

2016 Programme

Date	Grade	Title and Description
Saturday 2nd January	B	Craigendoran to Dalreoch Follow the Three Lochs Way path on the east side of Ben Bowie and join the John Muir Way up to the Cross Stone on Stonymollan Muir. Then take the hill path over to Carman Hill and descend around the south side of Carman Reservoir down to join the River Leven. Follow the path along the west bank of the River Leven down to Dalreoch Station and return to Craigendoran by train. Terrain: Mainly country paths, rough and muddy in places. About 2 km of hill path across Overton Muir, with a few boggy sections. Distance: 17 km, duration 6 hrs, total ascent 530m to max. ht 304m. Start point: Craigendoran Pier next to the station. Note that the walk will start after the arrival of the 09:23 train into Craigendoran Stn for anyone wishing to travel to the start by train. This walk ends by train from Dalreoch to Craigendoran (full fare £2.20). Distance from H'burgh: 1 miles / 5mins OS Map 63 / Explorer 347/OL38, grid ref: NS 310813. 0915 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 9th January	C	Duncryne Hill & Lomond shore A short climb up Duncryne, one of the best viewpoints for Loch Lomond, returning through the village to take a route to the banks of the loch. Terrain: Good but possibly muddy paths with easy gradients. Minor roads . Distance: 9 km, duration 4 hrs, total ascent 128 m to max. ht. 142 m. Start point: Park opposite Millennium Hall, Church Road, Gartocharn, left off A811 immediately east of House of Darrach. Distance from H'burgh: 12miles / 21mins. OS Map 56 / Explorer 347/OL38, grid ref: NS 429863.
Sunday 17th January	C+	Bowling to Balloch A pretty flat, level walk along the cycle path with views over the River Clyde and Dumbarton Castle and the River Leven. Terrain: Mostly cycle path and some footpath. Distance: 15 km, duration 5 hrs, total ascent Small to max ht. Low level walk. Start point: Balloch Visitor Centre car park. This walk requires a train fare from Balloch to Bowling. Distance from H'burgh: 8miles / 20mins OS Map 63 / Explorer 367/OL38, grid ref: NS 390819.
Saturday 23rd January	C	Ross Park Social Walk, Soup, Swap Shop & Slides Meet at Helensburgh Swimming Pool to leave at 10:30. Drive to the Colquhoun Gates, the start point of the walk. From the gates, walk north along the side of Loch Lomond and follow roads and paths across the golf course. Return along a track west of A82, down the cycle path (only 600m) and across fields, returning to Helensburgh and meeting at Helensburgh Tennis Club (Suffolk St) for soup, swap shop and slides. Terrain: Muddy country paths and tracks. Good grassy fields. About 600m along the cycle path beside the A82. Flat terrain except for one short steep gradient. Distance: 9 km, duration 3 hrs, total ascent 100m to max ht. 50m. Start point: Colquhoun Gates at Auchentullich on A82. Distance from H'burgh: 7miles / 15mins OS Map 56 / Explorer 347/OL38, grid ref: NS 353868. 1030 HRS DEPARTURE FROM HELENSBURGH PIER

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Date	Grade	Title and Description
Sunday 31st January	C+	Law Hill, West Kilbride and Kirktonhall Glen We have a short walk along the shore before turning inland and following farm tracks and then a hill path up to top of Law Hill. If the weather allows, we will have views over the Firth of Clyde, including Ailsa Craig, Arran, Bute and the Cumbraes. From here we walk to West Kilbride along a muddy track and then down Kirktonhall Glen to the shore, directly across from Arran. It is then a short walk along the shore back to the car park. Terrain: Minor roads, farm tracks, open hillside and muddy paths. Distance: 10 km, duration 4 hrs, total ascent 200m to max. ht 185m. Start point: Car park on the west side of A78 (0.3 miles south of "The Waterside" restaurant/bar or 1.5 miles north of A78/A738 roundabout). Distance from H'burgh: 47miles / 1hr 15mins (via Dalry) OS Map 63 / Explorer 341, grid ref: NS 210457.
Saturday 6th February	B	Loch Sloy Dam from Inveruglas After passing the hydro-power station the route follows Inveruglas Water up the glen between towering peaks to the dam. Option to climb for the view of Loch Sloy. Terrain: Good firm track after starting along roadside pavement. Distance: 9 km, duration 4 hrs, total ascent 244m to max. ht 256m. Start point: Inveruglas visitor centre car park. Distance from H'burgh: 22 miles / 33 mins. OS Map 56 / Explorer 364/OL39, grid ref: NN 323099.
Sunday 7th February	C+	Kilmahog to Lendrick viewpoint on the Great Trossachs Path Undulating walk taken along by Samson's stone, Dunmore Fort and views of Loch Venachar, Loch Drunkie, Ben Venue and Ben A'an. Terrain: Foot track all the way. Distance: 15 km, duration 5 hrs, total ascent m to max. ht. 272m. Start point: Bochastle forestry car park. Distance from H'burgh: 38 miles / 1 hr. OS Map 57 / Explorer 365/OL46, grid ref: NN 607081.
Saturday 13th February	C+	Chatelherault Country Park Woodlands Circuit From the front of Chatelherault, follow the Deer Park track to the end of the old Avon Bridge. Then take paths along the side of the Avon to Kings Bridge, cross the bridge to Cadzow Castle (ruin) and visit Cadzow oaks. Head south along the west side of Avon Gorge up to Green Bridge and return up the east side of the gorge to the visitors centre. Terrain: Mainly beaten earth and gravel paths, steep and muddy in places. Several flights of steps. Distance: 11 km, duration 4½ hrs, total ascent 230m to max ht. 120m. Start point: Chatelherault Country Park car park. Distance from H'burgh: 43 miles / 1 hr. OS Map 64 / Explorer 343 grid ref: NS 738539.
Sunday 14th February	B+	Tullich Hill from Glen Douglas (at an easy pace) Leave 3 Lochs Way just north of Glen Douglas and ascend north east to summit Tullich Hill. North to Monadh Tighe na Laraich trig point (447). Descend north, north east to pick up 3 Lochs Way for return. Terrain: Rough track on 3 Lochs Way and pathless, grassy hillside. Distance: 10 km, duration 5 hrs, total ascent 650m to max. ht. 632m. Start point: 3 Lochs Way parking area at west end of Glen Douglas. Distance from H'burgh: 15 miles / 30 mins. OS Map 56 / Explorer 364/OL39, grid ref: NN 274002.

2016 Programme

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Saturday 20th February	C+	Social Event - Coffee, Walk and a Meal Morning tea or coffee at the Village Inn, Arrochar when lunch is chosen, followed by a walk around Arrochar and Succoth. Return to the Inn for a late lunch. Terrain: Paths, tracks and tarmac. Distance: 10 km, duration 4 hrs, total ascent 210m to max. ht. 100m. Start point: Village Inn, Arrochar, car park. Distance from H'burgh: 17 miles / 30 mins. OS Map 56 / Explorer 364/OL39, grid ref: NN 293034.
Saturday 27th February	B+	The Brack From visitor centre ascend faint steep path through outcrops to east ridge and so to summit. Return by north ridge or Coileissan Glen and forestry road depending on conditions. Terrain: Forestry tracks at low level. Mainly grassy slopes but some outcrops on the steep ascent. Distance: 10 km, duration 6 hrs, total ascent 853m to max. ht. 787m. Start point: Ardgartan Visitor Centre. Distance from H'burgh: 25 miles / 45 mins. OS Map 56 / Explorer 364, grid ref: NN 269037. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 28th February	C+	Circuit of Killearn From the start, walk along the West Highland Way (WHW) to Gartness, then on minor road to Killearn. Walk pipe track to distillery and WHW back to start. Terrain: Disused railway track, minor roads, old pipe track and small section of field. Distance: 13 km, duration 4½ hrs, total ascent 100m to max. ht. 120m. Start point: Beech Tree car park near Dumgoyne on A81. Distance from H'burgh: 20 miles / 35 mins. OS Map 57 / Explorer 348, grid ref: NS 523835.
Saturday 5th March	B+	Stob na Boine Druim-fhinn, Lochgoilhead Estate track from Lettermay to Corrow then north west up steep, open hillside to 475pt and on to summit Stob na Boine. Descend south west to B29 crash site. Return east then south east back to start. Terrain: Some good estate tracks but mostly grassy, trackless hillside - steep in places. Distance: 9½ km, duration 5 hrs, total ascent 710m to max ht. 658m. Start point: Lay-by on right hand side of Carrick Castle road immediately after crash barriers just beyond Drimsynie Estates Office. Distance / Time from Helensburgh 33 miles / 1hr. OS Map Landranger 56 / Explorer 363 / OL37, Grid ref: NN 188004.
Saturday 12th March	C+	Highlandman's Wood Circle From Ardencaple Inn via Rhu reservoirs to Tom an h-Airidh, Highlandman's Road, 3 Lochs Way, Duchess Wood and back. The route, height and distance would be varied to suit the weather and the walkers. Terrain: Initially some roads, then hill paths, open moorland and good paths. Distance: 9 km, duration 4 hrs, total ascent 670 m to max. ht. 350 m. Start point: Ardencaple Inn, Rhu on A814 just beyond Helensburgh boundary. Distance from H'burgh: 2 miles / 5 mins. OS Map 56 / Explorer 347, grid ref: NS 278835.

2016 Programme

Date	Grade	Title and Description
Sunday 13th March	C+	Semple Trail Starting at the Castle Semple Visitor Centre at Lochwinnoch, follow the loch side path until reaching the Blackditch Burn, then head north up through Parkhill Wood. Join the cycle path NCR7 briefly, then head south-west skirting around the Temple Kenmure Hill. Head eastwards from Fancy Bridge towards and through Howwood. Terrain: Quiet rural roads, farmland, pavement and small part of route with no pavement. Distance: 13 km, duration 5 hrs, total ascent 125m to max ht. 125m . Start point: Castle Semple Visitor Centre. Distance from H'burgh: 32 miles / 60 mins. OS Map 63 / Explorer 341, grid ref: NS 358591.
Saturday 19th March	C+	Conic Hill Circular Varied moorland and forest with views over Loch Lomond. Terrain: Mainly on tracks with some rough walking and a section of road. Distance: 12 km, duration 5 hrs, total ascent 470m to max ht. 361m . Start point: Balmaha car park. Distance from H'burgh: 20 miles / 40 mins. OS Map 56 / Explorer 347/OL38, grid ref: NS 421909.
Sunday 20th March	B+	Beinn Chaorach & Cam Chreag A circular walk taking in two Corbetts which, weather permitting, offer wonderful views and aspects of the surrounding hills and glens. Good estate track to start, steep in places, leading onto rough grassy hillside and Beinn Chaorach. Descend via grassy bealach and over rougher ground to Cam Chreag. Traverse along broad, undulating ridge then steep grassy descent to head of new forest and pick up track for return Terrain: Varied as described above. Distance: 17 km, duration 8 hrs, total ascent 1100m to max. ht 884m. Start point: Auchtertyre: Turn right off A82 onto farm track to Auchtertyre and Wigwams - Large parking area is 500m along track on the right just before the bridge over burn. Distance from H'burgh: 37 miles / 60 mins. OS Map 50 / Explorer 377, grid ref: NN 353290.
Saturday 26th March	B+	Stuchd an Lochain From parking at Loch na Daimh follow faint path up Coire Ban to Sròn Chona Choirein and along ridge to main summit. Return to col and descend to Lochan nan Cat and then north and east back to head of dam. Terrain: Faint path on grassy slopes to summit. Steep grassy descent to lochan. Distance: 10 km , duration 6½ hrs, total ascent 762m to max ht. 960m. Start point: Parking at Giorra Dam, Loch na Daimh, upper Glen Lyon. Distance from H'burgh: 70 miles / 1hr 45mins. OS Map 51 / Explorer 378/OL48, grid ref: NN 511464.
Sunday 27th March	C+	Whinney Hill from Balloch Follow paths in Balloch Park onto path through the woods up Whinney Hill. Return along country lanes and paths. Terrain: Good paths in Balloch Park. Muddy woodland path up Whinney Hill. Quiet lanes on the return section. Some steep gradients. Distance: 12 km , duration 4 hrs, total ascent 300m to max ht. 160m. Start point: Car park across from Balloch Station. Distance from H'burgh: 8 miles / 15 mins. OS Map 63 / Explorer 347/OL38, grid ref: NS 390819.

2016 Programme

Date	Grade	Title and Description
Sunday 3rd April	C+	A walk around Kippen A circular walk with plenty of variety. Terrain: Footpaths, forest tracks and a short distance on road. Distance: 14 km, duration 5 hrs, total ascent 275m to max. ht 170m. Start point: On the road near the centre of Kippen. Distance from H'burgh: 29 miles / 50 mins. OS Map 57 / Explorer 366 grid ref: NS 652948.
Saturday 9th April	C	Rosneath Peninsular Ridge Walk Linear walk from Peaton Hill to Kilcreggan. Fine views over Loch Long, Gare Loch and Firth of Clyde. Terrain: 1km tarmac road, then forest track. Distance: 11 km, duration 4 hrs, total ascent 220m to max. ht 200m. Start point: Car park Kilcreggan Pier. 10:30 bus to Ardpeaton. This walk requires a bus fare from Kilcreggan to Ardpeaton. Distance from H'burgh: 16 miles / 35 mins. OS Map 63 / Explorer 347/OL38 grid ref: NS 241804.
Sunday 10th April	B	Loch Venachar Circuit A complete circuit of Loch Venachar. The walk starts from the car park near Brig o' Turk and heads out along the slopes to the north side of the loch before returning close to the loch on the south side. Terrain: Tracks and minor roads. Distance: 19½ km, duration 6 hrs, total ascent 400m to max. ht. 240m. Start point: Glen Finglas car park, about 1km east of Brig o' Turk with a small visitor centre, on the north side of the road. Distance from H'burgh: 36 miles / 60 mins. OS Map 57 / Explorer 365/OL46, grid ref: NN 5460650.
Saturday 16th April	B+	Beinn Eich, Cruach an t-Sithein and Doune Hill Moderate climb from Edentaggart Farm to summit of Beinn Eich and descend north west to bealach. Contour west side of Beinn Lochan turning west to ascend Cruach an t-Sithein. Return and ascend east and north east to Beinn Lochain and short steep ascent to Doune Hill. Descend to Bealach an Duin then final climb to 700m top. Descend to south east and return down Glen Mallochan. Terrain: Mainly open grassy hillside. Short section of tarmac at start and part farm track on return. Rough grass in upper glen can be boggy. Distance: 16 km, duration 8 hrs, total ascent 1060m to max ht. 734m. Start point: Opposite access to Glenmallochan Farm at top of Glen Luss road (limited space may mean using public car park in Luss). Distance from H'burgh: 11 miles / 20 mins. OS Map 56 / Explorer 347/OL38 and 346/OL39, grid ref: NS 331942.
Sunday 17th April	C+	Dalmoak Circular Walk Following the River Leven path towards Renton where the road is taken back to Dalmoak entrance we take farm tracks over the hill to Cardross. Then the footpath alongside the A814 leads to Ardoch where it takes on the beach and the Clydeside path to Levensgrove Park and onto Dalreoch station. Direction of the walk will depend on the tide. Terrain: Footpaths, pavements, farm tracks and beach Distance: 14 km, duration 4 hrs, total ascent 130m to max ht. 104m. Start point: Dalreoch station lower car park. Distance from H'burgh: 8 miles / 20mins. OS Map 63 / Explorer 347/OL38, grid ref: NS 392756.

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Saturday 23rd April	C	Gleniffer Braes, Paisley From Robertson Park walk on grassy path to Gleniffer Burn. Head downhill on road and path to a waterfall and then a short climb to Tannahill Walkway. Return on rough paths over open ground to the start. Terrain: Paths, road and moorland muddy in places Distance: 10 km, duration 4 hrs, total ascent 180m to max ht. 170m. Start point: Robertson Park car park in Gleniffer Braes Country Park, Paisley. Distance from H'burgh: 23 miles / 45 mins. OS Map 64 / Explorer 342, grid ref: NS 455606.
Sunday 24th April	A	Stob Breac to Beinn Stacath (Stob Fear-tomhais) From Ardcarraig, cross the river Larig and climb Stob Breac. Continue along the ridge to An Stuchd then 515m Beinn Mheadhonach. Cross the glen eastwards and climb to 604m Meall Gaothach. Follow the ridge north to Taobh na Coille at 700m. If time and weather conditions are favourable the walk will be extended to Beinn Stacath before returning through the glen to the start. Terrain: No paths. Open Hill. Not been in programme before. Distance: 16 km, duration 8 hrs, total ascent 1000m to max ht. 771m. Start point: Ardcarraig, west of Loch Voil. Distance from H'burgh: 56 miles / 1hr 45mins. OS Map 57 / Explorer 365/OL46, grid ref: NN 445184. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 1st May	C+	The Whangie From Carbeth Inn, cross the A809 and follow the path round Auchineden Farm. At the end of the waterworks road continue on a narrow path across rough ground to the Whangie. It is then a short ascent to the trig point on Auchineden Hill. Follow the ridge down to the waterworks road and return to the inn. Terrain: Muddy paths, rough tracks, open hillside and tarmac. Distance: 11 km, duration 4 hrs, total ascent 230m to max. ht 357m. Start point: Carbeth Inn Car Park on A809. Distance / time from Helensburgh: 21 miles / 40 mins OS Map Landranger 64, Explorer 348, Grid ref: NS 524791
Saturday 7th May	B+	King's Seat Hill, Dollar Walk through Dollar Glen onto the open hillside and ascend to the summit of King's Seat Hill. Descend north into the upper reaches of the Burn of Sorrow and climb to the summits of Tarmangie Hill and Whitewisp Hill. Return via Castle Campbell. (An alternative lower level walk may be arranged if the leader thinks that the weather conditions are unsuitable for the ascent). Terrain: Mainly steep grassy hill paths. Some pathless hillside. No scrambles. Distance: 11 km, duration 5½ hrs, total ascent 800m to max ht. 648m. Start point: Car Park along the access road to Castle Campbell on east side of Dollar Glen. Distance / time from Helensburgh: 50 miles / 1hr 20mins OS Map Landranger 58 / Explorer 366, Grid ref: NS 964989.
Saturday 14th May	B	Carrick Castle to Ardentinn and back This is a good walk for those wishing to improve on their ability for higher grade walks. Undulating route partly in woodlands with lovely views across Loch Goil and Loch Long. Terrain: Mainly good paths and forestry tracks which can be muddy. Distance: 18 km, duration 7 hrs, total ascent 530 m to max. ht. 120 m. Start point: Car park at Carrick Castle. Distance / time from Helensburgh: 35 miles / 1hr 30 mins OS Map Landranger 56 / Explorer 363/OL37, Grid ref: NS 194944.

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Date	Grade	Title and Description
Sunday 15th May	B	Cam Chreag, Glen Lyon A circular walk from Meggernie Estate Picnic Area to the summit of Cam Chreag, the western-most of the two Corbetts, Cam Chreag and Beinn Dearg, at the head of Glen Lyon and Bridge of Balgie Terrain: Good track to base of ridge then steep climb on grassy slopes to broad summit. Return via pathless grassy hillside above forest to Ben Meggernie and Creag an Fhaoraich to outbound forest track. Distance: 14 km, duration 7 hrs, total ascent 700 m to max. ht. 862 m. Start point: Meggernie Estate car park and picnic area one mile east of Bridge of Balgie, Glen Lyon. Distance / time from Helensburgh: 65 miles / 1hr 40mins OS Map Landranger 51 / Explorer 378/OL48, Grid ref: NN 586475. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 21st May	B+ Easy pace	Ben Venue (Hill of the Caves) from Loch Ard Steady ascent, on hill tracks to the twin rocky peaks. Terrain: Well-defined path, muddy in places to open moorland and loose rocky tracks. Distance: 12 km, duration 7 hrs, total ascent 798 m to max. ht. 729 m. Start point: Lay by on B829 by Ledard Farm Distance / time from Helensburgh: 32 miles / 45 mins OS Map Landranger 57 / Explorer 365/OL46, Grid ref: NN 459023.
Saturday 28th May	A	Stob Diamh (Peak of the stag) Circuit of Sron an Isean, Stob Diamh and Stob Garbh. Moderate ascent north west and west to summit Sron an Isean then south west to Stob Diamh and south to Stob Garbh with final descent south east and east to reach old quarries and track to start. Terrain: Unsurfaced track towards old quarries. Mainly open grassy hillside with some hill paths along steeper ridge sections at summits. Distance: 12 km, duration 7 hrs, total ascent 1100 m to max. ht. 998 m. Start point: Limited roadside parking opposite field access gate on B8077 immediately after turn off from A85 (at sharp left hand bend at east end of Loch Awe). Distance / time from Helensburgh: 52 miles / 1hr 20mins OS Map Landranger 50 / Explorer 360/377, Grid ref: NN 132284. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 4th June	C+	Gargunnock Circular A walk along the south of Gargunnock village. Good views. A leisurely walk taking in some of the history along the way. Terrain: Some road, tracks and open hillside. Muddy in places. Distance: 12 km, duration 5 hrs, total ascent 200 m to max. ht. 190 m. Start point: Car park at the back of Gargunnock Inn, off Leckie Road. Distance / time from Helensburgh: 33 miles / 55 mins OS Map Landranger 57 / Explorer 348, Grid ref: NS 705944.
Sunday 5th June	A	Bidean nam Bian From parking lay by on Glencoe road, ascend by Coire nan Lochan path to summit of Stob Coire nan Lochan by its rocky east ridge. Follow ridge south west to summit of Bidean, descending into the Lost Valley from the col between these two summits. Terrain: Steep path followed by rock scrambling on east ridge of Stob Coire. Steep path descent into Lost Valley. Distance: 10 km, duration 7 hrs, total ascent 1250m to max. ht. 1115m. Start point: First large lay by on A82 Glencoe road. Distance / time from Helensburgh: 70 miles / 1hr 30mins OS Map Landranger 41 / Explorer 384, Grid ref: NN 170568. 0830 HRS DEPARTURE FROM HELENSBURGH PIER

2016 Programme

Date	Grade	Title and Description
Sunday 12th June	B	Beinn Dearg Glen Lyon A circular walk from Meggernie Estate picnic area to the summit of Beinn Dearg the eastern-most of the two Corbetts, Cam Chreag and Beinn Dearg, at the head of Glen Lyon and Bridge of Balgie. Return via the southern ridge and Creag Ard. Terrain: Good track to hillside then steep climb on grassy slopes to broad summit. Distance: 11 km, duration 6 hrs, total ascent 670 m to max. ht. 830 m. Start point: Meggernie Estate car park and picnic area one mile east of Bridge of Balgie, Glen Lyon. Distance / time from Helensburgh: 65 miles / 1 hr 40 mins OS Map Landranger 51 / Explorer 378/OL48, Grid ref: NN 586475.
Saturday 18th June	C+	Great Cumbrae Island Circuit The route follows quiet minor roads and paths round the coast and across the centre of the island, taking in the highest point, Broomy Knowes, the Glaid Stone and the smallest cathedral in Britain. Terrain: Mostly tarmac roads and some country paths - suggest wearing light boots or trainers. Distance: 13km, duration 4 hrs, total ascent 240m to max ht. 127m. Start point: Largs Ferry car park and sail to Great Cumbrae slipway. Money for parking (£3.00) and ferry tickets (£3.20) needed. Distance / time from Helensburgh: 42 miles / 1hr 30mins OS Map Landranger 63 / Explorer 341, Grid ref: NS 202596.
Sunday 19th June	A	Beinn a' Chaisteil & Beinn nam Fuaran A round of the two Corbetts in Auch Glen. Take estate road to viaduct, then along Glen Coralan to ascend the south east ridge of Beinn a' Chaisteil. Take ridgeline to Beinn nam Fuaran then descend west to regain Auch Glen estate track. Terrain: Initially good estate track then steep, trackless ascent on open hillside and ridge. Steep rocky/grass descent with the possibility of one river crossing. Distance: 15 km, duration 8 hrs, total ascent 996m to max. ht. 886m. Start point: Road side parking at entrance to Auch Estate Limited, off A82 north of Tyndrum. Distance / time from Helensburgh: 42 miles / 1hr 5 mins OS Map Landranger 50 / Explorer 377, Grid ref: NN 317353. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 25th June	B	Stronachlachar to Trossachs Pier Sail with the steamship Sir Walter Scott on Loch Katrine from Trossachs Pier to Stronachlachar and walk back to the pier along the loch side on the Great Trossachs Path. If joining this walk, contact Joyce NO LATER THAN 15th MAY. Steamship fare is £13.00, concession £11.50 to be paid by 11th June. Terrain: Mainly flat tarmac - suggest wearing light boots or trainers. Distance: 22 km, duration 6 hrs, total ascent 160 m to max. ht. 100 m. Start point: Trossachs Pier sailing at 10.30 am for 1hour. Distance / time from Helensburgh: 34 miles / 1hr OS Map Landranger 57 / Explorer 365/OL46, Grid ref: NN 496072. 0900 HRS DEPARTURE FROM HELENSBURGH PIER

2016 Programme

Date	Grade	Title and Description
Saturday 2nd July	C+	Stank Glen Circular From Bochastle Hill, walk on forest road beneath Ben Ledi to a rough path for a short ascent to Stank Glen. Walk around the glen then descend gradually to Loch Lubnaig and return to the car park along the cycle path. Terrain: Forest road, rough tracks and tarmac. Distance: 15 km, duration 5 hrs, total ascent 400 m to max. ht 380 m. Start point: Bochastle forestry car park. Turn left off A84 onto A821 at Kilmahog (signed for Aberfoyle). Pass "The Lade" pub on the left and after 0.5 km turn right into car park. Distance / time from Helensburgh: 38 miles / 1hr OS Map Landranger 57 / Explorer 365/OL46, Grid ref: NN 607081
Saturday 9th July	B	Circuit of Glendevon Reservoirs From car park on paths/grassland over Common and Weather Hills to Craigentagart Hill. Descend to Upper Glendevon Reservoir. Out to river crossing then round south side of reservoir to Backhills below windfarm. Cross southern outlet and climb to Frandy Moss and Bald Hill before descending through wood to east end of lower reservoir and back on estate road to car park. Terrain: Mainly open grassy ground with some paths and estate road at end. Distance: 14½ km, duration 6 hrs , total ascent 540m to max. ht. 503 m. Start point: Signed car park on right of A823, 3.2 miles from roundabout above A9 exit. Distance / time from Helensburgh: 57 miles / 1hr 30mins OS Map Landranger 58 / Explorer 366, grid ref: NN 949051.
Sunday 10th July	C+	Milarrochy Bay and Cashel Native Forest Starting on the West Highland Way, at Cashel complete the High Road Circuit. Return by the West Highland Way. Terrain: Good path and forestry track. Distance: 13 km, duration 4½ hrs, total ascent 340m to max ht. 320m. Start point: Milarrochy Bay car park. Distance / time from Helensburgh: 21 miles / 40mins OS Map Landranger 56 / Explorer 347/OL38, Grid ref: NS 411921.
Saturday 16th July	A	Beinn Fhada and Stob Coire Sgreamhach From Lairig Eilde car park on Glencoe road follow path up the Lairig Eilde to its highest point. Thence on to the south east ridge of Stob Coire Sgreamhach to the summit. Descend north east scrambling along the tops of Beinn Fhada and return down to the Lairig path via the south east slopes. Terrain: Good path at low level but some scrambling and steep descents on the Beinn Fhada ridge. Distance: 11 km, duration 7 hrs, total ascent 1000m to max ht. 1059m. Start point: Lairig Eilde car park on A82 Glencoe road Distance / time from Helensburgh: 70 miles / 1 hr 30 mins OS Map Landranger 41 / Explorer 384, Grid ref: NN 187562. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 23rd July	A	Beinn Narnain and A' Chrois Path to Narnain Boulders then north up steepening grass slopes to pick up south east ridge/Spearhead and on to Beinn Narnain summit. Follow ridge north east to A' Chrois and return south to cross Allt Sugach and path back to car park. Terrain: Good paths to start and then open grassy slopes with some minor scrambling towards summit. Distance: 12 km, duration 7 hrs, total ascent 1150m to max ht. 926m. Start point: Arrochar - Cobbler car park opposite start of zigzag path. Note: £1 parking fee. Distance / time from Helensburgh: 20 miles / 35 mins OS Map Landranger 56 / Explorer 364/OL39, Grid ref: NN 295049.

2016 Programme

Date	Grade	Title and Description
Sunday 24th July	C+	Sauchie Craigs Start at Bannockburn Heritage Centre Stirling and walk to North Third Reservoir. Terrain: Road, forest tracks, path, some high points. Distance: 14 km, duration 4 hrs, total ascent 400m to max. ht. 200m. Start point: Bannockburn Heritage Centre car park. Distance / time from Helensburgh: 40 miles / 1hr 15mins OS Map Landranger 57 / Explorer 348/366, Grid ref: NS 797905.
Saturday 30th July	C+	Quarrier's Village and Knapps Loch Starting in Bridge of Weir we walk alongside the River Gryfe to Quarrier's Village and then on roads and a cycle path to Knapps Loch. From here we walk on paths to the rocky bluff overlooking Knapps Loch and then descend a trackless hillside to a minor road which is followed back, past an 11th century ruined Kirk, to Bridge of Weir. Terrain: Mostly paths and minor roads with a short (1km) section down a pathless hillside. Distance: 14 km, duration 5 hrs, total ascent 280m to max ht. 140m. Start point: Waste ground in Bridge of Weir, on west of A761 between the bridge over the River Gryfe and the junction (traffic lights) with B790. Distance / time from Helensburgh: 23 miles / 45 mins OS Map Landranger 63 / Explorer 341, Grid ref: NS 385658.
Saturday 6th August	B	Kelvin Walkway: Glasgow to Milngavie Travel by train from Milngavie to Partick. Then a short urban walk to join the Kelvin Walkway. Follow a rural route along the banks of the Kelvin and Allander Rivers to return to Milngavie. Terrain: Footpaths some of which will be muddy. Distance: 18 km, duration 5 - 6 hrs, total ascent 167m to max. ht. 70m. Start point: Milngavie Railway Station (train fare to Partick required). Distance / time from Helensburgh: 18 miles / 35 mins OS Map Landranger 64 / Explorer 342, Grid ref: NS 555744.
Sunday 7th August	C+	Glen Ogle Trail Follow a short steep path from the village onto the disused railway line. Walk north along the line to the head of Glen Ogle and return south along rough paths. Terrain: Short steep ascent at the start onto the disused railway line. Mainly paths on a gradual ascent but boggy in parts. Distance: 11km, duration 4 hrs, total ascent 300m to max. ht 402m. Start point: Lochearnhead car park opposite the water sports centre. Distance / time from Helensburgh: 60 miles / 1 hr 30 mins OS Map Landranger 51 / Explorer 365/OL46, Grid ref: NN 593237.
Sunday 14th August	A+	Buachaille Etive Mòr Traverse of Buachaille Etive Mòr taking in the Munros of Stob Dearg and Stob na Bròige. Terrain: Rough pathless ascent from Glen Etive via Coire Cloiche Finne - ridge path between tops - rough pathless descent via Coire na Doire. Distance: 13 km, duration 9 hrs, total ascent 1200m to max ht. 1022m. Start point: Park 2½mls along Glen Etive - off road - by bridge at spot height 184m. Distance / time from Helensburgh: 62 miles / 1hr 30mins OS Map Landranger 41 / Explorer 384, Grid ref: NN 219520. 0800 HRS DEPARTURE FROM HELENSBURGH PIER

2016 Programme

Date	Grade	Title and Description
Sunday 21st August	B	Stuc Odhar and Gleann Casaig A circular walk, steep in parts, in the heart of the Trossachs. From the car park we ascend a minor road to a viewpoint before taking the Great Trossachs Path eastwards for 3 km. We then head north, initially on a faint path but then on trackless hillside to the south east ridge of Stuc Odhar. This ridge is followed to the summit. The return is via the north west slope until meeting the track in Gleann Casaig, which is followed back to the car park. Terrain: Mixture of minor roads, good paths, hill paths and 2.5 miles of rough pathless hillside. Distance: 12 km, duration 5 hrs, total ascent 730m to max. ht. 638m. Start point: Glen Finglas car park, 0.8 miles along the Glen Finglas Reservoir road after leaving the A821 at Brig O'Turk. Car park is on the left at a junction where the road turns right and goes uphill. Distance / time from Helensburgh: 35 miles / 1hr OS Map Landranger 57 / Explorer 365/OL46, Grid ref: NN 531073.
Saturday 27th August	C+	Killin Forest Circular After passing the Falls of Dochart, follow the disused railway track south west and then ascend to Glen Ogle picnic area up Cycle Way 7. Follow the Rob Roy Way north east to Achmore Burn and descend to Killin down a rough path following the west side of the burn. Terrain: Generally good country paths and forest tracks, with a bit rougher country path on the descent along Achmore Burn. Distance: 14 km, duration 5½ hrs, total ascent 300m to max. ht. 360m. Start point: McLaren Hall car park at the north end of Killin main street. Distance / time from Helensburgh: 48 miles / 1hr 15mins OS Map Landranger 51 / Explorer 378/OL48, Grid ref: NN 573331.
Sunday 28th August	B+	Beinn Challuim (Ben Challum) A fine walk through Gleann a' Chlachain and the new forest plantation before a steep ascent of the northwest ridge to the summit where, weather permitting, there are extensive views with mountains in all directions. Terrain: Estate track from Auchtertyre through Gleann a' Chlachain then rough ground to Bealach Ghlas-Leathaid. Ascent of northwest ridge to summit. Return south to point 680 then southwest descent on undefined ridge to Wigwams. Distance: 12 km, duration 7 hrs, total ascent 950m to max. ht. 1025m. Start point: Auchtertyre: Turn right off A82 onto farm track to Auchtertyre and Wigwams - large parking area is 500m along track on the right just before the bridge over burn. Distance / time from Helensburgh: 37 miles / 1hr OS Map Landranger 50 / Explorer 364/OL39, Grid ref: NN 353290. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 3rd September	Various	"Walk about Scotland" walking festival Flagship Event in Balloch Park. 20 different walks are available, 5 of which are led by Helensburgh & West Dunbartonshire Ramblers. and are detailed below.

2016 Programme

Date	Grade	Title and Description
Saturday 3rd September	Very Strenuous	Ben Lomond Led by Ian McCall, Helensburgh & West Dunbartonshire Ramblers. Ben Lomond is the most southerly of the Munros and, from the summit, offers extensive views of both the Highlands and the Lowlands of Scotland on a clear day. The walk will follow the "tourist route" on the broad path up the south ridge and will return by the same route. Rough stony hill path with continuous climbing to the summit. This Munro will be walked at a slower pace however walkers interested must have a good level of fitness. Despite the comparative ease of the tourist route, Ben Lomond can present a significant challenge to inexperienced walkers, especially in poor weather. Walking boots, appropriate clothing, decent waterproofs, packed lunch and plenty of water are all essential. Terrain: Rough stony hill path. Distance: 7.5 miles (12 km), duration 7 hrs, total ascent 900m to max. ht 947m. Start point: 9:00am from Ben Lomond Car Park, Rowardennan (NS 359 986). Maximum of 10. Please contact the walk leader in advance as people must register for this walk. Places limited on this walk so book early.
Saturday 3rd September	Strenuous	Beinn Dubh Led by Trish Schooling, Helensburgh & West Dunbartonshire Ramblers. Beinn Dubh is a splendid hill offering great views across Loch Lomond and down Glen Luss. The walk starts at the car park in Luss village and follows a hill path from the end of Glen Luss up the south east shoulder of the hill. The walk returns to Luss by the same route. We will be walking along a rough hill path with continuous climbing to the summit. A good level of fitness, boots, decent waterproofs, packed lunch and plenty of water are all essential. Terrain: The path can be a bit boggy in a few places. Distance: 5 miles (8 km), duration 4 hrs, total ascent 700m to max. ht 642m. Start point: 10:30AM from Balloch Country Park. Maximum of 12. Please contact the walk leader in advance. 10.30 Minibus From Balloch Country Park (15 min journey)
Saturday 3rd September	Moderate	Overton Muir and Carman Hill Circuit Led by David Clark, Helensburgh & West Dunbartonshire Ramblers. This is a varied walk following a moorland hill path with views over the Clyde on the southward leg up to the historical Carman Hill. The return northward leg follows the banks of the River Leven back to Balloch. The walk follows country lanes and good path up to cross stone on Stonymollen Muir. After that section there is rough hill path with a few boggy sections across Overton Muir. There are good gravel or tarmac paths on return leg along River Leven. Good level of fitness, walking boots, decent waterproofs, packed lunch and plenty of water are all essential. Simply turn up in good time to join the walk, which will set off at 10.30am sharp. Terrain: Mixed and the path can be a bit boggy in a few places. Distance: 10 miles (16 km), duration 6 hrs, total ascent 400m to max. ht 288m. Start point: 10:30am from Balloch Country Park. Maximum of 15. Please contact the walk leader in advance. 10.30 Minibus From Balloch Country Park (15 min journey)

2016 Programme

Date	Grade	Title and Description
Saturday 3rd September	Moderate	Whinney Hill Led by Jim McLachlan, Helensburgh & West Dunbartonshire Ramblers. Following paths in Balloch Park past Balloch Castle onto woodland paths up Whinney Hill. Returning along country lanes which offer excellent views along Loch Lomond. This walk is along good paths in Balloch Park and muddy woodland paths up Whinney Hill. There are some steep gradients. Walking boots, decent waterproofs, packed lunch and plenty of water are all essential. Simply turn up in good time to join the walk, which will set off at 10.30am sharp. Terrain: As described. Distance: 8 miles (13 km), duration 3.5 to 4 hrs, total ascent 300m to max. ht 160m. Start point: 10:30am from Balloch Country Park. Maximum of 20. 10.30am Balloch Country Park
Saturday 3rd September	Moderate	Gouk Hill Led by David Reid, Helensburgh & West Dunbartonshire Ramblers. Most of this walk follows a section of the John Muir Way and 3 Lochs Way. From Balloch Park, the walk goes past Lomond Shores, over the footbridge across the A82 and ascends a narrow country lane to the cross stone on Stoney-mollan Muir. We follow forestry tracks and a woodland path onto Gouk Hill where there are wonderful panoramic views across Loch Lomond. The walk returns by the outward route. There are a few steep gradients and steep forest steps. Walking boots, decent waterproofs, packed lunch and plenty of water are all essential. Simply turn up in good time to join the walk, which will set off at 10.30am sharp. Terrain: As described. Distance: 8.5 miles (14 km), duration 5 hrs, total ascent 350m to max. ht 277m. Start point: 10:30am from Balloch Country Park. Maximum of 20. 10.30am Balloch Country Park
Saturday 10th September	B+	Ben Donich and East Ridge Follow normal ascent path from the Rest and be Thankful car park. From the summit descend by the east ridge to the bealach at the head of Coire Odhair. Then descend by a steep path north east into the forest, returning by forest track to the start. Terrain: Good path on ascent, but descent is over rough grass avoiding rock outcrops. Steep path down to the forest track. Distance: 9 km, duration 5 hrs, total ascent 720m to max. ht 847m. Start point: Car park on south side of B828 about 400m from Rest and be Thankful. Distance / Time from Helensburgh 21 miles / 35mins. OS Map Landranger 56, Explorer 364/OL39, Grid ref: NN 228068
Sunday 18th September	A	Beinn Dubhchraig One of the group of three major Munros dominating the skyline on the approach to Tyndrum along the A82, the summit of this mountain offers stunning views to the neighbouring Munros and south towards Loch Lomond. Follow estate tracks to river crossing and then open woodland leading onto grassy hillside following course of the Allt Coire Dubhchraig to the lochans and final short rocky ascent to summit. Return via same route. Terrain: Estate tracks, grassy hillside with rocky sections before summit. Distance: 13 km, duration 7 hours. Total ascent 800m to max. ht. 978m. Start point: Dalrigh car park off A82 three miles north west of Crianlarich. Distance / Time from Helensburgh 37 miles / 1hr. OS Map Landranger 50 / Explorer 364 /OL39 & 377, Grid ref: NN 344291. 0900 HRS DEPARTURE FROM HELENSBURGH PIER

2016 Programme

Date	Grade	Title and Description
Saturday 24th September	A	Beinn Eunaich & Beinn a'Chochuill From parking at Allt Mhoille follow road to Castles Farm then rising path to col between summits. Head west to Beinn a'Chochuill summit then east back along ridge to Eunaich summit. Descend by the south ridge and steeply down to join the original path. Terrain: Track and grassy slopes on ascent with a steep final descent to the path. Distance: 13½ km, duration 7 hrs, total ascent 1220m to max ht. 989m. Start point: Limited roadside parking on B8077 at bridge over Allt Mhoille. Distance / Time from Helensburgh 60 miles / 1hr 15mins. OS Map Landranger 50 / Explorer 360, 377 Grid ref: NN 136288. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 25th September	C	The Kelpies and Skinflats Nature Reserve We visit the Kelpies before walking east along the north side of the River Carron to the RSPB Skinflats Nature Reserve. We then follow the high tide line along the shore before completing a circuit to Skinflats village, Carronshore and returning to the Kelpies along the north bank of the River Carron. Terrain: Flat, muddy country paths and country lanes. Rough indistinct path along the shore. About 1km on footpaths next to roads including a short section through housing in Carronshore village. Distance: 12 km, duration 4½ hrs, total ascent 80m to max ht. 25m. Start point: The Kelpies main car park in the north of Helix Park. Parking charge £2. Distance / Time from Helensburgh 52 miles / 1hr 15mins. OS Map Landranger 65 / Explorer 349, Grid ref: NS 908818.
Fri/Sun 30th September To 2 nd October		Members' Away Weekend 2016 at Glen Clova Hotel, Glen Clova
Sunday 9th October	C+	Loch Ard Forest Circular Walk provides views of the Trossachs and the River Forth valley. Terrain: Mainly on forest tracks with the final section on a minor tarmac road. Distance: 14 km, duration 5 hrs, total ascent 200m to max. ht 300m. Start point: Forest car park at Drymen Road cottage on east side of single track road connecting Drymen to Gartmore. Distance / Time from Helensburgh 21 miles / 40mins. OS Map Landranger 57 / Explorer 365 / OL46, Grid ref: NS 507936.
Saturday 15th October	C+	Carbeth Circular Take a path through Carbeth Huts on to a short section of the WHW and join the path on the east side of Craigallian Loch. Return to the Inn via the WHW and a path near the golf course. Terrain: Mixture of good and rough paths. Distance: 10 km, duration 4 hrs, total ascent 180 m to max. ht 170 m. Start point: Back car park at Carbeth Inn on A809. Distance / Time from Helensburgh 22 miles / 35mins. OS Map Landranger 64 / Explorer 348, Grid ref: NS 524791.

2016 Programme

Date	Grade	Title and Description
Sunday 16th October	A	Cruach Ardrain A fine walk from the lower reaches of Coire Earb climbing up to Grey Heights and along the broad but rocky ridge to Meall Dhamh. From here, a narrow path then contours around the western slopes of Cruach Ardrain before finally turning and climbing steeply towards the impressive summit area. The return is via the reverse route - although, weather and group permitting, we may consider a return via Stob Garbh. Terrain: Initially good track before ascent on deep grassy slopes to ridgeline. Rocky ridge path along ridge and on ascent to summit. Distance: 14 km, duration 7 hrs, total ascent 1000 m to max. ht. 1046 m. Start point: Large (Keilator) lay by on east side of A82 - 1.5 mile south of Crianlarich. Distance / Time from Helensburgh 33 miles / 1hr OS Map Landranger 50 / Explorer 364 / OL39 Grid ref: NN 369239. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 22nd October	C	Blanefield Circular A walk with fine open views along a stretch of the pipelines, West Highland Way and disused railway line. Terrain: Tracks and good paths. Can be very muddy in places. Distance: 12 km, duration 4 hrs, total ascent 200 m to max. ht 125 m. Start point: Behind RC Church, Blanefield. Donations for use of the car park required. Distance / Time from Helensburgh 23 miles / 45mins. OS Map Landranger 64 / Explorer 348 Grid ref: NS 556797.
Saturday 29th October	C+	Loch Avich A loop over moorland, along the south-east shore of Loch Avich with an optional detour to waterfalls. Terrain: Easy. Good firm paths and track. One river to cross. Distance: 11 km, duration 4 hrs, total ascent 183 m to max. ht. 170 m. Start point: Car park at Barnaline, opposite the lodge. Distance / Time from Helensburgh 75 miles / 2hrs . OS Map Landranger 55 / Explorer 360 Grid ref: NM 970139. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 30th October	B+	Beinn Chorrnach Follow estate track along Glen Kinglas to Abyssinia and then open hillside southeast and south along ridge to top of Beinn Chorrnach. Descend south into Glas Bhealach and then west and northwest alongside Allt Beinn lme to Butterbridge. Terrain: Good estate road from Butterbridge to Abyssinia and then steep trackless grass slopes with rocky outcrops on hill sections. Steep descents over rough ground. Distance: 9 km, duration 6 hrs, total ascent 710 m to max. ht. 888 m. Start point: Butterbridge car park. Distance / Time from Helensburgh 27 miles / 50mins . OS Map Landranger 56 / Explorer 363 / OL37 & 364 / OL39 Grid ref: NN 234096.
Sunday 6th November	C+	Loch Ard Forestry walk From the Aberfoyle Visitor Centre Car Park, cross the River Forth and follow the road part of the way and onto a tarmac path to reach the entrance to the forest track. A gentle walk with views of Loch Ard and then joining a path to views of the Wallace Monument and Stirling Castle. Terrain: Mainly forestry track, paths and roadside paths. Can be mucky in places. Distance: 14 km, duration 5 hrs, total ascent 120 m to max. ht 120 m. Start point: Aberfoyle Visitors car park. Distance / Time from Helensburgh 27 miles / 50mins. OS Map Landranger 57 / Explorer 365 / OL46, Grid ref: NN 521009

2016 Programme

Date	Grade	Title and Description
Saturday 12th November	C+	The Clyde Walkway from Partick to Cambuslang (Photo 1069)(1070)(1071)(1072) An urban walk from west to east Glasgow passing 27 different bridges. Terrain: Tarmac riverside path throughout. Distance: 15 km, duration 4½ hrs, total ascent negligible . Start point: Train from Helensburgh Central to Partick. Return to Helensburgh Central from Cambuslang Station. Return train fare required. Distance / Time from Helensburgh 35mins on train. OS Map Landranger 64 / Explorer 342 , Grid ref: NS 556665 (Partick Station). 0915 HRS DEPARTURE FROM HELENSBURGH Central railway station
Saturday 19th November	B	Arrochar to Inveruglas A walk over a distinct path to Inveruglas returning on the same path. Terrain: Distinct hill path which may be muddy in places. Distance: 17km, duration 5 hrs, total ascent 500m to max ht. 185m. Start point: Car park at the head of Loch Long, Arrochar. Pay and display may be required. Distance / Time from Helensburgh 20 miles / 25mins. OS Map Landranger 56 / Explorer 364 / OL39, Grid ref: NN 294049.
Sunday 20th November	B+	The Strone and Beinn a' Mhanaich (Monks Hill) A gentle climb up the Strone to 550m, then along the ridged moor with a dip before final climb to the summit for all round views. Terrain: Grass tracks all the way to the summit. Distance: 10 km, duration 5 hrs, total ascent 520 m to max ht. 709 m. Start point: Small lay-by near Auchengaich farm on the old Glen Fruin Road. Distance / Time from Helensburgh:- 5 miles / 10mins. OS Map Landranger 56 / Explorer 347 / OL38, Grid ref: NS 274900.
Sunday 27th November	B	Court-ma Law & Lecket Hill Wooded valley and open moorland with, weather permitting, extensive views. Terrain: Mostly on paths although some very notional ones and can be very boggy. 1.5km of road walking. Distance: 12 km, duration 4 hrs , total ascent 600m to max. ht. 547m. Start point: Car park at Clachan of Campsie. Distance / Time from Helensburgh 28 miles / 50mins. OS Map Landranger 64 / Explorer 348 , Grid ref: NS 611796.
Sunday 4th December	C+	Starfish Bunker, Dumbarton Walk through Overtoun Glen and join the path to Campbell Avenue. At the end of the avenue join Garshake Road towards Maryland. Take the path through the Woodland Trust Area to the Bunker. Return to Overtoun via a rough path behind Campbell Avenue and the glen. Terrain: Paths, road and rough ground. Distance: 10 km, duration 4 hrs, total ascent 210m to max. ht. 150m. Start point: Overtoun House car park, Dumbarton - on left before the house. Distance / Time from Helensburgh 12 miles / 30mins. OS Map Landranger 64 / Explorer 347 / OL38, Grid ref: NS 426761.
Saturday 10th December	B	Dumgoyne from Mugdock Park Visitors Centre An attractive circular walk with varied terrain and spectacular views. From the visitor's centre, proceed across fields, lanes and footpaths to Netherton. Follow lanes and steep hill track to Dumgoyne summit. Descend to the distillery. Return along the West Highland Way and forest paths. Terrain: Rough paths, lanes and hill tracks. Steep descent from Dumgoyne. Distance: 15 km, duration 6 hrs, total ascent 550m to max. ht. 427m. Start point: Mugdock Park visitors centre car park. Distance / Time from Helensburgh 27 miles / 45mins. OS Map Landranger 64 / Explorer 348 , Grid ref: NS 547780. 0900 HRS DEPARTURE FROM HELENSBURGH PIER

2016 Programme

Date	Grade	Title and Description
Saturday 17th December	C+	Yankee Road Open walk to reach forest followed by a circular walk in the forest returning by Yankee road. Terrain: Tarmac road and forestry track . Distance: 14 km, duration 5 hrs, total ascent 230 m to max. ht. 278 m. Start point: Area by entrance to water works just off the Haul Road. Distance / Time from Helensburgh 8 miles / 15mins. OS Map Landranger 56 / Explorer 347 / OL38, Grid ref: NS 257904.