

2019 Programme

Date	Grade	Title and Description
Saturday 5th January	C+	Corlick Hill from Overton From Overton follow track across the Greenock Cut to New Yetts Reservoir and continue to Jock's Hill and Round Hill before descending to Killochend road. From here follow tracks/minor roads past Whitelees to Corlick Hill. After Corlick Hill follow track/path north and then west round Whinhill Reservoir to join the Old Largs Road. A short walk down the hill leads to the Long Dam at the end of the Greenock Cut which is followed back to the car park. Extensive views over the Clyde Estuary throughout the walk and panoramic views of Ayrshire from Corlick Hill. Terrain: Mostly good paths and tracks with some sections of minor roads and open, pathless hillside. Distance: 11 km, duration 5 hrs, total ascent 340m to max. ht 303m. Start point: Overton Road car park, off Papermill Road, Greenock. Distance / time from Helensburgh: 30 miles / 1hr OS Landranger: 63 , Grid ref: NS 266749.
Sunday 13th January	B	Ben A'an (The Pinnacle) Well marked path to the summit which climbs steeply up, first through woods then open hillside with splendid views. Return on an indistinct and sometimes boggy path. This goes north from the summit and then west down to the tarmac track beside Loch Katrine to the pier and then by minor road back to Loch Achray and the start point. Terrain: Track, boggy path and road. Distance: 6 km, duration 4 hrs, total ascent 355 m to max. ht. 462 m. Start point: Ben A'an car park on lochside on north side of Loch Achray at western end, off A821. Distance / time from Helensburgh: 35miles / 50mins. OS Landranger: 57, Grid ref: NN 509070. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 19th January	B	Beinn Chaorach Track from old Glen Fruin road towards Auchengaich Reservoir. Leave track for steep grassy ascent to Auchengaich Hill. On to Beinn Tharsuinn and then Ben Chaorach trig point. Descend to reservoir and follow track back to start. Terrain: Some made up tracks but mostly trackless hillside. Distance: 7 km, duration 4½ hrs, total ascent 620m to max ht 713m. Start point: Layby on old Glen Fruin road by Auchengaich Farm. Distance / time from Helensburgh: 4miles / 15mins OS Landranger: 56, Grid ref: NS 274899.
Sunday 20th January	C+	Tom na h-Airidh A climb on woodland paths to open hillside with good views. Some rock cup-marks for viewing. Terrain: Rough tracks on hillside, moorland and woodland. Boggy and steep in places with a few small rivers to cross. Distance: 8 km, duration 4 hrs, total ascent 302m to max ht . 354m. Start point: Hill House car park at the top of Upper Colquhoun Street. Distance / time from Helensburgh: 1mile / 10mins OS Landranger: 56, Grid ref: NS 301838.

2019 Programme

Date	Grade	Title and Description
Saturday 26th January	C+	The AGM of North Strathclyde Area of the Ramblers' Association will be held at 10 a.m. for 10.30 in the main hall at Coatbridge Indoor Bowling Club, Quarry Street, Coatbridge, ML5 3PU. As Helensburgh & West Dunbartonshire Group forms part of North Strathclyde Area, all Group members are encouraged to attend. A short walk will take place after the meeting. Balloch to Helensburgh Follow the Three Lochs Way. Including Stoney-mollan Road, Darleith Muir, Goukhill Muir and then the Red Burn to the outskirts of Helensburgh. Terrain: Minor roads, tracks, forest tracks and pavement. Two ascents relatively steep and a long descent. Distance: 14 km, duration 4 hrs, total ascent 350m to max ht . 277m. Start point: Meet at 09.15 in Helensburgh Central station to catch the 09.26 train. Alternatively, in Balloch at 10.00 in the car park, just to the east of the Information Centre/across from Station. Distance / time from Helensburgh: 8mile / 25mins OS Landranger: 63, Grid ref: NS 389819. 9:15am DEPARTURE FROM HELENSBURGH CENTRAL STATION or 10:00 BALLOCH STATION
Sunday 3rd February	C+	Whinney Hill from Balloch Follow paths in Balloch Park onto path through the woods up Whinney Hill. Return along country lanes and paths. Terrain: Good paths in Balloch Park. Muddy woodland path up Whinney Hill. Quiet lanes on the return section. Some steep gradients. Distance: 12 km, duration 4 hrs, total ascent 300 m to max. ht 160 m. Start point: Car park, just to the east of the Information Centre/across from Balloch Station. Distance / time from Helensburgh: 8 miles / 20 mins. OS Landranger: 63, Grid ref: NS 389819.
Saturday 9th February	B	Tullich Hill from Glen Douglas Leave 3 Lochs Way just north of Glen Douglas and ascend north east to summit. North to Monadh Tighe na Laraich trig point (447m). Descend north northeast to pick up 3 Lochs Way for return. Terrain: Rough track on 3 Lochs Way and pathless, grassy hillside. Distance: 10 km, duration 5 hrs, total ascent 650m to max. ht. 632m. Start point: 3 Lochs Way parking area at west end of Glen Douglas. Distance / time from Helensburgh: 15 miles / 30 mins. OS Landranger: 56, Grid ref: NN 274002. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 16th February	C	Glen Fyne A linear walk in Glen Fyne along the River Fyne. We will go as far as Inverchorachan or further if you wish. Good views of surrounding hills and back down the Glen to Loch Fyne. Terrain: Quiet surfaced road and then tracks. Distance: 15 km, duration 4 hrs, total ascent 100m to max ht. 100m. Start point: Car Park at entrance to Glen Fyne, just off A83. Distance / time from Helensburgh: 35 miles / 1hr. OS Landranger: 50 & 56, Grid ref: NN 193127.

2019 Programme

Date	Grade	Title and Description
Saturday 23rd February	A	Ben Vane (Loch Lomond) From Inveruglas car park, follow Loch Sloy road to foot of south east ridge. Follow steep track to summit, returning by same route. Terrain: Good track at first, rough moorland thereafter. Some steep sections requiring care in snow conditions. Distance: 11 km, duration 7 hrs, total ascent 927m to max. ht. 915m. Start point: Inveruglas loch side car park. Distance / time from Helensburgh: 20 miles / 30 mins. OS Landranger: 56, Grid ref: NN 322099. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 24th February	C+	Braeval Forest Walk A short, steep, ascent to the Rob Roy Way and a view point is followed by a long gradual ascent to a second view point. Then a short, steep, descent to the Rob Roy Way and tracks back to Braeval. Terrain: Forest road and tracks with gradual ascents and descents and a short, steep, ascent and descent. Distance: 8 km, duration 3½ hrs, total ascent 270m to max. ht. 230m. Start point: Braeval Car Park on A81 approx. 1km east of Rob Roy Motel roundabout. Distance / time from Helensburgh: 27 miles / 45 mins. OS Landranger: 57, Grid ref: NN 542006.
Sunday 3rd March	C+	Kinlochard and the Crannog From Kinlochard we follow forest tracks around Loch Ard viewing a crannog before climbing a short steep section to gain views of Ben Lomond, Beinn Bhreac and Loch Ard. We return to the car park along more forest tracks to Kinlochard. Terrain: Good paths and tracks which may be muddy. Distance: 10.5 km, duration 5 hrs, total ascent 350m to max ht. 130m. Start point: Car park at west end of Loch Ard. Drive straight on along the B839 at Aberfoyle and after 4.5 miles turn left, past the telephone box. Kinlochard Car Park is signposted on the right after 0.5 miles. Distance / Time from Helensburgh: 32 miles / 60mins. OS Map Landranger: 57, Grid ref: NN 447020.
Sunday 10th March	A	Conic Hill and a "wee bit beyond"! From Balmaha on to Conic Hill (361m) down and north east to Breac Leac and onto Gualann (461m). Terrain: Path on Conic Hill then open country. Distance: 12 km, duration 6 hrs, total ascent 560 m to max. ht. 461 m. Start point: Balmaha Car Park. Distance / Time from Helensburgh: 20 miles / 35 mins. OS Landranger: 56, Grid ref: NS 421909.
Saturday 16th March	B+	Beinn Udlaidh (Beinn Bhreac-Liath) From roadside at Invergaunan follow right bank of Allt Ghamhnain for 2km then strike south west to top of ridge to summit. Return by same route or via col and summit ridge of Beinn Bhreac-Liath if time and weather permit. Terrain: Mainly trackless over grassy slopes with better walking on the ridge. Distance: 13 km, duration 7 hrs, total ascent 948m to max ht. 840m . Start point: Invergaunan cottage Glen Orchy Road. Distance / Time from Helensburgh: 50 miles / 60 mins. OS Map Landranger: 50, Grid ref: NN 280370. 0830 HRS DEPARTURE FROM HELENSBURGH PIER

2019 Programme

Date	Grade	Title and Description
Saturday 23rd March	C	Eglington Park Circuit, Kilwinning The walk visits the highlights within Eglington Park including Cairnmount Hill standing stones view point, Sourlie Wood Nature Reserve, Eglington Castle ruin and the river side walk. Terrain: Generally good country paths and grassland, muddy in places. Undulating with only moderate gradients.. Distance: 11 km, duration 4 hrs, total ascent 130m to max ht. 50m . Start point: Eglington Country Park Visitors Centre car park. Use the car park on the righthand side of the access road. Distance / Time from Helensburgh: 45 miles / 1 hr 10 mins. OS Map Landranger: 70, Grid ref: NS 319419.
Saturday 30th March	B	Cnoc Coinnich Track up through Coilessan Glen then onto open hillside for steep ascent up grassy slope to summit. Return down north west ridge to pick up Cowal Way for return. Terrain: Mixture of good forestry tracks and open, grassy hillside. Distance: 9 km, duration 5 hrs, total ascent 640 m to max. ht. 761 m. Start point: Parking at the limit of public vehicular access driving from Ardgarten Centre. Coilessan events parking area on west bank of Loch Long. Distance / Time from Helensburgh: 24 miles / 45 mins. OS Map Landranger: 56, Grid ref: NN 259011.
Sunday 7th April	C+	West Highland Way and Ardess Hidden History Trail From Salloch Bay Car Park, walk along the West Highland Way to Ardess Lodge National Trust Scotland Ranger Centre. There follow the waymarked trail, then join and descend the Ptarmigan Ridge path and return to the car park along the West Highland Way. Terrain: Short section on tarmac, undulating paths and tracks and short, fairly steep, sections on trail. Distance: 12 km, duration 5 hrs, total ascent 305m to max. ht. 90m. Start point: Salloch Bay Car Park £3 parking charge. Distance / Time from Helensburgh: 25 miles / 45 mins. OS Landranger: 56 Grid ref: NS 379958.
Saturday 13th April	A	Benvane (Callander) From the car park, follow good track north to Glen Kinglas Reservoir and ascend south ridge over Creag na h-Airighe to summit. Return by same route, or south west down grassy slopes to the Allt Gleann nam Meann track and thence back to the dam and Brig o' Turk. Terrain: Good tracks at low level and around reservoir. Mainly grassy slopes on the hill. Distance: 15 km, duration 7 hrs, total ascent 935m to max. ht 821m. Start point: Brig o' Turk car park. Distance / Time from Helensburgh: 40 miles / 60 mins. OS Map Landranger: 57 Grid ref: NN 531073. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 20th April	C+	Glen Shira Follow the tarmac road by the River Shira part way up the glen. Cross the river by the bridge and follow the track to Drimlee. Return by the same track to the bridge. Then take a rough track back to the start. Mainly flat. Terrain: Tarmac road and stoney muddy track. Distance: 15 km, duration 5 hrs, total ascent 210m to max. ht 80m. Start point: Minor road off A83 leading to small cemetery at head of Loch Shira. Distance / Time from Helensburgh: 30 miles / 50 mins. OS Landranger: 50 & 56 Grid ref: NN 112103.

2019 Programme

Date	Grade	Title and Description
Sunday 21st April Easter Sunday	B+	Ben Vrackie From Killiecrankie a west approach to the hill south to Loch Choire to pick up path back. Terrain: Path open hill path on the way back. Distance: 8 km, duration 5 - 6 hrs, total ascent 841m to max. ht. 841m. Start point: Killiecrankie Visitor Centre. Distance / Time from Helensburgh: 95 miles / 2 hrs. OS Landranger: 43, Grid ref: NN 919628. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 28th April	A	Binnein Beag From Kinlochleven follow good track and stalkers' paths round the south east flank of Sgòr Eilde Beag; continue generally north and descend to cross the feeders of the Allt Coire a' Bhinnein and climb to the Binnein Mòr/Beag bealach. Keeping to the east side of the lochan, ascend the steep slopes to the summit of Binnein Beag. Return by outward route. Terrain: Generally good tracks and hill paths, but substantially eroded in places with loose scree on final ascent of Binnein Beag. Distance: 18 km, duration 8 - 9 hrs, total ascent 1200m to max ht. 943m. Start point: Car park adjacent to St. Paul's Church, Kinlochleven. (signed - 'Grey Mare's Tail' from main road). Distance / Time from Helensburgh: 75 miles / 1 hr 45 min. OS Landranger: 41, Grid ref: NN 188 623. 0800 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 4th May	C+	Doune to Callander We catch the 10:47, No. 59, bus from Callander to Doune and then walk past Doune Castle before walking alongside the River Teith and through woodland to the ruined St Aedh's Church. We then walk alongside the Annet Burn, a tributary to the River Teith, before crossing Drumvaich Muir and joining the disused Dunblane to Crianlarich railway. We follow this railway to Callander and the end of the walk. Terrain: Good tracks throughout with one section of minor road. Distance: 17 km, duration 6 hrs, total ascent 250m to max. ht 120m. Start point: Main car park, Callander, off Station Road. Distance / time from Helensburgh: 37 miles / 1 hr OS Map Landranger 57, Grid ref: NN 627081 0915 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 5th May	B	Tinto & Scat Hill A singularly prominent hill, Tinto offers fine views over the Clyde Valley and, on a clear day, northwards into the Trossachs and south as far as the borders. Terrain: Broad track to rocky summit, then grassy track and road for direct return or grassy track and some open hillside for optional cross-country return. Distance: 11 km, duration 6 hrs, total ascent 620m to max ht. 711m. Start point: Tinto Hill car park, Fallburn, off A73. Distance / time from Helensburgh: 70 miles / 1hr 30mins OS Map Landranger 72, Grid ref: NS 964374.
Saturday 11th May	C+	Primrose Hill, Loch Katrine From the pier, walk along the north side of the loch. Leave the tarmac road and begin a fairly steep ascent on the hillside track. The track eventually becomes undulating. At its end a path then zigzags down to the lochside for the return along the road to the pier. Terrain: Tarmac, hill track and path. Distance: 11 km, duration 5 hrs, total ascent 260 m to max. ht. 290 m. Start point: Loch Katrine Pier car park, £6 charge. Distance / time from Helensburgh: 34 miles / 1 hr OS Map Landranger 57, Grid ref: NN 496072.

2019 Programme

Date	Grade	Title and Description
Saturday 18th May	C+	Whinney Hill & Knockour Hill (From Balloch) Follow paths in Balloch Park onto path through the woods up Whinney Hill and then onward to Knockour Hill. Return via Boturich Castle estate along country lanes and paths. Terrain: Good paths in Balloch Park and Whinney Hill. Grassy hillside with some short muddy sections around Knockour Hill. Estate track for return to Balloch Park. Distance: 11 km, duration 5 hrs, total ascent 230 m to max. ht. 175 m. Start point: Tourist Centre car park opposite Balloch Station. Distance / time from Helensburgh: 8 miles / 20mins OS Map Landranger 63, Grid ref: NS 390819.
Sunday 19th May	C+	Loch Katrine to Loch Ard Starting from the pier-head at Stronachlachar we walk along the southern shoreline of Loch Katrine to Royal Cottage and the intake point of the Loch Katrine-Glasgow water pipeline. We then follow the general line of the pipeline, which runs underground, but is identified by ground level shafts, overland on open moorland before crossing the B829 to join the forest track at the northern end of Loch Chon. We then follow this track along the west of Loch Chon and Loch Dhu to the head of Loch Ard. Along the route, the pipeline is ever present in the form of various shafts and aqueducts. Terrain: With the exception of a short section of open hillside and rough track as we cross from Royal Cottage to the B829, this walk is on well defined, undulating forest tracks. Distance: 14 km, duration 6-7 hrs, total ascent 400 m to max. ht. 250 m. Start point: Stronachlachar Pier car park. This will be a "2-car" walk, leaving a vehicle at Kinlochard Forest Car Park, Grid Ref: NN 447 020 en route to the start point. Distance / time from Helensburgh: 39 miles / 1hr 10min OS Map Landranger 56, Grid ref: NN 404102.
Saturday 25th May	C+	River Cononish & Ben Lui Nature Reserve Starting along the West Highland Way then forest track to river and along the track towards Ben Lui. Terrain: Good track all the way may be muddy in places undulating but ascent mostly very gradual. Distance: 14 km, duration 5 hrs, total ascent 270 m to max. ht. 410 m. Start point: Dalrigh car park. Distance / time from Helensburgh: 38 miles / 1hr OS Map Landranger 50, Grid ref: NN 343291.
Sunday 26th May	B+	Beinn Udlaidh From roadside at Invergaunan, follow right bank of Allt Ghamhnain for 2km then strike south west to top of ridge to summit. Return by same route or via col and summit ridge of Beinn Bhreac-Liath, if time and weather permit. Terrain: Mainly trackless over grassy slopes with better walking on the ridge. Distance: 13 km, duration 7 hrs (for full round), total ascent 948 m to max. ht. 840 m. Start point: Invergaunan Cottage Glen Orchy road. Distance / time from Helensburgh: 50 miles / 1 hr OS Map Landranger 50, Grid ref: NN 277367. 0830 HRS DEPARTURE FROM HELENSBURGH PIER

2019 Programme

Date	Grade	Title and Description
Saturday 1st June	C+	Doune - Paths and Tracks to the Braes We commence the walk through Doune Ponds Nature Reserve before following a rough country path to Carse of Cambus Antiques Centre. We then take a farm track north onto Braes of Doune and return south to the remains of St Aedh's Church. Finally, we follow the River Teith path back to Doune, returning to the cars via Doune Castle. Terrain: Undulating rough country paths, farm tracks and quiet, tarmacked lanes. One short steep descent without a path through woodland. Distance: 14 km, duration 5 hrs, total ascent 340 m to max. ht. 135 m. Start point: Doune Ponds car park on Station Wynd, first left after leaving A84 onto Balkerach Street. Distance / time from Helensburgh: 37 miles / 1hr OS Maps Landranger 57 , Grid ref: NN 725019.
Sunday 2nd June	B+	Beinn Mhic Mhonaidh Initially on steep forest tracks. At Airigh Chailleach Shielings the forest track gives way to steep, open grassy hillside. A wide ridge leads to summit. After passing a lochan, a steep grassy descent leads to forest track and return to falls. Terrain: Forest tracks and steep grassy slopes. Distance: 13.5 km, duration 6 hrs, total ascent 796m to max. ht. 796m. Start point: Bridge at Eas Urchaidh off B8074, Glen Orchy. Distance / time from Helensburgh: 52 miles / 1hr 30mins OS Map Landranger 50, Grid ref: NN 242321. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 8th June	B+	Ben Reoch and Tullich Hill From Tarbet, ascend steep, grassy slopes of Ben Reoch to its summit. Descend into An t-Sreang and onward to summit Tullich Hill. Descend to trig point at 447m and then to track for return to Tarbet. Terrain: Steep, grassy pathless hillsides and rough track back to Tarbet. Distance: 12 km, duration 7 hrs, total ascent 1000 m to max. ht. 661 m. Start point: Tarbet shore car park. Distance / time from Helensburgh: 17 miles / 25 mins OS Map Landranger 56, Grid ref: NN 320044.
Sunday 16th June	B	Circular Walk in Loch Leven Nature Reserve From Kinross Pier round the loch on a path to the RSPB nature centre, Tea & Cakes available. Complete circular walk back to the cars. Terrain: Well made, level path suitable for all terrain buggies. Distance: 21km, duration 6-7 hrs, total ascent negligible to max ht. 350m. Start point: Kirkgate Park car park and Picnic Area. Distance / time from Helensburgh: 61 miles / 1hr 40mins OS Map Landranger 58, Grid ref: NO 126018. 0900 HRS DEPARTURE FROM HELENSBURGH
Sunday 23rd June	A	Stob Diamh (Peak of the stag) Circuit of Sron an Isean, Stob Diamh and Stob Garbh. Moderate ascent north west and west to summit Sron an Isean then south west to Stob Diamh and south to Stob Garbh with final descent south east and east to reach old quarries and track to start. Terrain: Unsurfaced track towards old quarries. Mainly open grassy hillside with some hill paths along steeper ridge sections at summits. Distance: 12 km, duration 7 hrs, total ascent 1100m to max. ht 998m. Start point: Limited roadside parking opposite field access gate on B8077 immediately after turn off from A85, at sharp left-hand bend at east end of Loch Awe. Distance / time from Helensburgh: 52 miles / 1hr 20 mins OS Map Landranger 50, Grid ref: NN 132284 0800 HRS DEPARTURE FROM HELENSBURGH PIER

2019 Programme

Date	Grade	Title and Description
Sunday 30th June	A	Am Bodach (The Mamores) From car park follow West Highland Way towards Fort William for 2km. Just before corrie burn is reached, strike up steep grassy south west ridge of Am Bodach to summit. Continue north west along main ridge to Stob Coire a' Chàirn. Head south east to col with Na Gruagaichean and descend by stalkers path to Kinlochmore. Terrain: Good path on West Highland Way and on ridge descent. Trackless grassy slope on the way up. Distance: 13 km, duration 7 hrs, total ascent 1300 m to max. ht. 1032 m. Start point: Kinlochmore car park, Kinlochleven. Distance / time from Helensburgh: 75 miles / 1hr 45 mins OS Map Landranger 41, Grid ref: NN 188623. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 6th July	C+	Salloch Trail A gradual ascent through a wooded area is followed by splendid views of Loch Lomond and beyond. A fairly steep descent leads on to part of the West Highland Way. Terrain: Forest roads and tracks. Distance: 10 km, duration 3 hrs, total ascent 240m to max. ht. 240 m. Start point: Salloch car park, about 4 miles beyond Balmaha. £3 charge. Distance / time from Helensburgh: 25 miles / 50mins OS Map Landranger 56, Grid ref: NS 379958.
Sunday 7th July	B (On distance - at an easy pace)	The Mell (Glen Finglas Loop) A long undulating circuit from Brig O'Turk past Glen Finglas reservoir and then heading up Glen Meann and up to the higher part passing the back of Meall Cala (The Mell). Steep descent back to Glen Finglas to join the outer route at the reservoir. Terrain: Tarmac road to start then good tracks all the way. May be muddy in places. Distance: 24 km, duration 7 hrs, total ascent 850m to max ht. 600m. Start point: Dam road car park, Brig O'Turk. Turn off A821 at tearoom on left into village. The car park is on left beyond school. Distance / time from Helensburgh: 35 miles / 1hr OS Map Landranger 57, Grid ref: NN 531073. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 13th July	A	Beinn a'Chroin (From Inverlochlarig) From Inverlochlarig car park follow land rover track west to just beyond Ishag Burn. Strike north west up grassy slopes over subsidiary tops to main summit. Return via Lochan a' Chroin south east over grassy slope to original track. Terrain: Good track at first, then steep grassy slopes, largely trackless. Distance: 14 km, duration 7 hrs, total ascent 923m to max ht. 942m. Start point: Inverlochlarig car park, end of road from Balquhiddy. Distance / time from Helensburgh: 56 miles / 1hr 45 mins OS Map Landranger 57, Grid ref: NN 445184. 0830 HRS DEPARTURE FROM HELENSBURGH PIER

2019 Programme

Date	Grade	Title and Description
Sunday 14th July	C	The Scottish Beaver Trial & Afternoon Tea. If joining this walk, please contact Joyce NO LATER THAN FRIDAY 5th July to be assured of a booking for afternoon tea The walk is in two parts. Part A is a 2.5km circular walk round Loch Barnluasgan and includes a short climb, on steps, to 100m. Part B is a 5km circular walk round Loch Coille-Barr. The almost level route includes a visit to an abandoned settlement and an ancient cross slab and well. Look out on both routes for signs of beaver activity. Afternoon tea is in the Crinan Hotel - cost £10.50 per person. Terrain: Tarmac, tracks and paths. Some mud. Distance: 7½ km, duration 3½ hrs, total ascent 50m to max ht. 100m. Start point: Barnluasgan Car Park, Knapdale Forest. Distance / time from Helensburgh: 72 miles in 2hr OS Map Landranger 55, Grid ref: NR 790909.
Sunday 21st July	A	Buachaille Etive Beag Start south along Lairig Eilde path. Take left fork up to the bealach. Follow path south west along ridge to Stob Dhu. Option to include Stob Coire Raineach, depending on conditions on the day. Terrain: Some steep stretches and one exposed section along ridge. Distance: 9 km, duration 6 hrs, total ascent 800m to max. ht. 958m. Start point: Parking place at layby on south side of A82 opposite cairn. Distance / time from Helensburgh: 55 miles / 1hr 40mins OS Map Landranger 41, Grid ref: NN 187563. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 27th July	C+	Saint Maha's Well Taking the low-level track through Queen Elizabeth Forest, we skirt along the forest boundary to Milton. With a short walk through the hamlet before turning north alongside the Burn of Mar, to join the West Highland Way at the bridge over the Burn of Mar to the east of Conic Hill. We return via the West Highland Way, with a short detour to visit the site of St Maha's Well. Terrain: Mainly forest tracks and good paths. Short section of rough moorland to and from Saint Maha's Well. Distance: 12 km, duration 6 hrs, total ascent 240m to max ht. 200m. Start point: Forestry car park Queen Elizabeth Forest Park, on West Highland Way. Take unclassified road, Rob Roy Way, north out of Drymen, Car park is on the left 1 mile beyond primary school. Distance / time from Helensburgh: 18 miles / 40min OS Map Landranger 57, Grid ref: NS 480906.
Saturday 3rd August	B	Dumyat via Cocksburn Reservoir Follow forestry paths and track to Cocksburn Reservoir. Then head south east & east on Ochils high level paths to Dumyat summit. Descend to Dumyat Farm and follow Hillfoots Diamond Jubilee Way along the foot of the Ochils to Logie Kirk. Return to the car park through Hermitage Wood. Terrain: Rough hill paths with a steep descent from Dumyat. Muddy country paths, forestry tracks and quiet tarmacked lanes. A few steep ascents. Distance: 13 km, duration 5½ hrs, total ascent 640m to max. ht. 419m. Start point: Pendrieich Forestry Commission car park on Sheriffmuir Road. Distance / time from Helensburgh: 40 miles / 1hr OS Map Landranger 57, Grid ref: NS 810975.

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Saturday 10th August	C+	Great Cumbrae There are two options for you today: Option 1 - A walk around the island, led by Trish The route follows quiet minor roads and paths round the coast and across the centre of the island, taking in the highest point, Broomy Knowes, the Glaid Stone and the smallest cathedral in Britain. Terrain: Mostly tarmac roads and some country paths - suggest wearing light boots or trainers. Distance: 13km, duration 4 hrs, total ascent 240m to max. ht 127m. Option 2 - A day of leisure to "do-as-you-please"; walk, bike, loaf-around, make your own group and have an adventure. Whatever takes your fancy on the day. Start point: Ferry Terminal, Largs. Ferry every 15 mins, no bookings required. £3.40 return fare. Distance / time from Helensburgh: 45 miles / 1 hr 30 mins OS Map Landranger 63, Grid ref: NS 201594. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 11th August	B	Irish Law A circuit visiting five North Ayrshire Hills. In the order visited these are, Knockside Hills, Irish Law, Little Irish Law, Box Law and Feuside Hill. We also visit the crash sites of two aircraft in which, unusually, all the aircraft occupants survived. Excellent views of Arran and the Firth of Clyde, if the weather is kind. Terrain: Mostly very rough, pathless hillside or very wet bog, although 2.5km along good tracks. Distance: 10 km, duration 5.5 hrs, total ascent 575m to max ht. 484m. Start point: Blairpark Farm. We have permission to park in the Mills Milk staff/visitor's car park. Follow the A760 from Kilbirnie towards Largs and turn right, into the Mills Milk driveway, 3 miles after passing the junction with the B784. The staff/visitor's car park is on the right before the large shed. Distance / time from Helensburgh: 37 miles / 1hr 10mins OS Map Landranger 63, Grid ref: NS 250574.
Sunday 17th August	C+	Bracklinn Falls, Callander, to Arivurichardich Reservoir From the car park a steepish ascent through woods to open ground following the Keltie Water with good views to Ben Vorlich and Stuc a Chroin. Terrain: Steepish road to start then rough tracks and paths which undulate through woodland and over open moorland ending at the impressive bridge over the Bracklinn Falls. Distance: 16 km, duration 5 hrs, total ascent 200m to max. ht. 310m. Start point: First car park on left on road to Bracklinn Falls, past Golf Clubhouse. Distance / time from Helensburgh: 36 miles / 1hr OS Map Landranger 57, Grid ref: NN 634082.
Sunday 18th August	B	Cruachan, Loch Lomond West Highland Way from Inversnaid to Cailness. Follow Cailness track up into Gleann Gaoithe. Leave track at high point and climb north on open hillside to summit Cruachan. Descend north back to start. Terrain: Good tracks to Gleann Gaoithe then open hillside on ascent and descent of Cruachan. Distance: 10 km, duration 6 hrs, total ascent 750m to max. ht. 536m. Start point: Rob Roy view car park, just before Inversnaid. Distance / time from Helensburgh: 40 miles / 1hr 30mins OS Map Landranger 56, Grid ref: NN 345090.

2019 Programme

Date	Grade	Title and Description
Saturday 24th August	C+	Kilpatrick Hills (Old Kilpatrick to Milton) Ascend from Old Kilpatrick, descend to Milton, then brief Glasgow service bus, frequency 4 per hour, back to start point. Terrain: Forest roads, good tracks and paths with some sections of open moorland. Distance: 12.5 km, duration 4 hrs, total ascent 352m to max. ht. 352m. Start point: Kilpatrick Station. Distance / time from Helensburgh: 13 miles / 30mins OS Map Landranger 64, Grid ref: NS 470731.
Sunday 25th August	A	Am Bodach & Sron Gharbh, Glen Coe An ascent from Glen Coe to the summit of Am Bodach at the eastern end of Aonach Eagach ridge. Then, a fine, high level ridge walk over the minor tops of Sron Gharbh, Sron a' Choire Odhair-bhig and Stob Mhic Mhartuin before descending The Devil's Staircase and following the West Highland Way to Altna'feadh. Terrain: A relentlessly steep climb on a rocky path to the summit of Am Bodach, then a fine ridge walk with the final descent down The Devil's Staircase on the West Highland Way. Distance: 10 km, duration 7 hrs, total ascent 1000m to max. ht. 943m. Start point: Glen Coe, Three Sisters Car Park and Viewpoint. Alternative car park short distance further along if first one full. This will be a "2-car" walk, leaving a vehicle at Altna'feadh, Grid Ref: NN 219 563 en-route to the start point. Distance / time from Helensburgh: 63 miles / 1hr 30mins OS Map Landranger 41, Grid ref: NN 171568. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Sunday 31st August	B	Arrochar to Inveruglas A walk over a distinct path to Inveruglas returning on the same path. Terrain: Distinct hill path which may be muddy in places. Distance: 17 km, duration 5 hrs, total ascent 500m to max. ht. 185m. Start point: Car park at head of Loch Long - Pay and Display. Distance / time from Helensburgh: 20 miles / 25min OS Map Landranger 56, Grid ref: NN 294049.
Sunday 1st September	B+	Beinn Bhreac (Cashel - Loch Lomond) Initially following the route of the Cashel Forest Walk, we climb up the zigzag path through the forest and onwards to the high point on the path where we break out onto the open, pathless, hillside and climb directly to Beinn Bhreac. Continuing south east, we traverse the high ground to Gualann before turning south-south west to join the West Highland Way over Conic Hill to Balmaha. Terrain: Initially on good forest track then open, pathless hillside, with final section on WHW over Conic Hill to Balmaha. Distance: 15 km, duration 7 hrs, total ascent 850m to max. ht 579m. Start point: Cashel Native Forest car park, parking charge applies. This will be a "2-car" walk, leaving vehicles as required at Balmaha Car Park. Distance / Time from Helensburgh 23 miles / 45mins. OS Map Landranger 56, Grid ref: NS 399940 0830 HRS DEPARTURE FROM HELENSBURGH PIER

2019 Programme

Date	Grade	Title and Description
Sunday 8th September	B+	Ben Ledi A gentle walk alongside the River Teith, followed by a steep climb to the summit of Ben Ledi. Return down Stank Glen and the high level, undulating, forestry track to Bochastle. Terrain: A mixture of riverside path, old railway track, forest track and hill paths. Distance: 17 km, duration 7 hours. Total ascent 1000m to max. ht. 879m. Start point: Bochastle forestry car park. Turn left off A84 onto A821 at Kilmahog, signed for Aberfoyle. Pass "The Lade" pub on the left and, after 500m, turn right into car park. Distance / Time from Helensburgh 38 miles / 1hr. OS Map Landranger 57, Grid ref: NN 607081.
Saturday 14th September	B+	The Cobbler (Joint walk with Eildon Ramblers Group) We will follow the standard route, up the zigzags and via the Narnain Boulders. Depending on the group, we may take the direct, easy scramble route via the east ridge or continue towards the bealach and ascend the path on the north ridge. Again, depending on the group, we may return via An t-Sron. Decisions will be made on the day. Terrain: Good, but steep paths on main route, with a short, easy scramble; if we deviate for return over An t-Sron, then some rough grassy tracks and a minor river crossing. Distance: 12 km, duration 7 hours. Total ascent 890m to max. ht.884m. Start point: Succoth car park, parking charge applies. We will be joined by members of the Eildon Ramblers Group, and depending on overall group size, we may split into a couple of groups, with leaders as available from HWDR. Distance / Time from Helensburgh 20 miles / 30mins. OS Map Landranger 56, Grid ref: NN 295049 0900 HRS DEPARTURE
Sunday 15th September	C	Rosneath Peninsula Circular Walk along the coast from Kilcreggan, round Rosneath point, through the caravan park and back along the forest track. Terrain: Paths and forest tracks, muddy in places. Distance: 11 km, duration 4 hrs, total ascent 140m to max ht. 120m. Start point: Kilcreggan car park. Distance / Time from Helensburgh 20 miles / 35 mins. OS Map Landranger 63, Grid ref: NS 241804.
Saturday 21st September	B	Coileasan Glen to Lochgoilhead (There and back) A walk on the Cowal Way from Coileasan Glen events carpark to Lochgoilhead - could include an option to climb the Steeple if time permits. Return via the outward route. Terrain: Mostly good tracks on Cowal Way although could be a bit boggy in places. Trackless, open hillside on The Steeple. Distance: 15 km, duration 6½ hrs, total ascent 850m to max ht. 500m. Start point: Parking at the limit of public vehicular access driving from Ardgarten centre. Coileasan events car park. Distance / Time from Helensburgh 24 miles / 45mins . OS Map Landranger 56, Grid ref: NN 259011.
Sunday 22nd September	C+	Complete Falls of Clyde Circuit Starting from New Lanark, this walk completes the full circuit of the Falls of Clyde taking in both banks of the picturesque gorge. Terrain: Good, undulating paths throughout. Distance: 11 km, duration 5 hrs, total ascent 350m to max ht. 200m. Start point: New Lanark Visitors Car Park. Distance / Time from Helensburgh 57 miles / 1hr 20 mins. OS Map Landranger 71, Grid ref: NS 882425.

2019 Programme

Date	Grade	Title and Description
Saturday 28th September & Sunday 29th September	Various	Members' away weekend in Patterdale. The Lake District
Saturday 5th October	C+	Greenock to Wemyss Bay At Overton Road join the Greenock Cut. On reaching Cornalees Visitor Centre continue walking along the Kelly Cut. At its end walk through Kelly Glen to Wemyss Bay. Return by train to Drumfrochar Station, Greenock. Terrain: Good tracks, muddy paths and tarmac - Cuts are virtually flat. Distance: 16 km, duration 5 hrs, total ascent 100m to max. ht 175m. Start point: Overton Road car park, Greenock. Train fare required. Distance / Time from Helensburgh 29 miles / 50mins. OS Map Landranger 63, Grid ref: NS 266748.
Sunday 6th October	B+	Beinn Mhic Mhonaigh Initially on steep forest tracks. At Airigh Chailleach Shielings the forest track gives way to steep, open grassy hillside. A wide ridge leads to summit. After passing a lochan, a steep grassy descent leads to forest track and return to falls. Terrain: Forest tracks and steep grassy slopes. Distance: 13½ km, duration 6 hrs, total ascent 796 m to max. ht 796 m. Start point: Bridge at Eas Urchaidh off B8074 Glen Orchy. Distance / Time from Helensburgh 52 miles / 1 hr 30mins. OS Map Landranger 50, Grid ref: NN 242321. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 12th October	B	Ben A'an - At an easy pace Well marked path to the summit which climbs steeply up, first through woods then open hillside with splendid views. Return on an indistinct and sometimes boggy path. This goes north from the summit and then west down to the tarmac track beside Loch Katrine to the pier and then by minor road back to Loch Achray and the start point. Terrain: Good track and path on ascent. Boggy hillside and tarmac on return. Distance: 7 km, duration 4 hrs, total ascent 350 m to max. ht. 454 m. Start point: Ben A'an car park, Loch Achray. Distance / Time from Helensburgh 35 miles / 50 mins OS Map Landranger 57, Grid ref: NN 509070.
Sunday 13th October	C+	Carron Glen from Denny This is a beautiful Autumn walk up the picturesque Carron Glen. We follow country paths along the north side of Carron Glen up to the waterfalls. Then we ascend the steep wooded sides of the glen to Stoneych abandoned farm. We return through grass fields and farm tracks past Middle Barnago Farm. Terrain: There are two short very steep pathless ascents through woods and scrub. Climbing over a drystone wall is also necessary to avoid bog along farm track that is only passable with a snorkel. Most of the walk is on undulating country paths and farm tracks. Distance: 12 km, duration 4½ hrs, total ascent 320m to max ht. 190m. Start point: Herbertshire Castle Park car park, Dunipace, Denny, beside A872, Stirling Street. Distance / Time from Helensburgh: 41 miles / 1hr 10mins . OS Map Landranger 57 & 65, Grid ref: NS 807832.

2019 Programme

Date	Grade	Title and Description
Sunday 20th October	B	Fairlie Glen & Kaim Hill A walk up Fairlie Glen past a 14th Century Tower House and waterfalls onto the open hillside above Fairlie. We ascend to the summit of Kaim Hill where extensive views of Largs, The Cumbraes and Arran may be experienced. A gentle descent from the summit allows us to reach a minor road which is followed for almost a mile before regaining a track which leads back to Fairlie Castle. Terrain: Muddy paths and tracks with some road walking and one mile of steep, 160m, rough, pathless hillside. Distance: 11 km, duration 5½ hrs, total ascent 490 m to max. ht. 387 m. Start point: Car park and picnic site, overlooking the sea, off A78 at south end of Fairlie village. Distance / Time from Helensburgh 47 miles / 1hr 15mins . OS Map Landranger 63, Grid ref: NS 207546.
Saturday 26th October	B+	Stob na Boine Druim-fhinn and B-29A Super Fortress Crash Site Estate track from Lettermay to Corrow then north west up steep, open hillside to point 475 and on to summit Stob na Boine. Descend south west to B29 crash site. Return east and then south east back to start. Terrain: Some good estate tracks, but mostly grassy, trackless hillside. Distance: 10 km, duration 6 hrs, total ascent 800 m to max. ht. 658 m. Start point: Lay-by on righthand side of Carrick Castle road, immediately after crash barriers, just after Drimsynie Estate offices. Distance / Time from Helensburgh 35 miles / 1hr . OS Map Landranger 56, Grid ref: NN 188003.
Saturday 2nd November	B+	Ben Donich Leave forestry car park for short walk to hill path, then steep climb on north ridge to summit. Return on reverse route. Terrain: Good paths with a little, easy scrambling. Distance: 7½ km, duration 5 hrs, total ascent 720 m to max. ht 847 m. Start point: Forestry car park on south of B828, Lochgoilhead road, about 400m from Rest and Be Thankful. Distance / Time from Helensburgh 21 miles / 35mins. OS Map Landranger 56, Grid ref: NN 228069
Saturday 9th November	C+	Carman Reservoir Short walk along Renton Road to entrance to Dalmoak House beyond walled garden onto gentle climb towards Dick's pond by way of witching well. Head towards reservoir by way of trig point 161m and WW2 look out point which affords views over the Leven towards the Clyde. After circumnavigating reservoir, finding burial ground, descend by Kipperoch Road to Cardross and short walk by railway. Back by bus to Dalreoch if we choose. Terrain: Footpath, tracks and short section of open fields/hillside. Distance: 10 km, duration 4 hrs, total ascent 200m to max ht. 161m. Start point: Dalreoch Train Station car park. Distance / Time from Helensburgh 8 miles / 15mins. OS Map Landranger 63, Grid ref: NS 391757 .
Sunday 10th November	B+	Binnein an Fhìdhleir (Glen Kinglas) From car park at Butterbridge north up steep slope through outcrops to Stob Coire Creagach. West over Creag Bhrosgan and on to Binnein an Fhìdhleir. Follow grassy west ridge right down to road or contour south east down steep grass to re-join the Kinglas road. Terrain: Steep grass with occasional rock outcrops. Distance: 10km, duration 6 hrs, total ascent 830m to max ht. 817m. Start point: Butterbridge car park. This may be two car walk, decision will be made on the day. Distance / Time from Helensburgh 30 miles / 45mins. OS Map Landranger 56, Grid ref: NN 234096.

2019 Programme

Date	Grade	Title and Description
Saturday 16th November	C	Glen Fruin Local Walk - 10:00 followed by Group Annual General Meeting at - 14:00 Walk up Colquhoun Street to the Hill House and then follow the Helensburgh Upper Way and the upgraded path over the hill into Glen Fruin. Return to Helensburgh via Glen Fruin road and Old Luss Road (a path). Terrain: Long gradual hills but no steep sections. Underfoot, the walk is a mixture of paved paths/roads and good but sometimes muddy country paths. Distance: 12 km, duration 4 hrs, total ascent 300 m to max ht. 190 m. Start point: Car park Helensburgh Swimming Pool. Distance / Time from Helensburgh:- n/a OS Map Landranger 56, Grid ref: NS 295822. 1000 HRS DEPARTURE FROM HELENSBURGH PIER Note: If you only wish to participate in the AGM, please arrive at the Parish Church Hall for a 2pm start.
Saturday 23rd November	C+	Dubhchraig Forest Walk A walk through Gleann Auchreoch along the banks of the Alt Gleann Auchreoch on the lower slopes of Beinn Dubhchraig, taking in a section of pine forest before descending through an area of birch and Scots Pine. Extensive views of Beinn Dubhchraig and the mountains of Strath Fillan. Terrain: Good forest tracks, with a short section of open hillside, then rougher track through the birch and pines. Minor river crossing. Distance: 11 km, duration 5 hrs, total ascent 370 m to max ht. 450 m. Start point: Dalrigh car park off the A82 just east of Tyndrum. Distance / Time from Helensburgh:- 38 miles / 1hr. OS Map Landranger 50, Grid ref: NN 343291. 0900 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 30th November	C+	Glen Fruin to Garelochhead Following the route of The Three Lochs Way, from Hill House, across the hillside to Glen Fruin and then taking The Yankee Road to Garelochhead. Return to Helensburgh by bus from Garelochhead. Terrain: Good woodland and moorland path, then minor roads. The final descent to Garelochhead may be very boggy in patches. Distance: 16 km, duration 6 hrs, total ascent 270 m to max ht. 200 m. Start point: Helensburgh Swimming Pool car park. Distance / Time from Helensburgh:- n/a. OS Map Landranger 56, Grid ref: NS 295822.
Sunday 1st December	B	Kilpatrick Hills Starting from Bowling Club car park, proceed to Kilpatrick Braes, cutting off to follow rough track to Stacks (365m). Next proceeding to Duncolm (401m) via rough track from Greenside Reservoir. From Duncolm to Loch Humphrey along some tracks and rough countryside. Pick up forestry track and proceed to Doughnot Hill (374m) via Black Linn Reservoir. Return same route and proceed down Kilpatrick Braes to start point. Terrain: Tracks and rough paths. Distance: 17 km, duration 6 hrs, total ascent 539m to max. ht. 401m. Start point: Old Kilpatrick Bowling Club car park. Distance / Time from Helensburgh 16 miles / 30 mins. OS Map Landranger 64, Grid ref: NS 468728.

2019 Programme

Date	Grade	Title and Description
Sunday 8th December	C+	Craigend Visitor Centre to Carbeth, Circular Walk Take the path which leads to a minor road, cross it and enter a wooded area. Follow a path past Craigallian Loch, join the West Highland Way and pass Carbeth Huts. On the west side of Craigallian Loch, take the West Highland Way to Mugdock Wood and return to the visitor centre. Terrain: Paths and tracks with some mud. Distance: 12 km, duration 5 hrs, total ascent 180m to max. ht. 175m. Start point: Mugdock Country Park car park. Distance / Time from Helensburgh 22mls / 50mins. OS Map Landranger 64, Grid ref: NS 547780.
Saturday 14th December	B+	Meikle Bin From Todholes Car park follow forestry track to gain summit by north west ridge. Then south and east to pick up track to Carron Valley Reservoir. Return along south west shore to start. Terrain: Forestry roads throughout with grassy hill path over summit ridge . Distance: 13½ km, duration 6 hrs, total ascent 521 m to max. ht. 570 m. Start point: Todholes car park. Distance / Time from Helensburgh 30 miles / 1hr 15mins. OS Map Landranger 57, Grid ref: NS 672858. 0830 HRS DEPARTURE FROM HELENSBURGH PIER
Saturday 21st December	C+	Gartmore from Aberfoyle We take the Rob Roy Way south west out of Aberfoyle and follow forest paths, meadow and woodland to Gartmore village and Cunninghamham Graham Memorial. We return via Gartmore Estate Butler's walk and the banks of the River Forth past Doon Hill into Aberfoyle. Terrain: Muddy undulating country paths, forest tracks and lanes. Distance: 13 km, duration 4½ hrs, total ascent 220m to max. ht. 100m. Start point: Aberfoyle visitor's car park. Distance / Time from Helensburgh 27 miles / 50mins. OS Map Landranger 57, Grid ref: NN 521009.
Sunday 29th December	B+	Glen Striddle Horseshoe, Beinn Dubh & Mid Hill Shake off the Christmas excess on this grassy horseshoe walk. Leave Luss and make direct ascent onto Beinn Dubh then continue anti-clockwise to Mid Hill followed by a steep descent to the head of Glen Luss for an easy walk back to Luss. Terrain: Grassy hill paths with initial steep ascent then open hillside. Descent from Mid Hill on steep grassy path. Tarmac surface for return back along Glen Luss. Distance: 12 km, duration 6 hrs, total ascent 730m to max. ht. 642m. Start point: Luss car park, parking charge applies. Distance / Time from Helensburgh 10 miles / 20mins OS Map Landranger 56, Grid ref: NS 359931. 0900 HRS DEPARTURE FROM HELENSBURGH PIER