steep open hillsides.<br>Distance: 14 km, duration 8 hrs, total ascent 941m to max. ht. 883m.<br>Start point: Glen Etive road at left turning into private road at NN 137 468.<br>Distance / time from Helensburgh: 70 miles / 1 hr 50mins<br>OS Map Landranger 50 / Explorer 384, Grid ref: NN 137468.<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER</b>                            |

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| Sunday<br>9th<br>June    | B+    | <b>Tinto Hill Circular</b><br>A circular hike from Fallburn to summit via Totherin Hill, returning via Lochlyoch Hill and reservoir.<br>Terrain: Good wide path on the ascent. Descent down open grassy hillside then onto tarmac.<br>Distance: 17 km, duration 5 hrs, total ascent 562 m to max. ht. 711 m.<br>Start point: Car park for Tinto is just off the A73 south of Lanark, at Fallburn.<br>Distance / time from Helensburgh: 67 miles / 1 hr 20 mins<br>OS Map Landranger 72 / Explorer 335, Grid ref: NS 965376.                                                                                                                                                                                      |
| Saturday<br>15th<br>June | A     | <b>Ben Lui from Cononish</b><br>From car park at Dalrigh (Tyndrum) follow track to beyond Cononish and into central corrie, ascending by the north east ridge, returning via Coire Laoigh to Cononish. May return via Beinn Oss if weather permits.<br>Terrain: Good track at first, rough moorland and some rocky scrambling thereafter.<br>Distance: 20km, duration 8 hrs, total ascent 1100m to max ht. 1130m.<br>Start point: Dalrigh car park.<br>Distance / time from Helensburgh: 40 miles / 1hr 15 mins<br>OS Map Landranger 50 / Explorer 377, Grid ref: NN 344292.<br><b>0830 HRS DEPARTURE FROM HELENSBURGH PIER</b>                                                                                  |
| Sunday<br>16th<br>June   | C     | <b>Dunardry Forest and the Mòine Mhòr (the Big Moss)</b><br>A circular walk round Moine Mhor national nature reserve, along section of Crinan Canal and visiting Dunadd Hill Fort.<br>Terrain: Canal towpaths, minor roads and well trodden paths. Optional climb to Dunadd Hill Fort.<br>Distance: 14 km, duration 6 hrs, total ascent 55 m to max. ht. 60 m.<br>Start point: Dunardry Locks car park near Lochgilphead.<br>Distance / time from Helensburgh: 70 miles / 1hr 30 mins<br>OS Map Landranger 55 / Explorer 358, Grid ref: NR 824908.                                                                                                                                                               |
| Saturday<br>22nd<br>June | B/A   | <b>The Pentland Hills (all 14 but just little ones)</b><br>Terrain: Path on open hill. B walkers can do half and return back by road.<br>Distance: 13 km (B) / 18 km (A), duration 6 hrs (B) / 8 hrs (A), total ascent 500m (B) / 900m (A) to max. ht. 579m both.<br>Start point: Flotterstone car park off A702, Bigger Road.<br>Distance / time from Helensburgh: 90 miles / 2hrs<br>OS Map Landranger 66 / Explorer 344, Grid ref: NT 234637.<br><b>0830 HRS DEPARTURE FROM HELENSBURGH PIER</b>                                                                                                                                                                                                              |
| Sunday<br>23rd<br>June   | C+    | <b>Dukes Pass/Lime Craig Circular</b><br>Undulating tracks, fairly steep in places providing views over Loch Ard Forest and Flanders Moss.<br>Terrain: Made up tracks through forest and open moorland.<br>Distance: 9 km, duration 3 hrs, total ascent 380 m to max. ht. 305 m.<br>Start point: Car park at David Marshall Lodge on A821, just north of Aberfoyle.<br>Money, coins, required for car park.<br>Distance / time from Helensburgh: 30 miles / 55 mins<br>OS Map Landranger 57 / Explorer 365, Grid ref: NN 519016.                                                                                                                                                                                 |
| Sunday<br>30th<br>June   | B     | <b>Menteith Hills</b><br>This walk offers extensive views over both Highlands and Lowlands. Follow Forestry Commission track and hill path to trig point at 400m. Continue north east generally following old fence line over hill tops. Descend below Creag a Bhacain to forest road and onwards to unnamed loch. Return via Rob Roy way.<br>Terrain: Rough hill path, indistinct in places. 5 small peaks with short steep climbs. Forest roads.<br>Distance: 13 km, duration 6 hrs, total ascent 540 m to max. ht. 400 m.<br>Start point: Braeval Forestry Commission Scotland car park.<br>Distance / time from Helensburgh: 27 miles / 45 mins<br>OS Map Landranger 57 / Explorer 365, Grid ref: NN 541006. |

## 2013 Programme

| 2013                     | Grade | Title and Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
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| Saturday<br>6th<br>July  | B+    | <b>Stronchullin Hill</b><br>Starting on forestry track then a steep ascent to the summit. A gradual descent back onto forestry track<br>Terrain: Paths, tracks and open hillside, boggy in places.<br>Distance: 13 km, duration 5 hrs, total ascent 548 m to max. ht 548 m.<br>Start point: Ardentinny car park on right off main road, next to outdoor centre.<br>Distance / time from Helensburgh: 51 miles / 1hr 15 mins<br>OS Map Landranger 56 / Explorer 363, Grid ref: NS 188875                                                                                                                                                                                                        |
| Sunday<br>7th<br>July    | C+    | <b>Loch Ard Forest Circular</b><br>Walk provides views of the Trossachs and the River Forth valley.<br>Terrain: Mainly on forest tracks with the final section on a minor tarmac road.<br>Distance: 14 km, duration 5 hrs, total ascent 200m to max. ht. 300 m.<br>Start point: Forest car park at Drymen Road cottage on east side of single track road connecting Drymen to Gartmore.<br>Distance / time from Helensburgh: 21 miles / 40 mins<br>OS Map Landranger 57 / Explorer 365, grid ref: NS 507936.                                                                                                                                                                                   |
| Saturday<br>13th<br>July | B+    | <b>Culter Fell Circular, near Biggar, Lanarkshire</b><br>This walk is a strenuous circular hike over four Donalds, Culter Fell, Gathersnow, Hillshaw Head and Huddersstone hills. There can be breathtaking views across and along along the Clyde Valley.<br>Terrain: Single-track road, hill and moorland tracks and paths, some pathless sections. Several steep ascents and descents.<br>Distance: 19 km, duration 7 hrs, total ascent 940m to max ht. 748m.<br>Start point: Lay-by beside Culter Allers Farm.<br>Distance / time from Helensburgh: 74 miles / 1hr 30 mins<br>OS Map Landranger 72 / Explorer 336, Grid ref: NT 032313.<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER</b> |
| Saturday<br>20th<br>July | C+    | <b>Greenock to Wemyss Bay</b><br>From Overton Road in Greenock, join the Greenock Cut. At Cornalees Visitor Centre start the Kelly Cut and, at its end, continue through Kelly Glen to Wemyss Bay. Return by train to Drumfrochar Station, Greenock.<br>Terrain: Good tracks, muddy paths and tarmac - cuts are virtually flat.<br>Distance: 16 km, duration 6 hrs, total ascent 100m to max ht. 175m.<br>Start point: Overton Road car park. Train fare £2.90<br>Distance / time from Helensburgh: 29 miles / 50 mins<br>OS Map Landranger 63 / Explorer 341, Grid ref: NS 266748.                                                                                                            |
| Sunday<br>21st<br>July   | A     | <b>Stùc a' Chroin</b><br>From Ardchullarie lay by on Loch Lubnaig, follow hill path over top of Beinn Each and rocky ridge north to summit of Stuc a' Chroin, returning via north west ridge, and Choire Chroisg, to Glen Ample path.<br>Terrain: Forestry tracks at low level. Mainly grassy slopes but some outcrops on the steep rocky ridge.<br>Distance: 14 km, duration 7 hrs, total ascent 1200m to max ht. 975m.<br>Start point: Ardchullarie lay by, Loch Lubnaig.<br>Distance / time from Helensburgh: 40 miles / 1hr 15 min<br>OS Map Landranger 57 / Explorer 365, Grid ref: NN 583136.<br><b>0830 HRS DEPARTURE FROM HELENSBURGH PIER</b>                                         |

## 2013 Programme

| 2013                       | Grade | Title and Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| Saturday<br>27th<br>July   | A     | <p><b>Stob Dubh &amp; Stob Coire Raineach (Buachaille Etive Beag)</b><br/> Short walk on road past the Lodge. Come off road to left at signs for Lairig Gartain &amp; Lairig Eilde. Following path to Lairig Gartain. Steep climb up south west ridge to summit Stob Dubh. Along north east ridge to top 902m, drop down to bealach then climbing rocky slopes to summit of Stob Coire Raineach. Return to bealach then drop down slope to Lairig Gartain and picking up path back to cars in Glen Etive.<br/> Terrain: Hill path, open hill, rocky in parts.<br/> Distance: 13 km, duration 8 hrs, total ascent 1180m to max. ht. 958m.<br/> Start point: Parking area at Dalness approx. 7mls down Glen Etive Road, past the Lodge.<br/> Distance / time from Helensburgh: 64 miles / 1hr 50 mins<br/> OS Map Landranger 41 / Explorer 384, Grid ref: NN 166511.<br/> <b>0830 HRS DEPARTURE FROM HELENSBURGH PIER</b></p> |
| Saturday<br>3rd<br>August  | B+    | <p><b>Ben Venue from Loch Achray</b><br/> From the car park near Loch Achray, follow Forestry Commission Scotland paths &amp; roads to join rough hill path leading to the summit of Ben Venue.<br/> Terrain: Initially, forest roads and paths. Then rough, muddy hill path with some steep climbs and a few boggy sections.<br/> Distance: 15 km, duration 6 hrs, total ascent 700m to max. ht. 729m.<br/> Start point: Forestry Commission Scotland Trossachs car park next to A821. (£3 parking charge applies).<br/> Distance / time from Helensburgh: 33 miles / 50 mins<br/> OS Map Landranger 57 / Explorer 365, Grid ref: NN 506068.</p>                                                                                                                                                                                                                                                                           |
| Sunday<br>4th<br>August    | C+    | <p><b>West Highland Way Rambler (Cruise combined with 12km walk)</b><br/> Ferry to Rowardennan departs Tarbet at 10am. Walk north to Inversnaid and then return to Tarbet by ferry. Ferry fare £14.50.<br/> Terrain: Forestry track and made up path.<br/> Distance: 12km, duration 6 hrs, total ascent 432m to max. ht 147m.<br/> Start point: Tarbet car park.<br/> Distance / time from Helensburgh: 18 miles / 45 mins<br/> OS Map Landranger 56 / Explorer 364, Grid ref: NN 319044.<br/> <b>0900 HRS DEPARTURE FROM HELENSBURGH PIER</b></p>                                                                                                                                                                                                                                                                                                                                                                          |
| Saturday<br>10th<br>August | C+    | <p><b>Brig o' Turk Loop / The Mell Circuit</b><br/> This long and hilly circuit takes in Glen Finglas Reservoir before heading up Glen Meann and climbing to a high pass to circle Meall Cala known as 'The Mell'.<br/> Terrain: Rough track.<br/> Distance: 24 km, duration 6 hrs, total ascent 845m to max ht. 600m.<br/> Start point: Car park at end of public road leading to Glen Finglas Reservoir.<br/> Distance / time from Helensburgh: 36 miles / 1hr<br/> OS Map Landranger 57 / Explorer 365, Grid ref: NN 531074.</p>                                                                                                                                                                                                                                                                                                                                                                                         |
| Sunday<br>11th<br>August   | A     | <p><b>Ben Lui from Glen Lochy (with option to return over Beinn a' Chleibh)</b><br/> Terrain: Forest tracks, open hillside, ridge paths - involves river crossing.<br/> Distance: 10 km, duration 7 hrs, total ascent 1020m to max. ht. 1130m.<br/> Start point: Parking area in Glen Lochy on A85 between Tyndrum and Dalmally.<br/> Distance / time from Helensburgh: 45 miles / 1hr 5 mins<br/> OS Map Landranger 50 / Explorer 377, Grid ref: NN 239278.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

## 2013 Programme

| 2013                         | Grade | Title and Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
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| Saturday<br>17th<br>August   | B     | <b>Blairdenon Hill</b><br>A walk round Glen Tye in the less frequented western part of the Ochills starting from Sheriffmuir. Great vista to the north from the top, also windmills(!) and the Forth Valley.<br>Terrain: Mainly open, tussocky moorland going up and down over a number of hills.<br>Distance: 11 km, duration 6 hrs, total ascent 450m to max. ht. 631m.<br>Start point: Sheriffmuir Inn using the back car park. Signposted from a roundabout on the main road through Dunblane from the A9.<br>Distance / time from Helensburgh: 48 miles / 1hr 35 mins<br>OS Map Landranger 57 / Explorer 366, Grid ref: NN 827021.                                  |
| Saturday<br>24th<br>August   | B     | <b>Balcnock / Beinn Tharsuinn</b><br>A circular walk without tracks on hills to the north east of Glen Fruin<br>Terrain: Open hillside and moor. Likely to be wet in places.<br>Distance: 10 km, duration 5 hrs, total ascent 667m to max. ht. 693m.<br>Start point: Near Ballevoulin Farm on Glen Fruin old road.<br>Distance / time from Helensburgh: 7 miles / 15 mins<br>OS Map Landranger 56 / Explorer 347, Grid ref: NS 293884.                                                                                                                                                                                                                                   |
| Sunday<br>25th<br>August     | C     | <b>Glen Ogle Trail</b><br>Terrain: Mainly paths on a gradual ascent but boggy in parts.<br>Distance: 11 km, duration 4 hrs, total ascent 301m to max. ht. 402m.<br>Start point: Lochearnhead car park opposite the water sports centre.<br>Distance / time from Helensburgh: 60 miles / 1hr 30 mins<br>OS Map Landranger 51 / Explorer 365, Grid ref: NN 593237.                                                                                                                                                                                                                                                                                                         |
| Saturday<br>31st<br>August   | A     | <b>Tarmachan Ridge</b><br>From roadside head directly for north east ridge above Lochan na Lairige then to Tarmachan Ridge. Follow ridge path to Beinn nan Eachan and return via north west ridge<br>Terrain: Trackless hillside onto undulating ridge path and back onto trackless hillside.<br>Distance: 11 km, duration 6 hrs, total ascent 700m to max. ht. 1044m.<br>Start point: Roadside parking area just beyond "Green" hut on Lawers CP/Bridge of Balgie road.<br>Distance / time from Helensburgh: 58 miles / 1hr 30 mins<br>OS Map Landranger 51 / Explorer 378, Grid ref: NN 582417.<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER for a 1½ hour drive</b> |
| Sunday<br>1st<br>September   | C+    | <b>Butterbridge to Lochan Strath Dubh-Uisge (Blackwater)</b><br>Follow the track up Glen Kinglas past north end of Loch Sloy and climb up grassy moorland to the Lochan.<br>Terrain: Track and hillside moorland.<br>Distance: 17 km, duration 6 hrs, total ascent 400m to max. ht 468m.<br>Start point: Butterbridge car park off A83, Glen Kinglass.<br>Distance / Time from Helensburgh 27 miles / 50mins.<br>OS Map Landranger 56, Explorer 364, Grid ref: NN 234096                                                                                                                                                                                                 |
| Saturday<br>7th<br>September | C     | <b>Blanefield Circular</b><br>A walk with fine open views along stretches of water pipelines, West Highland Way and a disused railway line.<br>Terrain: Tracks and foot paths. Can be very muddy in places.<br>Distance: 12 km, duration 4 hours. Total ascent 200m to max. ht. 125m.<br>Start point: Behind RC Church, Blanefield. Donations for use of the car park required.<br>Distance / Time from Helensburgh 23 miles / 40mins.<br>OS Map Landranger 64 / Explorer 348, Grid ref: NS 556797.                                                                                                                                                                      |

## 2013 Programme

| 2013                          | Grade | Title and Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| Sunday<br>8th<br>September    | A     | <b>Beinn Chorrnach &amp; Beinn Ime</b><br>Follow estate track along Glen Kinglas to Abyssinia cottage then open hillside South East and South along the ridge to top of Beinn Chorrnach. Descend South into Glas Bhealach, then continue South up to the summit of Beinn Ime. Descend South and South West to Bealach a' Mhargaidh then North West, following the line of the burn down to Kinglas Water and Butterbridge.<br>Terrain: Good estate road from Butterbridge to Abyssinia (deer fence to be crossed) then steep trackless grass slopes with rocky outcrops on hill sections. Steep ascents and descents over rough ground.<br>Distance: 12 km, duration 7 hrs, total ascent 970m to max ht. 1011m.<br>Start point: Butterbridge car park off A83, Glen Kinglas.<br>Distance / Time from Helensburgh 27 miles / 50mins.<br>OS Map Landranger 56 / Explorer 364, Grid ref: NN 234096.<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER</b> |
| Saturday<br>14th<br>September | B/C+  | <b>A WALK FROM HELENSBURGH TO BALLOCH LED BY THE EDINBURGH RAMBLERS GROUP</b><br>Joint walk with Edinburgh, Glasgow and H&WD Groups along the Three Lochs Way from Craigendoran Station to Balloch Station via Darleith Muir, Upper Stoneymollan and Stoneymollan Road. Excellent views over the Firth of Clyde and Loch Lomond. [Train from Glasgow arrives Craigendoran at 10.21am. H&WD Group walk to Craigendoran Station to join other groups. Return to Helensburgh by train from Balloch.]<br>Terrain: Mix of road, track and paths.<br>Distance: 14 km, duration 5 hrs, total ascent 280m to max ht. 208m.<br>Start point: Craigendoran Station. Train fare required for return journey from Balloch to Craigendoran.<br>Distance / Time from Helensburgh:- n/a.<br>OS Map Landranger 56 / Explorer 347, Grid ref: NS 310812.<br><b>1000 HRS DEPARTURE FROM HELENSBURGH PIER and 1030 HRS Craigendoran Station</b>                          |
| Sunday<br>15th<br>September   | B+    | <b>Ben Reoch &amp; Tullich Hill</b><br>From Tarbet, ascend steep grassy slopes of Ben Reoch to its summit (641m). Descend into An t-Sreang and onward up to the summit of Tullich Hill (632m). Descend to the Trig Point at 447m and down onto the track, returning to Tarbet.<br>Terrain: Very steep grassy pathless slopes for much of the walk with rough cart track back to Tarbet.<br>Distance: 12 km, duration 7 hrs, total ascent 1000m to max ht. 661m.<br>Start point: Lochside car park, Tarbet.<br>Distance / Time from Helensburgh 18 miles 25mins.<br>OS Map Landranger 56 / Explorer 364, Grid ref: NN 320044.                                                                                                                                                                                                                                                                                                                        |
| Saturday<br>21st<br>September | C+    | <b>Forth and Clyde Canal - Stockingfield Junction to Kilsyth</b><br>Join the canal towpath at Gilschochill and follow the canal to Auchinstarry Basin. Return to Gilschochill by train from Croy. Train Fare £4.00.<br>Terrain: Flat towpath and 2km on pavements.<br>Distance: 21 km, duration 6 hrs, total ascent 12m to max ht. 50m.<br>Start point: Park in Cadder Road off Lochburn Road off Maryhill Road.<br>Distance / Time from Helensburgh 25 miles / 45mins.<br>OS Map Landranger 64 / Explorer 342, Grid ref: NS 574693.<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER</b>                                                                                                                                                                                                                                                                                                                                                             |

## 2013 Programme

| 2013                              | Grade | Title and Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| Sunday<br>22nd<br>September       | A     | <b>An Caisteal (with option to return via Beinn a'Chroin and Coire Earb, time and weather permitting)</b><br>Terrain: Short section of track then onto steep open hillside to pick up good ridge path via Sron Gharbh and Twistin Hill to summit. Minor scramble and steep hillside if Beinn a'Chroin included.<br>Distance: 14 km, duration 8 hrs, total ascent 1045m to max ht. 995m.<br>Start point: Keilator lay-by on A82 on south side of Glen Falloch, 1½ miles south of Crianlarich, easy to miss.<br>Distance / Time from Helensburgh 34 miles / 50mins.<br>OS Map Landranger 50 / Explorer 364, Grid ref: NN 369239.<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER</b>                                    |
| Fri/Sun<br>27th/29th<br>September |       | <b>Members' Away Weekend in Penrith (Shap Wells)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Saturday<br>5th<br>October        | C     | <b>Gleniffer Braes, Paisley</b><br>From Robertson Park we get the first of the panoramic views of this walk. Walk on grassy path to Gleniffer Burn. Head downhill on road and path to the Craigielinn Waterfall and then a short climb to Tannahill Walkway to the geological feature of the Gleniffer Gorge. Return on rough paths over open ground to the start.<br>Terrain: Paths, road and moorland, muddy in places.<br>Distance: 10 km, duration 4 hrs, total ascent 180m to max. ht 170m.<br>Start point: Robertson Park in Gleniffer Braes Country Park, Paisley.<br>Distance / Time from Helensburgh 27 miles / 45mins.<br>OS Map Landranger 64 / Explorer 342, Grid ref: NS 455605.                        |
| Sunday<br>6th<br>October          | B+    | <b>Beinn Dòrain</b><br>Go through pedestrian underpass at railway station, then up path in glen to Coire an Dothaidh to bealach, then south to top. Return by outward route.<br>Terrain: Mountain tracks, boggy in places.<br>Distance: 10 km, duration 6 hrs, total ascent 890 m to max. ht. 1076m.<br>Start point: Bridge of Orchy Hotel car park.<br>Distance / Time from Helensburgh 40 miles / 1hr 10mins.<br>OS Map Landranger 50 / Explorer 377, Grid ref: NN 297395.<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER</b>                                                                                                                                                                                      |
| Saturday<br>12th<br>October       | A     | <b>Glas Bheinn Mhor</b><br>Follow path to Glen Coileitir Farm. Up Glas Bheinn Chaol, then contour left to bealach between Meall nan Tri Tighearnan and Glas Bheinn Mhor. Ascend to summit Glas Bheinn Mhor. Descend East then North East to bealach at 738 and follow Allt Mheuran down to pick up path to start<br>Terrain: Path then open steep and rocky ground.<br>Distance: 15 km, duration 8 hrs , total ascent 960m to max. ht. 997m.<br>Start point: Approximately 10 miles down Glen Etive, at junction with track.<br>Distance / Time from Helensburgh 67 miles / 2hrs.<br>OS Map Landranger 50 / Explorer 377, Grid ref: NN 137467.<br><b>0830 HRS DEPARTURE FROM HELENSBURGH PIER for a 2 hour drive</b> |
| Sunday<br>13th<br>October         | C     | <b>Achray Forest and Loch Drunkie</b><br>Linear walk along forestry road and footpath to loch where lunch will be taken. Returning by same route<br>Terrain: Forestry tracks and path.<br>Distance: 11 km, duration 4 hrs, total ascent negligible (to max. ht).<br>Start point: Achray forest drive on Duke's pass.<br>Distance / Time from Helensburgh 30 miles / 40mins.<br>OS Map Landranger 57 / Explorer 365, Grid ref: NN 522037.                                                                                                                                                                                                                                                                             |

## 2013 Programme

| 2013                        | Grade | Title and Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| Saturday<br>19th<br>October | B+    | <b>Cruachan (East of Loch Lomond) and Beinn Uamha</b><br>Open hillside to summit Cruachan. Pathless walk along ridge to summit Beinn Uamha, sometimes boggy with peat hags to negotiate. Descend to pick up Cailness track in Glen Gaoithe. Follow track down to Loch Lomond and return to Inversnaid via West Highland Way.<br>Terrain: open hillside, pathless and with peat hags.<br>Distance: 18 km, duration 7 hrs, total ascent 900 m to max. ht. 596 m.<br>Start point: Rob Roy View car park Inversnaid.<br>Distance / Time from Helensburgh 40 miles / 1hr 20mins.<br>OS Map Landranger 56 / Explorer 364, Grid ref: NN 345090.<br><b>0830 HRS DEPARTURE FROM HELENSBURGH PIER</b> |
| Sunday<br>27th<br>October   | B+    | <b>Sgorr na Ciche (Pap of Glencoe)</b><br>The Pap of Glencoe up the path to the top. Descend towards Loch Leven then back to start by forest trail.<br>Terrain: Path, open hills forest trail.<br>Distance: 7 km, duration 6 hrs, total ascent 742 m to max. ht 742 m.<br>Start point: Pap of Glencoe car park, off Glencoe Village road.<br>Distance / Time from Helensburgh 70 miles / 2hrs.<br>OS Map Landranger 41 / Explorer 384, Grid ref: NN 111586.<br><b>0830 HRS DEPARTURE FROM HELENSBURGH PIER</b>                                                                                                                                                                              |
| Saturday<br>2nd<br>November | B+    | <b>Beinn an Lochain</b><br>Ascending by the North-East ridge, which is steep and narrow in places, returning by the same route to the north of Loch Restil.<br>Terrain: Very narrow, steep, rocky mountain track requiring clambering. Unsuitable in windy or icy conditions as it is very exposed with long drops!.<br>Distance: 6 km, duration 6 hrs, total ascent 686 m to max. ht 901 m.<br>Start point: Roadside lay by north of Loch Restil on A83.<br>Distance / Time from Helensburgh 25 miles / 1hr.<br>OS Map Landranger 56 / Explorer 364, Grid ref: NN 234088<br><b>0900 HRS DEPARTURE FROM HELENSBURGH PIER</b>                                                                |
| Sunday<br>3rd<br>November   | C+    | <b>Arrochar to Inveruglas and back</b><br>Walk will be taken at an easy pace.<br>Terrain: Path, tarmac road and over open moorland.<br>Distance: 16 km, duration 5 hrs, total ascent 150m to max. ht. 145m.<br>Start point: Car park at head of Loch Long, Arrochar. Pay and Display money required .<br>Distance / Time from Helensburgh 20 miles / 40mins.<br>OS Map Landranger 56 / Explorer 364, Grid ref: NN 294049.                                                                                                                                                                                                                                                                   |
| Sunday<br>10th<br>November  | C     | <b>Carbeth to Mugdock Country Park Visitor Centre</b><br>From Carbeth Inn follow a path to the West Highland Way and then a path through Mugdock Wood to the Visitor Centre. Pass Craiggallian Loch, rejoin the West Highland Way and return to the Inn.<br>Terrain: Mainly flat paths and tracks.<br>Distance: 12km, duration 5 hrs, total ascent 180m to max ht. 175m.<br>Start point: Carbeth Inn car park off A809 .<br>Distance / Time from Helensburgh 22 miles / 35mins.<br>OS Map Landranger 64 / Explorer 348, Grid ref: NS 524791.                                                                                                                                                |

## 2013 Programme

| 2013                         | Grade | Title and Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| Saturday<br>16th<br>November | C+    | <b>Ben Bowie and Gouk Hill</b><br>This is a great local walk for new folk thinking of taking up walking with a steady pace. We will be starting at Craigendoran with a good path for our ascent via Quarry Wood and Northfield Wood. Our ascent will continue to Ben Bowie and Gouk Hill before returning directly to the start.<br>Terrain: Paths, road and moorland, muddy in places.<br>Distance: 11 km, duration 5 hrs, total ascent 345 m to max ht. 312 m.<br>Start point: Cardross Road (side road that runs on north side and parallel with the A814), Craigendoran, Helensburgh.<br>Distance / Time from Helensburgh:- n/a.<br>OS Map Landranger 56 / Explorer 347, Grid ref: NS 313814.                   |
| Sunday<br>17th<br>November   | B     | <b>Beinn Uird</b><br>A much neglected hill to the south of Ben Lomond, capable of all round summit views. A direct ascent East from the Ben Lomond path followed by a descent North West towards the Ben to rejoin the path.<br>Terrain: Trackless open hillside and moor, likely to be wet in places.<br>Distance: 10 km, duration 5 hrs, total ascent 638m to max ht. 597m.<br>Start point: Rowardennan Car Park. £3 Charge.<br>Distance / Time from Helensburgh 27 miles / 45mins.<br>OS Map Landranger 56 / Explorer 364, Grid ref: NS 359986.                                                                                                                                                                  |
| Saturday<br>23rd<br>November | B     | <b>Alva Burn Circuit</b><br>A splendid high level circuit, taking in Mid Cairn, Bengengie Hill, Blairdenon Hill, (which we did from the west in August) and Craighorn. Initially a steep climb at first on paths and then on grass with grand views and finishing with a steep and spectacular descent through Alva Glen.<br>Terrain: Apart from the start and finish, grassy paths and open grassland.<br>Distance: 13 km, duration 6 hrs, total ascent 780m to max ht. 631m.<br>Start point: Alva Glen car park which is signposted off the main road through Alva.<br>Distance / Time from Helensburgh 45 miles / 1hr 20mins.<br>OS Map Landranger 58 / Explorer 366, Grid ref: NS 884975.                       |
| Saturday<br>30th<br>November | C     | <b>St. Andrew's Day soup walk</b><br>This will be a short, easy grade, walk lasting approximately 2 hours starting from the Helensburgh Tennis Club and returning there for some hot soup and bread and the chance to see photographs of Group walks over the previous 12 months. Members will be lettered and are reminded to return the slip if participating in the walk.<br>Terrain: Good tracks at low level.<br>Distance: short, duration 2 hrs, total ascent small.<br>Start point: Helensburgh Lawn Tennis Club, Suffolk Street, Helensburgh.<br>Distance / Time from Helensburgh nil.<br>OS Map Landranger 56 / Explorer 347, Grid ref: NS 289827.<br>1400 HRS DEPARTURE FROM Helensburgh Lawn Tennis club |
| Sunday<br>1st<br>December    | C     | <b>Yankee Road</b><br>To forest then circular walk in the forest, return along Yankee road.<br>Terrain: Tarmac road and forest track.<br>Distance: 14 km, duration 5 hrs, total ascent 230m to max. ht. 278m.<br>Start point: Area by entrance to water works, just off the 'Haul' road.<br>Distance / Time from Helensburgh 8 miles / 20mins.<br>OS Map Landranger 56 / Explorer 347, Grid ref: NS 257904.                                                                                                                                                                                                                                                                                                         |

## 2013 Programme

| 2013                         | Grade | Title and Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| Saturday<br>7th<br>December  | B     | <b>Beinn a'Mhanaich via Beinn Bhreac</b><br>The Three Lochs Way path from start point to Tom Buidhe then fairly steep, open hillside to summit Beinn Bhreac and then Beinn a' Mhanaich. Return via Maol an Fheidh and The Strone.<br>Terrain: Paths and open hillsides.<br>Distance: 14 km, duration 6 hrs, total ascent 800m to max. ht. 709m.<br>Start point: Garelochhead military ranges car parking area.<br>Distance / Time from Helensburgh 8 miles / 20mins.<br>OS Map Landranger 56 / Explorer 347, Grid ref: NS 258903.                                                                                                                                     |
| Saturday<br>14th<br>December | B+    | <b>Beinn Odhar</b><br>From Dalrigh, follow track past Auchtertyre, ascending South ridge over Meall Buidhe (653m) and continuing to grassy summit of Beinn Odhar. Return by grassy South West ridge to West Highland Way just north of Tyndrum and follow this track back to Dalrigh.<br>Terrain: Mainly walking on grassy ridge with good paths at low level .<br>Distance: 14 km, duration 7 hrs, total ascent 1200 m to max. ht. 975 m.<br>Start point: Dalrigh car park.<br>Distance / Time from Helensburgh 40 miles / 1hr 15mins.<br>OS Map Landranger 50 / Explorer 364/377, Grid ref: NN 344292.<br>0830 HRS DEPARTURE FROM HELENSBURGH PIER                  |
| Sunday<br>15th<br>December   | C+    | <b>Cat Craig Loop</b><br>Start along the path beside the burn. Join the forest tracks to the Prince's Bridge and from there return to the car park.<br>Terrain: Paths, forest tracks and roads.<br>Distance: 8 km, duration 4 hrs, total ascent 180m to max ht. 200m.<br>Start point: Ardgartan Forest Walks Car Park.<br>Distance / Time from Helensburgh 22 miles / 40mins.<br>OS Map Landranger 56 / Explorer 364, Grid ref: NN 269037.                                                                                                                                                                                                                            |
| Saturday<br>21st<br>December | C+    | <b>Carron Valley Reservoir Circuit</b><br>From the visitors' car park, follow Forestry Commission paths and roads around Carron Valley Reservoir.<br>Terrain: Gravel & stone paths and roads with gentle slopes. About 2 km on a surfaced country public road.<br>Distance: 17 km, duration 5 hrs, total ascent 250m to max. ht. 280m.<br>Start point: Carron Valley Forestry Commission car park. £3 Charge.<br>Distance / Time from Helensburgh 35 miles / 1hr.<br>OS Map Landranger 57 / Explorer 348, Grid ref: NS 722838.<br>0900 HRS DEPARTURE FROM HELENSBURGH PIER                                                                                            |
| Saturday<br>28th<br>December | B     | <b>Beinn Dubh and Mid Hill</b><br>Circuit of the hills above Glen Striddle with excellent views of Loch Lomond and Arrochar hills. Ascend North West to Beinn Dubh then to Coire na h-Eanachan. Return South and South East over Mid Hill and descend to Glen Luss road near Glen Malloch Farm.<br>Terrain: Moderate ascents and descents on grassy slopes. Can be wet and peaty underfoot in places. Return on tarmac road down Luss glen.<br>Distance: 11 km, duration 5 hrs, total ascent 720m to max. ht. 657m.<br>Start point: Luss car park.<br>Distance / Time from Helensburgh 9 miles / 20mins.<br>OS Map Landranger 56 / Explorer 364, Grid ref: NS 359931. |