

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 7th Jan 10:15 at start of walk	C+	Helensburgh to Balloch – Followed by Group Meal at Balloch House Group meal at Balloch House Hotel. 3 pm. Max. 25 persons. To book your meal place contact Bernadette no later than 3rd January. Linear walk from Craigendoran platform following the route of Three Lochs Way to Balloch taking in Ben Bowie and Gouk Hill along the way. Return via public transport. Terrain: Path, track and open hill Distance: 12km Duration: 4.5Hrs Total Ascent: 313m To Max: 313m Walk start point: Craigendoran train platform. Distance from Helensburgh: 1ml. Time from Helensburgh: 10 mins OS Landranger Map No: 63, Grid Ref: NS 310 813 Latitude / Longitude: 55.99477, -4.71124 Suggested fuel contribution: na
Sunday 15th Jan 10:00 at start of walk	C+	Milngavie Reservoirs via Drumclog Moor From Milngavie Precinct follow the West Highland Way. After a short ascent, leave the WHW and climb on track over Drumclog Moor to Drumclog Moor Car Park. Cross Mugdock road to walk round Mugdock and Craigmaddie Reservoirs. Return to Milngavie via Drumclog Moor Wood and the path beside Allander Water. Terrain: Tarmac, tracks, some mud Distance: 11km Duration: 4.5hrs Total Ascent: 100m To Max: 125m Walk start point: Car Park 1st left after Ellangowan Road, Milngavie. No charge. Distance from Helensburgh: 20mls. Time from Helensburgh: 40mins OS Landranger Map No: 64, Grid Ref: NS 554 744 Latitude / Longitude: 55.94081, -4.31671 Suggested fuel contribution: £4.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 21st Jan 09:30 at start of walk	B	Rhu Reservoirs and Tom na h-Airidh We follow woodland paths through Duchess Wood and Ardencaple Wood onto Highlandman's Way. We then cross fields to reach paths up to Rhu Reservoirs. We continue the ascent following a burn up to the new forest road and through a tree tunnel to the summit of Tom na h-Airidh. The descent follows the old wall line. Terrain: Predominantly rough hill and woodland paths with steep sections, boggy and muddy in places. Farm gates to climb over. Distance: 13km Duration: 5.5hrs Total Ascent: 500m To Max: 354m Walk start point: Kidston Park (Cairndhu Point) car park. Distance from Helensburgh: 1ml. Time from Helensburgh: 5mins OS Landranger Map No: 56, Grid Ref: NS 280 829 Latitude / Longitude: 56.00806, -4.76030 Suggested fuel contribution: £na
Sunday 29th Jan 10:00 at start of walk	C+	Lime Hill Circular An easy walk crossing the north east flank of Gualann and around Lime Hill. Extensive views of the hills above Aberfoyle and the Forth Valley. Terrain: Hard surfaced paths throughout – some rougher than others. Distance: 14km Duration: 5hrs Total Ascent: 240m To Max: 254m Walk start point: Drymen Road Cottage car park. East side of single-track road from Drymen to Gartmore. Distance from Helensburgh: 21mls. Time from Helensburgh: 45mins OS Landranger Map No: 57, Grid Ref: NS 507 936 Latitude / Longitude: 56.11172, -4.40257 Suggested fuel contribution: £4.00
Saturday 4th Feb 10:00 at start of walk	C+	Castle Semple Trail Starting at the Castle Semple Visitors Centre at Lochwinnoch, follow the lochside path until reaching the Blackditch Burn then head north up through Parkhill Wood. Join the cycle path NCR7 briefly and then head southwest, skirting around Kenmure Hill. Head eastwards from Fancy Bridge towards and through Howwood. Terrain: Quiet rural roads, farm land and pavements. Distance: 13km Duration: 5hrs. Total Ascent: 125m To Max: 125m. Walk start point: Castle Semple Visitors Centre. Distance from Helensburgh: 32mls. Time from Helensburgh: 1hr. OS Landranger Map No: 63, Grid Ref: NS 358 591 Latitude / Longitude: 55.79718, -4.62090 Suggested fuel contribution: £6.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 11th Feb 10:00 at start of walk	B	Cnoc Coinnich from Coileissan Glen Track up through Coileissan Glen and then on to open hillside for a steep ascent up grassy slope to summit. Return north west down the shoulder to pick up Cowal Way for return. Terrain: Mixture of good forestry tracks and open, grassy hillside. Distance: 9km Duration: 5hrs. Total Ascent: 640m. To Max: 761m Walk start point: Coileissan Events Car park situated at the limit of vehicular access when driving from Ardgarten Visitors Centre. Distance from Helensburgh: 24mls. Time from Helensburgh: 45mins. OS Landranger Map No: 56, Grid Ref: NN 259 011 Latitude / Longitude: 56.17063, -4.80580 Suggested fuel contribution: £5.00
Sunday 19th Feb 10:00 at start of walk	C+	Inveraray Forest - Dun na Cuaiche Tower and Forest Circuit Follow the estate road past Inveraray Castle and take the forest track up to Dun na Cuaiche Tower. Descend by the same route and then head north along the River Aray to Carloonan Bridge. Return by forest roads past the fish pond. Terrain: Undulating woodland paths and forestry tracks. Long climb up good forest track to the tower. Distance: 15km Duration: 6hrs Total Ascent: 450m To Max: 260m Walk start point: Car park on right hand side of A83 as you head south out of Inveraray. (Free section near the Co-op). Distance from Helensburgh: 41mls. Time from Helensburgh: 1hr OS Landranger Map No: 56, Grid Ref: NN 093 083 Latitude / Longitude: 56.22887, -5.07793 Suggested fuel contribution: £8.00
Sunday 26th Feb 10:00 at start of walk	B+	Beinn Luibhean A steady climb up the glen following the burn to the Bealach a' Mhargaidh and then ascend west to the summit of Beinn Luibhean. Descend south down the shoulder to pick up path for return to start. Terrain: Reasonable hill path to Bealach and then open hillside to summit. Pathless descent on south shoulder. Distance: 6km Duration: 5hrs Total Ascent: 690m To Max: 857m Walk start point: Lay-by on right of A83 just beyond road bridge halfway up Glen Croe. Distance from Helensburgh: 23 miles. Time from Helensburgh: 35mins OS Landranger Map No: 56, Grid Ref: NN 243 060 Latitude / Longitude: 56.21462, -4.83530 Suggested fuel contribution: £5.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Sunday 5th March 10:00 at start of walk	C	Dumbarton Bridge to Balloch Follow the River Leven Walkway from Bowie Street, Dumbarton, to Balloch. Return to Dumbarton by public transport. Terrain: River Leven walkway, flat pavement. Distance: 10km Duration: 3hrs Total Ascent: 12m To Max: 12m Walk start point: River Leven walkway adjacent to Dalreoch Train Station lower car park. Distance from Helensburgh: 8mls. Time from Helensburgh: 20mins OS Landranger Map No: 63, Grid Ref: NS 392 756 Latitude / Longitude: 55.94643, -4.57652 Suggested fuel contribution: £2.00
Saturday 11th March 10:00 at start of walk	C	Fairy Knowe, Doon Hill and Lochan Spling Starting on the cycle path, wander through Loch Ard Forest passing Fairy Knowe, Doon Hill and Lochan Spling Terrain: Paths and forest tracks Distance: 12km Duration: 4hrs Total Ascent: 210m To Max: 77m Walk start point: Riverside car park off the Main Street, Aberfoyle Distance from Helensburgh: 27mls. Time from Helensburgh: 45 mins OS Landranger Map No: 57, Grid Ref: NN 522 009 Latitude / Longitude: 56.17772, -4.38253 Suggested fuel contribution: £5.00
Sunday 19th March 10:00 at start of walk	B+	Beinn Bhreac from Ledard A steady ascent on a good hill path following the Ledard Burn to the bealach at 575m and then northwest to ascend Beinn Bhreac. Return via the outward route. Terrain: Well defined path, muddy in places, to open moorland and loose rocky tracks Distance: 10km Duration: 5.5hrs Total Ascent: 750m To Max: 701m Walk start point: Layby on B829 by Ledard Farm. (Aberfoyle to Inversnaid road) Distance from Helensburgh: 32mls. Time from Helensburgh: 1hr OS Landranger Map No: 57, Grid Ref: NN 459 023 Latitude / Longitude: 56.18829, -4.48472 Suggested fuel contribution: £6.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 25th March 09:30 at start of walk	B+	Glendevon Steele's Knowe A gradual ascent on a gravel track to the wind farm and then open hillside to summit Steele's Knowe. Cross open hillside to Eastbow Hill and then slightly undulating, boggier ground to the Seat. Descend steeply to the road and then pick up paths alongside River Devon for return to start. Terrain: A mixture of gravel paths, forest tracks, open hillside and some boggy sections. One steep descent. Distance: 16.5km Duration: 7hrs Total Ascent: 544m To Max: 485m Walk start point: Woodlands Trust Glendevon car park, Glen Sherup on A823 1.5 mls west of Glen Devon Distance from Helensburgh: 57mls. Time from Helensburgh: 1hr 30mins OS Landranger Map No: 58, Grid Ref: NN 971 051 Latitude / Longitude: 56.22726, -3.66127 Suggested fuel contribution: £11.00
Sunday 26 th March 10.30 Start	C+	Chatelherault Country Park Woodlands Circuit From the front of Chatelherault, follow the Deer Park track to the end of the old Avon Bridge. Then take paths along the side of the Avon to Kings Bridge, cross the bridge to Cadzow Castle (ruin) and visit Cadzow oaks. Head south along the west side of Avon Gorge up to Green Bridge and return up the east side of the gorge to the visitors' centre. Terrain: Mainly beaten earth and gravel paths, steep and muddy in places. Several flights of steps. Distance: 11km Duration: 4.5 hrs Total Ascent: 230m To Max: 120m Walk start point: Chatelherault Country Park Car Park Distance from Helensburgh: 43mls. Time from Helensburgh: 1hr OS Landranger Map No: 58, Grid Ref: NN 971 051 Latitude / Longitude: 56.22726, -3.66127 Suggested fuel contribution: £11.00
Saturday 1st April 09:30 at start of walk	B+	Campsie Cliff to Earl's Seat via Slackdhu Follow the pipe track from Strathblane then steeply up the cliffs and on to Earl's Seat via Slackdhu. Return via Garloch Hill and the base of Dumgoyne to pick up the pipe track for the return to start. Terrain: Mostly open hill with some faint paths. Good tracks at start and finish. Distance: 16km Duration: 7hrs Total Ascent: 750m To Max: 578m Walk start point: St. Kessog Church Car Park, Blane field. (Payment by donation) Distance from Helensburgh: 25mls. Time from Helensburgh: 45mins OS Landranger Map No: 64, Grid Ref: NS 557 797 Latitude / Longitude: 55.98803, -4.31590 Suggested fuel contribution: £5.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Sunday 9th April 09:30 at start of walk	B+	Beinn Eich and Doune Hill from Luss Doune Hill is the highest of the grassy Luss Hills. The approach along the ridge from Beinn Eich makes a fine walk. The return through Glen Molloch is boggy. Terrain: Minor road, then grassy ridges. Descend via pathless, rougher, ground with lower slopes very boggy in places. Distance: 18.5km Duration: 7hrs Total Ascent: 996m To Max: 734m Walk start point: Car park adjacent to the Loch Lomond Arms Hotel. (Note that Charges apply) Distance from Helensburgh: 10mls. Time from Helensburgh: 20mins OS Landranger Map No: 56, Grid Ref NS 358 929 Latitude / Longitude: 56.10055, -4.64148 Suggested fuel contribution: £2.00
Saturday 15th April 10:00 at start of walk	C+	Cringate Law and Hart Hill A circular walk in the Touch Hills, amongst wind turbines, over gentle hills and past two reservoirs. From Todholes we follow access tracks first to Cringate Law and then to Hart Hill before descending to Earlsburn Reservoir and joining a further track and minor road back to Todholes. Terrain: Mostly along access tracks or minor roads but also a small amount of pathless hillside. Distance: 16km Duration: 5.5hrs Total Ascent: 380m To Max: 437m Walk start point: Todholes car park. On B818, 4 miles beyond Fintry. Distance from Helensburgh: 36mls. Time from Helensburgh: 1hr 15mins OS Landranger Map No: 57, Grid Ref: NS 672 858 Latitude / Longitude: 56.04657, -4.13357 Suggested fuel contribution: £7.00
Sunday 23rd April 10:00 at start of walk	C+	Complete Falls of Clyde Circuit Starting from New Lanark, this walk completes the full circuit of the Falls of Clyde taking in both banks of the picturesque gorge. Terrain: Good, undulating paths throughout. Distance: 11km Duration: 5hrs Total Ascent: 350m To Max: 200m Walk start point: New Lanark Visitor Car Park Distance from Helensburgh: 57mls. Time from Helensburgh: 1hr 20mins OS Landranger Map No: 71, Grid Ref: NS 882 425 Latitude / Longitude: 55.66308, -3.77878 Suggested fuel contribution: £11.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 29th April 10:30 at start of walk	C+	David Livingstone Centre, Clyde Walkway and Redlees Park Circuit From the David Livingstone Centre, we cross the Clyde on a footbridge and follow a wooded section of the Clyde Walkway past Bothwell Castle to the next footbridge (The Green Bridge). We return through Redlees Park via the WW2 Whins Anti-Aircraft Battery. The walk should finish in time to visit the David Livingstone Museum. Terrain: Country paths, generally good but a bit rough and muddy in places. The route undulates with a couple of short steep gradients. Distance: 11km Duration: 4hrs Total Ascent: 200m To Max: 80m Walk start point: David Livingstone Centre Car Park, Station Road, Blantyre, G72 9BY. Distance from Helensburgh: 43mls. Time from Helensburgh: 1hr OS Landranger Map No: 64. Grid Ref: NS 695 584 Latitude / Longitude: 55.80118, -4.08343 Suggested fuel contribution: £9.00
Saturday 6th May 09:30 at start of walk	C+	Rowardennan to Rowchoish Bothy Follow the West Highland Way mainly along the shoreline of Loch Lomond to Rowchoish Bothy through mixed woodland with open views of the loch. Terrain: Good forestry roads and paths with footbridges over the main burn crossings. Undulating path with some short, steep sections but no significant ascent. Distance: 12.5km Duration: 5.5hrs Total Ascent: 300m To Max: 50m Walk start point: Rowardennan car park at end of public road. Note: £5.00 parking charge applies Distance from Helensburgh: 27mls. Time from Helensburgh: 45mins. OS Landranger Map No: 56, Grid Ref: NS 360 986 Latitude / Longitude: 56.15177, -4.64178 Suggested fuel contribution: £5.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Sunday 14th May 09:30 at start of walk	A	Ben Vorlich (Loch Earn) From Ardvorlich on Loch Earn, we follow a track south along the Ardvorlich Burn to the north ridge of Ben Vorlich. We then follow the ridge to the trig point on the summit. We return via the outward route. Terrain: Initially along a farm track, deteriorating into a muddy and then rocky hill path. Distance: 10.5km Duration: 5.5hrs Total Ascent: 900m To Max: 984m Walk start point: Parking area on right(south) side of minor road along the south side of Loch Earn 3 miles beyond the junction with the A84. Distance from Helensburgh: 53mls. Time from Helensburgh: 1hr 30mins. OS Landranger Map No: 51, Grid Ref: NN 632 232 Latitude / Longitude: 56.38120, -4.21704 Suggested fuel contribution: £11.00
Saturday 20th May 10:00 at start of walk	C	Rosneath Peninsula Circular Walk along the coast from Kilcreggan, round Rosneath point and through the Caravan Park. Return to Kilcreggan along the forest track above Clachan Farm. Terrain: Paths, forest tracks and a short section of road. Some paths will be muddy in places. Distance: 11km Duration: 4hrs Total Ascent: 140m To Max: 120m Walk start point: Kilcreggan seafront car park Distance from Helensburgh: 20mls. Time from Helensburgh: 35mins OS Landranger Map No: 63, Grid Ref: NS 241 804 Latitude / Longitude: 55.98421, -4.82114 Suggested fuel contribution: £4.00
Sunday 28th May 09:30 at start of walk	A	Stob Garbh (by Cruach Ardrain) Follow estate track south east before turning east to cross bridge over the River Falloch. Follow faint path uphill to start of Grey Heights path. Continue east and then south east to cross Coire Ardrain and then east steeply uphill to bealach at 816m. Follow ridge south east to summit Stob Garbh. Descend south to bealach at 850m and then north west into Coire Ardrain to pick up our outward route. Terrain: Estate tracks, hill paths and open hill. Some fairly steep ascents and descents. Distance: 13km Duration: 7hrs Total Ascent: 852m To Max: 959m Walk start point: Large lay by on east side of the A82 - 1.5 miles south of Crianlarich. Distance from Helensburgh: 33mls. Time from Helensburgh: 1 hr OS Landranger Map No: 50, Grid Ref: NN 369 239 Latitude / Longitude: 56.37914, -4.64293 Suggested fuel contribution: £7.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 3rd June 09:00 at start of walk	A+	Ben Lui and Beinn á Chleibh A strenuous walk with river crossings and steep climbs taking in two summits. Terrain: Forestry paths, hill paths and open hillside - can be very boggy in places. Distance: 12km Duration: 8.5hrs Total Ascent: 1060m To Max: 1130m Walk start point: Glen Lochy Forestry Car Park off the A85, approx 6.5mls from the Tyndrum junction. Distance from Helensburgh: 45mls. Time from Helensburgh: 1hr 15mins. OS Landranger Map No: 50, Grid Ref: NN 239 278. Latitude / Longitude: 56.40986, -4.85543 Suggested fuel contribution: £9.00
Saturday 10th June 09:00 at H'burgh Upper Station	C+	Oban Station to Dunstaffnage Castle. After a scenic railway journey (see note below about concessionary train fare), we'll walk to Ganavan Bay, along the beach and coastal path and visit Dunstaffnage Castle & Chapel. Historic Scotland members please bring membership cards. There will be an option to have fish and chips after the walk, possibly taking them onto the return train. Terrain: Rough, undulating coast paths, beach and promenade. Distance: 15km Duration: 6hrs Total Ascent: 300m To Max: 60m Walk start point: Meet at Helensburgh Upper Railway Station at 09:00 to catch 09:07 train to Oban, arriving at 11.27. Return on 18:11 train from Oban arriving in Helensburgh Upper at 20:37. Distance from Helensburgh: n/a. Time from Helensburgh: n/a OS Landranger Map No: 49. Grid Refs: Helensburgh Upper Station: NS 300 833 Oban Station: NM 858 299

2023 Programme

Day/Date/Time	Grade	Title and Description
Sunday 11 th June	B	Clyde Towers A walk out onto the River Clyde at low tide to explore the eight accessible of the ten towers. On the day low tide is 13.20, and high tide 19.30. We will be walking out on the falling tide and turning back well before the tide turns. Terrain: A 2km walk through woodland before following a causeway onto the low tide mud, following the causeway with the towers. Once we leave the path at the side of the river it's sticky mud all the way - nowhere to sit. It is possible in hiking boots, but wellington boots HIGHLY recommended as it means you can walk in straight lines. Coffee standing up, and picnic once back on the grassy shore. Distance: 10 km Duration: 3-4 hrs Total Ascent: 93 m To Max: 41 m Walk start point: Mar Hall Hotel, Erskine. Turn into the hotel driveway, and there is a car park on the left after 150m.. Distance from Helensburgh: 21 mls. Time from Helensburgh: 35 mins. OS Landranger Map No: 64, Grid Ref: NS 446 722 Latitude / Longitude: Suggested fuel contribution: £4:00
Sunday 18th June 09:30 at start of walk	B	Meall Odhar We pass the remains of a lead smelting area before passing the lead quarry and then ascend to Sron nan Colan. From here we skirt round the head of Allt nan Sae passing over Drochaid an Droma and Creag Bhuidhe to Meall Odhar before descending to Glen Cononish and a track back to the start. Terrain: Mostly pathless hillside but some access tracks and footpaths. Distance: 14km Duration: 7.5hrs Total Ascent: 630m To Max: 656m Walk start point: Dalrigh car park. Distance from Helensburgh: 40mls. Time from Helensburgh: 1hr 15mins. OS Landranger Map No: 50, Grid Ref: NN 344 292 Latitude / Longitude: 56.42494, -4.68665 Suggested fuel contribution: £8:00

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 24th June 09:25 train from H'burgh 10:00 at start of walk	C+	Bromley Muir Catch the 09:25 train from Helensburgh to Dalreoch and then walk along the Renton road to the entrance to Dalmoak House. Head to the trig point by way of Dick's Pond and then ascend to the historic fort from where we cross to Bromley Muir, affording great views of the Clyde. Continue to join the Stonymollan path to Balloch. Return to Helensburgh/Dumbarton by train after refreshments. Terrain: Muddy and grassy underfoot apart from towpath and Stonymollan. Gaiters and walking poles recommended. Distance: 15km Duration: 6hrs Total Ascent: 400m To Max: 304m Walk start point: Dalreoch Railway Station. Distance from Helensburgh: n/a. Time from Helensburgh: n/a. OS Landranger Map No: 63, Grid Ref: NS 391 757
Sunday 2nd July 09:30 at start of walk	C+	Tom na h-Airidh from Kidston Park From Kidston Park we walk towards Torr and then to Highlandman's Wood before reaching the summit of Tom na h-Airidh. The return route takes us along part of the Three Lochs Way and through Duchess Woods Terrain: A mixture of paths, tracks and open hillside. Some paths are over rough ground in newly felled forestry. There are also several very boggy areas. Distance: 10km Duration 6 hrs. Total Ascent 400m To Max 354m Walk start point: Kidston Park (Cairndhu Point) car park Distance from Helensburgh: 1mile. Time from Helensburgh: 5 minutes. OS Landranger Map No: 56, Grid Ref: NS 280 829

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 8th July 10:00 at start of walk	C+	The Knock, with coffee and meal at Nardini's Before starting the walk, we will have a coffee at Nardini's The walk offers tremendous views to Bute, Arran and distant hills, with a visit to the site of a hilltop fort. The route follows the side of Noddsdale Water, passes Brisbane Mains Farm before ascending the Knock. It descends to the west onto a lane back into Largs. Terrain: The ascents and descents are quite long but gradual. There is about 4 km of paved surface on paths and lanes. The farm track and hill paths are very muddy with a few boggy sections. Distance: 12km Duration: 4hrs Total Ascent: 250m To Max: 217m Walk start point: Largs Promenade car park - 200m north of ferry terminal. Parking charges apply. Distance from Helensburgh: 45mls. Time from Helensburgh: 1hr 10mins. OS Landranger Map No: 63, Grid Ref: NS 202 596 Latitude / Longitude: 55.79612, -4.86974 Suggested fuel contribution: £9.00. Please advise Pat by Wednesday 5th July if you wish to stay for a meal after the walk.
Sunday 16th July 09:40 H'burgh Upper Station 10:35 at start of walk	B+	Stob nan Coinnich Bhacain (567m) to Stob an Fhithich (419m) circular A scenic walk just north of Ben Vorlich at Ardlui. A circular route over two relatively unknown hills, with no established paths. Terrain: Rough, boggy grassland, with no paths for most of the walk. Poles strongly advised. Distance: 8km Duration: 6hrs Total Ascent: 769m To Max: 647m Walk start point: Ardlui Station. OS Landranger Map No: 50, Grid Ref: NN 317 155 Latitude / Longitude: 56.30194, -4.72166 TRAIN: Meet at Helensburgh Upper Railway Station at 09:40 to catch the 09:50 train to Ardlui, arriving at 10:35. Return, after refreshments at the Ardlui Hotel, on the 17.43 train from Ardlui, arriving in Helensburgh Upper at 18.29. (The concessionary return train fare to Ardlui from Helensburgh Upper is £3.) If driving, there is a layby on the east side of the A82 just south of Ardlui Station at NN 317 154. Distance from Helensburgh: 25mls. Time from Helensburgh: 45mins. Latitude / Longitude: 56.30014, -4.72153 Suggested fuel contribution: £5.00.

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 22nd July 10:00 at start of walk	C+	West Fife Woodland Way Starting in the pretty village of Culross, this is a well-marked circular route – along the way you will visit many of west Fife’s woodlands including Valleyfield, Woodland Park, Balgownie Wood, Devilla Forest and visit a plague grave and the West Kirk with great views of the Ochils. Terrain: Cycle path, and undulating tracks for most of the route – can be wet underfoot in places. Distance: 16km Duration: 4.5hrs Total Ascent: 100m To Max: 100m Walk start point: Culross West Car Park. Distance from Helensburgh: 58mls. Time from Helensburgh: 1hr 20mins. OS Landranger Map No: 65, Grid Ref: NS 983 859 Latitude / Longitude: 56.05509, -3.63459 Suggested fuel contribution: £11.00
Sunday 30th July 10:00 at start of walk	C+	Bracklinn Falls, Callander, to Arivurichardich Reservoir From the car park, a steepish ascent through woods to open ground following the Keltie Water with good views to Ben Vorlich and Stuc a Chroin Terrain: Steepish road to start then rough tracks and paths which undulate through woodland and over moorland ending at the new bridge over the Bracklinn Falls Distance: 16km Duration: 5hrs Total Ascent: 500m To Max: 310m Walk start point: Bracklinn Falls Car Park (on Bracklinn Road approx 300m beyond the Callander Craggs Car Park). Distance from Helensburgh: 36mls. Time from Helensburgh: 1hr. OS Landranger Map No: 57, Grid Ref: NN 637 083 Latitude / Longitude: 56.24775, -4.20112 Suggested fuel contribution: £7:00

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 5th August 11:30 at start of walk	C+ (But only due to length)	Loch Ossian Circular An easy walk round a highland loch with extensive views across Rannoch Moor. We will catch the 09:07 train from Helensburgh Upper to Corrour (arr. 11:21). Return will be on the 18:25 train from Corrour arriving at Helensburgh Upper at 20:39. It is intended to have sufficient time at the end of the walk for a meal, if desired, at the Corrour Station House Restaurant. Terrain: Hard surfaced, although sometimes rough, tracks throughout. Distance: 15km Duration: 5hrs Total Ascent: 160m To Max: 410m Note There is scope for walkers to climb Beinn na Lap or Leum Uilleim as an alternative, but the led walk will be the Loch Ossian Circuit. Walk start point: Corrour Railway Station. Distance from Helensburgh: n/a. Time from Helensburgh: n/a OS Landranger Map No: 41, Grid Ref: NN 356 664 Latitude / Longitude: 56.76009, -4.69092
Sunday 13th August 09:15 at start of walk	B	Craigendoran Station to Cardross Inn via hills Walk from Craigendoran Railway Station to Cardross Inn, via Three Lochs Way, Ben Bouie, Gouk Hill, Bromley Muir, Asker Farm, Kilmahew Castle and Cardross Golf Course. Bus or train back to Craigendoran, at your discretion. Terrain: Mostly paths and farm tracks, but includes open hillside, possibly very boggy in places. Distance: 16.8km Duration: 6.5hrs Total Ascent: 470m To Max: 313m Walk start point: Craigendoran Railway Station. Parking by Craigendoran Piers, Station Road, Craigendoran. Distance from Helensburgh: 1 ml. Time from Helensburgh: 10 mins. OS Landranger Map No: 63, Grid Ref: NS 309 813 Latitude / Longitude: 55.99473, -4.71284

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 19th August 10:00 at start of walk	C+	Auchineden Spout Join the John Muir Way and then the waterworks road through Greenan Glen. On reaching the spout, make a short descent to a cave and stand behind the waterfall. Pass Kilmannan Reservoir and join the John Muir Way around Burncrooks Reservoir. Continue on this path to return to Auchineden Farm. Terrain: Track and path with rough ground to the waterfall. Distance: 11km Duration: 5hrs Total Ascent: 180m To Max: 270m Walk start point: Eden Mill Farm Shop and Cafe car park off the A809. Distance from Helensburgh: 22 mls. Time from Helensburgh: 45 mins OS Landranger Map No: 64, Grid Ref: NS 514 793 Latitude / Longitude: 55.98357, -4.38339 Suggested fuel contribution: £4.00
Sunday 27th August 10:30 at start of walk	B	Dumyat and Menstrie Glen from Menstrie Ascend a good steep hill path out of Menstrie and follow a grassy path up the eastern slopes of Dumyat to the summit. Descend north over a grassy hillside to join the farm track southeast of Lossburn Reservoir. Cross over to the eastern side of Menstrie Glen below the reservoir, pass the derelict farmstead and return to Menstrie down the undulating farm track and hill paths. Terrain: Steep rough hill paths, open grassy hillside and farm tracks. Distance: 10km Duration: 4.5hrs Total Ascent: 600m To Max: 418m Walk start point: Dumyat Centre car park off the A91, Main Street, Menstrie. There is also street parking down Park Road, opposite the Dumyat Centre. Distance from Helensburgh: 42 mls. Time from Helensburgh: 1hr 10mins OS Landranger Map No: 58, Grid Ref: NS 851 969 Latitude / Longitude: 56.15087, -3.85116 Suggested fuel contribution: £8.00
Sunday 3rd September 10:00 at start of walk	B+	Beinn Lochain and Cruach na Cioba (Lochgoilhead) Follow good estate tracks and hill paths to the Curra Lochain and then steeply up the open hillside to the summit of Beinn Lochain. Descend west to the col and then continue to the minor summit of Cruach na Cioba. Descend southeast to pick up the Cowal Way and return to start. Terrain: Estate tracks and pathless, open hillside with some steep ascents. Distance: 16km Duration: 7hrs Total Ascent: 800m To Max: 703m Walk start point: Drimsynie Estates Office car park on the Carrick Castle road, Lochgoilhead (shown as Corrow on OS map). Distance from Helensburgh: 32mls. Time from Helensburgh: 1hr. OS Landranger Map No: 56, Grid Ref: NN 187 004. Latitude / Longitude: 56.16166, -4.92113 Suggested fuel contribution: £6.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 9th September 10:00 at start of walk	C+	Loch Venachar Circuit near Brig o' Turk Leisurely scenic walk circumnavigating Loch Venachar with good views of the loch for most of the way. Terrain: Tracks, cycle paths and minor roads. Distance: 19km Duration: 6hrs Total Ascent: 400m To Max: 240m Walk start point: Glen Finglas car park (also signed Lendrick Hill) east of Brig o' Turk. Distance from Helensburgh: 36mls. Time from Helensburgh: 1 hr. OS Landranger Map No: 57, Grid Ref: NN 546 065. Latitude / Longitude: 56.22873, -4.34697 Suggested fuel contribution: £8.00
Sunday 17th September 10:30 at start of walk	C+	Alloa Tower, Clackmannan Tower and Gartmorn Dam Circuit After passing Alloa Tower, follow track across the Forth wetlands to Clackmannan Tower on King's Seat Hill. Then to Clackmannan Tolbooth, the Mannan Stone and along Clackmannan village main street. Follow paths to Gartmorn Dam Nature Reserve and return along Brothie Burn path. Terrain: Mostly country paths, rough and muddy in a few places. 1km through urban area at the end to return to the car park. Distance: 14km Duration: 4hrs Total Ascent: 200m To Max: 59m Walk start point: Car park at the end of Earn Court off Devon Road immediately east of Alloa Tower. Distance from Helensburgh: 46mls. Time from Helensburgh: 1hr 15mins. OS Landranger Map No: 58, Grid Ref: NS 890 925. Latitude / Longitude: 56.11229, -3.78658 Suggested fuel contribution: £10:00
Saturday 23rd September 10:00 at start of walk	C	Gleniffer Braes From Robertson Park, walk on a grassy path to Gleniffer Burn. Head downhill on road and path to a waterfall and then a short climb to Tannahill Walkway. Return on rough paths over open ground to the start. Terrain: Paths, road and moorland. Muddy in places. Distance: 10km Duration: 4hrs Total Ascent: 180m To Max: 170m Walk start point: Robertson Park car park in Gleniffer Braes Country Park, Paisley. Distance from Helensburgh: 23mls. Time from Helensburgh: 45 mins. OS Landranger Map No: 64, Grid Ref: NS 455 606. Latitude / Longitude: 55.81385, -4.46718. Suggested fuel contribution: £5:00

2023 Programme

Day/Date/Time	Grade	Title and Description
Sunday 1st October 10:30 at start of walk	C+	Blairdenon Hill A walk around Glen Tye in the less frequented western part of the Ochils starting from Sheriffmuir. Great vista to the north from the top and to the Forth Valley. Terrain: Mainly open, tussocky moorland going up and down over several hills. There is a track to the first top. Distance: 11km Duration: 5hrs Total Ascent: 450m To Max: 631m Walk start point: Just beyond what was the Sheriffmuir Inn in a lay-by near a wood. Signposted from a roundabout on main road through Dunblane from the A9. Distance from Helensburgh: 48mls. Time from Helensburgh: 1hr 35mins. OS Landranger Map No: 57, Grid Ref: NN 833 026. Latitude / Longitude: 56.20162, -3.88262 Suggested fuel contribution: £10.00
Saturday 7th October 10:00 at start of walk	B	Strathkelvin Circular A circular walk taking in Kirkintilloch, Milton of Campsie, Blairskaith Muir, Balmore and Cadder. Terrain: Mostly on hard surfaces - canal towpath, former railway track, country lanes and one potentially muddy path. Mostly flat or downhill but with one long, steepish climb to 200m. Distance: 20km Duration: 7hrs Total Ascent: 260m To Max: 218m Walk start point: The lay-by on the right-hand side of A803 between Bishopbriggs and Kirkintilloch just before 'The Stables' pub and the Forth & Clyde Canal. Distance from Helensburgh: 25mls. Time from Helensburgh: 55mins. OS Landranger Map No: 64, Grid Ref: NS 634 730. Latitude / Longitude: 55.93058, -4.18802 Suggested fuel contribution: £5.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 14th October 10:05 at start of walk	C+	Whinney Hill and Knockour Hill from Balloch Follow paths in Balloch Park onto a path through the woods up Whinney Hill and then onwards to Knockour Hill. Return via Boturich Castle estate along country lanes and paths. Terrain: Good paths in Balloch Park and Whinney Hill. Grassy hillside with some short muddy sections around Knockour Hill. Estate track for return to Balloch Park. Distance: 11km Duration: 5hrs Total Ascent: 300m To Max: 175m Walk start point: Car park just to the east of the Balloch Information Centre/across from the Station. Distance from Helensburgh: 8mls. Time from Helensburgh: 20mins. OS Landranger Map No: 63, Grid Ref: NS 390 819. Latitude / Longitude: 56.00291, -4.58348 Suggested fuel contribution: £2.00
Sunday 22nd October 10:30 at start of walk	B	Duncolm from Queen's View via the Whangie From Queen's View car park, follow the hill path to the Whangie and onwards to Burncrooks Reservoir. Take the track around the north and west of the reservoir, cross the dam and join a hill path to Lily Loch and Duncolm. Return by similar route but take the path round the south and east of the reservoir. Terrain: Muddy hill paths with a few boggy bits on moorland paths. Excellent path around Burncrooks Reservoir. Most ascents are gradual except for a final steep ascent up to Duncolm summit. Distance: 16km Duration: 6hrs Total Ascent: 520m To Max: 401m Walk start point: Queen's View car park on the A809. Distance from Helensburgh: 21mls. Time from Helensburgh: 40mins OS Landranger Map No: 64, Grid Ref: NS 511 808 Latitude / Longitude: 55.99694, -4.38903 Suggested fuel contribution: £4.00
Saturday 28th October 10:00 at start of walk	C+	Yankee Road Circular North along the 3 Lochs Way for 4km and then divert on to the higher-level forest track. After 3km we re-join the 3 Lochs Way to return south to the start. Terrain: Tarmac and Forest roads. Distance: 14.5km Duration: 5.5hrs Total Ascent: 480m To Max: 287m Walk start point: Parking area near the Waterworks off the A817 Haul Road. Distance from Helensburgh: 8mls. Time from Helensburgh: 15 minutes. OS Landranger Map No: 56, Grid Ref: NN 258 904. Suggested fuel contribution: £2.00

2023 Programme

Day/Date/Time	Grade	Title and Description
Sunday 5th November 10:00 at start of walk	B	Gualann from Drymen Road Cottage An easy climb, mostly along a good forest track, to Gualann from where there are extensive views in all directions. The return to the car park is over pathless moorland before following a fire break back to our outward route. Terrain: 5.5 km of rough, pathless, wet hillside but 7.5 km of reasonable paths and tracks. Distance: 13 km. Duration: 6 hrs. Total Ascent: 490 m. To Max.: 461 m. Walk start point: Drymen Road Cottage car park. East side of single-track road from Drymen to Gartmore. Distance from Helensburgh: 21 mls. Time from Helensburgh: 45 mins. OS Landranger Map No. Grid Ref.: NS 507 936
Saturday 11th November 10:00 at start of walk	C+	Doughnot Hill from Overtoun House Climb along tracks to Lang Craigs and then via the Black Linn Reservoir to Doughnot Hill Terrain: Mainly tracks, some forestry. A short descent over boggy hillside Distance: 10 km. Duration: 4.5 hrs. Total Ascent: 280 m. To Max.: 374 m. Walk start point: Overtoun House car park Distance from Helensburgh: 13 mls.. Time from Helensburgh: 30 mins. OS Landranger Map No. Grid Ref.: NS 425 761
Saturday 18th November 10:00 at start of walk	C+	Local Walk to Rhu Reservoirs from Kidston Park We will follow lanes, farm tracks and hill paths to Rhu Reservoirs and then take a hill path to join the forest roads in Highlandman's Wood. We'll explore the new forest road before returning through Duchess Wood. Terrain: Lanes, forest roads and hill paths, which are steep and rough in places. Distance: 10 km. Duration: 3 hrs. Total Ascent: 300 m. To Max.: 300 m. Walk start point: Kidston Park car park next to the A814 Distance from Helensburgh: 0 mls.. Time from Helensburgh: 0 mins. OS Landranger Map No. Grid Ref.: NS 280 829

2023 Programme

Day/Date/Time	Grade	Title and Description
Sunday 26th November 10:00 at start of walk	C	Glen Fyne A linear walk in Glen Fyne along the River Fyne to Inverchorachan giving good views of the surrounding hills. Return back along the glen to Loch Fyne. Terrain: Quiet, surfaced roads and then tracks. Distance: 15 km. Duration: 4.5 hrs. Total Ascent: 250 m. To Max.: 100 m. Walk start point: Car park at the entrance to Glen Fyne, just off the A83. Distance from Helensburgh: 35 mls. Time from Helensburgh: 60 mins. OS Landranger Map No. 56. Grid Ref.: NN 193 127
Saturday 2nd December 10:00 at start of walk	B	Beinn an t-Sithein Strathyre Follow forestry tracks to access open hill and climb grassy hillside to summit Beinn an t-Sithein. Continue across to Buachaille Breige and descend to pick up forestry track to return to start. Terrain: Paths and open hillside, steep and boggy in places Distance: 8.5 km. Duration: 5 hrs. Total Ascent: 534 m. To Max.: 572 m. Walk start point: Strathyre Scottish Forestry carpark behind Broch Cafe on A84. Distance from Helensburgh: 45 mls. Time from Helensburgh: 60 mins. OS Landranger Map No. Grid Ref.: NN 559 168
Sunday 10th December 10:40 at start of walk	C+	Seven Lochs Wetland Walk We will catch the 09:25 train from Helensburgh Central and arrive at Blairhill at 10:34. Our return from Hogganfield Loch will be by bus to Glasgow City Centre and train back to Helensburgh. A linear walk along the Monkland Canal to Drumpellier Country Park, where will stop for coffee at the visitor centre. We leave the park and walk past Bishop Loch and Gartloch Village to Hogganfield Loch. Terrain: Good paths and tracks with occasional muddy sections. Distance: 16 km. Duration: 6 hrs. Total Ascent: 84 m. To Max.: 100 m. Walk start point: Blairhill Railway Station Distance from Helensburgh: N/A Time from Helensburgh: N/A OS Landranger Map No. 64. Grid Ref.: NS 722 656

2023 Programme

Day/Date/Time	Grade	Title and Description
Saturday 16th December 09:30 at start of walk	B+	Meikle Bin From Todholes car park, follow forestry tracks and hill path to gain summit by north west ridge. Descend south and east to the forest to pick up track to the Carron Valley Reservoir and return along south west shore to the start. Terrain: Forestry roads, tracks and hill paths - will be boggy in places. Distance: 15 km. Duration: 6 hrs. Total Ascent: 570 m. To Max.: 570 m. Walk start point: Todholes car park on the B818 Distance from Helensburgh: 30 mls. Time from Helensburgh: 75 mins. OS Landranger Map No. Grid Ref.: NS 672 858
Saturday 30th December 09:00 at start of walk	A	Ben Vane (Loch Lomond) From Inveruglas car park, follow the Loch Sloy road to the foot of the south east ridge. Follow a steep path to the summit and return by the outward route. Terrain: Good track at first and rough moorland thereafter. Some steep sections requiring care in snow conditions. Distance: 11 km. Duration: 7 hrs. Total Ascent: 927 m. To Max.: 915 m. Walk start point: Inveruglas lochside car park Distance from Helensburgh: 20 mls. Time from Helensburgh: 30 mins. OS Landranger Map No. Grid Ref.: NN 322 099