

2014 Programme

Date	Grade	Title and Description
Sunday 5th January	B	Ardmore Point to Carman Hill Circular Walk Follow the foreshore to Cardross and then farm lanes up to Carman Hill (fort). Take moorland path to Trig Point 304 and cross stone on Stonymollan track. Return to the start via Three Lochs Way and the Red Road. Terrain: Rocky foreshore, farm lanes and rough moorland path, very boggy in places. Gradients are gradual. Distance: 18 km, duration 6 hrs, total ascent 400m to max. ht 304m. Start point: Ardmore Peninsula car park. Distance from H'burgh: 4 miles / 10mins OS Map 63 / Explorer 347, grid ref: NS 324786.
Saturday 11th January	C+	Coffee, Walk and a Meal Morning tea/coffee with a scone at Carbeth Inn followed by a short circular walk including Carbeth Huts, the West Highland Way, Ardoch and the Boards. Then lunch at the Inn. Terrain: Path, track and road. . Distance: 8 km, duration 3 hrs, total ascent 200 m to max. ht. 150 m. Start point: Carbeth Inn car park on A809. Distance from H'burgh: 22miles / 35mins. OS Map 64 / Explorer 348, grid ref: NS 524791.
Saturday 18th January	B	Gorton Bothy A winter walk in the snow. Terrain: Forest path most of the way with a bit cross country and good track all the way back. Distance: 14 km, duration 6 hrs, total ascent 500m to max ht. 300m. Start point: Turn off on A82, north of Bridge of Orchy, for Auchallader Farm. Distance from H'burgh: 48miles / 1hr 30mins OS Map 50 / Explorer 377, grid ref: NN 311437. 0800 HRS DEPARTURE FROM HELENSBURGH PIER for a ninety minute drive
Sunday 19th January	C	Drymen Circular Along WHW to Milton of Buchanan returning past golf course and Buchanan Castle. Good open views. Terrain: Forest tracks can be muddy. Distance: 12 km, duration 4 hrs, total ascent 150m to max ht. 150m. Start point: Drymen main car park. Distance from H'burgh: 15miles / 35mins OS Map 57 / Explorer 347, grid ref: NS 475886.
Sunday 26th January	B+	Beinn Eich & Doune Hill Steady climb up spine of hill. Follow line of ridge up to Beinn Lochain. Continue up Doune hill. Return by outward route. Terrain: Grassy hillside, peat hags, rough moorland, some ridge tracks. Distance: 13 km, duration 6 hrs, total ascent 950m to max. ht 757m. Start point: Lay by opposite gate of Glenmollachan Farm in Glen Luss. Also parking possible at lay by beyond farm. Distance from H'burgh: 13miles / 30mins OS Map 56 / Explorer 347, 364, grid ref: NS 329943.
Saturday 1st February	A	Beinn an Dòthaidh From Hotel car park follow path up Coire an Dòthaidh to 744m bealach, then ascending steep slopes north to three summit tops. Return by the same route to view the impressive cliffs in the corrie under winter conditions. Terrain: Good track to corrie, although boggy and steep at the finish. Path on steep slopes to the summit. Impressive cliffs. Distance: 11 km, duration 6 hrs, total ascent 885m to max. ht 1004m. Start point: Bridge of Orchy Hotel. Distance from H'burgh: 45miles / 1hr 15mins. OS Map 50 / Explorer 377, grid ref: NN 297395. 0830 HRS DEPARTURE FROM HELENSBURGH PIER

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Date	Grade	Title and Description
Sunday 2nd February	C+	Loch Ard Forest Walk From the Aberfoyle Visitor Centre car park, cross the River Forth and follow the road part of the way and onto a tarmac track to gain the entrance to the forest track. A gentle walk with views of Loch Ard and then joining a path to views of the Wallace Monument and Stirling Castle. Terrain: Mainly forest track, paths and roadside. Paths can be mucky in places. Distance: 14 km, duration 5 hrs, total ascent 120m to max. ht. 120m. Start point: Aberfoyle Visitor Centre car park. Distance from H'burgh: 27miles / 50mins. OS Map 57 / Explorer 365, grid ref: NN 521009.
Saturday 8th February	B	Kilsyth Hills This circle includes Laird's Hill, Garrel Hill and Tomtain. The tops provide great views to Meikle Bin, the southern highlands and the Forth Valley on one side and Paisley to Edinburgh on the other. Terrain: Many parts are rough with high grass and some steep slopes justifying the 'B' rating despite the stats. Some hill paths and farm roads. Distance: 16 km, duration 6 hrs, total ascent 680m to max ht. 459m. Start point: Lay-by on left of A803 after Queenzieburn and immediately before the 30mph limit at Kilsyth. Distance from H'burgh: 32miles (35 via Strathblane) / 1hr. OS Map 64 / Explorer 348, 349 grid ref: NS 702777. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 9th February	C+	Loch Venachar South Circular A walk up from the lochside with spectacular views of the hills. Terrain: Forestry tracks with a long gentle ascent to a viewpoint and a steeper descent to the lochside. Distance: 7 km, duration 3 hrs, total ascent 207m to max. ht. 230m. Start point: Car park at end of Loch Venachar South Road. Distance from H'burgh: 39 miles / 1hr. OS Map 57 / Explorer 365, grid ref: NN 592055.
Saturday 15th February	B	Beinn Chaorach From Glen Fruin the walk takes up Auchengaich Hill, over Beinn Tharsuinn and on to Beinn Chaorach beyond. Descend steeply to Auchengaich Reservoir and return to start via reservoir track and Glen Fruin old road. Terrain: Mostly open, grassy hillside with some indistinct paths. Distance: 11 km, duration 6 hrs, total ascent 630m to max. ht. 713m. Start point: Near Ballevoulin Farm on Glen Fruin old road. Distance from H'burgh: 7 miles / 15mins. OS Map 56 / Explorer 347, grid ref: NS 293884.
Sunday 16th February	C+	Kilpatrick Braes Up to the hill top trig point 365, The Slacks. Views including the River Clyde. Terrain: Rough track moorland and grassy hillside. Distance: 8 km, duration 4 hrs, total ascent 365m to max. ht. 365m. Start point: Small car park at pumping station just north of A82, from Old Kilpatrick before going under Erskine Bridge fork left up Station Road to go under the A82. Distance from H'burgh: 15 miles / 40mins. OS Map 64 / Explorer 342, grid ref: NS 470731.

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Saturday 22nd February	C+	The Knock Circular, Largs Walk from the centre of Largs along the coast, then through farmland to The Knock, visiting the site of an old hill fort. With outstanding views over the Clyde. Return to Largs through woodland and back along the coast to Nardini's for some ice cream. Terrain: This route is on a mixture of minor roads, tarmac paths and rough tracks. The path around Knock Hill can be very boggy. Distance: 13 km, duration 5 hrs, total ascent 268m to max. ht. 217m. Start point: Starts at Largs Ferry Terminal, western end of Largs Main Street. Distance from H'burgh: 40 miles / 1 hr. OS Map 63 / Explorer 341, grid ref: NS 201594. 0900 HRS DEPARTURE FROM HELENSBURGH PIER for a 60min drive
Sunday 23rd February	B+	Beinn Udlaidh From roadside at Invergaunan follow right bank of Allt Ghamhnain for 2 km then strike south west to top of long ridge leading south to Beinn Udlaidh summit. Return by the same route, or via the col and summit ridge of Beinn Bhreac-liath, if time and weather permit. Terrain: Mainly trackless going over grassy slopes with better walking on the ridge. Distance: 13 km, duration 7 hrs, total ascent 948m to max. ht. 840m. Start point: Invergaunan Cottage, on B8074 Glen Orchy road. Distance from H'burgh: 48 miles / 1 hr 15mins. OS Map 50 / Explorer 377, grid ref: NN 280370. 0830 HRS DEPARTURE FROM HELENSBURGH PIER for a 75min drive
Saturday 1st March	B	Lochgoilhead to Corran Lochan & Clach Bheinn (optional) Follow the higher level forest path to Corran Lochan and then, optionally, climb the north face of Clach Bheinn, Trig Point 437. On the return leg, join lower forest track near Stuckbeg and return to Lochgoilhead along the shore road. Terrain: Good undulating forest paths with a few steep gradients. The optional ascent of Clach Bheinn involves climbing very steep, boggy grass and heather open hillside around rocky crags. Distance: 14/16 km, duration 5/6 hrs, total ascent 600/800m to max. ht 320/437m. Start point: Lochgoilhead shore car park. Distance from H'burgh: 32 miles / 55mins. OS Map 56 / Explorer 363, grid ref: NN 200013.
Sunday 9th March	C+	Kinlochard Walk Walk through mostly open forest with good views. Terrain: Tracks. Distance: 17 km, duration 6 hrs, total ascent 200 m to max. ht. 140 m. Start point: Small car park off B826 just past Forest Hills Hotel, Kinlochard village. Distance from H'burgh: 31 miles / 40mins. OS Map 57 / Explorer 365, grid ref: NS 447021.
Saturday 15th March	C+	Lairig Arnan An attractive walk along this glen with dramatic views enroute. After 1km on road we access a good track which mounts steadily to 350 metres onto the southern slopes of Troisgeach hill at water control unit. Terrain: Road and track. Distance: 13 km, duration 5 hrs, total ascent 220 m to max. ht 350 m. Start point: Drovers Inn, Inverarnan. Distance from H'burgh: 25 miles / 40mins. OS Map 56 / Explorer 364, grid ref: NN 318185.

2014 Programme

Date	Grade	Title and Description
Sunday 16th March	B	Loch Tinker From Stronachlachar Pier, follow minor road alongside Loch Katrine to just beyond royal cottage. Leave road and follow Culligart Burn up the hillside to Loch Tinker. Return across Druim nan Carn and descend north to pick up Loch Katrine track and return to start. Terrain: Minor roads then trackless, open hillside. Distance: 15 km, duration 6 hrs, total ascent 490m to max ht. 440m . Start point: Stronachlachar Pier car park on north west side of Loch Katrine. Distance from H'burgh: 38 miles / 1hr 20mins. OS Map 56 / Explorer 364, grid ref: NN 404102. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 22nd March	A	Ben Challum Terrain: Hill tracks and open hillside. Can be very wet and boggy in places. Distance: 12 km, duration 7 hrs, total ascent 900m to max. ht 1025m. Start point: Lay by on left of A82 just after Kirkton Farm turning, 2½ miles north of Crianlarich. Distance from H'burgh: 36 miles / 1hr. OS Map 50 / Explorer 364, grid ref: NN 355281. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 23rd March	C+	River Cononish & Ben Lui National Nature Reserve Starting along West Highland Way then forest track to river. Visit site of gold mine (disused) below Beinn Chuirn and return alongside river. Terrain: Good track all the way and mainly dry. Undulating but ascent mostly very gradual. Distance: 14 km , duration 5 hrs, total ascent 270m to max ht. 410m. Start point: Dalrigh car park. Distance from H'burgh: 38 miles / 1hr. OS Map 50 / Explorer 364, grid ref: NN 343291.
Sunday 30th March	A	Beinn Mhic Mhonaidh (Hill of the Son of the Moor) Corbett to the north of Glen Orchy. Terrain: Forest path then open hill return by forest path. Distance: 13 km , duration 6 hrs, total ascent 796m to max ht. 796m. Start point: Bridge at Eas Urchaidh off B8074, Glen Orchy. Distance from H'burgh: 52 miles / 1hr 30mins. OS Map 50 / Explorer 377, grid ref: NN 242321. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 6th April	C+	Arrochar to Ardgartan Take the path to Succoth then a short steep climb to reach a forest road. Follow this road round the foot of The Cobbler and cross the A83 to Ardgartan. Follow the Riverside Walk trail. Return to Arrochar by the outward route, taking the zig zag path to Succoth and the path around the shore. Terrain: Paths and tracks, rough hillside. Distance: 11 km, duration 5 hrs, total ascent 270m to max. ht 100m. Start point: Arrochar car park at head of Loch Long, opposite garage. Distance from H'burgh: 19 miles / 30 mins. OS Map 56 / Explorer 364 grid ref: NN 298049.
Saturday 12th April	B	Cnoc Coinnich A walk up Coilessan Glen on track and a steep footpath onto open moor. Trackless grassland climb to summit with dominant all round views from this rarely climbed peak south of the Brack. Terrain: Some 3 km on grassy moor and steepish final approach to top; can be soggy in parts in bad weather. Distance: 9 km, duration 5 hrs, total ascent 640m to max. ht 761m. Start point: Parking at limit of public vehicular access (unmarked on maps) driving from Ardgarten Centre. Coilessan "Events" parking - west bank of Loch Long. Distance from H'burgh: 24 miles / 45 mins. OS Map 56 / Explorer 364 grid ref: NN 259011.

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Date	Grade	Title and Description
Saturday 19th April	B+	Ben Reoch & Tullich Hill From Tarbet, ascend steep grassy slopes of Ben Reoch to its summit. Descend into An t-Sreang and onward up to the summit of Tullich Hill. Descend to the trig point at 447m and down onto the track returning to Tarbet. Terrain: Very steep grassy pathless slopes for much of the walk with rough cart track back to Tarbet. Distance: 12 km, duration 7 hrs, total ascent 1000m to max. ht. 661m. Start point: Tarbet shore car park. Distance from H'burgh: 17 miles / 25 mins. OS Map 56 / Explorer 364, grid ref: NN 320044.
Sunday 20th April	C+	Sauchie Crags Start at Bannockburn Heritage Centre then on to North Third Reservoir and along path on edge of crags back to heritage centre via Lewis Hill. Terrain: Road, forest tracks, paths, some high points but safe paths. Distance: 19 km, duration 6 hrs, total ascent 600m to max ht. 266m. Start point: Bannockburn Heritage Centre car park. Distance from H'burgh: 40 miles / 1hr 15mins. OS Map 57 / Explorer 366, grid ref: NS 796904.
Saturday 26th April	B	Balloch to Helensburgh (Part of the John Muir Way opening festival) This walk is the final leg of the 216 km / 134 mile Coast-to-Coast walk from Dunbar, the new John Muir Way. The route takes in Stoney-mollan Muir, goes left of Gouk hill and to the right of Ben Bowie coming into Helensburgh past the Hill house and down to the town centre. Terrain: Mainly good walking surfaces tarmac, hill tracks, forestry roads with one short section joining two forestry roads which is over rough grass and quite boggy ground with a steep climb through mature forest which is also boggy. Distance: 15 km, duration 5 hrs, total ascent 400m to max ht. 271m. Start point: Car park at Helensburgh swimming pool 9:30am (usual Ramblers meeting place) or Car park at Sweeneys boatyard Balloch (opposite Balloch station) 10am. Train fare required for return, Helensburgh-Balloch via Dalreoch station. Distance from H'burgh: 0 miles / 0 mins. OS Map 56 and 63 / Explorer 347, grid ref: NS 390 820. Contact details: Jim McLachlan 01389 765734
Sunday 27th April	A	Beinn a' Chreachain Weather permitting, there will be an option to return over Beinn Achaladair. Terrain: Grass, woodland paths and open hill. Returning on estate road and open hill. Distance: 16 km, duration 8 hrs, total ascent 1081 m to max. ht. 1081 m. Start point: Achallader Farm new car park signed off A82, 2¾ miles north of Bridge of Orchy. Distance / time from Helensburgh: 48½ miles / 60 mins OS Map Landranger 50 / Explorer 377, Grid ref: NN 312437. 0930 HRS DEPARTURE FROM the new ACHALLADER Car Park Grid ref: NN312437
Saturday 3rd May	C+	Kirkton Glen to Lochan an Eireannaich A circular walk starting at Rob Roy's grave. Good views north to Glen Dochart on a fine day. Terrain: Forest track and then open hill to lochan. Distance: 11 km, duration 4 to 5 hrs, total ascent 450m to max. ht 450m. Start point: Balquhider Church. Distance / time from Helensburgh: 54 miles / 1hr 25 mins OS Map Landranger 51, 57, Explorer 365, Grid ref: NN 536209

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Date	Grade	Title and Description
Saturday 10th May	B	Campsie Glen and Cort-ma Law Moorland, woodland and railway tracks, returning to start along the dismantled railway. Terrain: Path but muddy, disused railway and woodland. Distance: 14 km, duration 6 hrs, total ascent 550m to max ht. 531m. Start point: Clachan of Campsie. Distance / time from Helensburgh: 30 miles / 50 mins OS Map Landranger 64 / Explorer 348, Grid ref: NS 610795.
Sunday 11th May	C+	Glen Luss from Loch Lomond From the Luss Car Park, we'll go through tranquil Glen Luss as far as the disused farm house at Gleann na Caorainn and return the same way. Terrain: The walk starts on a quiet metalled road which goes fairly steadily up to a height of about 200m. After about 4Km the road gives way to paths and rough tracks which undulate gently through the Glen. The paths can be wet. Distance: 16 km, duration 5 hrs, total ascent 200 m to max. ht. 200 m. Start point: Luss Car Park. Distance / time from Helensburgh: 10 miles / 20 mins OS Map Landranger 56 / Explorer 347, Grid ref: NS 359932.
Saturday 17th May	B+	Meall Ghaordaidh A straight forward Munro giving great views of neighbouring hills. From the bridge near Duncroisk in Glen Lochay ascend the south east ridge past the shielings, returning via the outlying Cam Chreag. Terrain: Mainly trackless going over grassy slopes with better walking on the ridge. Distance: 11 km, duration 6 hrs, total ascent 930 m to max. ht. 1039 m. Start point: Lay-by next to bridge in Glen Lochay. Distance / time from Helensburgh: 50 miles / 1hrs 15mins OS Map Landranger 51 / Explorer 378, Grid ref: NN 527363.
Sunday 25th May	A	Beinn Mhor and Clach Bheinn Initial steep ascent with some minor scrambling over grass and rock to Creachan Beag then broad grassy ridge with short steep ascent to Clach Bheinn. Return to broad ridge for easy uphill to Beinn Mhor. Descent via hillside and forest track to Glen Masson farm and estate track back to car park. Terrain: Some minor scrambling over grass and rock. Open hillside. Distance: 16 km, duration 8 hrs, total ascent 1170 m to max. ht. 741 m. Start point: Stonefield, Glen Massan. Lay-by alongside bridge 300m beyond Stonefield Farm, Glen Massan. Turn right onto Glen Massan minor road from A815, 900m after A880 junction Distance / time from Helensburgh: 58 miles / 1hr 25 mins OS Map Landranger 56 / Explorer 363, Grid ref: NS 115866. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 31st May	A	Leum Uilleim (William's Leap) This is a circular walk up a Corbett in remote territory. Terrain: All open ground. Distance: 9 km, duration 6 hrs, total ascent 906 m to max. ht. 906 m. Start point: Catch 10.48 Fort William train to Corrour. Return train leaves Corrour 18.25, arriving Bridge of Orchy 18.56. TRAIN FARE REQUIRED. Distance / time from Helensburgh: 45 miles / 1hr 15mins OS Map Landranger 50 / Explorer 377, Grid ref: NN 297395. 0900 HRS DEPARTURE FROM HELENSBURGH PIER

2014 Programme

Date	Grade	Title and Description
Saturday 7th June	B	Ben Inverveigh & Meall Tairbh Initially on the West Highland Way and then a grass track to the first summit. Descending the south west shoulder we cross to the south of Lochan Coir' Orain. Ascend steeply beside a small burn to the summit of Meall Tairbh. The descent follows the north east ridge, then a plantation and finally beside the Allt Orain to the Hotel. The walk provides splendid views of the surrounding hills. Terrain: Hill paths and open hillside. Distance: 12 km, duration 6 hrs, total ascent 620m to max. ht. 665m. Start point: Inveroran Hotel. Distance / time from Helensburgh: 48 miles / 1 hr 15mins OS Map Landranger 50 / Explorer 377, Grid ref: NN 274414.
Saturday 14th June	A	Stob Diamh (Peak of the stag) Circuit of Sron an Isean, Stob Diamh and Stob Garbh. Moderate ascent north west and west to summit Sron an Isean then south west to Stob Diamh and south to Stob Garbh with final descent south east and east to reach old quarries and track to start. Terrain: Unsurfaced track towards old quarries. Mainly open grassy hillside with some hill paths in places. Steeper sections along ridge at summits. Distance: 12 km, duration 7 hrs, total ascent 1100 m to max. ht. 998 m. Start point: Limited roadside parking opposite field access gate on B8077 immediately after turn off from A85 (at sharp left hand bend at east end of Loch Awe). Distance / time from Helensburgh: 52 miles / 1 hr 20 mins OS Map Landranger 50 / Explorer 360/377, Grid ref: NN 133284.
Sunday 15th June	C+	West Highland Way Rambler Combine cruise with 12Km walk. Ferry to Rowardennan departs Tarbet at 10.00. From Rowardennan walk north to Inversnaid and return to Tarbet by ferry. Terrain: Forest track and made up footpath. Distance: 12km, duration 6 hrs, total ascent 432m to max ht. 147m. Start point: Tarbet car park. FERRY FARE REQUIRED £15.00. Distance / time from Helensburgh: 18 miles / 30 mins OS Map Landranger 56 / Explorer 364, Grid ref: NN 319044. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 22nd June	B	Earls Seat (Campsie Fells) from Strathblane Follow Strathkelvin Railway Path east to Ballagan Farm. Ascend Campsie Fells up the track above the farm. Follow fence lines to Dumbreck, Owsen Hill, Little Earl and Earls Seat. Return via Garloch Hill and join water authority track into Netherton. Terrain: Farm tracks, hill paths and some open boggy moorland, often assisted by quad bike tracks. Distance: 17 km, duration 6 hrs, total ascent 700 m to max. ht. 578 m. Start point: Parking area in front of Strathblane Primary School, Southview Road off Kirkburn Road, Strathblane. Distance / time from Helensburgh: 25 miles / 45 mins OS Map Landranger 64 / Explorer 348, Grid ref: NS 561794.

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Date	Grade	Title and Description
Sunday 29th June	A	Cairn Maig The four Munros of this group, Carn Gorm, Meall Garbh, Cairn Maig and Meall an Aighean, starting from Invervar in Glen Lyon. A good hill path is followed clockwise round these grassy summits. A long day but on good paths. Can be shortened in case of poor conditions. Terrain: Clear hill path for the whole circuit on fairly short grass. Distance: 18 km, duration 8 hrs, total ascent 1380 m to max. ht. 1041 m. Start point: Car park at Invervar, Glen Lyon. Distance / time from Helensburgh: 70 miles / 1hr 40 mins OS Map Landranger 51 / Explorer 378, Grid ref: NN 665482. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 5th July	B	Rannoch Station to Kingshouse Hotel A linear cross country route with big views across Rannoch Moor to the Black Mount & Glencoe hills. Terrain: Only middle section of 4 km is a rudimentary path following pylons over rough ground which is crossed by several streams. Last 5 kms is along estate road from Black Corries to Kingshouse. Distance: 19 km, duration 6 hrs, total ascent 300 m to max. ht 360 m. Start point: Park in Bridge of Orchy Hotel car park. Catch 10.48 Fort William train to Rannoch Station. Return from Kingshouse to Bridge of Orchy on 17.44 City Link Bus. Train and bus fare required. Distance / time from Helensburgh: 45 miles / 1hr 15 mins OS Map Landranger 50 / Explorer 377, Grid ref: NN 297395 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 12th July	C	The Leacainn Trail (Auchindrain to Furnace Circular) Along the banks of the River Leacainn to Furnace, one of the first industrial villages in the Highlands, and finishing at the farm township museum at Auchindrain. A delightful walk that is full of interest. Terrain: Forest track and waymarked paths. Distance: 10 km, duration 3 hrs excluding time visiting museum, total ascent 100m to max. ht. 100 m. Start point: Auchindrain Museum car park. Distance / time from Helensburgh: 45 miles / 1hr OS Map Landranger 55 / Explorer 360, grid ref: NN 029023.
Sunday 13th July	B+	Stob na Boine Druim-fhinn and B29 Superfortress crash site. (Lochgoilhead) Cowal Way from Lettermay to Curra Lochain then steeply uphill to summit Beinn Lochain. Onward to B-29 crash site and then summit Stob na Boine Druim-fhinn beyond. Descend south east back to Lettermay. Terrain: Forest track, waymarked paths and open, trackless hillside. Distance: 12 km, duration 6 hrs, total ascent 1020m to max ht. 703m. Start point: Lay-by on right hand side of Carrick Castle road immediately after crash barriers just beyond Drimsynie Estates Office entrance. Distance / time from Helensburgh: 33 miles / 1hr OS Map Landranger 56 / Explorer 364, Grid ref: NN 188004.
Saturday 19th July	B+	Mam na Gualainn (Rise of the Shoulder) Corbett on North shore of Loch Leven giving great views to Mamores and Ardgour Hills. Terrain: Path and open grassy hillside steep in places. Can be wet on lower section. Return by same route. Distance: 8 km, duration 5 hrs, total ascent 790m to max ht. 796m. Start point: Lay-by on B863, 3 miles east of North Ballachulish, east of Callert House and signed right of way Distance / time from Helensburgh: 75 miles / 1 hr 45 mins OS Map Landranger 41 / Explorer 384, Grid ref: NN 097604. 0830 HRS DEPARTURE FROM HELENSBURGH PIER

2014 Programme

Date	Grade	Title and Description
Saturday 26th July	C+	New Lanark and the Falls of Clyde From the New Lanark World Heritage Site, walk south past the Falls of Clyde, crossing over at Bonnington Linn. Follow the west bank north, past Corra Castle, to Clydesholm Bridge, and return along the Clyde Walkway. Terrain: Woodland footpaths, muddy in places. Distance: 12 km, duration 5 hrs, total ascent 320m to max ht. 200m. Start point: New Lanark Heritage Site high level car and coach park. Distance / time from Helensburgh: 57 miles / 1hr 20 mins OS Map Landranger 71/72 / Explorer 335, Grid ref: NS 882425.
Sunday 27th July	B+	Beinn an Lochain (by North East ridge) Terrain: Steep & narrow in places with sheer drops. Return by same route. Distance: 6 km, duration 5 hrs, total ascent 660m to max. ht. 901m. Start point: Lay-by on left hand side before bend at Butter bridge in Glen Kinglas. Distance / time from Helensburgh: 23 miles / 50 mins OS Map Landranger 56 / Explorer 364, Grid ref: NN 234088.
Saturday 2nd August	B+	Cruachan(Loch Lomond) and Beinn Uamha Open hillside to summit of Cruachan. Pathless walk along ridge to summit Beinn Uamha. Descend to pick up Cailness track in Glen Gaoithe. Follow track to Loch Lomond and pick up West Highland Way for return to Inversnaid. Terrain: Pathless open hillside, sometimes boggy with peat hags to negotiate, track and made up footpath. Distance: 18 km, duration 7 hrs, total ascent 900m to max. ht. 596m. Start point: Inversnaid Hotel car park. Distance / time from Helensburgh: 40 miles / 1hr 20 mins OS Map Landranger 56 / Explorer 364, Grid ref: NN 337089.
Saturday 9th August	C+	Glen Shira Follow the tarmac road by the River Shira part way up the glen. Cross the river by a bridge and follow the track to Drimlee. Return by the same track to the bridge. Then take a rough track back to the start. Mainly flat. Terrain: Tarmac road and stony, muddy track. Distance: 15km, duration 5 hrs, total ascent 210m to max. ht 80m. Start point: Minor road off A83 leading to small cemetery at head of Loch Shira. Distance / time from Helensburgh: 30 miles / 50 mins OS Map Landranger 56 / Explorer 363, Grid ref: NN 112103.
Sunday 10th August	B+	Beinn Eich, Cruach an t-Sidhein and Doune Hill (Horse hill, Stack of the Fairy Hill and Forked Hill) Moderate climb from Edentaggart Farm to summit Beinn Eich and descend north west to bealach. Contour west side of Beinn Lochain turning west to ascend Cruach an t-Sidhein. Return and ascend east and north east to Beinn Lochain and short steep ascent to Doune Hill. Descend to lochan at Bealach an Duin then final climb to 700m top. Descend to south east and return down Glen Mollochan. Terrain: Mainly open grassy hillside. Short section on tarmac at start and farm track on return through glen. Rough grass in upper glen can be boggy. Distance: 16 km, duration 8 hrs, total ascent 1060m to max ht. 734m. Start point: Opposite access to Glenmollochan Farm at top of Glen Luss road. (limited space may mean using public car park in Luss). Distance / time from Helensburgh: 11 miles / 20 mins OS Map Landranger 56 / Explorer 347/364, Grid ref: NS 332942.

2014 Programme

Date	Grade	Title and Description
Saturday 16th August	A	An Caisteal & Beinn a'Chroin Short section of track then onto steep open hillside to pick up good ridge path via Sron Gharbh and Twistin Hill to summit of An Caisteal. Minor scramble onto Beinn a'Chroin and steep eroded path for descent into Coire Earb, which can be wet and boggy. Terrain: Track and rough path, steep and eroded in places. Can be wet and boggy. Distance: 14 km, duration 8 hrs, total ascent 1045m to max. ht. 995m. Start point: Large lay-by, 1.5miles south of Crianlarich on A82. Distance / time from Helensburgh: 33 miles / 50 mins OS Map Landranger 50 / Explorer 364, Grid ref: NN 369239.
Sunday 17th August	B	Cruach Tairbeirt from Arrochar The ascent and descent of the hill is steep in places and can be wet. Walk to be taken at a gentle pace. Terrain: A mixture of short sections of pavement, good paths, muddy paths and some open hillside and moorland around the trig point. Distance: 13 km, duration 5 hrs, total ascent 620m to max. ht. 415m. Start point: Succoth car park, Arrochar.(Pay and Display). Distance / time from Helensburgh: 20 miles / 35 mins OS Map Landranger 56 / Explorer 364, Grid ref: NN 294049.
Saturday 23rd August	C/C+	Braeval/Lime Craig Circular Undulating tracks, steep in places, providing views over Loch Ard Forest and Flanders Moss. Short and extended walks available Terrain: Rough tracks. Distance: 9 or 12 km, duration 3 or 4 hrs, total ascent 320 to 460m to max. ht. 305m. Start point: Braeval Car Park on A81, east of Rob Roy Motel roundabout. Distance / time from Helensburgh: 27 miles / 50 mins OS Map Landranger 57 / Explorer 365, Grid ref: NN 541006.
Sunday 24th August	A	Circuit of Loch Daimh (taking in Meall Buidhe and Stuchd an Lochain) Terrain: All open ground. Distance: 20 km, duration 8 hrs, total ascent 1322m to max. ht. 960m. Start point: Take Lawers Road to Bridge of Balgie then left to Loch an Daimh parking below the dam. Distance / time from Helensburgh: 66 miles / 2hrs OS Map Landranger 51 / Explorer 378, Grid ref: NN 510464. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 30th August	B	Dumyat, Ochil Hills This walk is at the bottom end of Grade B. Ascend hillside up steep, muddy paths through woodland. Follow hill paths to Castle Law Fort and Dumyat. Descend northward down good grassy hillside to join farm track leading to Lossburn Reservoir. Return onto quiet single track road leading back via Old Logie Kirk. Terrain: Good muddy hill paths, initially quite steep but straightforward. Pleasant grassy open hillside, farm track and single track road (3.5 km). Distance: 12 km, duration 5 hrs, total ascent 500m to max. ht. 419m. Start point: Logie Kirk and Cemetery Car Park. Distance / time from Helensburgh: 40 miles / 1hr OS Map Landranger 57 / Explorer 366, Grid ref: NS 817967.

2014 Programme

Date	Grade	Title and Description
Saturday 6th September	B/C+	Inverarnan to Falls of Falloch, taken at an easy pace Taken at a Joyce's pace i.e. extra easy, climb steeply beside Ben Glas waterfall. At the top on to good track with a gradual descent to the West Highland Way. Continue to the Falls of Falloch and return to Inverarnan on the West Highland Way. Terrain: Rough track beside waterfall remainder of route good track. Distance: 9 km, duration 4 hrs, total ascent 390m to max. ht 330m. Start point: The Drovers Inn car park, Inverarnan. Distance / Time from Helensburgh 28 miles / 45mins. OS Map Landranger 50, 56, Explorer 364, Grid ref: NN 318184
Sunday 7th September	B+	Beinn Bheula Cowal Way from Lettermay to waterfall then steeply up hill to summit of Beinn Bheula. Return via Creag Sgoilte and forest track to rejoin Cowal Way for return to start. Terrain: Forestry roads, open hillside and forest track. Distance: 12 km, duration 6 hours. Total ascent 875m to max. ht. 779m. Start point: Lay-by on right hand side just past entrance to Drimsynie Estate Office on Carrick Castle road. Distance / Time from Helensburgh 33 miles / 1hr. OS Map Landranger 56 / Explorer 363, Grid ref: NN 188003.
Saturday 13th September	B+	Ben Vorlich from Glen Artney This is a through walk starting from Ardvorlich and travelling to the Glen Artney Church car park by mini-bus. From there a good four wheel drive track crosses the Water of Ruchill and then follows the Allt an Dubh Choirein to Dubh Choirein. Leaving the track, climb the south east ridge of Ben Vorlich. From the trig point descend on the common ascent path to Ardvorlich. Terrain: Generally good four wheel drive track for first half. Open moorland on climb. Rough and often boggy hill track on descent. Distance: 16 km, duration 6 hrs, total ascent 780m to max ht. 986m. Start point: Limited parking area at Ardvorlich. Take 16 seat minibus to Glen Artney - donation of £5 to Ramblers' funds requested. To cover the cost we need to fill the bus so please come. Telephone or email David Reid by Thursday evening (11th Sept) to book your seat. Distance / Time from Helensburgh 52 miles / 1hr 20mins. OS Map Landranger 51 / Explorer 368, Grid ref: NN 633232. 0845 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 14th September	C	Rosneath Peninsular Circular Walk along the coast from Kilcreggan, round Rosneath point, through the caravan park and back along forest track Terrain: Paths and forest tracks, muddy in places. Distance: 11 km, duration 4 hrs, total ascent 140m to max ht. 120m. Start point: Kilcreggan car park. Distance / Time from Helensburgh 20 miles / 35mins. OS Map Landranger 63 / Explorer 347, Grid ref: NS 242804.

2014 Programme

Date	Grade	Title and Description
Saturday 20th September	B+	Beinn Chaorach & Cam Chreag A circular walk taking in 2 Corbetts which, weather permitting, offer wonderful views and aspects of the surrounding hills and glens. Terrain: Good estate track to start, steep in places, leading onto rough grassy hillside and Beinn Chaorach. Descend via grassy bealach and over rougher ground to Cam Chreag. Traverse along broad, undulating ridge then steep grassy descent to head of new forest and pick up track for return. Distance: 17 km, duration 8 hrs, total ascent 1100m to max ht. 884m. Start point: Auchtertyre: Turn right off A82 onto farm track to Auchtertyre and wigwams. Large parking area is 500 metres along track on the right just before the bridge over burn. Distance / Time from Helensburgh 37 miles 1hr. OS Map Landranger 50 / Explorer 364, 377, Grid ref: NN 353290. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 21st September	B	Carrick Castle to Ardentinny and back, taken at an easy pace This is a good walk for those wishing to improve on their ability for higher grade walks. Undulating route partly in woodlands with lovely views across Loch Goil and Loch Long. Terrain: Mainly good paths and forestry tracks which can be muddy. Distance: 18 km, duration 7 hrs, total ascent very little to max ht. a few m. Start point: Car park at Carrick Castle. Distance / Time from Helensburgh 35 miles / 1hr 30mins. OS Map Landranger 56 / Explorer 363, Grid ref: NS 194944.
Fri/Sun 26th/28th September		Members' Away Weekend at Newtonmore
Saturday 4th October	A	Beinn Fhionnlaidh from Elléric Ascent from Elléric farmhouse in lower Glenure by the long grassy west ridge above Loch Creran. A reasonable path to the half-way lochans giving way to a rocky ridge in the upper part to the summit at NN 095 498. Descent by the same route. Superb views of the Glencoe hills on the ascent. Terrain: Dry grassy ridge with fairly well defined path, giving way to a rocky ridge with numerous false summits on the upper section. Distance: 14 km, duration 8 hrs, total ascent 1015m to max. ht 959m. Start point: Car park close to Elléric farmhouse at the head of Loch Creran. Distance / Time from Helensburgh 80 miles / 2hrs 15mins. OS Map Landranger 50 / Explorer 384, Grid ref: NN 036488. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 5th October	C+	Bracklinn Falls and Callander Craig From the car park we descend to the falls and cross the river on the new bridge. We then continue beside the river before climbing out of the glen to follow hill tracks round Tom Dubh to Druim Mór. We have a short section along a minor road before ascending steeply to reach Callander Craig. From Callander Craig we descend through woodland to Callander and back to the starting point of the walk. Terrain: Good paths and tracks with a short steep section. In places the path is partly obstructed by fallen trees but alternative routes can be followed. Distance: 11 km, duration 4 hrs, total ascent 590m to max. ht. 340m. Start point: Bracklinn Falls car park, on right hand side of minor road from Callander to Braeleny, about 0.75 miles from Callander. Distance / Time from Helensburgh 37 miles / 1hr. OS Map Landranger 57 / Explorer 365, 366 Grid ref: NN 637083.

2014 Programme

Date	Grade	Title and Description
Saturday 11th October	A	Traverse of Creise & Meall a'Bhùiridh from Glen Etive to Glen Coe Ski Centre car park Follow track by stream south & then along Allt Coire Ghiubhasan, to junction beyond waterfall, then head north west up steep slopes to bealach between Beinn Mhic Chasgaig & Creise. Ascend east then north up shoulder of Creise to summit. Complete traverse following connecting ridge to Meall a'Bhùiridh's summit. Descend by ski slopes to car park. Terrain: Steep sided gorges & boulder strewn hillsides. Rivers to be forded. Distance: 12 km, duration 8 hrs , total ascent 1170m to max. ht. 1108m. Start point: Glen Etive by Alltchaorunn Bridge. Distance / Time from Helensburgh 50 miles / 1hr 45mins. OS Map Landranger 41 / Explorer 384, Grid ref: NN 198513. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 18th October	A	Creag Mac Rànaich & Meall an t-Seallaidh This is a linear walk starting at the head of Glen Ogle and finishing at Lochearnhead via Meall Sgallachd, Creag Mac Rànaich and Meall an t-Seallaidh. Terrain: The ascent to all 3 tops is over rough and steep trackless hillsides. Some minor scrambling on rock/grass slopes. Descent from Meall an t-Seallaidh is over easier grassy slopes. Distance: 15 km, duration 7 hrs, total ascent 1000 m to max. ht 852 m. Start point: Head of Glen Ogle NN 562275. Drop-off walkers then shuttle cars and drivers to finish at public car park in Lochearnhead, one car to return drivers to the start. Distance / Time from Helensburgh 50 miles / 1hr 20mins. OS Map Landranger 51 / Explorer 365, Grid ref: Start NN 562275; Finish NN592238. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 19th October	C+	Antonine Wall and Forth & Clyde Canal near Kilsyth From the marina, cross the canal and walk east along the tow path to the next bridge. Follow good hill paths west to Croy Hill (site of Roman Fort), continue west to trig point at Castle Hill (site of Iron Age Fort) and descend to Roman Fort near Bar Hill. Cross canal at Twechar and return along tow path. Terrain: Gravel tow paths, good grass hill paths, open grassy meadows and farm lanes. Distance: 12 km, duration 5 hrs, total ascent 225 m to max. ht. 155 m. Start point: Car park next to Auchinstarry Marina access road off the B802. Distance / Time from Helensburgh 36 miles / 1hr . OS Map Landranger 64 / Explorer 348, 349 Grid ref: NS 721767.
Saturday 25th October	C	Connel Ferry to Oban An easy walk along well defined paths close to the Railway - not along the coast. Once at Oban a stroll on the prom and a seat on the pier at the pub. Terrain: Low level old road (minor) and clear paths. Distance: 10.5 km, duration 3 hrs, total ascent 40 m to max. ht 40 m. Start point: Train from Helensburgh Upper at 9:06. Return from Oban at 16:11. Time from Helensburgh: Train journey 2hrs 10mins. OS Map Landranger 49 / Explorer 359, 376 Grid ref: NM 916340. 0900 HRS DEPARTURE FROM HELENSBURGH UPPER STATION

2014 Programme

Date	Grade	Title and Description
Sunday 26th October	B	Inverarnan to Inversnaid Follow the West Highland Way along the east side of Loch Lomond to Inversnaid and return by the outward route. Terrain: Good footpath which mainly follows the loch side but undulates over outcrops. Mixed woodland and open views. Distance: 20 km, duration 7 hrs, total ascent 400 m to max. ht. 90 m. Start point: Drovers Inn, Inverarnan on A82. Distance / Time from Helensburgh 25 miles / 40mins . OS Map Landranger 50, 56 / Explorer 364 Grid ref: NN 318185. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 1st November	C	Walk around Doune A gentle easy walk on good paths and quiet roads around Doune Castle and Doune ponds, including the so called Commonty trail.(A Commonty is a piece of land in Scotland shared by several owners.) Terrain: Tarmac with good trail paths. Distance: 10 km, duration 5 hrs, total ascent 120 m to max. ht 70 m. Start point: Castlehill car park, Castlehill Ct, Doune, Stirlingshire. Distance / Time from Helensburgh 37 miles / 1hr. OS Map Landranger 57 / Explorer 366, Grid ref: NN 728015
Sunday 9th November	C+	Salloch Trail Walk up through woods on paths and forest tracks with superb views over Loch Lomond. Steep path coming down. Terrain: Tracks, forest paths, muddy in places. Distance: 8 km, duration 4 hrs, total ascent 200m to max. ht. 170m. Start point: Car park at Salloch (£3). Distance / Time from Helensburgh 24 miles / 45mins. OS Map Landranger 56 / Explorer 364, Grid ref: NS 380957.
Saturday 15th November	C+	Glen Kinglas Lollipop Follow the Glen to Loch Sloy. Return via Abyssinia. Terrain: Mainly tracks and some tussocky, boggy hillside. Distance: 12km, duration 5 hrs, total ascent 130m to max ht. 310m. Start point: Butterbridge car park on A83(T). Distance / Time from Helensburgh 28 miles / 45mins. OS Map Landranger 56 / Explorer 364, Grid ref: NN 235096.
Sunday 16th November	A	Sgorr na Ciche (Pap of Glencoe) The Pap of Glencoe up the path to the top. Descend towards Loch Leven then back to start by forest trail. Terrain: Path, open hill, forest trail. Distance: 7 km, duration 6 hrs, total ascent 850 m to max ht. 742 m. Start point: Pap of Glencoe Car Park, off Glencoe village road. Distance / Time from Helensburgh:- 70miles / 2hrs. OS Map Landranger 41 / Explorer 384, Grid ref: NN 111586. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 22nd November	B+	The Mell Circuit, Glen Finglas A strenuous and dramatic 15 miles trail around Glen Finglas. Terrain: Path and Hill track. Distance: 25 km, duration 6 hrs, total ascent 586m to max ht. 600m. Start point: Forestry Commission Scotland car park, Brig O' Turk. Distance / Time from Helensburgh 35 miles / 55mins. OS Map Landranger 57 / Explorer 365, Grid ref: NN 530073. 0830 HRS DEPARTURE FROM HELENSBURGH PIER

2014 Programme

Date	Grade	Title and Description
Sunday 23rd November	C	Greenock Cut A pleasant circular walk with good views across the Clyde, Cowal Peninsula and Greenock. Terrain: Good gravel path and roads. Distance: 11 km, duration 4 hrs, total ascent 100m to max ht. 250m. Start point: Car park at Cornalees Bridge visitors centre. Distance / Time from Helensburgh 39 miles / 1hr. OS Map Landranger 63 / Explorer 341, Grid ref: NS 246721.
Saturday 29th November	C+	Bishop's Seat A gentle climb along felled-forest tracks before ascending a faint path through trees and open hillside to the summit of Bishop's Seat. This is followed by a descent on the open (boggy) hillside before re-gaining forest tracks back to Dunoon. Terrain: Forest tracks and paths except for 3 km of damp boggy hillside with only a faint path. Distance: 14km, duration 4 hrs, total ascent 600m to max ht. 504m. Start point: Gourock Ferry Terminal car park. Take 10:50 ferry to Dunoon (fare £8.80 return) and return on 17:20 ferry. Distance / Time from Helensburgh 34 miles / 1hr. OS Map Landranger 63 / Explorer 341, Grid ref: NS 242779.
Saturday 6th December	C+	Rhu up the Fruin This is a great local walk for new folk thinking of taking up walking. Slightly challenging at steady pace it's a gradual climb through Rhu then onto open moor past reservoirs and through forest tunnels to reach our peak. Back down through Duchess woods to the Hotel for a well-deserved drink. Terrain: Paths, road and moorland, muddy in places. Distance: 11 km, duration 5 hrs, total ascent 415m to max. ht. 361m. Start point: Ardencaple Hotel, Helensburgh. Distance / Time from Helensburgh 2 miles / 5mins. OS Map Landranger 56 / Explorer 347, Grid ref: NS 278835.
Sunday 7th December	B	Beinn a'Mhanaich taken at an easy pace A straightforward climb up The Strone after which there is a slight dip followed by the final steeper ascent to the summit. Good views down the Firth of Clyde and across to Loch Lomond. Terrain: Steep smooth grassy hillside with muddy access and rough grassy terrain higher up. Distance: 10 km, duration 5 hrs, total ascent 520m to max. ht. 709m. Start point: Small lay-by near Auchengaich Farm on the old Glen Fruin Road. Distance / Time from Helensburgh 4 miles / 15mins. OS Map Landranger 56 / Explorer 347, Grid ref: NS 274900.
Saturday 13th December	B+	Beinn Odhar From Dalrigh, follow track past Auchtertyre, ascending South ridge over Meall Buidhe (653m) and continuing to grassy summit of Beinn Odhar. Return by grassy South West ridge to West Highland Way just north of Tyndrum and follow this track back to Dalrigh. Terrain: Mainly walking on grassy ridge with good paths at low level . Distance: 14 km, duration 7 hrs, total ascent 820 m to max. ht. 901 m. Start point: Dalrigh car park. Distance / Time from Helensburgh 40 miles / 1hr 15mins. OS Map Landranger 50 / Explorer 364/377, Grid ref: NN 344291. 0830 HRS DEPARTURE FROM HELENSBURGH PIER

2014 Programme

Date	Grade	Title and Description
Sunday 14th December	C	Strathyre to Balquhidder Through forest edge with the River Balvag in view. Continue along an open road to Balquhidder and Rob Roy's grave with the Braes of Balquhidder as a backdrop - lovely countryside! Return by same route. Terrain: National cycle route 7, tarmac. Distance: 10 km, duration 4 hrs, total ascent 80m to max ht. 170m. Start point: Car park behind Strathyre post office. Distance / Time from Helensburgh 45 miles / 1hr 20mins. OS Map Landranger 57 / Explorer 365, Grid ref: NN 560171.
Saturday 20th December	B	Meikle Bin and Carron Valley Reservoir Circuit taken at an easy pace This walk is at the easier end of Grade B. Follow forest roads to the break in the forest north west of Meikle Bin. Ascend good steep grass hill path to the summit and descend to the south west into forest fire break. Follow rough path through trees to rejoin forest roads, returning next to reservoir shore. Terrain: Forestry roads, good steep grass hill path, short but very boggy section through fire break, rough path through dense trees. Distance: 15 km, duration 5 hrs, total ascent 470m to max. ht. 570m. Start point: Todholes car park on the side of the B818 at north end of Carron Valley Reservoir. Distance / Time from Helensburgh 31 miles / 55mins. OS Map Landranger 57 / Explorer 348, Grid ref: NS 672859. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 27th December	C+	Foothills of Ben Ledi Steep initial ascent at start, then undulating to the head of the glen, then a more gradual descent to the loch side, then an old railway track back to the start. Terrain: Forestry track, paths and some tarmac path - can be muddy. Distance: 13 km, duration 5 hrs, total ascent 270m to max. ht. 390m. Start point: Bochastle forestry car park - take a left, off A84 west of Callander, at the sign for Aberfoyle on to A821, pass The Lade Real Ale shop and pub. A few yards along the road, turn right into car park. Distance / Time from Helensburgh 38 miles / 1hr 15mins. OS Map Landranger 57 / Explorer 365, Grid ref: NN 586091.