

2021 Programme

Day/ Date/ Time	Grade	Title and Description
Sunday 2nd May 09:30	C+	Yankee Road Circular North along the 3 Lochs Way for 4km and then divert on to the higher-level forest track. After 3km we re-join the 3 Lochs Way to return south to the start. Terrain: Tarmac and Forest roads. Distance: 14.5 km, Duration: 5.5 hrs Total Ascent: 480m, To Max: 287m. Meeting / Start Point: Parking area near the Waterworks off the A817 Haul Road. Distance / time from Helensburgh: 8 miles / 15 mins. OS Landranger Map No: 56, Grid Ref: NS 258 904
Saturday 8th May 09:30	C+	Gouk Hill Circular (with the option to continue up Ben Bowie) To Gouk Hill (277m) - leave Craigendoran Station and follow 3 Lochs Way track up Camis Eskin at Northfield wood - turn right at this point and follow good track through Mason's wood turning left at new gate - past Blackthird Farm to Darleith Muir up to Gouk Hill. Return via 3 Lochs Way back to Craigendoran. Terrain: Mostly good track underfoot (some bog on way to Ben Bowie). Distance: 14.5 km, Duration: 4.5 to 5 hrs, Total Ascent: 356m, To Max: 358m. Meeting / Start Point: Craigendoran Railway Station. Distance / time from Helensburgh: 1.2 miles / 23 mins (walking), 5 mins (by car). OS Landranger Map No: 56, Grid Ref: NS 310 813
Sunday 16th May 10:00	C+	Beneath the Menteith Hills A short Distance from the Car Park, join the Rob Roy Way (RRW). Follow the route to the head of Allt a' Chip Dhuibh. From there take the track on the east side of the lochan, re-join the RRW and return to the start. Terrain: Forest tracks with some mud. Distance: 10 km. Duration: 4 hrs, Total Ascent: 220m To Max: 230m. Meeting / Start Point: Braeval Car Park on A81 approx. 1km east of Rob Roy Motel roundabout. Distance / time from Helensburgh: 27 miles / 45 mins OS Landranger Map No: 57, Grid Ref: NN 542 006
Saturday 22nd May 09:30	C+	Drymen and Croftamie from Garadhban Forest From the car park we follow the route of the West Highland Way (WHW) south until we meet the John Muir Way (JMW) about 1km east of Gartness. We then follow the JMW to Croftamie and take a public footpath north east up to the A809. We complete the circuit past Buchanan Castle in Drymen by re-joining the WHW about 1km east of the car park. Terrain: Forest tracks, country paths and quiet lanes. To cross Drymen Bridge, we have to walk along the footpath beside the A809 for about 650m. There are no steep ascents on the walk, but the route undulates. Distance: 15 km, Duration: 5 hrs, Total Ascent: 300m, To Max: 165m. Meeting / Start Point: Garadhban Forestry Commission car park next to the WHW about 2km north of Drymen off the minor road leading to Gartmore. Distance / Time from Helensburgh: 18 miles / 30 mins. OS Landranger Map No: 57, Grid Ref: NS 480 907

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Saturday 29th May 09:30	C+	To ex Shandon Hydro Pond A local walk from the Pier car park to ex Shandon Hydro Pond. From the pier up Colquhoun St. to Montrose St., along to Duchess Woods, to Highlandman's Rd., down Lineside Walk and Aros Rd., along the A814 to Kirk Brae, up to disused railway and along railway bed to pond. Return by Bus. Terrain: Quiet town streets, good paths, muddy tracks, country lanes. Very muddy in a few places. Distance: 11.5 km, Duration: 4 hrs Total Ascent: 200m, To Max: 156m. Meeting / Start Point: Helensburgh Pier car park. Distance / Time from Helensburgh: n/a. OS Landranger Map No: 56, Grid Ref: NS 295 822
Sunday 6th June 09:30	C+	Rhu Reservoirs from Kidston Park returning by Glenoran Road. A local circular walk. We follow tracks up to the reservoirs first visiting the waterfall in Aldownick Glen. We follow the firebreak to the forest track then cross the field to go through Glenoran woods and back to start. Terrain: Minor roads, forest tracks, hill paths and woodland. Areas can be boggy and muddy. Some steep places but on a good path. Distance: 10Km Duration: 4.5hrs Total Ascent: 300m To Max: 250m. Meeting / Start Point: Kidston Park Car Park just before Helensburgh Sailing Club. Distance / time from Helensburgh: n/a. OS Landranger Map No: 56, Grid Ref: NS 279 829.
Saturday 12th June 09:30	C+	Hill of Standing Stones From car park to well-marked path beyond waterworks to open hillside. Follow Auchenreoch Glen to Knockshanoch and onto cairn and Hill of Standing Stones. Then west to Pappert Hill before descending to Alexandria Railway Station to catch train for return. Terrain: Public roads, paths and open hillside - some quite hummocky. Gaiters and walking poles recommended. Distance: 16Km Duration: 6hrs Total Ascent: 370m To Max: 270m. Meeting / Start Point: Dumbarton East Railway Station. Distance / time from Helensburgh: 9 miles / 20 mins. OS Landranger Map No: 64, Grid Ref: NS 406 751.
Sunday 20th June 10:00	C+	Largs to Rigging Hill A circular walk from Largs past a Neolithic tomb, over Jock's Castle, Rigging Hill and Paton's Hill to Greeto Bridge. From here a track leads us back into Largs. Extensive views of the Clyde Estuary, Arran, Bute and Cowal. Terrain: A mixture of roads, tracks and hill path. Distance: 11Km Duration: 4.5hrs Total Ascent: 500m To Max: 391m. Meeting / Start Point: Main sea-front car park in Largs. NOTE: Car parking charge of £4 for the day required - machine accepts coins only. Distance /time from Helensburgh: 44 miles / 1hr 15mins. OS Landranger Map No: 63, Grid Ref: NS 202 596.

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26th June 10:00	C+	Dunellan (above Cochno Loch) From the car park take the path parallel to Cochno Road and then the road to Greenside. Follow a path to Cochno Hill and down to Jaw Reservoir. Cross to the opposite side by the island. Take the path over Dunellan, continue on paths passing the radio mast and return to the car park through a wood. Terrain: Farm roads, tracks and paths, some very muddy. Distance: 10km Duration: 5hrs Total Ascent: 260m To Max: 348m. Meeting / Start Point: Parking adjacent to entrance to Edinbarnet Nursing Home, Cochno Road. Distance /time from Helensburgh: 19 miles / 35 mins. OS Landranger Map No: 64, Grid Ref: NS 503 740.
Saturday 3rd July 10:00	B	Dumyat and Hillfoots Diamond Jubilee Way One of my favourite walks, which includes woodland paths, open hillside, meadows, spectacular views and historical sites. From the car park follow the lane to Logie Old Kirk and ascend the hill through Yellowcraig wood. Follow paths east to Castle Law (ancient hill fort) and onward to Dumyat summit. Descend east towards Menstrie and return via Hillfoots Diamond Jubilee Way. Terrain: Rough hill and country paths, steep in places. Distance: 10km Duration: 5hrs Total Ascent: 480m To Max: 409m Meeting / Start Point: Logie Kirk car park (signposted Logie Kirk off B998, Hillfoots Road). Distance from Helensburgh: 33 miles Time from Helensburgh: 1hr 5mins OS Landranger Map No: 57, Grid Ref: NS 818 967 Latitude / Longitude: 56.14828, -3.90414
Saturday 10th July 10:00	C+	Loch Venachar Circuit near Brig o'Turk Leisurely scenic walk circumnavigating Loch Venachar with good views of the loch most of the way. Terrain: Track and cycle paths/minor road. Distance: 19km Duration: 5.5hrs Total Ascent: 315m To Max: 315m Meeting / Start Point: Glen Finglas car park (also signed Lendrick Hill) east of Brig o'Turk Distance from Helensburgh: 35.5 miles Time from Helensburgh: 1hr 5mins OS Landranger Map No: 57, Grid Ref: NN 546 065 Latitude / Longitude: 56.22892, -4.34690

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Saturday 17th July 10:05	C+	Milngavie to Kilpatrick on The Clyde Coastal Path Start on the West Highland Way, pass through Milngavie Golf Course and countryside and cross the A809. Continue on paths and tracks crossing Douglas Muir heading for Faifley. Skirt round Faifley and head towards Duntocher. Walk ends at Kilpatrick Station. Return home by train. Train fare required. Terrain: Road, tracks, paths, rough ground, pavement Distance: 14km Duration: 6hrs Total Ascent: 250m To Max: 200m Meeting / Start Point: Travel by train and meet at Milngavie Railway Station for 10.05 am. Distance / time from Helensburgh: n/a OS Landranger Map No: 64, Grid Ref: NS 555 744 Latitude / Longitude: 55.94126, -4.31407
Sunday 25th July 9:40	C+	Bromley Muir Catch the 09:25 train from Helensburgh to Dalreoch where we walk along the Renton Road until the entrance to Dalmoak House. Crossing the busy road, by way of Dick's pond where it will be wet underfoot, we will head to the trig point where we will lunch and then ascend to the historic fort from where we cross to Bromley Muir, according great views of the Clyde, then on to join Stonymollan path to Balloch. Return to Helensburgh/ Dumbarton by train after refreshments. Terrain: Muddy and grassy underfoot apart from tow path and Stonymollan. Gaiters and sticks recommended. Distance: 15km Duration: 6hrs Total Ascent: 400m To Max: 304m Meeting / Start Point: Dalreoch Railway Station Distance / time from Helensburgh: n/a OS Landranger Map No: 63, Grid Ref: NS 391 757 Latitude / Longitude: 55.94729, -4.57818
Sunday 1st August 10:00	B+	Castle Campbell Circuit Impressive ridge walk that starts in the precipitous woodland confines of Dollar Glen, rises to 640 metres and includes 3 Donalds - King's Seat, Tarmangie Hill and Whitewisp Hill Terrain: Paths and some open hillside. Distance: 10.5km Duration: 6hrs Total Ascent: 760m To Max: 648m Meeting / Start Point: Hillfoot Road car park in Dollar. Distance from Helensburgh: 50 miles Time from Helensburgh: 1hr 15 mins OS Landranger Map No: 58, Grid Ref: NS 965 985 Latitude / Longitude: 56.16786, -3.66837

2021 Programme

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Saturday 7th August 10:00	C+	Callander Craigs, Bracklinn Falls & River Teith From the car park, ascend through the woods to the south west end of the Craigs. Follow the rough Craigs path and join the lane leading to forest tracks to Bracklinn Falls. Complete the circuit by descending to the River Teith and returning along the river. Terrain: Rough hill and country paths, steep in places. Distance: 12km Duration: 5hrs Total Ascent: 450m To Max: 343m Meeting / Start Point: Station Road car park, Callander Car Park charge - coins only Distance from Helensburgh: 37 miles Time from Helensburgh: 1 hr 5 mins OS Landranger Map No: 57, Grid Ref: NN 627 081 Latitude / Longitude: 56.24550, -4.21726
Saturday 14th August 09:30	B+	Beinn an Lochain Ascending via the Northeast ridge, which is steep and narrow in places. Return by reverse route. Terrain: Narrow, steep mountain track - some minor scrambling. Distance: 6km Duration: 5hrs Total Ascent: 750m To Max: 901m Meeting / Start Point: Lay-by just north of Loch Restil on A83. Distance from Helensburgh: 23 miles Time from Helensburgh: 45 mins OS Landranger Map No: 56, Grid Ref: NN 234 088 Latitude / Longitude: 56.23907, -4.85113
22nd August 10:15	C+	Dumbarton East to Old Kilpatrick A linear walk from Dumbarton East, passing Overtoun House before ascending Lang Craigs and then climbing Doughnot Hill. After Doughnot Hill we pass Black Linn Reservoir and Loch Humphrey before dropping down to Old Kilpatrick. Note: Catch the 09:55 train from Helensburgh Central to reach Dumbarton East at 10:12. The return journey will be from Kilpatrick so it is necessary to purchase a return ticket to Kilpatrick. Terrain: An assortment of roads, tracks and hill paths. Will be quite muddy in places. Distance: 15km Duration: 5hrs Total Ascent: 200m To Max: 375m Meeting / Start Point: Dumbarton East Railway Station Distance from Helensburgh: 9 miles Time from Helensburgh: 20 minutes OS Landranger Map No: 64, Grid Ref: NS 406 751 Latitude / Longitude: 55.94241, -4.55383

2021 Programme

Day/ Date/ Time	Grade	Title and Description
Sunday 5th Sept 10:00	B	Glen Sherup Horseshoe, Glen Devon Start at Woodland Trust's Glen Sherup car park, undulating grassy hills Ochil Hills - Innerdownie, Whitewisp Hill, Tarmangie Hill and Ben Shee. Terrain: Forestry roads and grassy upland paths, can be boggy in places. Distance: 16km Duration (hrs): 6hr Total Ascent: 630m To Max (m): 645m Meeting / Start Point: Woodland Trust's Glen Sherup car park - A823 on the left just past Glendevon Lodge Park about 1 mile west of Glendevon. Distance from Helensburgh: 56 miles. Time from Helensburgh: 1hr 30mins. OS Landranger Map No: 58, Grid Ref: NN 972 052. Latitude / Longitude: 56.22781, -3.65993
Saturday 11th Sept 10:00	C+	Lendrick Hill A steep climb to start then, on a track, contour Lendrick Hill. On reaching Glen Finglas Road, descend towards the River Turk and visit the site of a famous painting. Return to the main track then follow a minor path and cross Brig o'Turk mires on a boardwalk. A path again, it leads back to the car park. Terrain: Paths and tracks. Distance: 10km Duration (hrs): 4.5hr Total Ascent: 280m To Max: 250m Meeting / Start Point: Glen Finglas Visitor Gateway (Lendrick Hill Car Park). Distance from Helensburgh: 35 miles. Time from Helensburgh: 1hr 10mins. OS Landranger Map No: 57 Grid Ref: NN 546 065. Latitude / Longitude: 56.22892, -4.34690
Sunday 19th Sept 09:30	B+	Ben Donich Ascend hill via distinct path from car park to summit. Leave summit and descend northwest to 665m and then north down shoulder turning northeast at 400m to enter short section of forest. Exit forest on to forest road in Gleann Mòr for return to car park. Terrain: Good paths on ascent with a little, easy scrambling. Open, pathless hillside on descent with short forest section. Forest road. Distance: 8.5km Duration (hrs): 5hr Total Ascent: 725m To Max: 847m Meeting / Start Point: Car park on south side of B828, Lochgoilhead road about 400m southwest from Rest and be Thankful. Distance from Helensburgh: 21 miles. Time from Helensburgh: 35 mins. OS Landranger Map No: 56, Grid Ref: NN 228 069. Latitude / Longitude: 56.22153, -4.85953

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Day/ Date/ Time	Grade	Title and Description
Saturday 25th Sept 10:00	C	Gleniffer Braes, Paisley From Robertson Park walk on grassy path to Gleniffer Burn. Head downhill on road and path to a waterfall and then a short climb to Tannahill Walkway. Return on rough paths over open ground to the start. Terrain: Paths, road and moorland. Muddy in places. Distance: 10km Duration: 4hr Total Ascent: 180m To Max: 170m Meeting / Start Point: Robertson Park car park in Gleniffer Braes Country Park, Paisley. Distance from Helensburgh: 23 miles. Time from Helensburgh: 45 mins. OS Landranger Map No: 64, Grid Ref: NS 455 606. Latitude / Longitude: 55.81385, -4.46718
Saturday 2nd October 10:00	B with C+ options	Lochgoilhead Circuit There are a number of easier options within this walk that reduce the Distance, ascent and difficulty of terrain. Walkers can choose their own preferences. The full walk is described below. Leave Lochgoilhead village up a steep track through the forest north of Donich water. The track leads to a footbridge and adjacent waterfalls. Descend along the Cowal Way before joining a rough hill path to the summit of the Steeple, with spectacular views along Loch Goil. Descend along the hill path to the crags and back on to the Cowal Way before following the forest road south up to the junction with the Stuckbeg path. Descend to the shore and return along the lane back into Lochgoilhead village. Terrain: Forestry tracks, country paths, quiet lanes, foreshore and rough hill paths, boggy in places. The path descending from the Steeple includes one short, easy scramble. Distance: 13km Duration: 5.5hrs Total Ascent: 600m To Max: 378m Meeting / Start Point: Lochgoilhead shore car park (PA24 8AQ). Distance from Helensburgh: 31mls. Time from Helensburgh: 1hr. OS Landranger Map No: 56, Grid Ref: NN 200 013. Latitude / Longitude: 56.17023, -4.90083
Sunday 10th October 10:00	B	Ben Cleuch The circuit ascends via the popular path up Mill Glen to The Law and then on to summit Ben Cleuch. Descend via Ben Ever into Silver Glen and then return to Mill Glen through Wood Hill Wood. Terrain: Hill paths throughout. Upper slopes are grassy, but parts of the descent and the Mill Glen sections have steep slopes. Slight scramble out of Mill Glen. Distance: 10km Duration: 6hrs Total Ascent: 731m To Max: 721m Meeting / Start Point: Upper Mill Street in Tillicoultry. Distance from Helensburgh: 47mls. Time from Helensburgh: 1hr 15mins. OS Landranger Map No: 58, Grid Ref: NS 914 974. Latitude / Longitude: 56.15684, -3.75001

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Day/ Date/ Time	Grade	Title and Description
Saturday 16th October 10:00	B	Hill of Stake and Misty Law A steady rise past the site of a disused barytes mine to moorland with a final ascent to the summit of Hill of Stake. From there we follow the County boundary to Misty Law and then descend to our starting point. Terrain: Rough track and pathless grass/heather moorland which may be wet in places. Distance: 12km Duration: 5.5hrs Total Ascent: 500m To Max: 522m Meeting / Start Point: Car park at Muirshiel Country Park visitor centre, Inverclyde. Distance from Helensburgh: 35mls. Time from Helensburgh: 1hr. OS Landranger Map No: 63, Grid Ref: NS 311 632 Latitude / Longitude: 55.83243, -4.69746
Sunday 24th October 10:00	C	Rosneath Peninsula Circular Walk along the coast from Kilcreggan, round Rosneath point, through the caravan park and back along the forest track. Terrain: Paths and forest tracks, muddy in places. Distance: 11km Duration: 4hrs Total Ascent: 140m To Max: 120m Meeting / Start Point: Kilcreggan car park. Distance from Helensburgh: 20mls. Time from Helensburgh: 35mins. OS Landranger Map No: 63, Grid Ref: NS 241 804 Latitude / Longitude: 55.98446, -4.82107
Saturday 30th October 10:00	C+	Lochgoilhead and the Curra Lochain Follow the Cowal Way from the village and head west along good tracks to ascend by the waterfall, Sruth Ban, up to the Curra Lochain. Return via a variety of paths to the village. Terrain: Short section of tarmac road and then good tracks for the most part with some potentially boggy sections near the lochain. Distance: 14km Duration: 5.5hrs Total Ascent: 415m To Max: 335m Meeting / Start Point: Public car park on the waterfront at Lochgoilhead. Distance from Helensburgh: 31mls Time from Helensburgh: 1hr OS Landranger Map No: 56, Grid Ref: NN 200 013 Latitude / Longitude: 56.17023, -4.90083

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Sunday 7th Nov 08:45	B	Beinn a' Mhanaich via the Strone, Glen Fruin Up reservoir track to dam, then head west steeply up to ridge. Turn north at ridge and climb steadily along the path past the Strone and Maol an Fheidh, through the gate that leads to the summit of Beinn a' Mhanaich. Decide on day whether to return via Auchengaich Glen or by outward route, depending on underfoot conditions. Terrain: Initial climb up steep hillside which has seen some preparation for forestry planting - foot deep holes in rows. Then a gently rising, muddy track to summit. If return by Auchengaich Glen then a very steep descent over pot-holed, boggy ground and continuing much the same until the end. Distance: 11.5km Duration: 6hrs Total Ascent: 696m To Max: 709m Meeting / Start Point: Auchengaich lay-by on old Glen Fruin road. Distance from Helensburgh: 10 miles Time from Helensburgh: 20 mins OS Landranger Map No: 56, Grid Ref: NS 274 899 Latitude / Longitude: 56.07147, -4.77371
Saturday 13th Nov 09:30	B	Dumgoyne from Mugdock Park Visitors Centre An attractive circular walk with varied terrain and spectacular views. From the visitor's centre, proceed across fields, lanes and footpaths to Netherton. Follow lanes and steep hill track to Dumgoyne summit. Descend to the distillery. Return along the West Highland Way and forest paths. Terrain: Rough paths, lanes and hill tracks. Steep descent from Dumgoyne. Distance: 16km Duration: 6.5hrs Total Ascent: 650m To Max: 427m Meeting / Start Point: Mugdock Park Visitors Centre car park. Distance from Helensburgh: 27 miles Time from Helensburgh: 45 mins OS Landranger Map No: 64, Grid Ref: NS 547 780 Latitude / Longitude: 55.97291, -4.32985
Sunday 21st Nov 10:00	C+	Milngavie to Arlehaven From Milngavie, walk through Allander Park on the West Highland Way continuing on it to Arlehaven. Return via Blair's Hill, the Boards, Craigallian, Mugdock Wood and the West Highland Way. Terrain: Paths and tracks with a short section of rough ground. Distance: 15m Duration: 5hrs Total Ascent: 240m To Max: 170m Meeting / Start Point: Milngavie Railway Station car park. Distance from Helensburgh: 20 miles Time from Helensburgh: 45 mins OS Landranger Map No: 64, Grid Ref: NS 555 744 Latitude / Longitude: 55.94127, -4.31462

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Day/ Date/ Time	Grade	Title and Description
Saturday 27th Nov 10:00	C	Glen Fruin Local Walk Followed by Group Annual General Meeting - to be held in Parish Church Halls at 14:00 Walk up Colquhoun Street to the Hill House and then follow the Helensburgh Upper Way and the upgraded path over the hill into Glen Fruin. Return to Helensburgh via Glen Fruin road and Old Luss Road. Terrain: Long, gradual hills but no steep sections. Underfoot, the walk is a mixture of paved paths/roads and good but sometimes muddy country paths. Distance: 12km Duration: 4hrs Total Ascent: 300m To Max: 190m Meeting / Start Point: Meet up outside Parish Church Halls entrance in Colquhoun Street just up from the Square. Distance from Helensburgh: n/a Time from Helensburgh: n/a OS Landranger Map No: 56, Grid Ref: NS 295 825 Latitude / Longitude: 56.00501, -4.73602
Saturday 4th December 10:03	C+	Balloch to Helensburgh Follow the Three Lochs Way from Balloch to the outskirts of Helensburgh and those who wish can take in Gouk Hill and Ben Bowie. The ascent at Upper Stonymollan and the forest area between Darleith Muir and Gouk Hill are relatively steep. Terrain: Minor roads, good tracks/forest tracks and pavements. Distance: 14km. Duration: 5 hrs Total Ascent: 260m To Max: 313m Meeting / Start Point 09:25 train from Helensburgh Central or at Balloch station at 10:03 OS Landranger Map No:63 Grid Ref: NS 389 818
Saturday 11th December 12:00	C+	Cruach Tairbeirt (Summit) A steady climb to the summit which gives extensive views in all directions. We will return by the same route. We will catch the 11:27 train from Helensburgh Upper to reach Tarbet at 12:00. Return to Helensburgh on the 17:55 train. After the walk there will be the option of a meal at Slanj. Anyone wishing to stay for the meal must let Idris know before Friday 26th November Terrain: Hill path through woodland, grass and heather moorland which may be wet and muddy in places. Distance: 4km, Duration: 2.5hrs Total Ascent: 350m To Max: 415m Meeting / Start Point: Arrochar and Tarbet train station Distance from Helensburgh:18 miles Time from Helensburgh:30 min OS Landranger Map No:56 Grid Ref: NN 312 045

2021 Programme

Day/ Date/ Time	Grade	Title and Description
Saturday 11th December 12:00	C	Cruach Tairbeirt (Low-level Loop) A woodland walk at the foot of Cruach Tairbeirt We will catch the 11:27 train from Helensburgh Upper to reach Tarbet at 12:00. Return to Helensburgh on the 17:55 train. After the walk there will be the option of a meal at Slanj. Anyone wishing to stay for the meal must let Idris know before Friday 26th November Terrain: Woodland path which may be wet and muddy in places and surfaced forest track. Distance: 3.5 km, Duration: 2.5 hrs Total Ascent: 200m To Max: 160m Meeting / Start Point: Arrochar and Tarbet railway station Distance from Helensburgh:18 miles Time from Helensburgh:30 min OS Landranger Map No:56 Grid Ref: NN 312 045
Sunday 19th December 09:30	B+	Meikle Bin From Todholes car park follow forestry track to gain summit by northwest ridge. Then south and east to pick up track to Carron Valley Reservoir. Return along the south west shore to start. Terrain: Forestry roads and grassy hill path over summit ridge. Distance: 15.5km, Duration: 6 hrs Total Ascent: 570m To Max: 570m Meeting / Start Point Todholes car park Distance from Helensburgh: 30 miles Time from Helensburgh: 1hr 15mins OS Landranger Map No: 57 Grid Ref: NS 672 858